



# The Potomac Appalachian

The Newsletter of the Potomac Appalachian Trail Club  
118 Park Street, S.E., Vienna, VA 22180-4609  
<http://www.patc.net>

Volume 34, Number 6  
July 2005

## North District Trail Crew Rehabs Little Devil's Stairs

After three seasons working Hazel Country, the spring North District Trail Crew figured it was time for a change. Park ranger Don Harvey agreed but proceeded to teach crew members Wayne Limberg, Jay Fellows, Steve Osbrach, and David Nebhut to be careful what they wished for.

They soon learned that Little Devil's Stairs offered all the "fun" of Broad Hollow or Sam's Ridge. For three days, the crew worked on the middle section of Little Devil's and quickly learned how the trail got its name, putting in 77 rock steps, 70 feet of rock cribbing, 15 feet of turnpike, improving two stream crossings, and clearing five blowdowns. The confines of the canyon meant they often had barely enough room to swing a cat (the cat complained too) let alone a pick.

Fortunately, the weather was near perfect, a real break with past experience, and on Wednesday District Manager Dick Dugan showed up for a photo op and breathed some new energy into the effort. On day four, the group tackled Meadow Spring Trail and installed 30 checkdams and waterbars and regraded 70 feet of tread. Just in time too as Friday saw rains and an early end to the week.

*See Crew, page 3*

*Photo at right, unidentified district manager (yeah - right) helps May trail crew "lift that bale and tote that barge."*



Photo by Wayne Limberg

### Trail Patrol and Emergency Response Training

presents

### CPR and On The Trail First Aid Class

July 9-10 at the PATC Headquarters.

This two-day course covers Adult, Child, and Infant CPR and First Aid. The students will learn basic first aid skills with hands-on time. Books and certificates are provided. The afternoon portion of the class is designed with wilderness situations in mind. Time will be spent going over items in your first aid kits and packs. The students will learn how to do basic splinting and bleeding control with supplies from their packs.

**Cost of the class :**

**\$90 for Trail Patrol Members and \$110 for Non-Trail Patrol**

**Pre-Registration is required.**

**Download registration form at**

**[www.patc.net/volunteer/trailpatrol.com](http://www.patc.net/volunteer/trailpatrol.com)**

**or contact Saleena DeVore ([tp1staid@patc.net](mailto:tp1staid@patc.net)) 540/972-8394**

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## Beyond the Call

Saturday, April 2, 2005, was the day for the scheduled work trip of the North Chapter on the AT. Pete Brown had scheduled turnpike work on the trail for those who would attend plus a little sherpa work as well.

Due to the continuing rain, which had started Friday night, accumulating about one inch by Saturday morning and more on the way, Pete abandoned the turnpiking project and went to plan "B" which was to carry about one ton of metal roofing uphill to the Quarry Gap Shelter site where it will replace the existing roof. The rain continued throughout the day. The access trail to the AT was flooded with six inches of water in places, but the crew continued on the mission making many, many trips carrying the roof materials up the hill. By late afternoon the task was completed, and all retreated to the Gypsy Spring Cottage to a warm fire and a hearty meal.

My sincere thanks to those who answered this challenge. Al Black, who had the metal bent and transported to the drop-off point. Pete Brown for the use of his crew: Al Manus, newcomers Ed Sabin, Shirl Smith, Tracy and Dylan Marlow, and of course Ester Althouse for keeping the cottage warm and serving us such a wonderful feast.

Of course the rain stopped after we finished with accumulation in excess of two inches.

Again, thank you all. □

—Jim Stauch-Quarry Gap Overseer

## Trail Overseers - Appointed in May

Terry Allen

Pass Mountain Hut Trail

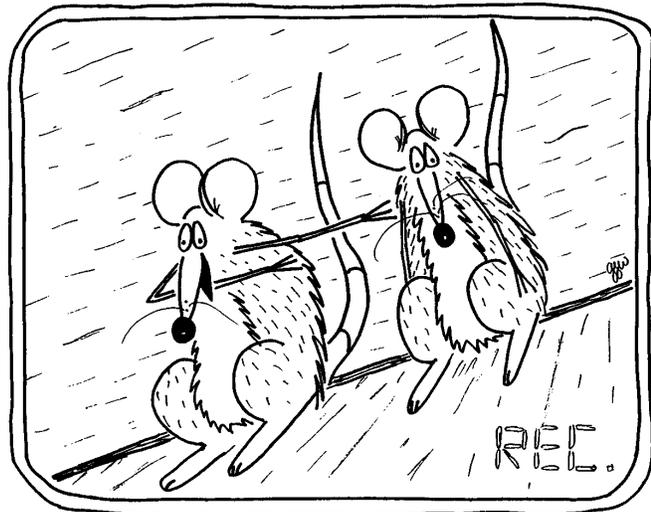
David L. Sonnenfeld

Millers Head Trail



TAILS FROM THE WOODS by George Walters

**Against all odds, Louie somehow manages to steal a camcorder from within the cabin while everyone slept.**



"...OK?... IS IT ON?... UH, THIS IS OUR FIRST HOME MOVIE... AND THIS IS MY BROTHER ERNIE... AND... NO, WAIT A MINUTE!... CUT!... I WANNA DO IT AGAIN!"

### HOW TO CONTACT US: HEADQUARTERS, SALES, CABIN RESERVATIONS, AND MEMBERSHIP INFORMATION

**Address:** 118 Park Street, S.E., Vienna, VA 22180

**Phone #:** 703/242-0315

24-hr. Activities Tape #: 703/242-0965

**To receive an information packet:** Extension 10

**Club President (leave a message), Tom Johnson:** Extension 40

**Hours:** Monday through Thursday, 7:00 p.m. to 9:00 p.m.  
and Thursday and Friday 12 noon to 2 p.m.

**Facsimile #:** 703/242-0968

**Club e-mail:** info@patc.net

**World Wide Web URL:** www.patc.net

### STAFF: DURING REGULAR BUSINESS HOURS

**Director of Administration:** Wilson Riley (Ext. 11) e-mail: Wriley@patc.net

**Trails Management Coordinator:** Heidi Forrest (Ext. 12) e-mail: hforrest@patc.net

**Business Manager:** Monica Clark (Ext. 15) e-mail: mclark@patc.net

**Membership/Cabin Coordinator:** Pat Fankhauser (Ext. 17) e-mail: pfankhauser@patc.net

**Sales Coordinator:** Maureen Estes (Ext. 19) e-mail: mestes@patc.net

### Potomac Appalachian

**Chief Editor:** Linda Shannon-Beaver, PA@patc.net

**Features Editor:** Joanne Erickson

**Forecast Editor:** Vince Ferrari, PA-Forecast@patc.net

### Club Officers and chairs contact info:

www.patc.net/about/contact.html

or call the main club phone number.

Contact list published twice annually in the PA.

## Tom's Trail Talk – A Western Strategy

Have you ever wondered what PATC's territory really is? How and when was it defined? Well, our "territory" was defined in the early 1930s. By agreement with ATC, it was the 240 trail miles from Pine Grove Furnace in southern Pennsylvania to Rockfish Gap, which was to be the southern terminus of the planned Shenandoah National Park. Other trail-maintaining clubs would work north of Pine Grove Furnace and south of Rockfish Gap.

By agreement, then, our north and south boundaries are well established. We do perform some services for the trail outside our territory, such as mapping in Pennsylvania and Virginia. Moreover, we have a fairly complex relationship with the club immediately to our north, Mountain Club of Maryland, that includes interlaced trail maintenance responsibility. But generally speaking, the old limits established in the 1930s still hold.

But what about east and west? As government partners requested PATC's help, we expanded eastward in the 1970s and 1980s into the Washington Metropolitan Region, with trails in Rock Creek Park, the Potomac Heritage Trail, Billy Goat Trail, Bull Run-Occoquan Trail, and others. Westward, we agreed to maintain trails in George Washington

National Forest. The most significant western expansion was the effort to build the Big Blue Trail. That required the club to mount trail crews on Great North Mountain, Sleepy Creek Wildlife Management Area, and other locations south of the Potomac. In 1997 we agreed to take on the Tuscarora Trail in Maryland and Pennsylvania from Keystone Trails Association, and the North Chapter began running weekly work trips on Tuscarora Mountain. The Tuscarora was the northern extension of the Big Blue, and at the same time PATC agreed to rename the entire trail the Tuscarora.

In 1999, when Walt Smith became president, PATC began a strategic planning effort called the Futures Group. Out of that came a decision to focus future efforts on protecting the Tuscarora Trail. Essentially, this became a Western Strategy, that most future expansion of our efforts would be to the west. It would not rule out taking on more urban trails, but we were at heart a mountain club and were interested chiefly in mountain trails in more primitive, less-populated areas. We would encourage other groups to take on what amounted to greenway trails in urban areas and would provide advice and assistance to help them get started.

The way we have always handled western trails was to import trail crews from urban areas. The advantage was that our membership base was there. The disadvantage was long commute times, and the risk that we would be viewed as carpetbaggers by local residents.

If the Western Strategy is to work, we need to do more recruiting in communities out west. We do have members out there, but we need more. We need people to fill trail crews, to take on overseer responsibility, to build shelters, to check local land records and contact landowners, to show up at community events and tell people about PATC. A Western Strategy will require lots of constituency building, grass roots contact, meetings with people who are interested in trails and need to join a club.

Over the past decades enormous improvements have been made to our transportation infrastructure. It is easier to get out west than it was. If we are serious about a Western Strategy, we will need to get out there, build trails and shelters, and recruit local residents. It is the centerpiece of our existing strategic plan, and it is time to get out there. Volunteers for a planning committee will be gratefully accepted. My e-mail is [president@patc.net](mailto:president@patc.net). □

—Tom Johnson

### Crew, from page 1

Evenings found the group sampling the local cuisine only to discover Brown's Chinese American was closed for the week and Anthony's XII's pasta is not al dente. (Still don't know if it's Lu-RAY or LOO-ray. Maybe next year.) □

—Wayne Limberg



SNP North District May 16-20 Trail Crew Jay Fellows, Steve Osbrach, Wayne Limberg (crew chief), David Nebhut, and NPS Ranger Don Harvey head out.

Left to right:  
Dave Nebhut,  
Jay Fellows,  
Wayne Limberg,  
crew chief, Don  
Harvey, park  
ranger, Steve  
Osbrach.



Photos by Wayne Limberg



In Memoriam

## Rachel B. Smith

PATC member February 1957 — April 8, 2005

Rachel was active in the hiking programs more than the trail or cabin work trips. Rachel could speak several languages and was a language teacher in the D.C. school system for 30 years. She was also a Foreign Service officer in Munich after WWII, assisting with displaced refugees.

## Leroy G. Wilson

PATC member 1947 — May 23, 2005

Leroy lived in Fredericksburg, Va., for several years. He was a charter member of Potomac Appalachian Trail Club and overseer of Old Rag Trail for 10 years. Leroy served as a volunteer of several local organizations in the Virginia suburban area and was a U.S. Army veteran of World War II.

