



# The Potomac Appalachian

The Newsletter of the Potomac Appalachian Trail Club  
118 Park Street, S.E., Vienna, VA 22180-4609

Volume 29, Number 8  
August 2000

## Breaking Trail in the Cumberlands

The title of this article is intentionally a take-off on long-time PATC archivist David Bates' book, *Breaking Trail in the Central Appalachians*. This earlier work described PATC's role in the start-up of construction of the Appalachian Trail during the 1920s. Almost overlooked back then was the fact that Benton MacKaye's original proposal for the AT in 1921 had laid out possible routes for other trails through the Appalachians besides the main route that became known as the AT.

One of these was a trail stretching the length of the western Appalachians, from central Alabama into central Pennsylvania. There were still people who had never lost sight of what MacKaye had proposed. Among them was Evan Means of Tennessee, who was instrumental in founding the Tennessee Trails Association (TTA) in 1968 with the idea of building trails along this western route.

A recent spin-off of the TTA—the Cumberland Trail Conference—has been successful in obtaining support from the state government and other sources for the construction

of a 280-mile long section of this trail, across the Tennessee Valley from the Great Smokies and the AT. Their recent successes may also have inspired the Pine Mountain Trail project in Kentucky, which provides a continuation along the same route as far north as the Breaks Interstate Park, on Virginia's southwestern border with Kentucky. Both trails now have a targeted completion date of 2008.

The possibilities for connecting the Cumberland and Pine Mountain Trails with the Pinhoti Trail in Alabama and Georgia with other trails in the mid-Atlantic states and the northeast was originally described in the March-April issue of the *Appalachian Trailway News* (ATN) as the beginnings of a second Appalachian Trail. This route has also been described in other recent articles as the Western Appalachian Alternative, and the southern trails have become part of the American Hiking Society's Southern Appalachian Initiative.

The Cumberland Trail Conference has been approaching its part of the larger effort with

unprecedented energy and resources. The first week of this year's construction season saw the CTC with a brigade of 66 people organized into six trail crews, turning out close to a mile of new treadway on the first day. Of the 66, 48 were college students on spring break, recruited under the Break Away program, which coincidentally began in Tennessee in the early 1990s. Thanks to their efforts and those of others, CTC's entire Cross Mountain section, which was comparable in length to PATC's Shockeyes Knob relocation on the Tuscarora Trail, was built this spring with 10 solid weeks of crew work!

PATC's Tuscarora Trail is still very much a part of the trail system in the western Appalachians. Earlier proposals to link the Tuscarora with the Allegheny Trail to the southwest were championed by a former PATC Supervisor of Trails, Tom Floyd. In the early 1990s this link project was incorporated into the master plan of the George Washington National Forest. Although not very well documented, most of the link route is hikeable even today.

*See Cumberlands, page 4*

## 13th Annual SNP North District Trails Workshop September 9 and 10

The annual North District Trails Workshop for PATC overseers will be held once again at Mathews Arm Campground in the north section of Shenandoah National Park this year on the weekend of September 9-10. An invitation is extended to current and prospective overseers to come and work side-by-side with the trail professionals of SNP and Club veterans on park trails. The SNP workshops are designed to tackle a few big jobs in the park and to teach Club volunteers some new skills.

Are your waterbars constructed properly? Do you know how to set a rock step? Do you know all the uses for a McLeod trail

tool? Have you thought about becoming a trail overseer but are not sure what it entails? This is where you find out! Or maybe you just want to roll up your sleeves and join in on a major trail project—come and join the crews!

The workshop will be held at Mathews Arm Campground near milepost 22 in the North Section of SNP. The uppermost tent campground loop will be set aside for exclusive use by PATC for this event from Friday evening till Sunday. All participants should bring tents and sleeping bags. We will start at 9 a.m. Saturday morning and end with a

*See Workshop, page 4*

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**Trail Patrol:** Kumait Jawdat  
**Tuscarora Trail Land Management:**  
Lloyd MacAskill

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**Cabin Reservations:** Darlene Wall  
**Deputy Supervisor of Trails:** Rick Rhoades  
**Firestone Tract Management:** Shirley Strong  
**Information/Sales Desks:** Marguerite  
Schneeberger  
**Medical:** John McNamara  
**SNP Boundary Trailheads Study Group:**  
Kerry Snow & George Walters  
**Tuscarora Trail Shenandoah Valley Project:**  
Phoebe Kilby & Larry Bradford  
**Vining Tract Management:** Howard Johnson

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## Council Fire

The PATC Council held its regular meeting on June 13, 2000 at the Club headquarters. The meeting was attended by 24 Council members and 2 staff. The PATC membership dipped to 6,958 last month despite registering 122 new members.

### Conflict of Interest

The Council adopted a conflict of interest policy that requires each Council member to provide full disclosure of personal and professional relations with individuals, companies, or organizations with whom PATC has official business. The Council member with a conflict of interest must abstain from negotiating with those groups unless specifically authorized to do so by Council because of expertise or other special circumstances. However, the Council member may not vote on official business matters when a conflict exists.

### Endowment Committee

The Council approved the appointment of Edward C. Britton and the reappointment of Donald S. Price to the Endowment Committee. Each has some investment experience.

The Council approved a new Charter for the Endowment Committee. The main change is to suggest that the Endowment Committee will invest expecting the Council to vote a fixed percent of the Endowment for capital and operational expenses annually. This allows the Council a more dependable source of funds and more flexibility in

meeting Club objectives. The policy may allow the Endowment to decrease in certain circumstances. The Endowment Committee is now considering an investment policy.

### Trail Locations

The Cadillac Crew works on the Tuscarora Trail and constructs trails at the request of tract managers. Some of the trail building has been on private land with agreement of the landowner. A recently reconstructed trail on the Vining Tract had to be obliterated after discussion with the landowners. The Council discussed some of the issues around trail building to provide guidance on who needs to be involved in the decision to build and maintain trails.

### Cabins Update

A lot of activity in shelter and cabin construction and maintenance was reported. The Ed Garvey Shelter is completed off-site and is awaiting transportation to a site near Weverton Cliffs in Maryland. The Hemlock Hill shelter has been dismantled and will be rebuilt on the Tuscarora Trail. The last rafters are going up on Tulip Tree cabin. Highacre has a new driveway. Glass House has a new bathroom floor and repaired toilet. Catocin also has a new bathroom floor and a repaired kitchen. Trees and shrubs are being removed from the parking lot on Route 9 at the AT to provide better sight lines and reduce vandalism to cars parked there.

*See Council Fire, page 3*

### HEADQUARTERS HOW TO GET IN CONTACT WITH US FOR CABIN RESERVATIONS, MEMBERSHIP INFORMATION, AND SALES

**Address:** 118 Park Street, S.E., Vienna, VA 22180  
**Hours:** Monday through Thursday, 7 p.m. to 9 p.m.  
and Thursday and Friday 12 Noon to 2 p.m.  
**Phone #:** 703/242-0315  
**To receive an information packet:** Extension 10  
**To leave a message for the Club President Walt Smith:** Extension 40  
**24-hr. Activities Tape #:** 703/242-0965  
**Facsimile #:** 703/242-0968  
**Club E-mail #:** Wriley1226@aol.com  
**World Wide Web URL:** <http://www.patc.net>

### STAFF DURING REGULAR BUSINESS HOURS

**Director of Administration:** Wilson Riley (Ext. 11) Email: Wriley1226@aol.com  
**Trails Management Coordinator:** Heidi Forrest (Ext.12) Email: heidif@erols.com  
**Business Manager:** Regina Garnett (Ext. 15) Email: rgarnett@erols.com  
**Membership/Cabin Coordinator:** Pat Fankhauser (Ext. 17) Email: pfankh@erols.com  
**Sales Coordinator:** Maureen Estes (Ext. 19) Email: patcsales@erols.com

### Ridgerunners

PATC pays for four Ridgerunners in the Shenandoah National Park, Northern Virginia, and Maryland. This is part of an overall Ridgerunner program on the AT coordinated by the Appalachian Trail

Conference. Concern was voiced when ATC recently hired away one of the PATC Ridgerunners and another possible Ridgerunner was placed in another state. PATC president Walter Smith will seek clarification from ATC.

### New and Improved Website

The PATC web site is being redesigned. Club members are invited to review it and comment. □

—Gerhard Salinger  
Recording Secretary

## Walt's Notes

### Preservation for "Future Generations"

In June, Chris Brunton, District Trail Manager in Northern Virginia, and I had the pleasure of spending some time talking to the Barbehenns at their weekend property in Duke Hollow. Duke Hollow is located a few miles north of US Route 50 in between Rod Hollow Shelter and Myron Glaser Cabin along the Appalachian Trail. We did not discover who Duke was, but we did enjoy listening to Elizabeth and Kyle Barbehenn relate why it was important that they grant conservation easements on their property in the hollow to PATC.

Elizabeth's father, Dr. Sanford Rosenthal, made the initial purchase of about 67 acres in Duke Hollow in 1943. Elizabeth was a young girl then, but she does recall the condition of the old farm when the family first drove out from their home in Washington, DC. The house had been neglected, and a swamp had developed in the front yard. Brush was growing in the fields, and there was no sign of life—no sight of the deer or bears as seen today. However, her father loved the outdoors and he soon had the place livable for summer enjoyment.

The family also farmed the land, planting vegetables such as corn, tomatoes, and cabbage. They also maintained a peach orchard. You see, during World War II, the family would not have been allowed to use gas for the drive from Washington, DC to the Valley unless they were farming. So, the Rosenthals and their three children became farmers during the summers, at least for a period of about five years. However, as the years passed, and the children moved from home, the property became neglected, although it remained in the family.

In fact, it was not until about 1970, after Elizabeth had married Kyle Barbehenn, that members of the family re-discovered the beauty of Duke Hollow once again. Kyle took great interest in developing the

property, to include making the pond that exists now in front of the house. As the ducks and geese on the pond and other wild animals became part of the landscape and the woods matured in the former tilled fields, the haven became a "Shangri-la" to the Barbehenns and their children.

### Future Trail on Ruth's Ridge

Over the years, the original farm become larger as the Barbehenns made additional purchases, increasing the size to about 170 acres. The most recent purchase includes an area that the Barbehenns call Ruth's Ridge, named after the late Ruth Fields, Elizabeth's aunt, who took great interest in the property and who was noted for her photographs of nature.

It was Kyle who had the idea of creating a hiking trail on Ruth's Ridge. Kyle's proposed trail would connect the Myron Glaser trail loop with the Fishers Hill trail loop. Hikers staying at either accommodation in the future would be able to enjoy additional walks in the area, including some appealing natural settings. The Barbehenn property has its share of interesting rock formations as well as some polypody, a type of fern that Kyle thinks the future trail should include. Planning for the trail may begin once the conservation easement held by PATC is completed for the piece of property most recently purchased.

