



The Potomac Appalachian

The Newsletter of the Potomac Appalachian Trail Club
118 Park Street, S.E., Vienna, VA 22180-4609

Volume 29, Number 6
June 2000

New Backcountry Camping Regulations in SNP

Shenandoah National Park is planning on implementing new backcountry camping regulations. The new regulations are built on a tiered structure tied to usage.

Visitors will be instructed (but not required) to use pre-existing campsites parkwide. Pre-existing campsites are those created and established by prior visitor use. Whereas the previous regulations stipulated that campers be out of sight of each other, a trail, or a road, under the new regulations no camping is permitted within 20 yards of a trail or road. Other regulations apply (see below).

Designated campsites will be developed in recommended high-use areas, and all camping activities will be confined to park-constructed campsites. The Park plans to have only a few designated campsites, currently only in areas around Appalachian Trail huts and, perhaps, Weakley Hollow.

Big Meadows area and Rapidan Camp will be added to the "Closed to Camping" areas. Other areas closed to camping will remain as they are presently designated and posted.

Dispersed camping is acceptable if the camper can't locate a pre-existing campsite in areas that see less use.

Recommended Backcountry Camping Regulations

The following regulations are similar to previous regulations and apply to all backcountry camping in Shenandoah National Park.

- 1) A backcountry camping permit is required for all camping outside of the five drive-in campgrounds. Permits will only be issued between sunrise and one hour before sunset.
- 2) Backcountry camping in the following areas is prohibited:
 1. Within a "designated campsite zone" except in sites identified for camping;
 2. Within 10 yards of a stream or other natural water source;
 3. Within 20 yards of a park trail or fire road;
 4. Within 50 yards of standing building ruins including stone foundations,

- chimneys, and log walls;
5. Within 50 yards of another camping party or a "no camping" post;
6. Within 100 yards of Appalachian Trail huts, day-use shelters, and backcountry cabins;
7. Within 1/4 mile (440 yards) of park boundary, paved road, or campground;
8. Within the following six special closure areas:
 - a. Lamberlost: the area contained within the Lamberlost loop trail;
 - b. Hawksbill Mountain summit: the area of the mountain over 3,600 feet elevation above sea level;
 - c. White Oak Canyon: the area within the canyon on either side of the White Oak Canyon Trail between the Skyland-Big Meadows horse trail (upper falls) and the Cedar Run Link Trail;
 - d. Old Rag Mountain summit: the area of the mountain over 2,800

See Regulations, page 13

Dogwood Half-Hundred 2000 Story

Dogwood 2000, the fifteenth running of the Dogwood Half-Hundred, was again this year blessed by clear, cool and dry weather—perfect conditions for a grueling 50-kilometer endurance hike.

In keeping with the tradition established in the early years of this event, Dogwood 2000 featured a challenging new course utilizing the Tuscarora Trail and a number of other trails in the northern Massanutten mountains. Again this year the route began and finished at Powells Fort Camp, but, instead of a circle, the course described a double figure-eight pattern, taking hikers to a number of new Dogwood locations such as Signal Knob, Meneka Peak, Sherman Gap, and Mudhole Gap.



Following the traditional Dogwood breakfast, 221 participants, some hailing from as far away as Florida, Illinois, Michigan, Indiana, and New York, departed Base Camp at 6:30 a.m. sharp and set out to explore new terrain. Five hours and forty-two minutes later, the first three finishers passed under the finish banner in a dead heat; the final hikers arrived after twelve

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Council Fire

The Council held its regular meeting on April 15 at the Conley Cabin on the Vining Tract. The meeting was attended by 16 Council members, 2 Staff, and 2 Club members. The PATC membership stands at 7,011, with 129 new members registering in the last month. An article by Angus Philips in the Washington Post sparked interest in PATC. Over 45 people attended the new member meeting early in May, many of whom were not yet members.