Memorials may be made to the Potomac Appalachian Trail Club, 118 Park St. S.E., Vienna, VA 22180-4609. An online guestbook is available at [covenantfuneralhome.com](http://covenantfuneralhome.com).

—Victoria Anne Wilson Hunnicutt (daughter)  
Macon, Ga.

[Editor's Note: Leroy left a large donation from his estate to PATC.]

# PATC Trail Patrol Presents Backpacking 101

## An Introductory Backpacking Course

Expand your enjoyment of the outdoors through the practice of backpacking. Provides basic instruction in equipment selection and use, information and techniques to enhance safety and comfort, and Leave No Trace methods to protect our fragile backcountry environment. Includes an overnight backpacking trip accompanied by experienced backpacking instructors. Designed for persons 18 years and older who have no prior backpacking experience, as well as former backpackers seeking to update their skills.

### Introduction Night

Mon., Sep. 12, 7:30 p.m. – 9:30 p.m.  
Headquarters, 118 Park Street, SE, Vienna, Va.

### Instructional Weekend

Sep. 17 & 18: 8:00 a.m. - 7:00 p.m. Sat., 8:00 a.m. – 4:00 p.m.  
Sun., Prince William Forest Park, Triangle, Va.  
(Sat. overnight car camping in campground encouraged but not required)

### Overnight Backpacking Trip

Oct. 8 & 9 (Sat.– Sun.), Trip destination and times TBD

Fee: \$75.00 for PATC Members; \$95.00 for Non-Members

For more information, see [www.patc.net/volunteer/trailpatrol/Outreach/BP101.htm](http://www.patc.net/volunteer/trailpatrol/Outreach/BP101.htm) or contact John Bridges (TPBackpack@patc.net) 703/726-0188.

Potomac Appalachian Trail Club Trail Patrol  
Presents

# Leave No Trace Trainers Course

This combination indoor classroom and outdoor field course is designed to enhance your understanding of Leave No Trace practices and ethics and to develop your confidence in teaching others about Leave No Trace. Through activities, field/classroom experience, and both formal and informal discussions, you will be challenged to develop your LNT skills and ethics. This is a fun class where all have a part in demonstrating the choices that can be made to minimize our impact on the land and our resources. It is hoped that graduates of this class will be willing to make LNT presentations to community groups when and if their schedules permit.

**Classroom:** Mon., July 18 - 7:30 p.m., PATC Headquarters,

**Weekend Field Program:** Sat. - Sun., July 23 & 24, SNP

**Cost:** \$35.00 for PATC Members, \$50.00 for Non-Members (Join PATC at the time of registration and get the member price!)

**Registration:** Registration forms are available on-line through the Trail Patrol/LNT page of the PATC Web site at [www.patc.net](http://www.patc.net) or call Mark Holland (TPLNT@patc.net) 540/636-3639 (mornings only). Send payment with registration form to: PATC, LNT Trainers Course, 118 Park Street, SE, Vienna, VA 22180-4609. Please include your e-mail address on the check. □

**Want to get Dirty?**  
The Acme Treadway Company is for You!

Check The Forecast in the Potomac Appalachian or [www.acmetreadway.net](http://www.acmetreadway.net) for work trips each month through October!

## Boy Scouts Enjoy a Weekend with Nature

Five boys ages 12 through 13, from Winchester BSA Troop 31, and I as Scoutmaster, were hosted by Bob Pickett, May 13 and 14 at the Lambert Tract. We spent the night in the campsite that Bob created and then listened to his many stories and explanations about nature. The setting is ideal for teaching youth. The photo viewing ant activity as explained by Bob was taken along the Crusher Ridge Trail.

The boys also met Darwin and Eileen Lambert, pictured in the photo below. The photo was taken beside their cabin where they have lived for more than 40 years. Darwin, who is 89, is the author of "The Undying Past of Shenandoah National Park," as well as being the park's first employee.

Thanks to Bob, and Jane Thompson who was with us Friday evening. The boys had a great time while learning a lot that is related to acquiring the BSA Nature Merit Badge. □

—Walt Smith, PATC past-president



The Boy Scouts viewing ants in a log.

Photos by Walt Smith



Boy Scouts with Lamberts and Bob Pickett.



Boy Scouts at Lambert's Creek.

## Tuscarora Trail Talkers Need Your Ideas

It can be tough when the big guy gets all the attention. The Tuscarora Trail, originally developed as an alternate route for the AT and now combined with the Big Blue Trail, extends 252 miles through Virginia, West Virginia, Maryland, and Pennsylvania. But it rarely gets the attention or the publicity accorded to the AT. PATC's Trail Talkers will be speaking to community groups and manning information tables at local festivals and fairs to promote awareness of the Tuscarora Trail in an effort to expand membership and the volunteer base in communities near the Tuscarora Trail.

We need your help in identifying groups in communities near the trail that would be interested in the work PATC is doing. Do you know of a community festival or fair where PATC could set up an information table? Do you have contacts with a local newspaper where we can publicize PATC's work and the benefits of the trail to the local community? What about a story involving maintainers or hikers? All you need to do is contact Jane Thompson at 301/349-2496 (jayteehike@yahoo.com) with your ideas and suggestions. The Trail Talkers will do the rest. □

### Lyme, from page 7

skin after a hike. Clothes should be removed and washed, and the body carefully inspected for ticks.

A tick should be removed as quickly as possible. It takes several hours – to as long as a day – for the disease-causing organisms to be injected. Proper tick removal is critical, as the tick cements itself to the skin with its mouthparts, and it is easy to remove the body and leave the blood-sucking organs embedded. The only effective method to remove ticks is to use tweezers applied as close as possible to the mouth parts and exerting a steady pull. □

—William Needham

Visit the Hiker's Notebook Web site at: [www.mwrop.org/W\\_Needham/h\\_notebook.html](http://www.mwrop.org/W_Needham/h_notebook.html)

## Wil Kohlbrenner – An Appreciation

In his excellent book, “On the Beaten Path,” Robert Rubin describes two types of people you find on trails: tourists (think hikers) and gardeners (trail builders and maintainers). PATC has lost one of the finest gardeners it has ever had with the passing of Wil Kohlbrenner. Wil did two things for PATC, and he did both well. Wil was a master trail builder as anyone who has hiked in the Massanutten Mountains or around the Wolf Gap/Trout Pond area of Great North Mountain has seen. Wil also had the gift of describing the trails he worked on. Wil was editor of two PATC guides: “Massanutten Mountain,” and “Great North Mountain.” Wil’s writing style was both inviting and easy to understand; he was able to make the simple and often dry task of trail description both informative and engaging. Wil spent the time it takes to create an accurate trail guide, doing most of the research himself, often over trails that he had helped to build.

To walk the trails that Wil built is to see his true passion and his genius. I would like to give two examples of the many trails Wil either created or helped maintain:

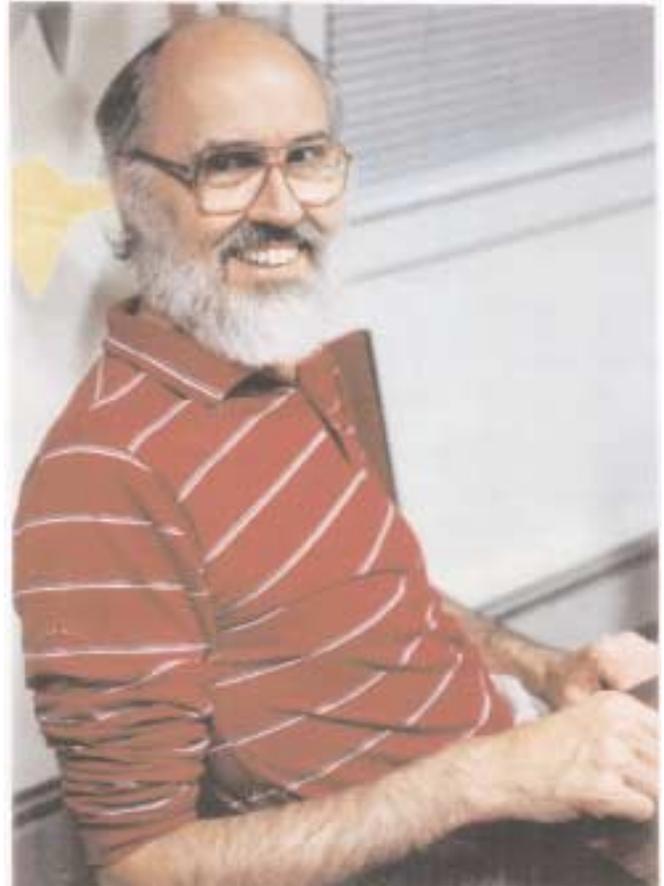
### The Sidewinder Trail

This often overlooked trail is a small work of art at the base of the western ridges of the Massanutten Mountains. The trail connects the Tuscarora Trail with the PATC Glass House Cabin, but most people venture no further than Mudhole Gap Fire Road. It is this section, between Mudhole Gap and the Tuscarora Trail, that Wil rebuilt in 1998. Wil took a nondescript trail in need of major work and turned it into a gentle rolling tread that accentuated the terrain and exposed features of the drainages the trail crosses. In one particular area the trail crosses a deep drainage that has exposed rock walls on both sides of the small creek that is carved through the ridge. Wil built a trail that was able to maximize this feature while gently guiding the trail down one side of the wash and bringing it back up the other side between separate rock walls to view above the entire drainage. In other places, Wil cut the trail into sidehill, making it a much gentler slope and providing an appreciation of the terrain as it erodes into Fort Valley. If you look carefully in places, you can still see the old trail that Wil improved on. It is by looking at these differences that Wil’s vision can be appreciated.

### The Massanutten Trail

If the Sidewinder Trail is Wil’s Pieta, then the Massanutten Trail is his Sistine Chapel. Much of what is now the Massanutten Trail already existed as the East and West Massanutten Trails. To complete the 80-mile loop, a section of trail needed to be built between Edinburg Gap and Waterfall Mountain. This section would take the trail over Short Mountain, down Moreland Gap, up along Kern Mountain, and then connect with the East Massanutten Trail on Waterfall Mountain. The Massanutten Mountains are known for their ruggedness, but Short Mountain is a tortured range with steep stone ridges that fall away to shattered rockfall. It was over this difficult ridge that Wil Kohlbrenner constructed the last connection of the Massanutten Trail. The trail begins at Edinburg Gap and follows the base of a rock cliff, with outstanding views of the seven bends of the Shenandoah River, the town of Woodstock, and across the Shenandoah Valley to the Great North Range. After this tour of the Shenandoah Valley the trail climbs the ridge and generally follows the top of the ridge. This is a difficult hike over rock all and narrow rock ridge. The trail uses the terrain, often crossing the rock-spiked ridge and following natural rock falls to more level ground. As one pants over the rocks and steps from one ridge

Wil Kohlbrenner  
December 15, 1935 – April 26, 2005



crossing to the next, it becomes obvious how difficult it was to build this trail and how much attention to detail was put into the construction of this section. Often steps are made from the very rocks that have fallen off the ridge, in other places larger rocks have been smashed to create treadway where none existed before. It is little wonder why this was the last link in the completion of the Massanutten Trail. As difficult as the trail is and as tortured the terrain, the trail is a work of art. The trail is both visually pleasing in its construction and its ability to take advantage of views and interesting features along the mountain. It is a trail built with passion for the art of creating the impossible and the love of the surrounding mountains.