Conservation easements, processed by the Land Acquisition Committee, have been applied to all the Barbehenn property, including the area around the house. These easements protect land adjacent to the AT corridor, in Duke Hollow, all the way west to State Route 606. Why does PATC hold the Barbehenn conservation easements? "My father felt strongly that it should be preserved," said Elizabeth. The property "is being saved for future generations. That's really it. My father would not have wanted it to be developed."

Some day in the future you may have the

opportunity to hike from the Myron Glaser Cabin down Ruth's Ridge, cross the stream in Duke Hollow, and ascend to the top of Fishers Hill. When you do, it will be through the courtesy of the folks who wanted Duke Hollow preserved "for future generations."

See you on the trail,

*Walt*



*Kyle and Elizabeth Barbehenn with Ruth's Ridge in the background*



*The Barbehenn property with Fishers Hill in the background*



Photos by Walt Smith

*Cumberlands, from page 1*

North of the Potomac, several possibilities have been advocated for northbound hikers west of the AT. One idea involves using the Mid-State Trail in Pennsylvania to access the Finger Lakes Trail in New York, although the two trails do not now connect directly. Another route would use the AT from the northern end of the Tuscarora

Trail up to High Point, New Jersey, where hikers could pick up the Long Path and follow it northward into New York. All these routes lead to the Canadian border and beyond.

With the energy and enthusiasm that has already been shown for these local trail projects, including PATC's Shockey's Knob

relocation, it seems more likely that we will eventually end up with a network of connecting trails in the western Appalachians rather than another official route such as the AT. It would certainly be encouraging to see something of this magnitude succeed mainly through the efforts of volunteers at the grass roots level! □

—Lloyd MacAskill

*Workshop, from page 1*

grand lunch at the campground early Sunday afternoon. Once again, the Aulhouse family chuck wagon will be serving up some mighty fine meals! The \$20 registration fee will include lunch and dinner on Saturday and breakfast and lunch on Sunday.

Please make reservations early as the workshop is limited to 25 participants, and we always fill up early. Call George Walters at 410/426-2724 or email: gjwalters@erols.com to make a reservation. Then mail the form below and you will be sent a confirmation and further instructions. See you there!

SNP NORTH DISTRICT TRAILS WORKSHOP  
September 9-10, 2000  
Mathews Arm Campground, Shenandoah National Park

**Registration Form**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: day) \_\_\_\_\_ (eve) \_\_\_\_\_

EMAIL \_\_\_\_\_

NUMBER OF RESERVATIONS: \_\_\_\_\_

Check area of interest:  Basic Skills  Trail Project

Please send registration form and \$20 per registrant to: George Walters, 5604 Pilgrim Road, Baltimore, MD 21214 (checks payable to George Walters)

## Mrs. Einsel

On May 6, the Milesburn Cabin was the scene of an unusual event for the PATC. We were very fortunate to have as our guest Mrs. Carlyn Einsel, teacher extraordinaire and expert on early American living, arts and crafts. Mrs. Einsel's subject for the day was cooking, but not as you and I are familiar with. Today it was open hearth cooking. For those of you who are wondering, that is cooking in front of an open fireplace. Mrs. Einsel used a reflector oven and over the course of the day produced two loaves of fresh bread, two baked chickens, and a large pot of fresh vegetable soup.

I should say her "class" produced because Mrs. Einsel was teaching a group from a Scout troop from Catonsville Md. Mrs. Einsel teaches, she does not demonstrate, so her students got a real lesson in just how much work it is to produce a meal the "olde fashioned way."

They prepared the vegetables, turned the chickens in the oven, attended the fire, and

learned all of the other little things that are required for this type of cooking. The work was long and hot, all by hand with no electricity available and a roaring fire going all day. But everyone was in agreement that the results were outstanding and the day was a huge success in every way.

We are looking forward to more such successes in the future. Mrs. Einsel teaches a variety of subjects in addition to open hearth cooking, such as wood stove cooking, candle making, soap making, quilting, stenciling, and others. We are hoping to be able to make these classes available to PATC members if there is enough interest. They would be held at various PATC cabins during the year, and the cost would be minimal.

If you are interested or just have questions, please contact Pat Fankhauser at Club Headquarters or Tyler Somerville at 410/444-5638, or wts1@prodigy.net □

—Tyler Somerville



Photo by Tyler Somerville

*Carlyn Einsel with Venture Scout Troop #980 from Cantonsville, Md., Justin, Rick, Aaron, and Rachel.*

**Note: The poem published in the July issue was first printed in the November 1999 issue of *Profundity*.**

## Book Review: On the Beaten Path

Rubin, Robert Allan. *On the Beaten Path: an Appalachian Pilgrimage*. Lyons Press, c1999. 233p.

The jacket shows a trail leading into misty woods. The subtitle hints those who attempt and, sometimes, complete an end-to-end walk of the Appalachian Trail are the millennium version of an old culture. Rubin sees them as a company as motley as Chaucer's pilgrims to Canterbury.

Rubin began his climb to the white blazes on Springer Mountain on April 1, 1997; 194 days later, on October 11, he was on Katahdin. Unlike all other 2,000-miler authors, except for Ed Garvey, Rubin had built and maintained trail, with the Piedmont Appalachian Trail Hikers. That experience is scarcely reflected in his book because, as he points out on pages 96-7, there are great differences between trail maintainer and a through-hiker.

While Rubin reports his feelings, thoughts, and small adventures of the hike, he devotes

as much space to a culture he finds unusual—that of the 1997 through-hiker. For example, their immediate adoption of trail names, use of trail registers, slack-packing, yellow-blazing, and yogi-ing, parties at trail hostels, the Damascus Trail Day festival.

The trail Rubin hiked is not one PATC overseers know. Nor would Ed Garvey recognize it as the one he hiked. Perhaps the trail maintainers Bill Bryson poked fun at during and after his 1996 partial through-hike would. And certainly the trail Rubin will continue to write about will not be the one here. (He became editor of the *Appalachian Trailway News* with the March-April 2000 issue.)

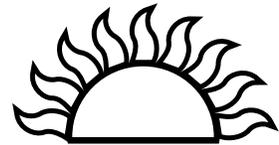
*Off the Beaten Path* has just reached the bookstores. It is too soon to know whether it will be the bestseller *Appalachian Hiker* and *A Walk in the Woods* were. It is clear that anyone who appreciates the AT will find it interesting reading. □

—Paula N. Strain

### In The News

Hikers or backpackers on the Danube Heights Hiking Trail in Austria may have their packs transported to the next hotel. Twelve hoteliers offer this service, plus special whirlpools for tired feet and drying rooms for wet clothes. Contact Landesverband fur Tourismus in Oberrosterreich, Schillerstrasse 50, A-4010, Linz, Austria. fax ++43/732/60 02 20, or e-mail info@Supperaustralia.or.at. (From *International Travel News*, November 1999)

—Paula Strain



### PATC Annual Meeting 15 November 2000 Elks Club, Fairfax, VA

Come vote for the Club's officers and catch up with friends!

### Potomac Appalachian Trail Club Trail Patrol presents

#### Backpacking 202

A Course for INTERMEDIATE/ ADVANCED BACKPACKERS

#### Learn how to:

Enjoy the Backcountry Under  
Challenging Conditions

The course teaches the needed skills for planning and executing an early winter backpacking trip. Two pre-trip sessions cover equipment selection and use, route planning, food planning, safety, comfort and Leave-No-Trace principles. A weekend trip accompanied by experienced instructors gives you the opportunity to try out your new skills.

#### Classroom Instruction:

Wednesdays, October 18 and 25, 2000. 7:30-10:00 p.m.  
PATC Headquarters, 118 Park Street, SE, Vienna, Virginia

#### Weekend Outing:

November 10-12, 2000 (Veteran's Day weekend)

Fee: \$40.00 for PATC Members, \$55.00 for non-members

To receive a registration form and all other information, please call:

Larry Marcoux: home,  
703/968-4771 or work,  
703/402-5441  
nolsIntmaster@aol.com

### 17TH ANNUAL BLACKBURN PIG ROAST

Mark your calendars now for the 17th Annual Blackburn Pig Roast, schedule for Saturday, October 7, 2000. We'll have our traditional Cuban-style roasted pig with all the accouterments, including black beans and rice and homemade tamales.

More information will be found in the September *PA*.



## Help Keep Scenic Route 340 Scenic!

Your help is needed to prevent Route 340 between Front Royal and Waynesboro from being the next victim of VDOT's "plans for improvement." VDOT is making plans to expand Route 340 into a four or five lane road, starting with a five-mile stretch south of Front Royal. VDOT's current plan would significantly alter the footprint of the road, encourage more truck and commuter traffic, and have a negative impact on water quality.

The Scenic 340 Project, Inc., is a 501(c) nonprofit organization that was formed by a group of six neighbors in February 1999 in reaction to VDOT's plans. Since then, we've grown to an organization of 150 contributing members and have collected over 1,000 signatures on petitions. We advocate a safe and scenic, improved two-lane road that employs a context sensitive design. We need your support in encouraging VDOT to design a road that takes the unique landscape of Route 340 into consideration.

The 340 Corridor is visible from Skyline Drive and the Appalachian Trail. Scenically and ecologically, it is an important buffer

zone for the Shenandoah National Park and the Shenandoah River. As people who are working hard to preserve the quality of the trails in the area, I know you'll want to take action to preserve the view from those trails!

Express your support for a safe and scenic two-lane 340 to:

Olivia A. "Libby" Welsh  
Commonwealth Transportation Board  
Member, Staunton District.  
P.O. Box 2751 Staunton, VA 24402-2751  
Phone: 540/886-1612, FAX: 540/886-1612

Secretary of Transportation Shirley J. Ybarra  
1401 E. Broad Richmond, VA 23219  
Phone: 804/786-6675  
FAX : 804/786-6683

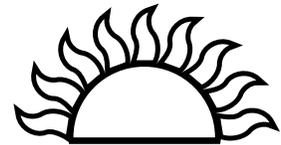
Join the Scenic 340 Project! For more information, send an e-mail message to [proj340@rma.edu](mailto:proj340@rma.edu) or write to: The Scenic 340 Project, Inc. P.O. Box 340, Bentonville VA 22610. □

—Rebecca Feind

### In The News

A man named Ed McNierney has created Topozone.com. He has taken the USGS maps, 58,938 of them, matched the scales and sizes and seamed them together, intact! The maps are available for free at the web site. They also sell software to help access "better quality" maps that will print without the annoying banner ads. According to the article the site has fans among the USGS staff. (From the 6/26/00 issue of the *Baltimore Sun*)

—Nancy Merritt



### Potomac Appalachian Deadline!

No pun intended, the deadline for the October issue is 1 September.