The Council met at the Vining Tract to view first hand a cabin and discuss tract management, cabin maintenance, and trail maintenance on PATC property. The Conley Cabin Overseer, Hugh Robinson, welcomed the Council. Michael Karpie, the District Manager for the southern section of the SNP described trail assessment in the region. There was a general discussion about the role of Tract Management Plans. Provision should be made for maintaining trails on cabin lands to privies and water sources. The issue of boundary management also needs to be addressed. Boundaries should have consistent markers and be posted against hunting. Easements confer rights on the land to PATC, but PATC incurs the obligation to protect the easement by taking base-line inventories and keeping them updated.

The contract for the conversion of the headquarters database to Microsoft ACCESS has been let. The databases for the membership and the trails are the first to be converted. These will be followed by data-

bases to collect volunteer hours on cabins, shelters, corridor maintenance, and other activities. The conversion is expected to be done by July.

The Council voted \$4,000 for a building engineer to test the roof of the headquarters building. The roof has been leaking and likely needs to be replaced. Mel Merritt accepted a bid to repave the driveway for Highacre in Harpers Ferry. He is looking into contracting for replacing the roof on Highacre to simulate the slate roof of the original house.

The Maryland AT Management Committee is looking into relocating the AT in Maryland south of the Smithsburg/Wolfsville Road. The Ed Garvey Shelter is being built off-site. Issues about road access for the construction on-site are being addressed.

PATC wrote Congressman Wolf about the truck traffic that bypasses a weigh station on I-81 by traveling on Route 17 between Routes 15 and 50.

There has been some vandalism to cars parked at the AT trailhead on Route 9.

PATC received over \$12,000 from the Combined Federal Campaign.

The Council discussed the suggestion of the Futures Group to realign the duties of the elected Club Officers so that each commit-

See Council Fire, page 3

HEADQUARTERS HOW TO GET IN CONTACT WITH US FOR CABIN RESERVATIONS, MEMBERSHIP INFORMATION, AND SALES

Address: 118 Park Street, S.E., Vienna, VA 22180

Hours: Monday through Thursday, 7 p.m. to 9 p.m.
and Thursday and Friday 12 Noon to 2 p.m.

Phone #: 703/242-0315

To receive an information packet: Extension 10

To leave a message for the Club President Walt Smith: Extension 40

24-hr. Activities Tape #: 703/242-0965

Facsimile #: 703/242-0968

Club E-mail #: Wriley1226@aol.com

World Wide Web URL: <http://www.patc.net>

STAFF DURING REGULAR BUSINESS HOURS

Director of Administration: Wilson Riley (Ext. 11) Email: Wriley1226@aol.com

Trails Management Coordinator: Heidi Forrest (Ext.12) Email: heidif@erols.com

Business Manager: Regina Garnett (Ext. 15) Email: rgarnett@erols.com

Membership/Cabin Coordinator: Pat Fankhauser (Ext. 17) Email: pfankh@erols.com

Sales Coordinator: Maureen Estes (Ext. 19) Email: patcsales@erols.com

tee has representation on the Executive Committee. The major changes include having the Vice President – Operations coordinate with the Supervisor of Trails, the Supervisor of Corridor Management and the General Secretary and oversee the work of the Conservation, Lands Acquisition and

Land Management Committees. The Vice President – Volunteerism oversees the work of the information committees and supervises the paid staff. The General Secretary works with the chairs of committees that maintain and construct facilities and oversees the headquarters building. More of the day-to-day operations of the Club may

go to the Director of Administration as this continues to be studied. The changes will be voted on at the May meeting so that the Nominating Committee can use the job descriptions in formulating the new slate of officers. □

—Gerhard Salinger,
Recording Secretary

Walt's Notes

Who are We and Where are We Going?

I asked those questions at the annual meeting in 1998. Today, I believe that we are beginning to see some answers. The results of the 1999 membership survey, as reported in the April edition of *The Potomac Appalachian*, answered most of the first question. Generally speaking, the majority of members are married with children and think that trail maintenance and protection of trail lands are the most important work activities that we do. As for recreational activities, most members responded that hiking and backpacking were of major importance to them. However, twenty-seven percent indicated that they joined PATC to rent cabins, which indicates to me that the quality of our outdoor experiences (not everyone is as comfortable as I am using a tent) are important, especially for those with young children. Lastly, on the basis of the survey and my conversations with many of you, it is my sense that we like being volunteers.