Wil, we will miss you, but you have guaranteed that we will not forget you. You have raised the process of trail building to an art form, and your trails have taken us to a place of both wonder and beauty. I will remember Wil most when I climb the Jawbone Gap Trail to the Massanutten Trail, the section that Wil built to complete the loop. Just above the trail intersection of the Massanutten Trail and Jawbone Gap is a view on a side trail that I’m sure Wil built, a rock cliff where the wind blows strong, but the view is to the north, up Fort Valley and the entire north half of Massanutten Mountain, an area where Wil Kohlbrenner built trails then wrote about them. As I stand on this cliff looking over the valley and numerous ridges of Massanutten I will think to myself, “This is Wil Kohlbrenner’s garden.” □

—Lee Sheaffer  
Vice-President Volunteerism

## 'Guide to Massanutten Mountain Hiking Trails'

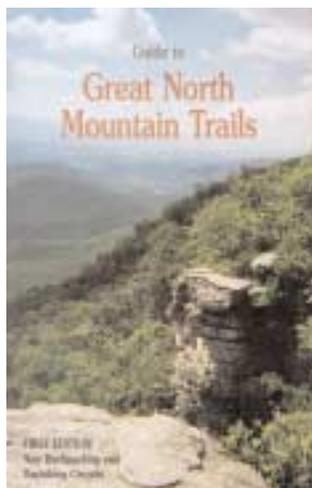
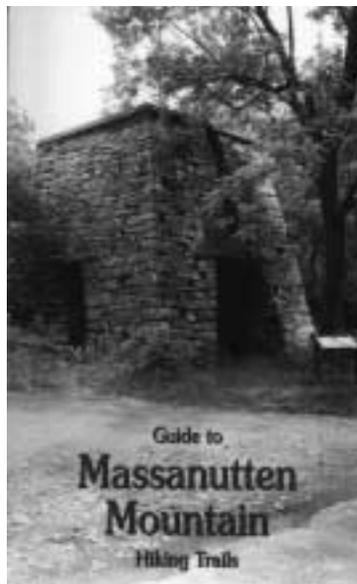
Every hiker in the PATC area needs this complete guide to the official Forest Service trails in the Massanutten Mountain Section of the George Washington National Forest. Escape the crowds in SNP by instead visiting the Massanutten area, with more than 50 hikes of varying difficulty, from the 71-mile Massanutten Trail circuit (described both clockwise and counterclockwise), to easy walks of less than one-half mile. One universally accessible trail (the Lion's Tale) is actually rope-guided for the visually impaired, with Braille signs.

Wil Kohlbrenner's third edition of this guide is completely revised with all the information you need to safely enjoy these hikes. There are new diagrams showing mileage between trail intersections and photographs of the scenery and wildlife by the author and Lee Sheaffer. A special chapter relates the colorful history of the area.

Previous editions of this guide should not be used because trails in the area have been extensively restructured. You need the 2004 edition. Please add \$2.00 for shipping and 5 percent VA tax. You can call to place your order (703/242-0693) or go to [www.patc.net](http://www.patc.net).

PC 160 Member price: \$5.60

Non-member price: \$7.00

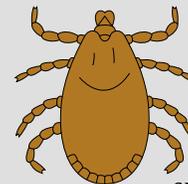


## Guide to Great North Mountain Trails 2001, First Edition

(Kohlbrenner, 2001, 108 pp.) Hike more than 40 trails along the Virginia-West Virginia border in the Lee Ranger District of the George Washington National Forest, including a 25-mile backpacking circuit through one of the more remote areas in our region. In addition to trail descriptions and mileage diagrams, the author provides an

historical overview of sites along the trails – iron blast furnaces, charcoal hearths and chimney stones. Corresponds to PATC Map F. Stop by our headquarters during our open-to-the-public hours to purchase this guide, or shop online at [www.patc.net/](http://www.patc.net/). Also you can give us a call to place your order at 703/242-0693.

Retail: \$7.00 non-member or \$5.60 member cost, plus \$2.00 shipping and 5 percent VA tax. □



## Hiker's Notebook

Last month we discussed types of ticks and how they survive.

This column follows up with a discussion of Lyme Disease

Lyme disease, named for the town of Old Lyme, Conn., where it was first diagnosed in 1975, is the primary concern associated with tick bites. It is carried by the black-legged tick. There are about 10,000 reported cases of Lyme disease annually in the United States, primarily in the Northeast. The symptoms of Lyme disease occur in three stages. The first stage appears after a few days and consists of a characteristic ring-shaped "bull's eye" red rash centered on the point where the tick attached. Flu-like symptoms such as chills and fever may attend the first stage and disappear in a few weeks. The second-stage symptoms appear weeks to months later and consist of any of a wide variety of manifestations such as severe headaches, numbness, lethargy, and abnormal heart beat. These also disappear after a few weeks to several months. The third and final stage may not appear for years after the initial tick bite. Symptoms include arthritis, fatigue, and loss of memory, similar to those of Alzheimer's disease.

The prevention of tick bites is dependent on adequate prophylactic measures and careful scrutiny. Many people shun wooded areas for fear of ticks, but this is specious logic, as ticks proliferate in parks, lawns, and playgrounds, where their warm-blooded hosts are more likely to be found. Ticks become active with the warming weather in the spring and remain active until the onset of winter, which they survive by burrowing into the soil. Ticks locate a host by sense organs on their front legs that detect carbon dioxide, host odors, and heat. They can crawl up to 15 feet along the ground and attach themselves to a host. They do not jump or fly, contrary to popular belief. Once on the human host, ticks crawl along the skin until stopped by tight clothing such as belts, straps, or underwear.

Prophylactic measures include wearing long pants tucked into boot tops and a long-sleeved shirt with tight fitting wrists. This prevents the tick from gaining access to the skin. They can then be readily removed in the field if detected by periodic inspection. As a secondary measure, repellents such as deet can be applied to the skin or clothing. Field testing of deet in tick-infested areas has demonstrated it to be about 90 percent effective in preventing ticks from gaining access to the skin. The only sure preventive measure is to carefully inspect the clothing and

See Lyme, page 5

## Charlottesville Chapter

The Charlottesville Chapter hikes every Saturday; summer, winter, and in between. Hikes are usually 8 to 10 miles. We usually maintain trails on the last Saturday of the month. Meet at Sprint parking lot, 2307 Hydraulic Road, at 9:00 a.m., with food and water for the day. The majority of hikes are in the south and central districts of SNP, with some in the north district and in George Washington National Forest. Our Chapter hikes are posted at [www.patc.net/chapters/char/hikes.html](http://www.patc.net/chapters/char/hikes.html). INFO: Jere Bidwell 434/295-2143 or John Shannon 434/293-2953.

## North Chapter

The North Chapter of PATC conducts monthly trail work trips on the Maryland and Pennsylvania sections of the AT and on the Pennsylvania sections of the Tuscarora Trail. We also lead hikes on these and other trails. Maryland AT work trips are generally held on the first and third Saturdays – contact Nancy Hammond ([mdtrail@yahoo.com](mailto:mdtrail@yahoo.com)) 301/739-0442 for information. Pennsylvania work trips are generally held on the AT on the first Saturday and on the Tuscarora on the third Saturday – contact Pete Brown ([peter.brown4@worldnet.att.net](mailto:peter.brown4@worldnet.att.net)) 410/343-1140. Pennsylvania AT work trips also include an optional Saturday evening dinner at the Gypsy Spring cabin. For information on upcoming hikes, contact Chris Firme ([bncfirme@innet.net](mailto:bncfirme@innet.net)) 717/765-4833. For general chapter information, contact chapter president Pete Brown or visit the North Chapter home page ([www.patc.net/chapters/north/](http://www.patc.net/chapters/north/)).

## Northern Shenandoah Valley Chapter

The Northern Shenandoah Valley Chapter sponsors hikes in national and state parks and forests in the Shenandoah Valley vicinity, open to the public, on a monthly basis except during the winter. Hikes are posted in the Forecast. Other activities are in the NSV Chapter Newsletter. For further information contact Betsy Fowler ([efowler@shentel.com](mailto:efowler@shentel.com)).

## Chapters

### Southern Shenandoah Valley Chapter

See [www.ssvc.org](http://www.ssvc.org) or the one linked to the PATC Web site for descriptions of hikes and work trips. We usually hike in the southern and central districts of the SNP and in the GWNF. Contact the listed hike leader for information about a specific event, or contact Michael Seth 540/438-1301.

### West Chapter

The West Chapter meets twice a year in March and September. The Chapter maintains a section of the Black Locust circuit trail in Gambrill State Park near Frederick, Md. Work trips and hikes are usually scheduled monthly from March through December. We also lead overnight weekend trips for day hikes or backpacking. All activities are listed in the PA Forecast. For further information contact Dave Jordahl ([westpatc@hotmail.com](mailto:westpatc@hotmail.com)) 304/876-7062 (evenings) or 240/777-7741 (days).

### Ski Touring Section

The Ski Touring Section has served since 1974 to introduce Washington area residents to cross-country skiing and to provide cross-country skiing opportunities to experienced skiers. The Section sponsors winter weekend ski trips for all levels of skiers to nearby mountains in Maryland, West Virginia and Pennsylvania, as well as periodic social events year round. INFO: Bert Finkelstein ([bertf@erols.com](mailto:bertf@erols.com)) 703/715-8534.

### Mountaineering Section

We're a diverse group of local Washington, DC area climbers. Young and old, male and female, crag rat, sport climber, and alpinist, active and armchair types – we all enjoy climbing in its many varieties. We also share common interests in promoting safe climbing, conserving the outdoors, developing new climbers' skills, representing the Washington area climbing community, and having fun! We provide instruction for those wanting to learn the basics – we're not a school, but we can get you started. We go climbing, either locally or further afield, nearly every weekend. In the winter we organize trips to the Ice Festivals in the Adirondacks and the White Mountains for beginning and advanced ice

climbers. For further information contact Ozana Halik, ([mrkayak1@verizon.net](mailto:mrkayak1@verizon.net)) 703/242-0177, or Mack Muir ([MackMuir@edisaurus.com](mailto:MackMuir@edisaurus.com)).