## A Brief History of PATC Hikes, Part II

### Excursions Committee Activities

During the '70s, the Excursions Chairs, who were strong hikers, recruited other strong hikers for their committee, which met at least once a year to plan hikes. Committee members might be assigned to lead particular hikes; at other times, a leader not on the committee might be recruited. Or sometimes a hiker brought an idea for a trip to the committee for approval, as I did for the Cacapon River float trip of 1972. All hikes had a leader and a co-leader, who was usually not as experienced as the leader. The co-leader was usually the "sweep," behind whom no hiker was allowed to fall.

No matter how familiar the two leaders were with the route, they were expected to scout it before leading the hike to avoid surprises. Leaders collected the fare from hikers at the beginning of the trip, paid the restaurant at which dinner was eaten, and paid the driver at the end of the day. They were also expected to submit a written report on

the hike for publication in the "Back Along the Trail" department of the *Bulletin*. Most leaders wisely got one of the hikers to write and submit that report. Even so, a certain number of hikes never were reported.

### In Celebration of PATC's History

The hikers themselves were well aware of trail etiquette: no cutting of switchbacks, no dropping litter, and so on. Any infraction of trail etiquette by a new hiker was promptly brought to the person's attention by another hiker.

### A Growth Spurt

Meanwhile, starting in the mid '60s, American society was becoming increasingly

interested in outdoor activities. New magazines such as *Wilderness Camping* and *Mariah* appeared, later to be merged with or supplanted by *Outside*, *Backpacker*, and others. All were aimed at the hiker rather than the hunter. This change in social climate resulted in increased growth in PATC's membership and a new emphasis on pleasure hikes over work trips. Data I compiled shows that in some months in the 1970s, as many as five or six hikes were scheduled but no work trips.

During this era, PATC offered some unusual trips. For example, the Conservation Committee went to Cedarville State Forest to observe forestry practices. Bicycle, rather than hiking trips, were offered in 1972 and 1976, and the Club held a deep-sea fishing trip in January 1972.

At this time PATC also sponsored several traverses, in which lengthy sections of trail

*See History, page 7*

*History, from page 6*

were to be covered over a series of hikes. An Appalachian Trail Traverse (ATT) began Memorial Day 1971 at the James River with the announced intention of ending at the Delaware River. A number of ATT hikes were scheduled within the next few years, but no ATT hikes appear on the schedules after about 1973—evidently the series was never completed. A Big Blue Trail series was begun, but it, too, was probably never completed.

Around this time a new type of hike appeared—the mid-week hike. It began as a once-a-month affair on trails close enough to Washington that the distance could be accomplished in half a day. This concept altered as retired or unemployed members took advantage of the mid-week hike. By the end of the 1970s, the mid-week hike was an all-day hike that began at 8 a.m. Wednesday and covered the same trails Sunday hikes did. These hikes were planned and led by the hikers themselves. Later, the Wednesday hiking group split, with a group that preferred shorter hikes closer to town becoming the Easy Hikers.

Meanwhile, the one- and two-week excursion flourished. Backpacking in Glacier Park (1971), Mt. Assiniboine (1973 and 1974), the Zillertal Alps (1977), and a raft trip for 35 members down the Grand Canyon (1978) were only some of the trips taken. Two leaders, Elsie and Bob Kinsey, were especially active, taking members to Craginair on Maine's sea coast at least twice, to camp in the Virgin Islands National Park, and to Britain to bike from Holiday Fellowship houses.

However, the lack of a co-leader signaled the decline of a responsible Excursions Committee. In the last years of the decade, Excursions Chairs were less experienced or younger hikers, who may not have had an Excursions Committee at all. There were months when there was not even an Excursions Chair. If a PATC member wanted to lead a hike, all the person had to do was give it to the *Potomac Appalachian* Editor.

An Excursions Chair in the early 1980s attempted to set up a working committee. The attempt got as far as naming an Assistant Excursions Chair to be responsible for planning the one- and two-week excursions

without the need to work closely with the committee. As a result, excursions flourished for a few years more. The Kinseys took PATC members to Norway to hike with a Holiday Fellowship tour. Holiday Fellowship came to hike in the White Mountains and was joined by PATC friends. Other excursions went to Glacier National Park (1982), Yugoslavia and New Zealand (1983), and Ontario and Hawaii (1984). All of these were more hiking than sightseeing tours, though both activities were included.

***Week long excursions were popular in the '70s and '80s.***

PATC went to Costa Rica in 1982 with only six people, who noted the need for trail work in the national parks visited. At the 1983 annual meeting, PATC members indicated a willingness to build or maintain trail in Costa Rica if its park's administration was willing.

It was. A dozen members returned to spend a week building trail in Manuel Antonio National Park and another week sightseeing, including an unauthorized climb of Rincon de la Vieja about 10 days after its eruption (members learned the climb was forbidden only when they were safely back in camp). Another trail work party went to Costa Rica in 1984, but they were given so little work to do that the idea of helping out was abandoned. (The group's report indicates members did enjoy the visit).

In the early '80s, two annual reports of the subcommittee for Extended Excursions note that in both years at least six excursions were offered, but only a third of them actually were held, usually for lack of registration. Did group travel for hiking no longer interest most Club members? In any case, between 1985 and 1993 only one such excursion was on the Club schedule, exclusive of the Appalachian Trail Conferences.

Frequent backpacking trips and long, fast hikes for experienced hikers reappeared on the schedule. The mid-week hiking groups flourished, with the Easy Hikers announcing their hikes. By the mid 1980s, the

retirees who had formed the group originally were getting older and slower-paced, and younger retirees with a faster pace had joined. The group split again into fast and slower sections.

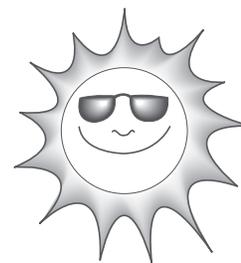
There were now five chapters of the Club, located at some distance from the metropolis. Each offered chapter members hikes in their newsletters; some even had series hikes on particular trails, but the notices no longer appeared in the *Potomac Appalachian*.

The lack of consistent planning of hikes inspired three people to take an initiative. One of them, Don Owen, began another series hike of the C & O Canal Towpath on one Saturday a month. Rick Myers and Ida Hayden offered other hikes, though little record remains to tell what they were. Owen's group, with about 30 on the mailing list, usually numbered about 10 or 12 on the hike. The group did finish the Towpath and began another series: hiking the entire Big Blue Trail, then the Washington and Old Dominion Trail. They called themselves the Saturday Up and Down Society and were quite active for half a dozen years, successfully reviving the Club tradition of a group dinner after a hike.

In 1986, the Excursions Chair's annual report admitted, "For a number of years, PATC has not offered a strong program of hikes," although some volunteers stepped in to fill the need. One of those was Rick Meyer, who led a photography and hiking trip to Alaska in 1987. Over the next several years, PATC hikes took on a different shape. □

—Paula Strain

**Next month:** PATC Hikes today.



***Potomac Appalachian Deadline!***

No pun intended, the deadline for the October issue is 1 September.

# FORECAST

## Chapters

### Charlottesville Chapter

The Charlottesville Chapter hikes every Saturday, summer, winter and in between. Hikes are about 8 miles. Trail maintenance is usually done on the last Saturday of the month. Meet at Sprint parking lot, 2307 Hydraulic Road at 9 a.m. with food and water for the day. We hike trails in the Southern, Central and occasionally Northern Districts of Shenandoah National Park, and in George Washington National Forest. INFO: Jere Bidwell 804/295-2143, John Shannon 804/293-2953 or Lois Mansfield 804/973-7184.

### North Chapter

The North Chapter of PATC conducts monthly trail work trips on the Maryland and Pennsylvania sections of the Appalachian Trail (AT) and on the Pennsylvania sections of the Tuscarora Trail. We also lead hikes on these and other trails. Maryland AT work trips are generally held on the first and third Saturdays—contact Mark Mitchell (mdtrail@yahoo.com), 301/461-7048 for information. Pennsylvania work trips are generally held on the AT on the first Saturday and on the Tuscarora on the third Saturday—contact Charlie Irvin, 301/447-2848 or Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140. Pennsylvania AT work trips also include an optional Saturday night stay at the Gypsy Spring cabin. Dinner, breakfast, and camaraderie available. For information on upcoming hikes, contact Chris Firme (bncfirme@innet.net) 717/765-4833. For general chapter information, contact chapter president Steve Koeppen (patc-north@mail.com) 410/756-2916 or visit the North Chapter home page ([www.patc.net/north\\_ch.html](http://www.patc.net/north_ch.html)).

### Northern Shenandoah Valley Chapter

The Northern Shenandoah Valley Chapter sponsors hikes in national and state parks and forests in the Shenandoah Valley vicinity, open to the public, on a monthly basis except during the winter. Hikes are posted in the Forecast. Other activities are in the NSV Chapter Newsletter. For further information contact Martha Clark (mclark@visuallink.com) 540/665-2101.

### Southern Shenandoah Valley Chapter

See Forecast (or our link from PATC website) for work trips and hiking events sponsored by the Southern Shenandoah Valley Chapter. Hikers from the DC area should allow about 3 hours to get to our region. INFO: in Harrisonburg, call Alvin 540/434-6244 or Lynn 540/234-6273; in Waynesboro, call Michael 540/943-8695; in Staunton, call Doris 540/885-4526.

### West Virginia Chapter

Chapter meeting at Highacre on the first Wednesday of the month. See Forecast for upcoming activities. For information about the chapter or to receive the newsletter, contact Judy Smoot at 540/667-2036 or wvpatc@hotmail.com.

### Ski Touring Section

The Ski Touring Section has served since 1974 to introduce Washington area residents to cross-country skiing and to provide cross-country skiing opportunities to experienced skiers. The Section sponsors winter weekend ski trips for all levels of skiers to nearby mountains in Maryland, West Virginia and Pennsylvania, as well as periodic social events year round. INFO: Steve Brickel 301/946-2520 or sbrickel@aol.com.

### Mountaineering Section

We're a diverse group of local Washington, DC area climbers. Young and old, male and female, crag rat, sport climber, and alpinist, active and armchair types — we all enjoy climbing in its many varieties. We also share common interest in promoting safe climbing, conserving the outdoors, developing new climbers' skills, representing the Washington area climbing community, and having fun! We provide instruction for those who want to learn the basics — we're not a school, but we can get you started. We go climbing, either locally or further afield, nearly every weekend. In the winter we organize trips to the Ice Festivals in the Adirondacks and the White Mountains for beginning and advanced ice climbers. For further information contact Greg Christopoulos at greg.christopoulos@do.treas.gov).

### PATC Midweek Hikes

PATC's Vigorous Group hikes 8-10 miles at a fast pace; and the Easy Hikers hike 5-8 miles on trails with little elevation change. See below for scheduled trips; check the weekly tape (703/242-0965) on Thursday or Friday for any changes or additions.