As to the Future

The Futures Group has been meeting for the last seventeen months in order to address issues that may be related to challenges that the Club is facing. We are growing in membership, so some members of the Futures Group visited other trail organizations that are larger in size. The functions of the Club have become diverse and thus the group reviewed the organizational structure to see if it would meet our needs. There is a sense that many issues such as population growth, urban and commercial sprawl, and environmental considerations require more in depth review and action in order to protect the Club's interests. Therefore, the Futures Group took a look at our management process. These and other issues are on-going in this committee but some results are apparent.

Following consideration of four scenarios developed to assist in analyzing the direction the Club should take, as reported in the July 1999 *PA*, it has been decided that we should continue with the current organizational structure, with some 'patching' here and there. The current structure provides stability and an organization with which most members seem to be comfortable. However, the Council has been considering the modification of the Executive Committee's duties in order that we may deal more efficiently and fully with the issues mentioned above.

The Futures Group also considered how to best focus the leadership's attention on the more relevant issues, mindful that the leaders are volunteers with busy schedules. We have begun to consolidate meetings so that there are fewer trips to the headquarters. The Council has approved a mission statement that, along with long-range goals, in conjunction with the budget process, assists in maintaining our sights on the important issues. The Council has conducted meetings outside of Vienna in order to fully understand the situation. For example, in April the Council's regular meeting was held on the Club-owned Vining Tract, which is located adjacent to the South District of Shenandoah National Park. At that time, we discussed our property management policies.

As we look toward the future, I trust that you will continue to encourage and support the volunteer leadership of the Club. Your contributions and donations of time and resources are most important if we are to continue building on our past success. I also hope that you are having some fun as we pursue our goals.

The Future Leadership

I have selected the following persons for the Year 2000 Nominating Committee:

- Bianca Menendez, 703/823-1835;
jns-bianca@home.com
- Jack Reeder, 301/320-6324;
rappahannock@juno.com
- Maureen Harris, 202/966-8345;
mh63q@nih.gov
- Rick Canter, 301/924-4942
southmountaineers@yahoo.com
- Steve Koeppen, 410/756-2916;
skoeppen@qis.net

The Nominating Committee will select members to fill the following Executive Committee positions for the two-year term beginning in January 2001: President, Vice President-Operations, Vice-President-Volunteerism, Supervisor of Trails, Supervisor of Corridor Management, General Secretary, General Counsel, Membership Secretary, Treasurer, and Recording Secretary.

Please contact members of the committee with your recommendations of potential candidates.

See you on the trail,

Walt



Don't let the heat get to your head. Remember the deadline for the July issue of the *PA* is 1 June. See the Forecast for submission details.

Dogwood, from page 1

hours and forty-five minutes, bringing the total number of finishers to 184. For the first time ever, three individuals—Derrick Carr, Joe Clapper, and Scott Mills—crossed the finish line tied for first finisher. All finishers received a well-deserved round of applause, a finisher patch, and a delicious chili dinner.

Prior to the start, the Dogwood Half Hundred honored Cliff Noyes and Sam Collinson, two of its distinguished veterans who had completed all fourteen of the previous events. While Cliff was unable to participate this year, Sam went on to complete his fifteenth consecutive Dogwood and keep his streak alive.

More than 70 volunteers gave of their time and energy to make Dogwood 2000 a success. These individuals included trail clearing crews, checkpoint workers, registrars and finish line officials, cooks, trail sweeps from PATC's Trail Patrol, emergency medical support from the Shenandoah Mountain Rescue Group, and ham radio operators from the Shenandoah Valley.

Post-event remarks from the finishers expressed appreciation for the friendliness and support of the volunteers, as well as enthusiasm for the new route, if only a few of the rocks could be removed before next year. □

— Ric Francke,
Dogwood 2000 Coordinator



Deborah Leyh—First female finisher



Hiked together as a team.



6:30 AM — Hikers getting ready to go.