### PATC Hikes

PATC offers organized hikes appealing to the diverse interests of our members. There are K-9 Hikes, which invite you to bring your favorite dog; Family Hikes tailored to kids; Natural History Hikes stalking the fascinating but often elusive flora and fauna of the region; hikes featuring varying levels of difficulty with the Easy Hikers, In-Between Hikers, and Vigorous Hikers; Birding Hikes with experts to help sight and identify our avian neighbors; Historical Hikes tracking little-known structures in Shenandoah National Park; Series Hikes tracing the entire length of the Tuscarora Trail or the trails of Pennsylvania, section by section; Backpacking Hikes traversing the tracts of West Virginia and Southern Virginia; hikes scheduled for weekends; ones scheduled for weekdays; Geology Hikes led by experts from the Smithsonian focused on the unique stratigraphy of our area; Mushroom Hikes with mycologists; Waterfall Hikes to beat the summer heat; and Outreach Hikes to get together with the members of area groups like the Sierra Club or the Congressional Hikers. That is just to name a few. Check out the Forecast calendar and hear updates on the weekly tape (703/242-0965).

### Other Clubs' Hikes

Capital ([www.capitalhikingclub.org](http://www.capitalhikingclub.org)) and Wanderbirds ([www.wanderbirds.org](http://www.wanderbirds.org)) hike on Saturdays and Sundays, traveling by bus and leaving from downtown, with suburban stops as well. Center Club, Northern Virginia Hiking Club and Sierra Club hike on both Saturdays and Sundays using carpools, which often leave from a suburban Metro stop. Schedules are available at PATC Headquarters and are published in area newspapers on Fridays. The schedule of West Virginia Highland Conservancy outings in the Monongahela National Forest and surrounding areas is on their web site at [www.wvhighlands.org](http://www.wvhighlands.org).

## KEY to Forecast Activities

All events are marked for easy identification. Late changes or cancellations are listed on the weekly information tape (703/242-0965), which is updated on Sunday evening for the following seven days. The Forecast can also be found on PATC's Web site at [www.patc.net/activities/forecast.html](http://www.patc.net/activities/forecast.html).

-  Hiking Trips
-  Backpacking Trips
-  Trail Work Trips
-  Cabin/Shelter Work Trips
-  Ski Trips
-  Special Events
-  Meetings
-  Classes
-  K9 Trail Blazers (dogs permitted)

**Note to all hike leaders:** Please ask non-members on your hike if they would like to join PATC, then get names and addresses so a club volunteer can send them information packets. Thanks!

## Meetings

### Meetings

Meetings are held at PATC HQ, 118 Park Street, S.E., Vienna, Va., unless otherwise noted.

### New Members (PATC) – First Wednesday

7:30 p.m. Curious about the club? Want to learn more? The best way is to attend a New Members meeting (but you don't have to be new to qualify). Refreshments will be served. Directions to PATC: Take Rt. 123 into Vienna, Va., and turn east on Park St. (Rt.675) to 118 Park St. on your left. INFO: Georgeann Smale ([gsmale99@yahoo.com](mailto:gsmale99@yahoo.com)) 301/581-9584.

### Mountaineering Section – Second Wednesday

7:30 p.m. – We meet every month unless noted in the Forecast. INFO: Ozana Halik ([mrkayak1@verizon.net](mailto:mrkayak1@verizon.net)) 703/242-0177 or PATC's Web site: [www.patc.net/chapters/mtn\\_sect](http://www.patc.net/chapters/mtn_sect).

### Shenandoah Mountain Rescue Group

Business meeting - Last Tuesday of each month, 7:30 p.m. INFO: Doug Sigman ([join@smrg.org](mailto:join@smrg.org)), 703/255-5034, or [www.smrg.org](http://www.smrg.org).

### PATC Council – Second Tuesday

The council meets at 7:00 p.m. sharp. The PATC Council meets every month to conduct business of the club and once a year for a dinner meeting. All members are always welcome. Come see how we make decisions about your club. INFO: Wilson Riley ([wriley@patc.net](mailto:wriley@patc.net)) 703/242-0693 x11.

### Trail Patrol – First Tuesday

7:30 p.m. Trail Patrol volunteers are PATC's good-will trail ambassadors to the hiking public. They provide a visible, reassuring presence on the trails, and strive to educate the public on good hiking practices, minimum impact hiking, and camping ethics. Patrol members are trained in land navigation, emergency procedures, radio communications, and personal equipment. All Trail Patrol volunteers are also expected to become certified in a recognized basic first aid course. Some equipment and uniform items are provided upon completion of training. INFO: Holly Wheeler ([trailpatrol@patc.net](mailto:trailpatrol@patc.net)) 301/486-1598, or see our section in PATC's Web site: [www.patc.net/volunteer/trailpatrol](http://www.patc.net/volunteer/trailpatrol).

JULY

1 (Friday)

**DEADLINE – August Potomac Appalachian Material due to editors 5:00 p.m.**

All items for the next issue of the newsletter due. Send Forecast events to PA-Forecast@patc.net and all other articles to the editor at lindashannonb@mac.com. NOTE: Do not send photos or articles to headquarters. E-mail for address.

2 (Saturday)

**TRAIL WORK TRIP - Yankee Clippers Appalachian Trail, PA**

Join the North Chapter trail crew for an all out attack on weeds, greenbriers, and other such trail nemeses. We will meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140.

5 (Tuesday)

**HIKE – Family Hike St. Leonard, MD**

Come hike to the beach and cliffs at Calvert Cliffs State Park, about 14 miles south of Prince Frederick, MD. Over 600 species of fossils have been identified from these cliffs, with the teeth of various species of shark as the most abundant fossils. Visitors can keep the fossils they find along the beach. This 4-mile out and back hike is jogging-stroller passable. The park also has a great playground. INFO: Lauren Lang (at94L@netzero.net) 571/242-3950.

5 (Tuesday)

**HIKE - Vigorous Hikers North District, Shenandoah National Park, VA**

Enjoy two great valley trails. Ascend the full length of Piney Branch Trail, circle around the AT and down the Thornton Trail and Hull School Trail. About 16 miles and 3500 ft climb. INFO: Chris Nolen (chrisiker@erols.com) 301/469-8931.

5 (Tuesday)

**MEETING - Trail Patrol, 7:30 p.m.**

6 (Wednesday)

**HIKE - Midweek Hikers Location to be determined**

The PATC Midweek Hikers carpool each Wednesday from the Washington, DC area to various trailheads. Hikes are at a moderate pace and about 8 to 12 miles in length with varied elevations. Current information, including meeting place, time, leader's name and phone number, and a detailed description of the hike are available on the PATC Activities Recording: 703/242-0965.

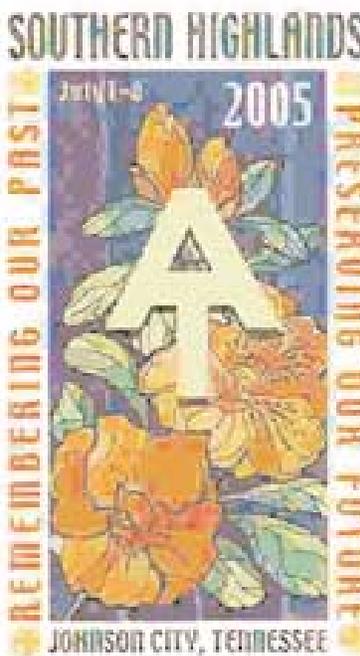
6 (Wednesday)

**MEETING - New Members (PATC), 7:30 p.m.**

9 (Saturday)

**HIKE – North Chapter Fort Loudon, PA**

Tuscarora Trail Hike III: Tuscarora Mountain/Path Valley section: Fannettsburg-Burnt Cabins Rd. to PA Rte 641. This is a 9-mile, moderate hike. Elevation change of 1,100 feet. We will be hiking above the Pa. Turnpike with absolutely gorgeous views east and west. We will be looking east down into the Path valley area. INFO: Christopher Firme (bncfirme@innet.net) 717/794-2855 after 6:00 p.m.



9 (Saturday)

**TRAIL WORK TRIP – Central District Shelter Crew Hancock, MD**

The Tuscarora Trail Central District will begin constructing a new camping & shelter site in the recently acquired PATC Hauvermale Tract in Morgan County, WV near River Road. INFO: Keith Dailey 304/229-0110.

9 – 10 (Saturday – Sunday)

**CABIN WORK TRIP – Vining Tract Stanardsville, VA**

Come join us on the Vining Tract for a weekend of cabin construction, maintenance and trail projects. The logs are in place at the new Butternut cabin, and now it's time for chinking. We also have trails to build, and work to be done to keep Conley and Wineberry cabins in mint condition. Community meals. Overnight at Conley and Wineberry. INFO: Hugh Robinson (mes.htr@verizon.net) 703/525-8726.

9 – 10 (Saturday – Sunday)

**CLASS – CPR On the Trail Vienna, VA**

9:00 a.m. - 5:00 p.m. This class provides American Heart Association certification in adult, child and infant CPR. Day two, the students will be certified in First Aid, then move on to the "On The Trail" part, learning how to adapt to medical emergencies on the trail with the items you already carry in your pack. Cost of the class is \$90 for Trail Patrol members and \$110 for Non-Trail Patrol members. Pre-registration is required. INFO: Saleena DeVore (tp1staid@patc.net) 540/972-8394.

11 (Monday)

**HIKE – Family Hike Great Falls, VA**

Come join us for a 2-mile circuit hike in Riverbend Park. The trail is jogging-stroller passable. We will meet in the parking lot behind the visitor's center, then hike up past the nature center, along the Paw Paw passage trail, past a pond, and down to the Potomac River. We will follow the Potomac Heritage Trail back to the visitor's center, where we will check out their animals, puzzles, and other activities. We will picnic along the way. INFO: Lauren Lang (at94L@netzero.com) 571/242-3950.

12 (Tuesday)

**CLASS – Backpacking 101 (REI) Fairfax, VA**

7:30 p.m. Take your camping adventures on the go. Get the low-down on gear - including tents, packs, sleep systems, water filtration, and cookware, plus footwear, clothes, how to pack and plan for your trip. INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

12 (Tuesday)

**HIKE - Vigorous Hikers Shenandoah, VA**

In George Washington National Forest, we'll hike Runkles Gap, South Massanutten Mt. Features ascent of pretty Morgan Run returning via Fridley Gap on the Massanutten South Trail and the Boone Run Trail. About 15.4 miles, 3300 ft climb. INFO: Chris Nolen (chrisiker@erols.com) 301/469-8931.

12 (Tuesday)

**MEETING - PATC Council, 7:00 p.m.**

13 (Wednesday)

**CLASS – Basic Map and Compass (REI) Bailey's Crossroads, VA**

7:30 p.m. Get the skills to stay found! This introduction to map and compass will cover interpretation of map data and symbols, compass function, orienting map and compass, declination adjustment, and reading terrain features. Participants are encouraged to bring their own compasses. INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

13 (Wednesday)

**HIKE – Midweek Hikers Location to be determined**

See July 6 event for more information.