### Other Clubs' Hikes

Capital and Wanderbirds hike on Sundays, traveling by bus and leaving from downtown, with suburban stops as well. Center Club, Northern Virginia Hiking Club and Sierra Clubs hike on both Saturdays and Sundays using carpools, which often leave from a suburban Metro stop. Schedules are available at PATC Headquarters and are published in area newspapers on Fridays.

## KEY to Forecast Activities

All events are marked for easy identification. Late changes or cancellations are listed on the weekly information tape (703/ 242-0965), which is updated on Sunday evening for the following seven days. The Forecast can also be found on PATC's Web site at <http://www.patc.net>

-  Hiking Trips
-  Backpacking Trips
-  Trail Work Trips
-  Cabin/Shelter Work Trips
-  Special Events
-  Meetings

**Note to all hike leaders:** Please ask nonmembers on your hike if they would like to join PATC, then get names and addresses so a Club volunteer can send them information packets. Thanks!

## Meetings

### Meetings

Meetings are held at PATC HQ, 118 Park Street, S.E., Vienna, VA unless otherwise noted.

### Trail Patrol - First Tuesday

7:30 p.m. Trail Patrol volunteers are PATC's goodwill trail ambassadors to the hiking public. They provide a visible, reassuring presence on the trails, educating the public on good hiking practices, minimum impact hiking and camping ethics. Patrol members are trained in land navigation, emergency procedures, radio communications and personal equipment. All patrol volunteers are also expected to become certified in a recognized basic first aid course. Some equipment and uniform items are provided upon completion of training. INFO: Kumait Jawdat 202/328-8137 or see PATC's website (<http://patc.net/trailpatrol>).

### New Members (PATC) - First Wednesday

7:30 p.m. Curious about the Club? Want to learn more? The best way is to attend a New Members Meeting (but you don't have to be new to qualify). Attend the meeting and find the mysteries of PATC revealed in full. Refreshments will be served. Directions to PATC: Take Rt.123 into Vienna, VA and turn east on Park St.(Rt.675) to 118 Park St. on your left. INFO: Terry Cummings (TCIVP@mindspring.com) 410/489-4594.

### Shenandoah Mountain Rescue Group

(New Members meeting) - Second Monday  
7:30 p.m. New members meeting. INFO: SMRG Operations 703/255-5034, then press #5.

### PATC Council - Second Tuesday

7:00 p.m. sharp. The PATC Council meets the second Tuesday of every month to conduct business of the Club. All members are welcome. INFO: Wilson Riley (wriley1226@aol.com) 703/242-0693 x11.

### Mountaineering Section - Second Wednesday

8:00 p.m. Second Wednesday of every month. INFO: Greg Christopoulos (greg.christopoulos@do.treas.gov) or see PATC's website ([http://www.patc.net/mtn\\_sect/](http://www.patc.net/mtn_sect/)).

### The Futures Group - Third Tuesday

7:00 p.m. Meets to research, develop, and recommend to membership changes to PATC organization, constitution, and bylaws in order to meet challenges of the new century. PATC members welcomed. INFO: Gerhard Saling (evger@erols.com) or Walt Smith (wsmith@visuallink.com), Co-Chairs.

### Shenandoah Mountain Rescue Group

(Business meeting) - Last Tuesday  
7:30 p.m. Meet in conference room. INFO: Martin Juenge (mjuenge@rpihq.com) 703/255-5034 then press #5.

## August

### 1 (Tuesday)

**DEADLINE - September Potomac Appalachian Headquarters, Vienna, VA**

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to [jns-bianca@home.com](mailto:jns-bianca@home.com). Allow one week for postal service delivery.

### 1 (Tuesday)

 **MEETING - Trail Patrol, 7:30 p.m.**

### 2 (Wednesday)

 **MEETING - New Members (PATC), 7:30 p.m.**

### 3 (Thursday)

 **TRAIL WORK TRIP - Happy Hour on the Potomac Potomac Heritage Trail, Arlington, VA**

6:30 - 8:30 p.m. Who says you have to drive for an hour to enjoy the outdoors? Join us for an after-work hike and cleanup in your own backyard. We'll pick up trash and cut back overgrowth along the Virginia bank of the Potomac River. Please bring trashbags, gloves, and old shoes as it can be muddy. Also bring clippers if you have them. Park at the Windy Run pumphouse. INFO: E-mail [potomacheritagetrail@hotmail.com](mailto:potomacheritagetrail@hotmail.com), or call Tricia Meeks 703/979-2174, Dan Radke 703/528-2870 or Jim Egenrieder 703/527-3643.

### 5 (Saturday)

 **Humiturefest TRAIL WORK TRIP - South Mountaineers**

**Appalachian Trail, MD**

"Humiturefest" is the South Mountaineers' anniversary event each year. This is the 7th year of our stewardship. Come join us; novices warmly welcome. We work on the AT and Catoctin Trails west of Frederick, MD. Bring a lot of water, lunch, gloves, and boots. INFO: Mark Mitchell ([mdtrail@yahoo.com](mailto:mdtrail@yahoo.com)) 301/461-7048.

### 5 - 6 (Saturday - Sunday)

 **TRAIL WORK TRIP - North Chapter Appalachian Trail, PA**

Work trip followed by Charlie's annual corn roast (reservations required). We will meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Charlie Irvin 301/447-2848.

### 5 - 6 (Saturday - Sunday)

 **CABIN WORK TRIP - Blackburn Trail Center Round Hill, VA**

AUGUST - The dog days of summer! Come and cool off in the Blue Ridge mountains at the Blackburn Trail Center. Lots of "cool" jobs waiting for your help including building a new pump room in the basement and finishing the upstairs bunks. Those still looking to build their tan can help install the last few panels of our beautiful standing-seam metal roof. Share a meal on Saturday night. INFO: Bruce Clendaniel 410/820-7550 or Chris Brunton 703/560-8070.

### 6 - 11 (Sunday - Friday)

 **TRAIL WORK TRIP - Shenandoah (South District) Trail Crew**

**South District, Shenandoah National Park, VA**

Crew will be housed at the Schairer Trail Center in the South District. Crewmembers will park their

vehicles at Eaton Hollow Overlook and hike in a half-mile to the cabin. Crewmembers will pack their own lunches; breakfast will be self-serve at the cabin. The crew will drive to Elkton for dinner at the Country Inn. A PATC member will act as crew leader and drive a park-provided vehicle to and from the work site. The crew leader and trail crew will perform trail work under the supervision of a Park Ranger. Donate a week (or more) of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12.

### 8 (Tuesday)

 **MEETING - PATC Council, 7:00 p.m. sharp.**

### 9 (Wednesday)

 **MEETING - Mountaineering Section, 8:00 p.m.**

### 12 (Saturday) (Rain Date: August 26)

 **TRAIL WORK TRIP - Rock Creek Trail Crew Rock Creek Park, Washington, DC**

8:15-11:30 a.m. If it's hot on this day, we'll leave the sledgehammers and picks in the truck and do some lighter work with a focus on maintaining proper hydration. Meet at the Rock Creek Nature Center. INFO: Mark Anderson ([mhacca@starpower.net](mailto:mhacca@starpower.net)) 202/462-7718 or Ranger Ken Ferebee 202/426-6834 x31.

### 12 (Saturday)

 **HIKE - North Chapter Link Trail, PA**

Link Trail Series #5. PA 655 to Frew Rd. at Carbon Trail. 8.8 miles with an elevation change of 200 feet. This section is on Stone Mountain with no steep climbs. INFO: Chris Firme 717/765-4833 after 6:30 p.m.

### 12 (Saturday)

 **HIKE - Family Hiking Catoctin Mountain Park, MD**

Family hiking returns to the Catoctins for a 3 to 5 mile hike to Chimney Rock, possibly continuing to Wolf Rock. We will follow a more difficult trail than last year. Best suited for families with children at least 5 years old. Swimming afterwards at Hunting Creek Lake. INFO: Lynn Gulley ([earthconcepts@aol.com](mailto:earthconcepts@aol.com)) 410/730-8034.

### 12 (Saturday)

 **TRAIL WORK TRIP - Massanutten Crew Massanutten Mountain, VA**

We'll finish off the work on the Massanutten East Trail, north of its intersection with the Waterfall Mountain Trail. INFO: Wil Kohlbrenner ([wmaxk@shentel.net](mailto:wmaxk@shentel.net)) 540/477-2971.

### 12 - 13 (Saturday - Sunday)

 **TRAIL WORK TRIP - Cadillac Crew**

**GWNF Wolf Gap/Big Schloss near Woodstock, VA**

It's the dog days of summer and the Cadillac Crew will be helping Big Schloss Cutoff Trail overseer to improve the tread. The view from Big Schloss is well worth the trip. The crew will overnight at Wolf Gap Campground. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. INFO: Fran Keenan ([outdoorsnow@cox.rr.com](mailto:outdoorsnow@cox.rr.com)) 703/938-3973 or Jon Rindt ([jkrindt@erols.com](mailto:jkrindt@erols.com)) 540/635-6351.

### 13 (Sunday)

**HIKE - Meet the Trail Patrol**

**Call for location**

Hike with the Trail Patrol and learn what the PATC's goodwill ambassadors do. These adventurous, dedicated men and women monitor the Club's nearly 1,000 miles of trails, helping people, instructing them in safe hiking practices, and reporting on the conditions of the trails. At the same time, we cover some of the best, and often little-known trails, while having a great time with like-minded friends. INFO: Kumait Jawdat 202/328-8137, M - F 7-9 p.m. or weekends.

### 13 - 18 (Sunday - Friday)

 **TRAIL WORK TRIP - SNP (Central District) Trail Crews**

**Shenandoah National Park, VA**

Housing and Meals: Crews will be housed at the Pinnacle Research Center near the Pinnacle Picnic Area in the Central District. Vehicles may be driven to the Center. Crewmembers will pack their own lunches; breakfast will be self-serve at the cabin. Dinner will be served at Skyland Lodge. A PATC District Manager will stay and work with the crew under the supervision of a Park Ranger. Donate a week (or more) of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12.

### 14 (Monday)

 **MEETING - New members (Shenandoah Mountain Rescue Group), 7:30 p.m.**

### 15 (Tuesday)

 **MEETING - The Futures Group, 7:00 p.m.**

### 16 (Wednesday)

 **HIKE - Family Hike**

**Sky Meadows State Park, VA**

Hike with your baby or toddler. Throw your baby or toddler in a front or back carrier and join us for a 3-5 mile hike. Bring lunch and lots of water. INFO: Lauren Lang ([LevansAT94@aol.com](mailto:LevansAT94@aol.com)) 703/631-9278.

### 19 (Saturday)

 **TRAIL WORK TRIP - North Chapter Tuscarora Trail, PA**

For meeting place and other details, call Charlie Irvin, 301/447-2848.