First finishers, Derrick Carr, Joe Clapper, and Scott Mills, pose for after hike photo.



Treating blisters at Signal Knob

What's New at Bears Den Hostel This Summer?

Education is in the spotlight at Bears Den this summer with the addition of a small nature exhibit on the ground. One of the small stone turrets has been transformed into an exhibit displaying hand painted placards of the local flora and fauna, as well as a wealth of information on nature-related topics and the environment. This is an exciting new addition, particularly for small children. The nature exhibit is a segue to the 1/2 mile Interpretive Nature Trail that was completed last year. Guests and visitors may also learn about trail construction and

maintenance by hiking the 1-mile Trail Maintenance Interpretive Trail.

The hostel will begin offering educational programs this summer covering a variety of topics such as outdoor skills, environmental awareness, and naturalist activities. A workshop on Long Distance Hiking has been scheduled for October 15 and 16. This workshop will be an informative weekend discussing and demonstrating backpacking skills for a long distance hike and is designed for the beginner and experi-

enced backpacker who plans a long hike of any distance. Additional programs are currently in the planning stages, and if you would like to receive information as it becomes available on these workshops notify Melody Blaney, Bears Den Manager, and she will be happy to put your name on a mailing list. □

Please feel free to contact Melody or Patti, Managers at the hostel for further information. 540/554-8708; bearden@crosslink.net

Donations

PATC wishes to thank the following members and supporters who have recently given donations to the Club. Our mission of protecting the Appalachian National Scenic Trail and side trails throughout Virginia, West Virginia, Maryland, and Pennsylvania is assured through generous donations from you.

CONTRIBUTOR (\$25 to \$99)

Lois and Wade Bowman
Christopher C. Brunton
Bobbi Curry
Russell and Matthew Fox
Jack B. Kangas
Steven M. Long
Dan McGill
Merle and Donna Nelson
Diana M. Niskern

Stephen Osbrach
August K. Ponstingel
Babulal Pragani
John P. Railey
Douglas and Mary Rankin
Jerry Stilkind
Thomas T. Thwaites
David E. Utz
Wilfred and Ann Wright
Chester County Trail Club

SUPPORTER (\$100 to \$499)

David and Dorothy Bates
Fannie Mae Foundation (through the efforts of Carol Niedzialek)
Joya Bovingdon Cox
Joan and Dr. Paul Shorb, Jr. (in memory of John H. Poole)
Walter M. Smith

FRIEND OF THE TRAIL (\$500 to \$999)

PATC PARTNER (\$1,000 to \$9,999)

Eastern Mountain Sports
Maureen Harris
Recreation Equipment Incorporated

LIFE BENEFACTOR (\$10,000 to \$49,999)

Sam Moore

PRESIDENT'S CLUB (\$50,000 and above)

Clifford Firestone
Philip Stone
Bert and Elizabeth Vos

A Life Membership was purchased recently by Mary E. Szpanka on April 21. Life Memberships can be purchased for \$500 (the spouse of a Life Member \$250), which is allocated to go into the Club's Endowment Fund. □

Goodbye to Winter

Missing Winter yet? White Oak Canyon, Shenandoah National Park in February. Photos by John Luck.



PATC Online

As we head into prime hiking season, it's a good idea to check your map and guidebook editions. A ready reference for checking dates and editions is PATC's Online Store at <http://patc.net/store>. If you have an interest in acquiring the latest and greatest maps and guides, submitting an order is only a few mouse clicks away. PATC's online store allows you to submit secure online orders using the latest web security and encryption methods. No need to set aside time and waste gas visiting local outdoor shops (which may be out-of-stock anyway). You can order everything you need from the comfort of your home computer. When you visit, be sure to check

out PATC's range of publications related to the outdoors. Many include excerpts that allow you to acquire a feeling for the information contained in each book, and some of these publications are only available for sale directly from the Club. You won't find them in your local outdoor shop or park.

If you're interested in joining in on discussions about our local trail region, be sure to stop by PATC's very active Trails Forum. The Forum's a great place to catch up on the latest news about our region, discuss issues, and socialize. You can find the Forum at <http://www.hypernews.org/HyperNews/get/trails/PATC.html>.