13 (Wednesday)

**MEETING - Mountaineering Section, 8:00 p.m.**

15 - 16 (Friday - Saturday)

**CABIN WORK TRIP - Southern Slackers Powell Gap, VA**

OK you slackers, enough of that chest puffin stuff. WHERE ARE YOU? We'll be having some fun at Eaton, staying at Schairier. INFO: Thomas Jorgensen (hairatheart@aol.com) 540/456-4760.

16 (Saturday)

**TRAIL WORK TRIP – Rock Creek Park Washington, DC**

8:15 a.m. to Noon. Learn the technical intricacies of erosion abatement on our hiking trails: shoveling dirt, filling holes, shoveling more dirt. All are welcome. Meet at the Rock Creek Nature Center located south of the Military Road NW park entrance. INFO: Mark Anderson (dc.trails@verizon.net) 202/462-7718 or Ranger Ken Ferebee (ken\_ferebee@nps.gov) 202/895-6221.

16 (Saturday)

**TRAIL WORK TRIP – Stonewall Brigade Woodstock, VA**

Join the Stonewall Brigade to keep trails clear in one of PATC's least crowded and scenic districts - experience unnecessary, all tools and training provided. Help us put together a new group of interested volunteers who like to be outdoors making trails more enjoyable for others. Our schedule will be the third Saturday of every month. You're welcome to join us every month, a few times a year, or as many times as you can. Work will usually be in the area covered by PATC Map F – Great North Mountain on the VA/WV border. Meet at the Wolf Gap Recreation Area campground parking lot (PATC Map F coordinates E-19) at 9:00 a.m. This trip is subject to prevailing or forecast weather. Please check before going to the meeting site.

# FORECAST

INFO: Hop Long (theFSLongs@comcast.net) 301/942-6177 or Jim Tomlin (jtomlin@helix.nih.gov).

## 16 – 17 (Saturday – Sunday) CLASS – Backpacking 202

### Vienna, VA

This is a class on planning and leading group trips. The location of the backpacking trip is to be determined. Limited to registered students. Registration deadline is June 15. Pre-trip meetings will be scheduled with the participation of students. Fee (\$20 non-refundable): \$40.00 for PATC Members; \$55.00 for non-members. Limited to 25 students. Must be 18 or older and have completed Backpacking 101 or have equivalent backpacking experience. Pre-registration is required. INFO: John Bridges (TPBackpack@patc.net) 703/726-0188.

## 16 – 17 (Saturday – Sunday)

### TRAIL WORK TRIP – Acme Treadway Co. Winchester, VA

Did you miss us, and our trip in May? Well, this is your opportunity to get in on the new trail construction we're doing on the Biby Tract west of Winchester and north of The Pinnacle. We're slabbing our way down to the Tuscarora Trail, creating elegant (and practical) switchbacks, building steps, and cribbing rock where needed. Come and learn the best practices in tread construction as we continue this project. INFO: Don White (tribldr@comcast.net) 804/795.2914.

## 16 – 17 (Saturday – Sunday)

### TRAIL WORK TRIP – North District Hoodlums North District, Shenandoah National Park, VA

Throw some BBQ on the grill and break out the coolers! The Hoodlums Trail Crew works on the AT and Blue-Blazed trails in the North District of SNP. We work hard and enjoy the fruits of our labor afterwards via the theme meal and good company at a facility within the park. Come for the day, stay for the evening meal and/or camp out overnight in the park - Lots of options. We meet at Piney River maintenance area, milepost 22 on Skyline Drive at 10:00 a.m. Saturday morning. INFO: George Walters (gjwalters@starpower.net) 410/426-2724.

## 17 (Sunday)

### HIKE – Sunday Hikers

#### North District, Shenandoah National Park, VA

Starting outside of the park at the bottom, we'll hike into the park via the Thompson Hollow Trail, connecting with the Tuscarora Trail, which we will climb all the way to Skyline Drive, and back down. We'll pass the beautiful Overall Run waterfall on the way. Total elevation gain is approx. 2400 feet. Approx. 9-mile round trip. If time allows, we'll take a dip in the pools at the bottom of the trail on our way back out. INFO: Vince Ferrari (vincentferrari@gmail.com) 301/249-2210.

## 18 (Monday)

### CLASS – Leave No Trace

#### Vienna, VA

7:30 p.m. This combination indoor classroom and outdoor field course is designed to enhance your understanding of Leave No Trace practices and ethics and to develop your confidence in teaching others about Leave No Trace. Through activities, field/classroom experience and both formal and informal discussions, you will be challenged to develop your LNT skills and ethics. This is a fun class where all have a part in demonstrating the choices that can be made to minimize our impact on the land and our resources. It is hoped that graduates of this class will be willing to make LNT presentations to community groups when and if their schedules permit. Cost - \$35.00 for PATC Members, \$50.00 for non-Members (Join PATC at the time of registration

and get the member price). Weekend Field Program - Saturday/Sunday, July 23 & 24 – SNP. Registration forms available online through the Trail Patrol/LNT page of the PATC Web site at [www.patc.net](http://www.patc.net). INFO: Mark Holland (markholland25@hotmail.com) 540/636-3639 (mornings only).

## 18 (Monday)

### HIKE – Family Hike

#### Boonsboro, MD

We will hike about 2 miles around Greenbrier lake, then enjoy their sandy swimming beach. This beautiful park has a 42-acre man-made lake with a playground, beach, and hiking trails. There is camping available, and some of us will probably camp on Sunday and/or on Monday nights. INFO: Lauren Lang (at94L@netzero.com) 571/242-3950.

## 19 (Tuesday)

### CLASS – Backcountry Cooking (REI)

#### College Park, MD

7:30 p.m. Explore the adventurous world of backcountry dining at REI. Members of our crew will share their favorite hints for planning and preparing tasty, nutritious trail meals. Get tips for enjoying prepackaged foods as well as learn ideas for do-it-yourself cuisine. INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

## 20 (Wednesday)

### CLASS – Backcountry Cooking (REI)

#### Rockville, MD

7:30 p.m. Explore the adventurous world of backcountry dining at REI. Members of our crew will share their favorite hints for planning and preparing tasty, nutritious trail meals. Get tips for enjoying prepackaged foods as well as learn ideas for do-it-yourself cuisine. INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

## 20 (Wednesday)

### CLASS – Backpacking 101 (REI)

#### Bailey's Crossroads, VA

7:30 p.m. Join us as we take the mystery out of backpacking and share our knowledge and experience. We'll cover essential backpacking gear and skills, gear selection and proper clothing; fitting boots; and understanding how to plan, prepare and enjoy your adventure while staying safe, warm and dry. INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

## 20 (Wednesday)

### HIKE – Midweek Hikers

#### Location to be determined

See July 6 event for more information.

## 22 – 23 (Friday - Saturday)

### CABIN WORK TRIP – Southern Slackers

#### Vining Track, Lydia, VA

Johnson Cabin Cookshed. You must have ONE weekend in July. Sign up, let me know. INFO: Thomas C. Jorgensen (hairatheart@aol.com) 540/456-4760.

## 22 – 24 (Friday – Sunday)

### BACKPACKING TRIP – Family Backpacking

#### Dolly Sods, WV

We will leave early Friday morning to head up to Dolly Sods, West Virginia. We will hike in about 3 miles, and set up camp. On Saturday, we will day hike, and enjoy swimming near a beautiful waterfall. We will hike back out to the cars on Sunday. Each family is responsible for their own gear, food, and cooking. The trip is designed for families with young children, but all ages are welcome. INFO: Lauren Lang (at94L@netzero.com) 571/242-3950.

## 23 (Saturday)

### CLASS – First Aid On the Trail

#### Fredericksburg, VA

9:00 a.m. – 5:00 p.m. at Gander Mountain. The morning part of the class is the American Heart Association First Aid Program. In the afternoon, you will learn how to apply basic first aid on the trail. You will learn how to use the things you already carry in your pack to control bleeding, basic splinting, and dealing with medical emergencies. The cost of the class is \$60. Pre-registration is required. INFO: Saleena DeVore (emailert@yahoo.com) 540/972-8394.

## 23 (Saturday)

### HIKE – West Chapter

#### North District, Shenandoah National Park, VA

Appalachian Trail, Section 3; Thornton Gap to Skyland. 15 km (about 9.5 miles). INFO: Dave Jordahl (westpatc@hotmail.com) 240/777-7741.

## 23 (Saturday)

### SPECIAL EVENT - Dogs-East Search & Rescue (REI)

#### Fairfax, VA

11:00 a.m. – 2:00 p.m. Dogs-East is a professional, volunteer search and rescue group assisting the Virginia Department of Emergency Management ([www.vdes.state.va.us](http://www.vdes.state.va.us)), State Police, FBI, CIA or other Law Enforcement offices. Stop by, meet the dogs and watch a demonstration! INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

## 23 (Saturday)

### TRAIL WORK TRIP – South Mountaineers

#### Appalachian Trail, MD

This is the 10th of 19 South Mountaineers work events this year. Join our volunteer crew, enjoy the peace of the woods and go home happy if tired. Tools provided. Bring plenty of water, lunch, gloves and boots. INFO: Nancy Hammond (mdtrail@yahoo.com) 301/739-0442.

## 23 (Saturday)

### TRAIL WORK TRIP - Yankee Clippers

#### Tuscarora Trail, PA

INFO: Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140.

## 23 – 24 (Saturday – Sunday)

### CLASS – Leave No Trace

#### Central District, Shenandoah National Park, VA

This is the weekend field portion of the class listed for Monday, July 18. This combination indoor classroom and outdoor field course is designed to enhance your understanding of Leave No Trace practices and ethics and to develop your confidence in teaching others about Leave No Trace. Through activities, field/classroom experience and both formal and informal discussions, you will be challenged to develop your LNT skills and ethics. This is a fun class where all have a part in demonstrating the choices that can be made to minimize our impact on the land and our resources. It is hoped that graduates of this class will be willing to make LNT presentations to community groups when and if their schedules permit. Cost - \$35.00 for PATC Members, \$50.00 for non-Members (Join PATC at the time of registration and get the member price). Registration forms available on-line through the Trail Patrol/LNT page of the PATC Web site at [www.patc.net](http://www.patc.net). INFO: Mark Holland (markholland25@hotmail.com) 540/636-3639 (mornings only).

## 23 – 24 (Saturday – Sunday)

### TRAIL WORK TRIP – Cadillac Crew

#### Gainesboro, VA

The Crew will continue building a new trail that connects the Tuscarora Trail to the old Packhorse Road Trail through Sleepy Creek WMA. Recent changes have added almost another mile to this project. This

new trail will ultimately be part of a loop trail including Shockey's Knob Shelter and High Rocks Trail. Bring water and a lunch for Saturday noon. Community dinner on Saturday night. Overnight at TBD. INFO: Trudy Thompson (going2home2@yahoo.com) 703/938-3973 or Jon Rindt (jkrindt@shentel.net) 540/635-6351.