### 19 (Saturday)

 **TRAIL WORK TRIP - Stonewall Brigade Shenandoah County, VA**

Great North Mountain on the VA/WV state line. Join the Stonewall Brigade at Wolf Gap Recreation Area at 9:00 a.m. to work on the Mill Mountain Trail near Big Schloss. This popular area offers fine panoramic views of Trout Run Valley from the mountain crest. We will continue to rework the sidehill on Mill Mountain Trail just below the Schloss, where the tread is eroding in the center of the tread. We will also remove rocks and smooth the tread between that point and the spur trail to Big Schloss. RSVP/INFO: Hop Long ([mgrnmd@hotmail.com](mailto:mgrnmd@hotmail.com)) 301/942-6177.

### 19 (Saturday)

 **HIKE - Mason-Dixon Trail Series #7 Havre de Grace, MD**

A moderately paced 19-mile hike along the

# FORECAST

Susquehanna River from Broad Creek, MD to Havre de Grace, MD. A car shuttle is required. Mason-Dixon trail maps 6 and 7. INFO: Jack Thorsen 703/339-6716 or William Needham 410/884-9127.

## 19 (Saturday)

### ✕ TRAIL WORK TRIP - Potomac Heritage Trail Arlington, VA

9:00 - 11:00 a.m. Want to help out but can't make a weekend-long commitment for a work trip? You don't have to! Join us for a hike and cleanup in your own backyard. We'll pick up trash and cut back overgrowth along the Virginia bank of the Potomac River. Please bring trashbags, gloves, and old shoes as it can be muddy. Also bring clippers if you have them. Park at the Windy Run pumphouse. INFO: E-mail <potomacheritage-trail@hotmail.com>, or call Tricia Meeks 703/979-2174, Dan Radke 703/528-2870 or Jim Egenrieder 703/527-3643.

## 19 (Saturday)

### ⚡ HIKE - Natural History Hike

#### North District, Shenandoah National Park, VA

Join Bob Pickett and friends for a ten mile walk along Jeremy's Run and Neighbor Mountain. Lots of stream crossings, white birch and possibilities for wildlife. The hike includes moderate elevation descent (1700 feet) and ascent (1300 feet), covering numerous forest habitats. Reservations/ INFO: Bob Pickett 301/681-1511.

## 19 - 20 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP - Blue and White Crew

#### Central District, Shenandoah National Park, VA

Escape the dog days with the Blue and White Crew at the historic Pinnacles Camp high on the Blue Ridge. The Crew will continue their July AT project, and return to the Research Station for a pot-luck feast. Check out the Blue and White Calendar at <http://sites.netscape.net/kerrysnow>. INFO: Kerry Snow (KerrySnow@prodigy.net) 301/570-0596.

## 19 - 20 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP

#### Central District, Shenandoah National Park, VA

Tired of that manufactured, air-conditioned "air"? Depressed because your cubicle is in a building with no windows? Have an almost overwhelming desire to \*thwack\* a perpetually bored and always-in-the-way teenager? Come out and help a crew of trailbuilders rebuild a section of the Appalachian Trail in Shenandoah National Park! That's right! Feel the satisfaction of your mattock well and truly striking the earth. Use the rock bar to move that immovable object of a boulder out of the way! Meet at 9:30 a.m. on Saturday at the Timber Hollow Overlook on Skyline Drive. Overnight accommodations at Pocosin Cabin. Reservations/INFO: Don White (whitedh@hotmail.com) 703/443-1572.

## 19 - 20 (Saturday - Sunday)

### ⚡ CABIN WORK TRIP - Blackburn Trail Center Round Hill, VA

AUGUST - The dog days of summer! Come and cool off in the Blue Ridge mountains at the Blackburn Trail Center. Lots of "cool" jobs waiting for your help including building a new pump room in the basement and finishing the upstairs bunks. Those still looking to build their tan can help install the last few panels of our beautiful standing seam metal roof. Share a meal on

Saturday night. INFO: Bruce Clendaniel 410/820-7550 or Chris Brunton 703/560-8070.

## 19 - 20 (Saturday - Sunday)

### ✕ Jamaican TRAIL WORKTRIP - North District Hoodlums

#### North District, Shenandoah National Park, VA

Hey mon, come and reggae on down to de Appalachian Trail and feast on de famous Hoodlum jerk chicken. Noooo problem, mon! The crew will be working on the Compton Peak trail relocation. No experience necessary — tools provided. Bring work gloves, lunch and a smile. Overnight stay at Indian Run Hut within the park. Come for the day, stay for the evening meal, or spend the entire weekend. The crew meets at 10:00 a.m. at Piney River Ranger Station in the North District. RSVP/INFO: George Walters (gjwalters@erols.com) 410/426-2724.

## 20 - 25 (Sunday - Friday)

### ✕ TRAIL WORK TRIP - SNP (Central District)

#### Trail Crews

#### Shenandoah National Park, VA

Housing and Meals: Crews will be housed at the Pinnacle Research Center near the Pinnacle Picnic Area in the Central District. Vehicles may be driven to the Center. Crewmembers will pack their own lunches; breakfast will be self-serve at the cabin. Dinner will be served at Skyland Lodge. A PATC District Manager will stay and work with the crew under the supervision of a Park Ranger. Donate a week (or more) of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12.

## 26 (Saturday)

### ⚡ HIKE - Northern Shenandoah Valley Chapter Central District, Shenandoah National Park, VA

Join the NSVC as we hike the Crescent Rock, Betty's Rock and Limberlost trails. We'll enjoy some great views, hemlock groves, and the cooler temperatures above 3000 feet. We will hike about 5 miles with an elevation gain of about 1,100 feet. INFO: Gerry Boyd (gerryb@compuserve.com) 703/281-7216.

## 26 - 27 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP - Cadillac Crew

#### Shockeysville, VA

Shockeys Knob. Yes, even though the Tuscarora Trail relocation at Shockeys Knob is officially opened for hikers, we still have some tread work to do. Join us on one of our last trips to Shockeys Knob this summer. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at local cabin. INFO: Fran Keenan (outdoorsnow@mgfairfax.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

## 26 - 27 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP - Cadillac Crew

#### Gainesboro, VA (west of Winchester)

Yes, even though the Tuscarora Trail relocation at Shockeys Knob is officially open for hikers, we still have some tread work to do. Join us on one of our last trips to Shockeys Knob this summer. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at local cabin. INFO: Fran Keenan (outdoorsnow@cox.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

## 27 - 1 (Sunday - Friday)

### ✕ TRAIL WORK TRIP - SNP (North District) Trail Crews

#### Shenandoah National Park, VA

Housing and Meals: Crews will be housed at the Pinnacle Research Center near the Pinnacle Picnic Area in the Central District. Vehicles may be driven to the Center. Crewmembers will pack their own lunches; breakfast will be self-serve at the cabin. Dinner will be served at Skyland Lodge. A PATC District Manager will stay and work with the crew under the supervision of a Park Ranger. Donate a week (or more) of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12.

## 29 (Tuesday)

### ⚡ MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.

# September

## 1 (Friday)

### DEADLINE - October Potomac Appalachian Headquarters, Vienna, VA

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to [jns-bianca@home.com](mailto:jns-bianca@home.com). Allow one week for postal service delivery.

## 2 (Saturday)

### ✕ TRAIL WORK TRIP - South Mountaineers Appalachian Trail, MD

Do you have some spare time this long weekend? Why not enjoy the camaraderie of a work event and get dirty on the trail? Bring a lot of water, lunch, gloves, and boots. INFO: Mark Mitchell (mdtrail@yahoo.com) 301-461-7048.

## 2 - 3 (Saturday - Sunday)

### ⚡ CABIN WORK TRIP - Blackburn Trail Center Round Hill, VA

Come and cool off in the Blue Ridge mountains at the Blackburn Trail Center. Lots of "cool" jobs waiting for your help including building a new pump room in the basement and finishing the upstairs bunks. Those still looking to build their tan can help install the last few panels of our beautiful standing seam metal roof. Share a meal on Saturday night. INFO: Bruce Clendaniel 410/820-7550 or Chris Brunton 703/560-8070.

## 2 - 3 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP - North Chapter Appalachian Trail, PA

Meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Charlie Irvin 301/447-2848.

## 2 - 4 (Saturday - Monday)

### BACKPACKING TRIP - Otter Creek Wilderness Monongahela National Forest, WV

Leaving Saturday morning, backpack four miles to our campsite where we'll spend two nights. Long dayhike on Sunday. We should be back to D.C. area by 6:00 p.m. on Monday. Wonderful place, but plan for rain and stream crossings. Group limit ten. INFO: Dave Wilcox (davewill-cox@worldnet.att.net) 703/212-0991 or Gary Tobin 703/998-5057.

## 4\* - 8 (\* Week starts Monday PM due to Labor Day)

### Shenandoah (North District) Trail Crews Shenandoah National Park, VA

Housing and Meals: Crews will be housed at the Pinnacle Research Center near the Pinnacle Picnic Area in the Central District. Vehicles may be driven to the Center. Crewmembers will pack their own lunches; breakfast will be self-serve at the cabin. Dinner will be served at Skyland Lodge. A PATC District Manager will stay and work with the crew under the supervision of a Park Ranger. Donate a week (or more) of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12.

## 5 (Tuesday)

 MEETING - Trail Patrol, 7:30 p.m.

## 6 (Wednesday)

 MEETING - New Members (PATC), 7:30 p.m.

## 9 (Saturday) (Rain Date: September 23)

### ✕ TRAIL WORK TRIP - Rock Creek Crew Rock Creek Park, Washington, DC

8:15-11:30 a.m. We only meet once this month so you can get out for a weekend hike sometime in the rest of September when the summer crowds are gone from the trails. Meet at the Rock Creek Nature Center. INFO: Mark Anderson (mhacca@starpower.net) 202/462-7718 or Ranger Ken Ferebee 202/426-6834 x31.

## 9 (Saturday)

### ⚡ HIKE - North Chapter Link Trail, PA

Link Trail Series #6 (final hike). Frew Rd. at Carbon Trail to Greenwood Furnace State Park and the Mid-State Trail. 11.6 miles with an elevation change of 900 feet. This section has some fantastic views of the Stone Valley from atop the ridge of Stone Mountain. INFO: Chris Firme 717/765-4833 after 6:30 p.m.

## 9 - 10 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP - Cadillac Crew Meadows Cabin, Syria, VA

This weekend we're going to be clearing the area around Meadows Cabin and doing some much-needed weed control to help out the cabin overseers. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at Meadows Cabin. INFO: Fran Keenan (outdoorsnow@cox.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

## 9 - 10 (Saturday - Sunday)

### WORKSHOP - 13th Annual North District Trails Workshop

### Mathews Arm Campground, North District, Shenandoah National Park, VA

See article elsewhere in this issue for more information. RSVP/INFO: George Walters (gjwalters@erols.com) 410/426-2724.