Don't forget about PATC's Member's Only email list service. News of interest to PATC members is distributed through the list directly to your e-mail inbox. Mailings are occasional, and all member information is kept totally private. To find out more about adding your name to the Member's Only e-mail list, visit <http://www.onelist.com/> and submit a request to join the "patc-a" group. Note that all requests to join to the PATC Member's-Only e-mail list are confirmed against PATC's Membership Database prior to approval. □

—Andy Hiltz

Book Review: Face to Face with Nature in the Southern Appalachians

Presence Lingers, by Earle P. Barron, Morris Publishing, 109 pp., \$9.00 plus \$3.00 P/H.

Dr. Barron is a retired Presbyterian minister. Perhaps the presence that Barron refers to frequently is the trail magic that through-hikers talk about. For Barron, it is a presence that he is aware of on different occasions during his hiking experiences, which are many, mainly in eastern Tennessee and western North Carolina,

Cherokee National Park and often on the AT. He talks about the wilderness as places where we find ourselves. The book almost has a New Age quality with its talk about spirits, often moving from reverie to the present with startling abruptness. At one point he found a hole of emptiness in his soul, which made him anxious, and he stuffs the hole with food, work, activity. He comes to face it, ruminates about it, and eventually comes to terms with it. Reading

this book is like a casual walk in the mountains with a close friend, indulging in meditative, philosophical discourse and ruminating on past experiences of getting out of tight predicaments, either in hiking or life in general.

Order from Dr. Barron, 1300 Lester Harris Road, Johnson City, TN 37601. □

—Carol Niedzialek

Roads from PATC's 1935 Trail Guide

Excerpts from the trail guide of 1930s Shenandoah National Park, where PATC developed many of the trails, make interesting reading. The production of the Guide and subsequent Supplement is interesting by itself. The 1935 "Supplement to Guide to Paths in the Blue Ridge" was typed on mimeograph sheets (a complicated dye transfer process using a hand-turned printing drum). The sheets were cut in half, three-hole punched, and TIED with ribbon for binding. (This process alone shows the phenomenal dedication that early members had to the cultivation of trails.)

The whole original guidebook was probably 350 pages long; the supplement from which we quote was 68 pages. The cost was 25 cents. When you think of it being created entirely with hand labor by a few volunteers, it seems like a real bargain, even at

Depression prices! But it clearly was a labor of love. But besides the guidebook portion, there is something of even more interest to history buffs.

In Celebration of PATC's History

Let's review two or three excerpts from the Supplement:

"Cedar Run, Grandview, and Half Mile Cliffs."

"These trails are old wood roads leading out onto the spur between White Oak Canyon and Cedar Run, affording splendid outlooks down into the gorge of the latter. Cedar

Run, which heads on the east side of Hawksbill Gap, contains several waterfalls rivaling White Oak. As there is no trail and it is a very difficult trip, Cedar Run is seldom visited."

The Guide's reference to a wood road to Half Mile Cliffs is nostalgic because it is no longer a Park trail, nor is Half Mile Cliffs. Yet, this road between the two waterfall canyons was one of the most attractive in the Park, with stunning views of Old Rag to the east and arrival at a grassy outcrop overlooking Cedar Run canyon, a place called Half Mile Cliffs. I don't think the cliffs were a half-mile deep but rather ran down the canyon half a mile in distance. "Of course, today, there is a trail along Cedar Run, except when it gets washed out by major storms!

See Trail Guide, page 7

Trail Guide, from page 5

For those of you who feel comfortable bushwhacking, it is a trip well worth the effort. The old road begins below the first falls in White Oak Canyon. Take care: try to stay on the long-abandoned road now covered with deadfalls resulting from hurricanes, ice storms, and gypsy moths. There is reference to it passing through a swamp. I can verify that it is there! The road ultimately crosses Cedar Run at an almost level grade, following the contour lines on the PATC map! (I would urge you to wait until late autumn to attempt this trip. In fact, looking down on the golden crowns of poplar trees growing in Cedar Run Canyon from the top of the cliffs is a lifetime experience in beauty and serenity.)