## 24 (Sunday)

### ✂ TRAIL WORK TRIP – West Chapter Frederick, MD

Gambrill State Park; Frederick, MD. Meet 10:00 a.m. at the Nature Center. INFO: Dave Jordahl (west-patc@hotmail.com) 240/777-7741.

## 25 (Monday)

### 👤 HIKE - Family Hike Sterling, VA

Join us for a 2-mile, kid-paced hike in Algonkian Park. The trail is jogging-stroller passable and mostly shaded. There is also an awesome playground we can play on after the hike. INFO: Anne Regan (Anne.c.regan@verizon.net) 703/689-3883.

## 26 (Tuesday)

### 📅 MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.

## 27 (Wednesday)

### 👤 CLASS – Backpacking 101 (REI) Rockville, MD

7:30 p.m. Take your camping adventures on the go. Get the low-down on gear - including tents, packs, sleep systems, water filtration, and cookware, plus footwear, clothes, how to pack and plan for your trip. INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

## 27 (Wednesday)

### 👤 CLASS – Great Summer Hikes (REI) Bailey's Crossroads, VA

7:30 p.m. Near and far there are great hikes and out-of-the-way places with great views, cool streams, birds and wildlife, where you can enjoy outdoor adventure. REI's Mark Nelson will point out some of his favorite new and old spots for strenuous hiking or just wandering along; swimming holes, great views, wildlife, backcountry fishing, finding fossils, remote beaches, and just a quiet morning or afternoon walk. INFO: Mark Nelson (mnelson@rei.com) 703/379-9400.

## 27 (Wednesday)

### 👤 HIKE – Midweek Hikers Location to be determined

See July 6 event for more information.

## 29 - 30 (Friday - Saturday)

### CABIN WORK TRIP - Southern Slackers Vining Tract, Lydia, VA

More fun at the Johnson Cabin Cookshed. The more the merrier. INFO: Thomas C. Jorgensen (hairatheart@aol.com) 540/456-4760.

## 30 (Saturday)

### ✂ TRAIL WORK TRIP – The Roaring Tuskers Gore, VA

The Roaring Tuskers, Tuscarora Trail Central District Trail Crew begins relocation of the Tuscarora Trail from Gore and US 50 into the woods. INFO: Steve Sharp (stevensharp@comcast.net) 240/338-3655.

## 30 - 31 (Saturday - Sunday)

### 👤 SPECIAL EVENT – Acme Treadway Company Little Orleans, MD

Hey, People! This is an R&R trip for all members of the Acme Treadway Company. If you've worked on at least one (1) trip with us this year, you're eagerly welcomed on this excursion to Little Orleans Cabin in western Maryland. Hiking in the Greenridge State Forest or along the C&O Canal, canoeing on the

Potomac, fishing, or just plain lazing around are activities awaiting you this weekend. INFO: Don White (trlbldr@comcast.net) 804/795.2914.

# AUGUST

## 1 (Monday)

### DEADLINE – September Potomac Appalachian Material due to editors 5:00 p.m.

All items for the next issue of the newsletter due. Send Forecast events to PA-Forecast@patc.net and all other articles to the editor at lindashannonb@mac.com. NOTE: Do not send photos or articles to headquarters. E-mail for address.

## 2 (Tuesday)

### 👤 HIKE - Vigorous Hikers

Central District, Shenandoah National Park, VA From Meadows Cabin parking climb to Doubletop for views, scramble up the rocks and descend to the Rapidan to tour reopened Hoover Camp. Then climb Mill Prong Trail to AT to enjoy Dark Hollow Falls, returning via Stony Mountain Trail. 16 miles 4000 ft climb. INFO: Chris Nolen (chrishiker@erols.com) 301/469-8931.

## 2 (Tuesday)

### 📅 MEETING - Trail Patrol, 7:30 p.m.

## 3 (Wednesday)

### 👤 HIKE – Midweek Hikers Location to be determined

See July 6 event for more information.

## 3 (Wednesday)

### 📅 MEETING - New Members (PATC), 7:30 p.m.

## 6 (Saturday)

### ✂ TRAIL WORK TRIP – South Mountaineers Appalachian Trail, MD

Humiturefest, the anniversary date of the South Mountaineers, is now 12 years old. Work on the AT in Maryland and celebrate another fine year of volunteer stewardship. Please bring plenty of water, lunch, gloves and boots. INFO: Nancy Hammond (mdtrail@yahoo.com) 301/739-0442.

## 6 (Saturday)

### ✂ TRAIL WORK TRIP – Yankee Clippers Appalachian Trail, PA

Work trip followed by Charlie's annual corn roast (reservations required). We will meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140.

## 7 (Sunday)

### 👤 HIKE – Sunday Hikers Burkittsville, MD

Starting at Gathland State Park, we'll hike south along the AT to Harpers Ferry, stopping to take in the magnificent view from Weverton Cliffs along the way. Distance is approx. 10 miles, with an elevation drop of about 700 feet. Since this is a one-way hike, we'll

## Hike Leaders

You now have another option for advertising a hike. Go to [www.patc.net/hiking/hikeleader/hikeleader.html](http://www.patc.net/hiking/hikeleader/hikeleader.html) and follow the prompts.

Events must be submitted by the first of the month preceding PA publication. And don't forget, submission by e-mail is still an efficient way of getting your information to us.

need volunteers to position cars at either end. PATC Map 6. INFO: Vince Ferrari (vincentferrari@gmail.com) 301/249-2210.

## 9 (Tuesday)

### 👤 HIKE - Vigorous Hikers

Central District, Shenandoah National Park, VA Climb Corbin Mountain, run down Indian Run, follow Nicholson Hollow up to the AT, see Stony Man summit, return via Corbin Hollow. About 15.5 miles and 3500 ft climb. INFO: Chris Nolen (chrishiker@erols.com) 301/469-8931.

## 9 (Tuesday)

### 📅 MEETING - PATC Council, 7:00 p.m.

## 10 (Wednesday)

### 👤 HIKE – Midweek Hikers

### Location to be determined

See July 6 event for more information.

## 10 (Wednesday)

### 📅 MEETING - Mountaineering Section, 8:00 p.m.

## 13 (Saturday)

### 👤 HIKE – North Chapter New Germantown, PA

Tuscarora Trail Hike IV: Knob Mtn./Rising Mtn. section: PA Rte 641 to Stewart Narrows Trail-Hemlock Rd-11.1 miles-difficult hike. Elevation change of 1,400 feet. After climbing to the top of the ridge, we will have excellent views to the east and west. This hike will take us into the Tuscarora State Forest. INFO: Christopher Firme (bncfirme@ininternet.net) 717/794-2855 after 6:00 p.m.

## 13 (Saturday)

### 👤 HIKE – Strenuous

### South District, Shenandoah National Park, VA

17-mile circuit hike starting at Brown Mountain Overlook, descending to Big Run on Brown Mountain trail and proceeding south on the Big Run Portal Trail. Return via AT. Total elevation gain 4,000 feet. INFO: William Needham (Needham82@aol.com) 410/884-9127.

## 13 - 14 (Saturday - Sunday)

### 📅 CABIN WORK TRIP – Vining Tract Stanardsville, VA

Come join us on the Vining Tract for a weekend of cabin construction, maintenance and trail projects. The logs are in place at the new Butternut cabin, and now it's time for chinking. We also have trails to build, and work to be done to keep Conley and Wineberry cabins in mint condition. Community meals. Overnight at Conley and Wineberry. INFO: Hugh Robinson (mes.htr@verizon.net) 703/525-8726.

## 13 - 14 (Saturday - Sunday)

### ✂ TRAIL WORK TRIP – Cadillac Crew Round Hill, VA

District manager Chris Brunton needs some help on a swampy section of the AT near Rod Hollow Shelter. Plans are to build boardwalks or raise the tread to improve the trail and prevent further damage. The crew will retire to Blackburn Trail Center for their normal Saturday feast and overnight accommodations. INFO: Trudy Thompson (going2home2@yahoo.com) 703/938-3973 or Jon Rindt (jkrindt@shentel.net) 540/635-6351.

## 16 (Tuesday)

### 👤 HIKE - Vigorous Hikers

Central District, Shenandoah National Park, VA Climb from Broad Hollow on the Hazel Mountain Trail to Meadow Spring, return down Hannah Run, up Hot-Short Mountain Trail to Pine Hill Gap. About 18 miles with 4000 ft climb. INFO: Chris Nolen (chrishiker@erols.com) 301/469-8931.

## FORECAST

17 (Wednesday)

🦋 HIKE – Midweek Hikers

Location to be determined

See July 6 event for more information.

19 - 21 (Friday - Sunday)

🦋 CABIN WORK TRIP - Highacre

Harpers Ferry, WV

Join us as we continue to spruce up this beautiful old Victorian house in Harpers Ferry, WV. There's always a lot of work to be done and everyone's invited. Bring your work clothes and hiking boots. We'd especially appreciate volunteers who would like to help clean up Sunday afternoon. INFO: Ben Mayock (BMayock@yahoo.com) 410/461-1327 or Pat Fankhauser (PFankhauser@patc.net) 703/242-0693, Ext. 17.

20 (Saturday)

🦋 HIKE - Waterfall and Wildflower Series

Central District Shenandoah National Park, VA

A circuit hike of about 14 miles on the Buck Hollow, Buck Ridge, Hazel Mountain and White Rocks trails with 3700-foot elevation gain to a falls on the Hazel River. PATC Map 10. INFO: Jack Thorsen, (Thorsen4@Juno.com) 703/339-6716 or William Needham, (Needham82@aol.com) 410/884-9127

20 (Saturday)

🦋 TRAIL WORK TRIP – Rock Creek Park

Washington, DC

8:15 a.m. to Noon. We start early in the morning to limit the sweating. Come see what our work crew can do before noon. Meet at the Rock Creek Nature Center located south of the Military Road NW park entrance. INFO: Mark Anderson (dc.trails@verizon.net) 202/462-7718 or ranger Ken Ferebee (ken\_ferebee@nps.gov) 202/895-6221.

20 (Saturday)

🦋 TRAIL WORK TRIP – Stonewall Brigade

Woodstock, VA

Join the Stonewall Brigade to keep trails clear in one of PATC's most uncrowded and scenic districts - experience unnecessary, all tools and training provided. Help us put together a new group of interested volunteers who like to be outdoors making trails more enjoyable for others. Our schedule will be the third Saturday of every month; you are welcome to join us every month, a few times a year, or as many times as you can. Work will usually be in the area covered by PATC Map F - Great North Mountain on the VA/WV border. Meet at the Wolf Gap Recreation Area campground parking lot (PATC Map F coordinates E-19) at 9:00 a.m. This trip is subject to prevailing or forecast weather. Please check before going to the meeting site. See: [www.patc.net/volunteer/trails/stonewall/stonewall.html](http://www.patc.net/volunteer/trails/stonewall/stonewall.html). INFO: Hop Long (theFSLongs@comcast.net) 301/942-6177 or Jim Tomlin (jtomlin@helix.nih.gov).