## 10 - 15 (Sunday - Friday)

### ✕ TRAIL WORK TRIP - Massarock Trail Crew George Washington & Jefferson National Forests

The Crew will stay at Camp Roosevelt Campground in the northern Massanutten Mountain. Caroline Furnace Lutheran Camp will

provide meals and box lunches. You will need to bring your own tent, or sleep in your vehicle if you desire. The crew will continue constructing the Massanutten West Trail. Donate a week or more of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave you name and address on 703/242-0693 x12. More information and an application is available on the web at [www.patc.net](http://www.patc.net).

## 11 (Monday)

 MEETING - New members (Shenandoah Mountain Rescue Group), 7:30 p.m.

## 12 (Tuesday)

 MEETING - PATC Council, 7:00 p.m. sharp.

## 13 (Wednesday)

 MEETING - Mountaineering Section, 8:00 p.m.

## 16 (Saturday)

### ✕ TRAIL WORK TRIP - North Chapter Tuscarora Trail, PA

For meeting place and other details, call Charlie Irvin, 301/447-2848.

## 16 (Saturday)

### ✕ TRAIL WORK TRIP - South Mountaineers Appalachian Trail, MD

Finally, some cooler air. And in the hills, the leaves are starting to change color. Join us for some fun work in the beauty of South Mountain. Bring water, lunch, gloves, and boots. Novices to trail-work welcome. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

## 16 (Saturday)

### ⚡ HIKE - Mason-Dixon Trail Series #8 Havre de Grace, MD

A moderately paced 19-mile hike from Havre de Grace east to Elk Neck State Forest PA. A car shuttle is required. Mason-Dixon trail maps 7 and 8. INFO: Jack Thorsen 703/339-6716 or William Needham 410/884-9127.

## 16 - 17 (Saturday - Sunday)

### ✕ Italian TRAIL WORKTRIP - North District Hoodlums

### North District, Shenandoah National Park, VA

Don't makka' me breaka' your leg for this one, eh Louie? Hearty Mediterranean cuisine will be the reward for a good day's work on the Appalachian Trail in the North District of the park this weekend. No experience necessary — tools provided. Bring work gloves, lunch, and a smile. Overnight stay at Indian Run Hut within the park. Come for the day, stay for the evening meal, or spend the entire weekend. The crew meets at 10:00 a.m. at Piney River Ranger Station in the North District. RSVP/INFO: George Walters (gjwalters@erols.com) 410/426-2724.

## 16 - 17 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP Central District, Shenandoah National Park, VA

Tired of that manufactured, air-conditioned "air?" Depressed because your cubicle is in a building with no windows? Have an almost overwhelming desire to \*thwack\* a perpetually bored and always-in-the-way teenager? Come out and help a crew of trailbuilders rebuild a section of the Appalachian Trail in Shenandoah National

Park! That's right! Feel the satisfaction of your mattock well and truly striking the earth. Use the rock bar to move that immovable object of a boulder out of the way! Meet at 9:30 a.m. on Saturday at the Timber Hollow Overlook on Skyline Drive. Overnight accommodations at Pocosin Cabin. Reservations/INFO: Don White (whitedh@hotmail.com) 703/443-1572.

## 16 - 17 (Saturday - Sunday)

### CLASS - Wilderness First Aid Annandale, VA

A program of the Wilderness Safety Council, this eighteen-hour class includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$140. Registration is limited to 25 people. More information and registration at: <http://wfa.net>. INFO: Christopher Tate 703/836-8905.

## 17 - 22 (Sunday - Friday)

### ✕ TRAIL WORK TRIP - Massarock Trail Crew

### George Washington & Jefferson National Forests

The Crew will stay at Camp Roosevelt Campground in the northern Massanutten Mountain. Caroline Furnace Lutheran Camp will provide meals and box lunches. You will need to bring your own tent, or sleep in your vehicle if you desire. The crew will continue constructing the Massanutten West Trail. Donate a week or more of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave you name and address on 703/242-0693 x12. More information and an application is available on the web at [www.patc.net](http://www.patc.net).

## 19 (Tuesday)

 MEETING - The Futures Group, 7:00 p.m.

## 23 (Saturday)

### ⚡ HIKE - Northern Shenandoah Valley Chapter Central District, Shenandoah National Park, VA

There are only four points in SNP that offer a 360 degree view. The Northern Shenandoah Valley Chapter is hiking to one of those high points — Mary's Rock. The trip will be about 3.5 miles with a total climb of 830 feet. This is a medium-easy hike with a few stretches that are moderately steep. We will pass the ruins of Meadow Spring Cabin and hike on the AT to the summit. INFO: Larry and Rita Bradford (bradford@shentel.net) 540/459-3571.

## 23 - 24 (Saturday - Sunday)

### ✕ TRAIL WORK TRIP - Cadillac Crew Gainesboro, VA (west of Winchester)

Shockeys Knob. It's the end of September and time to close the Tuscarora Trail relocation project for the season. Join us for some final tread work and stories around the campfire. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at local cabin. INFO: Fran Keenan (outdoorsnow@cox.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

## 26 (Tuesday)

 MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.

## Wedding, June 2000

Karen and Jim Harvey celebrated their wedding April 22, 2000, at Bears Den Hostel on the Appalachian Trail in Bluemont, Va. They met in September 1998 when Karen (nee Benoit) joined the Blackburn Cabin work crew. Jim and his twin brother Ed had been volunteers there for several years, helping build a new kitchen, porch, and roof. They through-hiked the Appalachian Trail in 1999, with Karen providing ground support and gorp, Jim climbed Mt. Katahdin October 10 and married Karen in a civil ceremony October 29. They currently are co-caretakers of the Jim and Molly Denton Shelter in Linden, Va.



### It's not too late!

Have you ever thought about running for office on PATC's Executive Committee? Contact a member of the Nominating Committee. We're still taking names of those interested in running in this Fall's election.

Rick Canter, 301/924-4942  
southmountaineers@yahoo.com  
Maureen Harris, 202/966-8345;  
mh63q@nih.gov  
Steve Koeppen, 410/756-2916;  
skoeppen@qis.net  
Bianca Menendez, 703/823-1835;  
jns-bianca@home.com  
Jack Reeder, 301/320-6324;  
rappahannock@juno.com

## PATC District Trail Managers

Interested in doing Trail Work? Contact the district manager for the region. And Don't forget to check out the Help Wanted on the back of each issue of the *PA*.

### Supervisor of Trails Suburban Virginia—Map D

Peter Gatje  
10416 Adel Road  
Oakton, VA 22124  
H 703/255-4705  
W 703/242-0693 Ext. 13  
E-mail: pjgatje@aol.com

### Pennsylvania—Map 2-3,4,J,K

North Chapter Crew  
Charles R Irvin  
11540 Simmons Road  
Taneytown, MD 21787  
H 301/447-2848

Pete Brown  
2012 Blue Mount Road  
Monkton, MD 21111  
H 410/343-1140  
W 410/583-4561  
E-mail: peter.brown4@worldnet.att.net

### Maryland Appalachian Trail & Side Trails —Map 5-6

South Mountaineers Trail Crew  
Richard Canter  
19521 Divot Place  
Gaithersburg, MD 20879  
H 301/924-4942  
W 301/721-3000 ext. 3061  
E-mail: southmountaineers@yahoo.com

### Harpers Ferry/Ashby Gap AT & Side Trails —Map 7,8

Chris Brunton  
9000 Piney Grove Drive  
Fairfax, VA 22031  
H 703/560-8070  
E-mail: trlboss@dellnet.com

### Ashby Gap/Possums Rest AT & Side Trails—Map 8,9

[Rte. 50 to rte. 638]  
Ed McKnew  
13241 Hazegrove Farm Lane  
Linden, VA 22642-1723  
H 540/622-6004  
Fax 540/631-0180  
E-mail: emcknew@aol.com

[Rte. 638 to SNP]

Lloyd Parriott  
PO Box 1971  
Front Royal, VA 22630  
H 540/622-2743  
E-mail: Blumount1@aol.com

### SNP North AT—Map 9

John McCrea  
6641 Perry Avenue  
Upper Darby, PA 19082  
H 610/352-9287  
E-mail: mcmcreajf@aol.com

### Hoodlums Trail Crew

George Walters  
5604 Pilgrim Rd.  
Baltimore, MD 21214  
H 410/426-2724

W 410/727-0200  
Fax 410/727-1267  
E-mail: gjwalters@erols.com

### SNP North Blueblazed—Map 9

Bernie Stalman [Hazel Mt. Area]  
12111 Amblerwood Drive  
Laurel, MD 20708  
H 301/725-8876  
E-mail: Bstalman@aol.com

### SNP Central AT—Map 10

Blue and White Crew  
Kerry Snow  
P O Box 1169  
Olney, MD 20830  
H 301/570-0596  
W 202/782-8175 or 8176  
E-mail: KerrySnow@prodigy.net

### SNP Central Blueblazed—Map 10

Blue and White Crew  
Charles Hillon [south end]  
15907 Waterfall Road  
Haymarket, VA 20169-2128  
H 703/754-7388  
E-mail: hillon@erols.com

Dan Dueweke [north end]

15545 Eagle Tavern Lane  
Centreville, VA 22020  
H 703/266-3248  
E-mail: danjan@double.com

### SNP South AT—Map 11

Mike Karpie  
152 Deacon Road

Fredericksburg, VA 22405  
H 540/899-2649  
C 540/538-1010  
E-mail: BKPKR@erols.com

### SNP South Blueblazed—Map 11

Lois Mansfield  
5800 Burnett Lane  
Ruckersville, VA 22968  
H 804/973-7184  
W 804/924-1033  
E-mail: lem@Virginia.edu

### Tuscarora North—Map L

Lloyd E MacAskill  
5525 Ventnor Lane  
Springfield, VA 22151  
H 703/978-4070  
E-mail: LloydM3160@aol.com

### Deputy Supervisor of Trails Tuscarora South & Crew- Map F, G, 9

Rick Rhoades  
5952 Coopers Landing Court  
Burke, VA 22015  
H 703/239-0965  
W 703/769-5812  
E-mail: RTRhoades@aol.com or  
rick.rhoades@leadscorp.com

Cadillac Trail Crew/Trail Head Editor  
Jon Rindt  
621 Skyline Forest Drive  
Front Royal, VA 22630  
H 540/635-6351  
E-mail: JKRindt@erols.com

### Massanutten North—Map G

Massanutten Trail Crew  
Wil Kohlbrenner  
1717 Georgetown Rd.  
Mount Jackson, VA 22842  
H 540/477-2971  
E-mail: wmaxk@shentel.net

### Massanutten South—Map H

William Schmidt  
1324 Dale Drive  
Silver Spring, MD 20910  
H 301/585-2477  
E-mail: weschmidt@aol.com

### Great North Mountain—Map F

Stonewall Brigade Crew  
Fred "Hop" Long  
5309 Bangor Drive  
Kensington, MD 20895-1106  
H 301/942-6177  
E-mail: theFSLongs@erols.com  
or mgrgnmd@hotmail.com

### Suburban Maryland— Map D

Liles Creighton  
100 River View Ave.  
Annapolis, MD 21401-1122  
H 410/573-0067

### District of Columbia— Map N

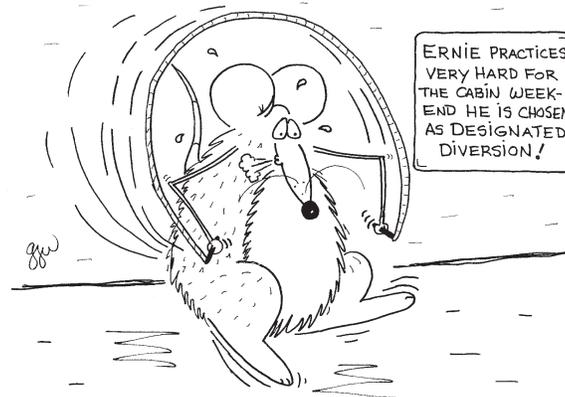
Mark Anderson  
1877 Newton St. NW  
Washington, DC 20010  
H 202/462-7718  
W 202/862-9230  
E-mail: mhacca@starpower.net

As the overseer of a section of the AT near Linden, Va. for nearly ten years, I have talked with a number of through-hikers. Almost all express their thanks, but this year they have been particularly complimentary regarding PATC's work in the Shenandoah Park and northern Virginia. Over and over again I heard the comment that our trails are the best maintained of any they had encountered on their way north. Well-deserved plaudits to Pete Gatje, George Walters, Ed McKnew and the many other district managers and overseers involved!

—Phil Barringer

Thanks to Lenny Nelson for the generous donation of ten (!!!) new mattresses to Blackburn Trail Center.

### Tails From the Woods by George Walters



## Mike Karpie's Photo Tips: Lenses, Part Two: Tips on Using Your Lenses

Let's talk about telephoto lenses. People love them. To the general public they are the essence of real photography. A photographer's apparent abilities are often judged by the length of his/her lenses.

But eventually it comes time to stop showing off the new telephoto and actually put it to work.

When this time comes, there is an important rule that every photographer must remember. I forget the name of the rule, but that's not important. A telephoto lens magnifies your subject...that's why you

bought it. But it also magnifies the movement in your hands while you are trying to hold the camera steady.

It is generally necessary to use a shutter speed of 1/60 second to get clear photos with a 50mm lens while hand-holding the camera. When you put a longer lens on the camera you must increase the shutter speed. The reciprocal of the shutter speed should approximately equal the focal length of the lens. In English this means that the number representing the shutter speed you have chosen (i.e., 30, 60, 125, etc.) should be close to the size of your lens (i.e., 28, 50,

135mm, etc.). Increasing the shutter speed helps "freeze" the magnified movement of your hands. Of course the very best solution is to use a tripod whenever possible.

Next month: Lenses, Part Three: More on Lens Use

The archive of Photo Tips and sample photos can be found at: <http://www.geocities.com/mkarpie/tips.html> □

—Michael Karpie



# NOTICES

## NEW NOTICES

**LOOKING FOR THE RIGHTFUL OWNER** of a 1996 Finisher Bar found on the trail during the 2000 Dogwood Half-Hundred. Call Pat Fankhauser at 703/242-0693, Ext 17.

## CLASSES

**LONG DISTANCE HIKING WORKSHOP** at Bears Den Hostel, Bluemont, Va. Join Bears Den Hostel Manager and 1996 Appalachian Trail through-hiker, Melody Blaney on October 14 and 15, 2000, for an informative weekend discussing and demonstrating backpacking skills required for a long distance hike. This workshop is designed for the beginner and experienced backpacker who is planning a long hike of any distance. Cost: \$40. Overnight lodging at the hostel is available for an additional cost (\$12 for members, \$15 for non-members, plus tax, per night). For reservations or information: Bears Den Hostel, 18393 Blue Ridge Mountain Road, Bluemont, Va. 20135; 540/554-8708; bearden@crosslink.net.

## VOLUNTEER OPPORTUNITIES

**BEARS DEN HOSTEL** is recruiting volunteers willing to lead a series of workshops and programs and share what they know. The workshops are part of a continuing series of educational programs organized by Melody Blaney, manager of the hostel, and are held on weekends at the historic facility along the crest of the Blue Ridge, near Bluemont, Va. Melody needs volunteers to lead workshops on environmental education, nature activities (e.g., bird watching), writing, painting, and preservation of wildlife and natural habitat. Bears Den is a hiker hostel owned and operated by the Appalachian Trail Conference. INFO: Melody Blaney, Bears Den Hostel, 18393 Blue Ridge Mountain Rd, Bluemont, Va 20135, 540/554-8708, or bearden@crosslink.net.

**NEEDED: VOLUNTEER COORDINATOR**—a Club member to coordinate volunteer opportunities and place volunteers in jobs. There is currently no placement system to match volunteers with open tasks; you can devise and implement one. No experience needed, just a general understanding of Club activities and a willingness to work. Most work will take place at the headquarters in Vienna. Call Mickey McDermott, vice president for volunteerism, at 703/866-0928, or e-mail him at jtmcd@erols.com.

**THE SALES OFFICE** is looking for volunteers interested in working as little or as long as you can manage it—Monday through Friday between 9 and 5 p.m. If interested, please contact the Sales Coordinator, Maureen Estes, by either calling headquarters at 703/242/0693, ext. 19, or by e-mail at patcsales@erols.com.

**NOT INTERESTED IN WORKING OUTDOORS?** PATC has a continuous need for Headquarters Volunteers willing to help out with a variety of tasks—from manning the sales desk in the evening, to providing typing or office support. It takes a lot more than trail workers to keep the Club going! INFO: Wilson Riley (wriley1226@aol.com) 703/242-0693, Ext. 11.

**PATC OVERSEERS** get BIG discounts from the following merchants who support our volunteer programs: -Blue Ridge Mountain Sports (Charlottesville/ Tidewater)-20% -Hudson Trail Outfitters (DC Metro Region) 15% -The Trailhouse (Frederick, MD) 15% -Casual Adventures (Arlington, VA) 10% -Campmor (Mail Order via PATC HQ) 10%. Check the back page of the PA for the latest trail, cabin, and shelter overseer opportunities. And all PATC members receive a 10% discount from Blue Ridge Mountain Sports. Be sure to have your membership ID or overseer ID ready when you shop.

**SHENANDOAH MOUNTAIN RESCUE GROUP (SMRG)** is seeking people interested in wilderness search and rescue. New member orientation meetings are held every month at PATC headquarters. NO EXPERIENCE IS NECESSARY. INFO: SMRG Operations 703/255-5034, then press #5.

## HIKING PARTNERS

**SLOW HIKER (10 MILES PER DAY)** who has done 1200 miles of AT seeks companions for sections of the southern half: Catawba to Daleville, Va. (June 5-7), Daleville to Glasgow (June 8-13), Glasgow to Tyro, Va. (June 14-18), Tyro to Rockfish Gap VA (June 19-21), Franklin to Nantahala River NC (June 27-30), Nantahala R. to Fontana (July 1-3), Fontana to Davenport Gap (July 4-11), Davenport Gap to Allen Gap (July 12-16), Springer Mt. to Hiawasse, Ga. (Aug 2-9), Hiawasse to Franklin, NC (Aug 10-14), Allen Gap to Erwin, Tenn. (Aug 15-20), Erwin to El Park, NC (Aug 21-24), Elk Park to Damascus, Va. (Aug 25-31), Damascus to Troutdale, Va. (Sept 11-15), Troutdale to Atkins VA (Sept 16-17), Atkins to Bland VA (Sept 18-22), Bland to Pearisburg, Va. (Sept 23-26), Pearisburg to Catawba, Va. (Sept 27- Oct 3), Rockfish Gap to Front Royal, Va. (Oct 4-14). George Meek ("Poet") 703/875-3021 or gmeek@mciworld.com.

## HIKING VACATIONS

**WALKING HOLIDAYS.** This is an invitation for you to join a small party and enjoy a week exploring the Lake District of England or Northumbria. Holiday dates are July 8-15, August 19-26, September 9-16 for Lake District tours or June 10-17 or July 1-8 for Northumbria tours. INFO: Derek Teasdale, 0044/191-2520752, DTeasdale1@aol.com, or <http://members.aol.com/DTeasdale1/>

**GELINAS MANOR VICTORIAN BED AND BREAK-FAST** offers a 20+% discount on space available to hikers who would like a room (and bath) for the night while hiking through the Boiling Springs, Pa area. Gelinias Manor is located about 100 yards from the Boiling Springs Post Office and the Appalachian Trail and has available fax and e-mail service for hikers. INFO: Leo Gelinias 717/258-6584, geliniasmanor@aol.com, or [http://pts.placcestostay.com/gen\\_prop.asp?hotel\\_id=18403](http://pts.placcestostay.com/gen_prop.asp?hotel_id=18403)

## LOST and FOUND

**Found:** 1) A pair of eye glasses in a black FourEyes container left at Corbin Cabin May 13-14. 2) Sierra Designs tent at Doyle River Cabin 5/19. 3) Various articles still unclaimed from the Dogwood Half-Hundred hike.

**Lost:** Nikon Camera lost at Pocosin Cabin May 13 weekend.

If anyone should know anything about the above articles lost or found, then please contact Pat Fankhauser at PATC HQ, 703/242-0693, ext. 17.

## WANTED/FOR SALE/ FOR RENT

**NEEDED FOR BLACKBURN TRAIL CENTER.** Wooden porch furniture and picnic tables. Call Chris Brunton 703/560-8070

**FOR RENT:** Canaan Valley four seasons resort vacation home "Chamonix." New four bedroom, two bath, fireplace, hot tub, deck, BBQ, all amenities. Beautiful wooded mountain location near hiking, biking, skiing, and fishing. \$450 for three nights (summer rate). Call 800/633-6682 or e-mail: rentals@timberlinerealty.com. Ask for "Chamonix" #82 Mountaininside.

**WANTED:** Someone with pickup truck to take away a truckload of firewood (blue ash cut down January 12, 2000). Wood is stacked in Bernie Morgan's back yard (Hyattsville, Md), accessible by a wide alley. We periodically carry our seasoned wood to cabins by car but cannot long store this large amount and hope it might be useful to a Club member. INFO: Bernie and Mary Morgan 301/864-1324.