20 (Saturday)

🦋 TRAIL WORK TRIP – Yankee Clippers

Tuscarora Trail, PA

INFO: Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140.

20 - 21 (Saturday - Sunday)

🦋 TRAIL WORK TRIP - Acme Treadway Co.

Central District, Shenandoah National Park, VA

This month, the Acme Treadway Company will work in the Central District of Shenandoah National Park. We'll rebuild a section of trail in that district and stay overnight at Pocosin Cabin. This is a trip you should not miss. INFO: Don White (trlbldr@comcast.net) 804/795-2914.

23 (Tuesday)

🦋 HIKE - Vigorous Hikers

Central District, Shenandoah National Park, VA.

Climb Cedar Run to Hawksbill then north to Crescent Rock Trail to descend Whiteoak Canyon. 14 miles and 3500 ft climb. INFO: Chris Nolen (chrishiker@erols.com) 301/469-8931.

24 (Wednesday)

🦋 HIKE – Midweek Hikers

Location to be determined

See July 6 event for more information.

27 (Saturday)

🦋 TRAIL WORK TRIP – The Roaring Tuskers

Gore, VA

The Roaring Tuskers, Tuscarora Trail Central District Trail Crew continue to relocate the Tuscarora Trail from Gore and US 50 into the woods. INFO: Steve Sharp (stevenssharp@comcast.net) 240/338-3655.

27 – 28 (Saturday- Sunday)

🦋 TRAIL WORK TRIP – Maryland Metrolites

Bethesda, MD

We will be joining with the MORE group and Montgomery Parks to install a pre-fabricated bridge on the Cabin John Trail. If you haven't been involved in such a project, here is your opportunity to learn. We will meet at 9:30 a.m. on the 27th in the parking lot for the indoor tennis courts on Democracy Blvd just down from the Montgomery Mall. If we do not complete work on the 27th, then we will resume on the 28th to finish the job. We will carpool from there, as there is little parking at the Bradley Blvd site. INFO: Liles Creighton, (kb3jmf@comcast.net) 410/573-0067.

30 (Tuesday)

🦋 HIKE - Vigorous Hikers

Waterlick VA

On Massanutten Mountain, in GW National Forest, starting at parking area for Signal Knob Trail, climb to the Knob, then down to pick up the Tuscarora Trail along Three Top Mountain, returning via Powell Fort Camp and Mudhole Gap Trail. 15 miles and 3000 ft. climb. INFO: Chris Nolen (chrishiker@erols.com) 301/469-8931.

30 (Tuesday)

🗺️ MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.

31 (Wednesday)

🦋 HIKE – Midweek Hikers

Location to be determined

See July 6 event for more information. ☐



## NOTICE

### Missing Council Fire

We regret that the Council Fire column was not available at time of publication. Next month look for the notes from the May Council meeting. Thanks for your patience.

—The Editor

## Schoolchildren Agree: C & O Canal Needs a Clipper Boat

A coalition of the Friends of the Historic Great Falls Tavern and the C & O Canal Association has launched a campaign to raise between \$500,000 and \$600,000 to have a new boat built to replace the 30-year-old "Canal Clipper," that does not float anymore. The National Park Service has been requesting funds for more than five years, and most especially for the past two years since the boat became inoperable. Inspired by the efforts of the disappointed 3rd and 4th graders at Seven Locks Elementary School who missed, for two years in a row, this favorite field trip through a lock on a boat pulled by mules, some of the adults in the community decided we needed to do something. The kids raised over \$3,400. About 10,000 school children/year had been riding the mule-drawn boat, learning about life on the canal and the history of the canal/railroad struggle to reach the west.

PATC has been involved from the beginning of the efforts to establish the park, to more recent Douglas hikes, to maintaining trails in the park, and the most recent volunteer efforts on the Billy Goat Trail. And Fred Blackburn and the club were part of the original group that sponsored the formation of the C & O Canal National Historical Park. There are many members who care about the park and who go there often. You can help preserve a vestige of history. The Park Service would love to have a double-decker packet boat and hopes to have the specs ready by June. It can be built in 13 to 15 weeks. Please e-mail Jo Reynolds (joreynolds@mrs.com) if you would like to donate or become involved in this effort. ☐

—Jo Reynolds



*This packet boat reflects the vision of the Park Service for a new boat that would help tell the story of life along the canal.*

## TRAILHEAD

And so another weeding season begins. And you thought you had done them in last year. But the loss of canopy on some trail sections due to hurricanes, ice storms, and wind have provided nature with incentive to fill the space with new succulent growth. However, the hard work is justified when you observe, with satisfaction, the transformation of a freshly weeded trail. Not to mention the appreciation expressed by passing hikers.

### SNP Central District Spring Crew

The Central District Spring Crew successfully completed another work session in SNP, May 10-13, 2005. The first two days were spent on the Old Rag Ridge Trail, continuing treadway improvements that were begun in 2003. The crew included Richelle Brown, Mel Ellis, John Gmitter, Scott Miller, and Patrick Wilson with C.T. Campbell representing SNP. Rockbars, McLeods, pick mattocks, a Pulaski, and a folding pruning saw were used to remove rocks and roots and regrade the trail during two unseasonably warm days. At the end of the day, the team visited with Mike Dyas (Corbin Mountain Trail overseer) who was spotted at the Nicholson Hollow trailhead. Then, after showers at the old Pinnacles Research Center, Patrick introduced the group to gourmet burgers at the Sunnyside Farms Famous Rest Stop in Sperryville, not a bad spot for burger connoisseurs. On the second day, Patrick contributed his well-known expertise with a grip hoist, which the team used to move numerous rocks to reconfigure a switchback and to narrow overly wide segments of the trail.



Photo by Mel Ellis

*Using a grip hoist to move rocks on the Old Rag Ridge Trail. L-r Scott Miller, Patrick Wilson, John Gmitter, and C.T. Campbell (SNP) at the controls.*

It was cooler on Thursday and Friday when the work site shifted to a segment of the AT adjacent to the Big Meadows Campground. Patrick had made a preplanned departure on Wednesday evening, but Jeff Minner, Jake Paff, and Josh Rassi, all SNP personnel, joined the effort on Thursday. Jeff, Jake, Josh, and John worked at opening a clogged culvert while the others began treadway improvement and waterbar replacement. C.T., Jeff (as sawyer), and Mel secured logs for waterbars. Then Richelle used a drawknife to remove the bark, C.T., Mel, and Scott replaced six waterbars, and the others repaired the treadway. On Friday, C.T., Jeff, Mel, Scott, Richelle, and John installed five more waterbars, reconstructed two rock waterbars, and completed the upgrading of about 80 yards of treadway.

The last rock waterbar was more challenging, because several large rocks had to be removed from just below the surface before the reconstruction could be effected.

It was a good week with good crew members who worked well together. Although it was the first trail crew work for John Gmitter, he made it seem as if he had been doing trail work for years. At Pinnacles, Mel provided each of the PATC volunteers with a cold can of Moxie, the oldest (1884) soft drink on the market. Although each of them managed to finish their can, no one asked for seconds of what has been described by some as carbonated cough syrup. Thanks to all who participated.

### Saturday in Park (Rock Creek, that is)

Sometimes it pays to know when to call in the big guns. In May the Rock Creek Crew, a small but vibrant group of Saturday morning city dwellers, invited the Cadillac Crew, a rough and tumble roving team of trail builders, to Washington, D.C.'s Rock Creek Park to tackle a big problem. The outcome was nothing short of an extravagant success that may lead to a presidential medal for the Cadillac Crew, D.C. District Manager Mark Anderson contends.

The story goes like this: The Rock Creekers needed to reroute about 800 feet of the Valley Trail along the creek because flooding was beginning to undercut and wash out the trail in places. The location is one of the best in the

*See Trailhead, page 14*



Photo by Jeff Minner

*Group shot following the waterbar construction on the AT near Big Meadows campground. L-r Scott Miller, John Gmitter, Richelle Brown, and Mel Ellis.*

### Trailhead, from page 13

park - just downstream of the historic Boulder Bridge (yes, it has a boulder façade) and along the creek amid mature forest. But reroutes aren't their specialty. Most Rock Creek projects involve quick and dirty fixes to small problems - an eroded trail here, a missing stepping stone there, or a misbehaving set of waterbars. Five years ago the D.C., crew undertook a quarter-mile reroute, and the project took them most of the summer, working every couple of Saturdays.

So in marches the Cadillac Crew, led by none other than Jon and Katherine Rindt. They carried all the right tools and the right attitude. The trail was flagged, the park ranger, Ken Ferebee, was consulted, and 25 workers went to work - 14 from the Rock Creek Crew, the rest from the Cadillac Crew. In no time a tread began to form just uphill from the old trail and the creek. Spread out, the entire crew just about covered the entire new length of trail. The Cadillac team worked the steeper slope while the Rock Creek folks plugged away at the slightly easier landscape. By early afternoon, the trail took form, and by 3:00 p.m. the crew's work was done. Cadillac Crew members soothed their feet in the creek as Jon Rindt asked, "Isn't there anything else we can do?"

Their work complete, the Cadillac Crew retreated for a picnic. A day later it rained hard and the trail started to season. A week later, Mark Anderson's inspection revealed a trail project that will only need an hour or so of touch-up before the ends can be opened and the new trail dedicated. Both Mark and Ken thank the Cadillac Crew for braving the city and making it possible for us to put the new trail in place with an efficient one-two punch.

### It Keeps Slipping

The Blue and White Crew enjoyed the thrill of sidehill digging in early May. Several sections of the AT in the Central District suffered from "sidehill slippage" (usually the result of poor vegetation control in the summer months), and the crew spent Saturday and Sunday repairing some of the damage (photos at [www.blueandwhitecrew.org](http://www.blueandwhitecrew.org)). Saturday evening found the group back at the Pinnacles, enjoying card tricks performed by crew regular, Charles Farley, and listening to Tiny Tales by crew raconteur, Patrick Wilson. Sunday ... more sidehill after breakfast at Brookside. The crew wishes S.V. Dove a speedy recovery from his recent surgery. Mr. Dove has been the crew's guiding light,



Photo by Jon Rindt

*The Cadillac Crew clears area around the chimney remains of an historic cabin on the Vining Tract.*

since he joined the group in 1998, and we miss having him and Janet along on our trips. Get well soon, Mr. Dove.

Central District overseers can now check their work history online. Visit the Blue and White Crew Web page (Trails Management) to see reports, trail conditions, and trail inventory data. New trail volunteers can also find links to tool sources and information about trail work. All of this, plus photos of the Blue and White Crew supermodels!

### Report From The Battlefield

Frank Haas, district manager for the Spotsylvania Battlefield Park, reports that in January he saw the need for year-round trail maintenance demonstrated when he was hiking the Federal Line at the Wilderness, the most remote trail. The snow was about six inches or so deep, but tracks were evident along the length of the trail. On that particular day, with the wind blowing and temperatures in the low 20s, he was a lonely trekker. Frank says sometimes you need to be your own best company to enjoy walking the trails. He also said that the blowdowns as a result of the hurricane a year and a half ago have opened up large areas of cleared lands. The combination of sun with good rainfall produced weeds shoulder high in many places by mid-May. Since the trails are narrow, weeding will be a priority.