*Notices are published free of charge for PATC members only. PATC cannot vouch for any of the advertised items. No commercial advertisement or personal notices unrelated to hiking will be accepted. Deadline for inclusion is the first day of the month preceding issuance of the newsletter. Notices will be run for 3 months unless we are otherwise advised.*

## Volunteers - Appointed July 7, 2000

### Trail Overseers

Robin Klearman, John Shoemaker	Appalachian Trail - Neighbor Mt. Parking to Beahms Gap
Michael Hechter	Western Ridge Trail - Military Road to Boundary Bridge
Keith Denson	Appalachian Trail- Frazier Discovery Trail to Loft Mt. Camp Store
Mike Dixon	Billy Goat Trail

## Lyme Vaccine Update

The April 2000 issue reported on ticks and Lyme disease prevention and discussed Lymerix, one of the Lyme disease vaccines. The FDA product approval site contains more information about Lymerix, along with the government-approved schedule of vaccinations for people 15 and over (the FDA does not recommend the vaccine for children under 15)—three doses at 0,1, and 12 months. Check out the website at <http://www.fda.gov/cber/products/lymesmi122198.htm>.

## Trailhead

As reported last month, this year's crop of weeds and trailside vegetation is abundant. Spring rains and areas opened to sun by blowdowns and the '98 ice storm have combined to create a healthy growing environment. If you weeded in May and didn't weed again in early July, you may not find your trail. Repeat visits to troublesome trail sections by overseers may be necessary to insure a clear corridor. District managers ask overseers who have more than they bargained for, to let them know so that help can be arranged.

### Trip Reports

Overseers are reminded to file trip reports as soon as they can after completing work trips. This is necessary to accurately credit the Club's hours (many hours were not credited last year due to late reporting). These reports also help the district manager, and in some case the government partner, to assess what is being done and what needs to be done within a certain area and timeframe. It is very simple to use the online report that is provided for overseers on the PATC Web Page.

### AT Use Increases

Shawn Green, Shenandoah National Park Trail Coordinator, reports Appalachian Trail use by long distance hikers continues to increase in SNP after a record year in 1999. Trail use by AT through-Hikers and Section Hikers is up by about 22% compared to last year during the month of May as 326 north-bound AT hikers picked up Backcountry Camping Permits at Rockfish Gap. Historically, June is the busiest month along the AT in SNP for northbound hikers. We will keep you posted.

PATC overseers and district managers along the AT also report encountering many hikers. Most were very complementary and appreciative of the high standards to which the PATC maintains its trails!

#### POTOMAC APPALACHIAN

(UPS-440-280 ©2000, Potomac Appalachian Trail Club, Inc.

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### Hoodlum's Relo

On a hot and humid June weekend, the North District Hoodlums continued to build new tread and install rock steps on the Compton Peak AT relocation. While some of the crew were transporting rocks the old fashioned way, one flip at a time, Bernie "Engineer" Stalman produced a tape measure, took a few measurements and proclaimed one rock to be 300 pounds! Meanwhile John "Tread Boss" McCrea led the rest of the crew cutting in new tread through the rocky soil. Afterwards the crew sailed down to Indian Run Hut for a seafood feast any pirate would be proud of! Progress may be slow on the Compton Peak relo, but the crew made short work of the tuna steaks and coldbeer (one word). George "Crew Chief" Walters hopes to complete the relo in August and invites volunteers to join the crew for the final push.

### SNP North District Thank You's

Thanks to Mike Ritoli, who spent 6 hours during the first week of June cutting blackberry briars on the AT north and south of the Pass Mountain Hut Trail. This area has been a constant problem over the last several years, and the overseers of both sections involved as well as hikers owe Mike a debt of gratitude. Thanks Mike (he drinks Rolling Rock)!

Thanks also to Ridgerunner Dave Rues. He was reported assisting overseer John Shoemaker as he removed a blowdown from an AT section and it is rumored that he was the culprit who cut out several small blowdowns before Dick Dugan and John McCrea took a 4 mile chainsaw hike only to find all was well. Thanks Dave! Hope to see you on the trail.

### Inside Out

Are your work gloves giving you trouble? Blisters from the seams along the top edges of the fingers or elsewhere? Turn them inside out. May look a bit strange but the comfort is worth the odd look from a co-worker. Use a pair of long nosed pliers to pull the ends of the fingers through or a dowel/stick to push them.

### Central District Workshop

On June 3rd and 4th, the Blue and White Crew and the National Park Service co-sponsored the 2nd Annual SNP Central District Overseer Workshop. Although clouds and a chilly breeze threatened on Saturday morning, the sun appeared by noon and the weekend weather turned out to be perfect for trail work. About 40 participants (including 5 SNP trails profession-

als and 8 PATC instructors) broke up into 4 crews. Weekend projects included a major rehab of the Salamander Trail (on Hawksbill Mountain), a continuation of last year's Crescent Rock Trail project (construction of rock waterbars and checkdams), and a stream crossing on the lower Corbin Hollow Trail. Workshop participants camped out at the Pinnacles Research Station near Thornton Gap. Esther and Sam Aulhouse brought their chuck wagon down from Taneytown, Maryland to provide the excellent meals that SNP Workshops are known for. Anyone wishing to participate should remember to sign up for the North District workshop on September 9-10 (see related article).

### AT Assessment Continues in SNP

Starting in late June and continuing through mid-July, the PATC, SNP, and ATC will cooperate to assess the Appalachian Trail in the SNP Central District. Kerry Snow, Shawn Green, C.T. Campbell, and Karen Lutz will hike the trail over 4 days, making detailed notes and planning strategy for future efforts to protect and restore the AT. A similar assessment was performed in the South District in April and May. Assessment of the North District is scheduled for August and September.

### Double Booked

In the South District, SNP, National Trails Day was celebrated at Schairer Trail Center with the second annual District Get-Together. Friday night Michael Karpie, PATC District Trails Manager, was joined by four surprised cabin guests from Maryland. The cabin had been double-booked! The group from Maryland took it very well. They quickly became part of our group, and new friendships were formed.

Roger Doval of the National Park Service joined Mike Saturday morning to give a waterbar workshop at the Trail Center. After Mike's brief talk on technique and safety everybody hit the access trail to the center for some practical experience. Roger led the second half of the workshop by providing guidance (and muscle) as the group built both log and a rock waterbar.

The weekend was topped off with a feast and festivity. Saturday's dinner menu included bison burgers from a nearby buffalo ranch.

### Trails Day In The North

Charles Irvin and the North Chapter celebrated  
*See Trailhead, page 16*

# TRAIL OVERSEERS WANTED

Trail Overseer Openings July 7, 2000. Contact the district manager for the region that interests you.

HARPERS FERRY/ASHBY GAP AT & BB - MAP 7  
CALL CHRIS BRUNTON AT 703/560-8070

**Appalachian Trail**  
VA 605 to Bolden Hollow [2.00 miles]

ASHBY GAP/RTE. 638 AT & BB - MAP 8  
[RTE. 50 TO RTE. 638]

CALL ED MCKNEW AT 540/622-6004  
or E-mail: emcknew@aol.com

**Appalachian Trail**  
Verlin Smith Trail to Manassas Gap Shelter [1.40 miles]

**Trico Tower Trail**  
AT to Trico Tower [0.50 mile]

**Manassas Gap Shelter Trail**  
AT to Manassas Gap Shelter [0.10 miles]

SNP NORTH AT - MAP 9

CALL JOHN MCCREA AT 610/352-9287  
or E-mail: mcreajf@aol.com

**Appalachian Trail**  
Co-overseer positions available. Call for details.

TUSCARORA SOUTH - MAP F, G, 9

CALL RICK RHOADES AT 703/239-0965  
or E-mail: RTRhoades@aol.com

**Tuscarora Trail**  
Waites Run Road to Mill Mountain Trail [3.30 miles]

**Tuscarora Trail**  
Mill Mountain Trail to White Rocks Trail [2.90 miles]

GREAT NORTH MOUNTAIN - MAP # F  
CALL "HOP" LONG AT 301/942-6177  
or E-mail: theFSLongs@erols.com, or mgrnmd@hotmail.com

**Gerhart Shelter Trail**  
Tuscarora Trail to Gerhart Shelter [0.10 mile]

MASSANUTTEN NORTH - Map # G  
CALL WIL KOHLBRENNER AT 540/477-2971

or E-mail: wmaxk@shentel.net  
**Massanutten Mt. North Trail**

Scothorn Gap Trail to Waterfall Mt. Trail [2.0 miles]  
**Massanutten Mt. North Trail**

Waterfall Mountain Trail to US 211 [1.8 miles]

MASSANUTTEN SOUTH - Map # H

CALL BILL SCHMIDT AT 301/585-2477  
or E-mail: weschmidt@aol.com

**Massanutten Mt. South Trail**  
Pitt Spring to Morgan Run Trail [3.3 miles]  
Fridley Gap Trail - VA 868 to Cub Run [2.60 miles]

NORTHERN VIRGINIA METRO - MAP D

CALL PETE GATJE AT 703/255-4705  
or E-mail: pjgatje@aol.com

**Lee Drive Trail**  
Howison Hill to Landsdowne Valley Road [3.00 miles]

**Lee Drive Trail**  
Landsdowne Valley Road to Prospect Hill [3.50 miles]

**Bull Run Occoquan Trail**  
Popes Head Creek to Hemlock Overlook Fire Rd. [1.50 miles]

## Trailhead, from page 15

brated National Trails Day with two demanding projects. The first involved moving the logs from the old Hemlock Springs shelter in MD (replaced by the new Ensign Phillip Cowall Memorial Shelter—see Spring 2000 issue of ATC Register) to a new location on the Tuscarora Trail near the Colonel Denning State Park. A second crew built a new walkway for the only current shelter on the Tuscarora in PA.

Later in June, the North Chapter held their annual spring meeting and picnic at the ATC Scott Farm. The chapter has a lot of

projects planned for this summer so interested volunteers should contact Charlie at 301/447-2848.

## New Tread Needs Some Hikers

Busy in early June preparing for opening of the Tuscarora Trail relocation at Shockeyes Knob in July, the Cadillac Crew cleared brush and drains on sections of tread build three and four years ago. The tread is holding up well but needs a lot of hikers to make it a real trail.

Later in June the crew tackled a steep, gullied section of the Tuscarora Trail as it descends

off West Massanutten on Doll Ridge. The crew was able to move large rocks bordering the downhill side of the trail to create a number of drains. Hard work on a hot day. But thanks to PATC'er Wil Kohlbrenner and Jay Collett of the Forest Service, a refreshing hot shower at the Konigsberg Stone House brought needed relief.

Please send any interesting tale, technical advice, individual or group accomplishments, and trail maintenance questions to Trailhead, c/o Jon Rindt, 621 Skyline Forest Drive, Front Royal, VA 22630 or to jkrindt@erols.com. □



## The Potomac Appalachian

118 Park Street  
Vienna, VA 22180-4609

Telephone: 703/242-0315  
Mon.-Thurs. 7:00 p.m. - 9:00 p.m.  
Thurs. & Fri. 12:00 noon - 2:00 p.m.

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