### Cajun Lady's Slippers

The North District Hoodlums celebrated their Cajun worktrip in May by building log checkdams and waterbars on the downhill section of the AT just south of the Thornton River Trail junction where the tread was beginning to cup. The crew was treated to some displays of Pink

Lady's Slippers along the way. Following the work it was all jambalaya and shrimp gumbo down at de hut, I gar-ron-tee.

### Trails Meeting

Supervisor of Trails Liles Creighton reminds district managers and crew leaders that the fall trail leadership meeting will be held Sept. 28 at Club Headquarters. There is a lot of ground to cover so please be prepared with written input for next year's budget, work plans for major maintenance and construction, estimated cabins reservation needs, tool inventories for each cache, needs for new tools, hours worked including training time, and award recommendations. If you cannot attend, please send inputs to Liles by September 21. The meeting should start as soon after 6:00 p.m. as possible and finish in time for those who live a long way away to get home at a reasonable hour.

Please send any interesting tale, technical advice, individual or group accomplishments, and trail maintenance questions to Trailhead, c/o Jon Rindt, 621 Skyline Forest Drive, Front Royal, VA 22630 or to [jkrintd@shentel.net](mailto:jkrintd@shentel.net). □

### POTOMAC APPALACHIAN

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## VOLUNTEER OPPORTUNITIES

### Needed – IT Planning Subcommittee Chair

PATC just purchased new computers and now wants to attack the many hardware and software questions bringing PATC into the 21st century. I want someone to lead – making a commitment of 8 hours per week – a group to plan and execute PATC's future in Information Technology. If someone wants to lead this IT Planning Subcommittee give me a call. Bruce Glendening, Vice President Operations. 703/532-9093 or e-mail [bglendening@yahoo.com](mailto:bglendening@yahoo.com)

### Fairfax, Loudoun, Prince William County: Hikers, Editors, Authors Required

The 4th edition of Hikes in the Washington Region: Part B: Arlington, Fairfax, Loudoun, and Prince William Counties in Virginia is scheduled for revision and republishing during 2005.

The PATC publications team is seeking the services of a hiker/author to revise/update Hikes in the Washington Region: Part B to meet the deadline of publishing the revised edition by the end of 2005. Publications produced and sold by PATC represent approximately 25% of club's income and help promote and fund the objectives of the club.

Join the PATC publications team and combine your interest in the outdoors with some editing. If you have an interest in helping on this project (or others like it) please contact the PATC Publications Chair, Alex McLellan ([publications@patc.net](mailto:publications@patc.net)) (preferred) or 703/758-1057 (day) or 703/758-7411 (night).

### TRAIL OVERSEER DISCOUNTS

**PATC OVERSEERS GET DISCOUNTS** from the following merchants who support our volunteer programs: Blue Ridge Mountain Sports (Charlottesville, Tidewater) – 20%, Hudson Trail Outfitters (Metro D.C.) – 15%, The Trail House (Frederick, Md.) – 15%, Casual Adventures (Arlington, Va.) – 10%, Campmor (mail order via PATC HQ) – 10%, Weasel Creek Outfitters in Front Royal – 10%, The Outfitter at Harpers Ferry – 15%, and the sole source (Harrisonburg) – 10%. Check the back page of the *PA* for the latest trail, cabin, and shelter overseer opportunities. All PATC members receive a 10% discount from Blue Ridge Mountain Sports. Be sure to have your membership ID or overseer ID ready when you shop.

### PATC EXCURSION TO WIND RIVER

PATC members are invited to join a 7-day Llama Trek starting July 31 going into the Wind River Mountains west of Lander, WY. To learn more about this outfitter, go to [www.LanderLlama.com](http://www.LanderLlama.com). This Excursion is designed for members who have moderate walking ability (8 miles per day at altitudes of 10,000 feet). Tents, sleeping bags, and sleeping pads are provided so all you need to carry is your day pack. All meals are furnished, prepared, and served by outstanding staff. The outfitter fee of \$1,400 is all-inclusive for the Trek itself. For other details, contact Dave Appel ([dwappe1@juno.com](mailto:dwappe1@juno.com)) or by phone at the Bears Den Trail Center, 540/554-8708.

### FOR SALE

BICYCLE TRAILER, Burley D'Lite, in good condition. \$175 OBO. Located in Rockville, Md. Contact Al Taylor ([alt@ieee.org](mailto:alt@ieee.org)).

## PATC Swap Meet

Notices are published free of charge for PATC members only. PATC cannot vouch for any of the advertised items. No commercial advertisement or personal notices unrelated to hiking will be accepted. Deadline for inclusion is the first day of the month preceding issuance of the newsletter. Notices will be run for three months, at the discretion of the editor, unless we are otherwise advised. □

### HIKING PARTNERSHIPS

FLORIDA ESCAPE? For winter hiking without mountains, snow, ice, or freezing rain, take off a week or two in February/March 2006 to join a PATC life member and AT 2000-miler, George Meek (Poet), on a section of the Florida Trail, beginning a couple of hours' drive south of Orlando. For information on the FT check out [www.florida-trail.org](http://www.florida-trail.org). Contact: ([george@meekconsulting.com](mailto:george@meekconsulting.com)) 703/875-3021.

I live in Gaithersburg, Md., and am looking for hiking and camping buddies within 120 miles of the DC area. I am 29 and willing to hike/camp anywhere. I also have a dual propane stove that I am giving away. Any takers? Contact Jeffrey Scott ([knight\\_1\\_nu@yahoo.com](mailto:knight_1_nu@yahoo.com)) 301/466-3373.

### LOST AND FOUND

GOLD COLORED BULOVA MEN'S WATCH, analogue, with a dark leather band at Meadows cabin on approximately 3/20/05. It was most likely lost outside on the property near the cabin. Contact: Randy Wilcox ([rrwilcox1@juno.com](mailto:rrwilcox1@juno.com)) 703/532-5767

# Trail, Shelter, and Corridor Overseers / Monitors Wanted

## CORRIDOR MONITOR OPENINGS

Tom Lupp, 301/271-7340  
tlupp@erols.com

**Lambs Knoll - MD - PATC Map 5-6**  
**Shannondale [near Blackburn] -VA -**  
**PATC Map 7**

**Wilson Gap -VA**

**Ashby Gap South - VA - PATC Map 8**

**Sky Meadows - VA - PATC Map 8**

**High Knob - VA - PATC Map 8**

## VOLUNTEERS NEEDED FOR THE SHELTER CREW IN MD

**Dicks Dome Shelter - Northern VA -**  
**Map 8**

**Rock Springs Shelter - SNP Central -**  
**Map 10**

Henry Horn, 301/498-8254  
ATHike@aol.com

## DISTRICT MNGR. MASSANUTTEN SOUTH - MAP H

Liles Creighton, 410/573-0067  
lcrei@aol.com

## Trail Overseer Openings.

Contact the District Manager for the  
section that interests you.

## PENNSYLVANIA MAPS 2-3, 4, J, & K

Opportunity to work long hours with no pay  
or benefits. Generous allowance of blisters,  
stinging/biting insects, and poisonous plants.  
Special provision for rain and mud. Little or  
no supervision. Work hours optional.

Location somewhere on the Tuscarora Trail  
in Pennsylvania. No certification from your  
doctor or hospital required.

Pete Brown, 410/343-1140

peter.brown4@worldnet.att.net

## Appalachian Trail - Co-overseer

Big Flats to Woods Road

## PA Tuscarora Trail [J] - Co-overseer

Hemlock Road to Mountain Rd (4.9 miles)

## PA Tuscarora Trail [J] - Co-overseer

Bill Miller Trail to Cowpens Rd (4.7 miles)

## Dead Woman Hollow Trail

Michener Cabin to AT/Michener Cabin  
Parking (1.4 miles)

## Blueberry Trail

PA 233 to Michener Cabin (1.8 miles)

## HARPERS FERRY/ASHBY GAP AT & BB - MAP 7 & 8

Chris Brunton, 703/924-0406

trailbossbtc@msn.com

## Appalachian Trail

Loudoun Heights Trail to Powerline  
(2.3 miles)

## ASHBY/POSSUMS AT/BLUE-BLAZED [RTE. 50 TO SNP] - MAP 8, 9

Lloyd Parriott, 540/622-2743

laparriott@hotmail.com

New AT trail sections being developed near  
Ashby Gap, Va., Hwy# 50. Some open  
meadow, some wooded. Available soon.

## Appalachian Trail

Dicks Dome Shelter Rd. to Parking lot #8  
(0.43 miles)

## Barking Dog Trail

AT to Barking Dog Spring/Rte 604  
(0.34 miles)

## SNP NORTH DISTRICT BLUE-BLAZED - MAP 9

Peter Harris, h 540/349-2595

peter.harris@lmco.com

## Thornton River Upper Trail

AT to Skyline Drive (0.3 mile)

## Tuscarora/Overall Run Trail

Thompson Hollow/Overall Run Jct. to  
Mathews Arm Trail (2.3 miles)

## SNP CENTRAL BLUE-BLAZED [NORTH END] - MAP 10

Dan Dueweke, 703/266-3248

danjan3@cox.net

New overseer opportunities coming avail-  
able soon. Choice trails rich in Shenandoah  
history. Don't miss this rare opportunity to  
stake your claim.

## SNP CENTRAL BLUE-BLAZED [SOUTH END]

## - MAP 10

Steve Paull, 703/361-3869

stevepaull@yahoo.com

## Rose River Loop - Co-overseer

Rose River Fire Rd. to Skyland-Big  
Meadows Horse Trail (2.7 miles)

## TUSCARORA CENTRAL - MAP L

Walt Smith, 540/678-0423

wsmith@visuallink.com

## Tuscarora Trail

Southern Rockfield to Pinnacle Powerline  
(2.3 miles)

## Tuscarora Trail

Yellow Spring Road to Capon Springs Road

## TUSCARORA SOUTH - MAP F, G, 9

Rick Rhoades, 540/477-3247

rrhoades@shentel.net

## Tuscarora Trail

Fetzer Gap to Maurertown

(5.7 miles)

## Tuscarora Trail

Cedar Creek to Ridge Crest

(2.8 miles)

## Tuscarora Trail

Ridge Crest to Fetzer Gap

(3.1 miles)

## GREAT NORTH MOUNTAIN - MAP F

Hop Long, 301/942-6177

theFSLongs@comcast.net

## Gerhard Shelter Trail

Tuscarora Trail to Vances Cove

(1.5 miles)

## Tibbet Knob Trail

Wolf Gap Recreation Area to VA 691

(2.4 miles)

## White Rock Trail

Tuscarora Trail to White Rock Cliff

(0.2 miles)



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