“Old Rag Road.”

“The Old Rag Road (5 m.) from Skyland to Old Rag Post Office may be traveled by automobiles in dry weather. It crosses the ridge, affording access to Old Rag Mountain and to the Middle Bridge of White Oak Canyon.”

And elsewhere:

“There have been several trails to White Oak Canyon. The route most frequently used from Skyland, via Old Rag Road to the White Oak Middle Bridge (2.77) has been improved into a truck trail so that cars may be driven to the Middle Bridge where the cascades begin. From the other side of the Skyline Drive the trail from near Hawksbill Gap, a distance of 1.89 miles, has been similarly improved as a truck trail. (One-way route; enter from Old Rag Road.)”

Astonishing as it may seem today, many roads traversed the Park backcountry in that era and were used by automobiles. Inhabitants were not afraid to drive on them, and, obviously, neither were tourists. The reference to Middle Bridge is to a bridge that was just upstream from the first falls at White Oak Canyon. That road ultimately came out on the service road that now goes from the hairpin turn just north of Hawksbill Gap down to the falls. Many homes gathered along this road and there are faint remnants of them today.

Not mentioned in the Supplement's text was a swimming pool and bath house built by George Freeman Pollock just above Middle Bridge for his guests at Skyland. Needless to say, hikers were prone to cool off in the pure delightful water. Bare rock remnants of the bath house, on the south side of the stream bank, can be found today, near the road that the Guide refers to, mentioned above. (The swimming pool was a natural formation in the streambed.)

Besides the phenomenal task of recording, typing, and printing these guides, early PATC members were doing something else they didn't know that was perhaps even more valuable: they were giving us eyewitness accounts of a time and place that now exists only on these carefully crafted pages. □

—Jack Reeder

**The Annual Pig Roast
at Blackburn Trail Center
will be held October 7-8 this year.
More information to come**

Hammock Camping

A unique way to lighten your load during milder seasons

Imagine swaying gently in the cool night breeze as you watch deer grazing in a moonlit meadow. A shooting star streaks across the sky. In the distance a night bird sings, and the deer gradually wander into the woods. You curl up in your warm sleeping bag and watch the stars through the treetops as you slowly drift off to sleep.

The moment did not come without a price. It takes a careful and patient person to become proficient in hammock camping. First one must master the art of climbing into the sleeping bag without falling. Patience cannot be stressed enough here. There is no fast way to crawl into a sleeping bag while suspended between two trees. It takes concentration and a keen sense of balance, whether innate or learned, and it is up to each camper to develop his or her own technique. One of my good friends could not make it through a single night without waking up on the ground. One morning I was surprised to find him slumbering peacefully, still in his hammock. He had fallen out in the middle of the night, but rather than spend another night on the ground, he tied

the sides of his hammock to neighboring trees for stability and crawled right back in, determined to get a good night's sleep!

Hammock camping is ideal for mild weather backpacking, but not recommended when there is a possibility of dramatic temperature changes or high winds. It is important to be aware of impending weather conditions, especially when planning an extended trip. Rain protection, however, is easily accomplished with a sturdy rain fly, which can be positioned “lean-to” fashion to allow for a view. Be sure to angle the fly enough to prevent an accumulation of rainwater. For windy conditions it can be arranged “pup-tent” style. A jungle hammock with mesh netting can be purchased from the local Army/Navy surplus store for use in mosquito-infested locations.

This author prefers to use a very inexpensive style of hammock that can be obtained from the sporting goods department in most large discount retail stores. They are usually priced between ten and twenty dollars. This type of hammock can be wrapped into a bundle the size of a fist, making it ideal for backpacking.

Setting up the hammock is simple. While

tying it, make sure the hammock is not twisted. A double knot can be used with a small twig placed between the knots. When it is time to take the hammock down just break the twig and remove it to loosen the knot. Always suspend the hammock well above the ground to allow for a substantial amount of sagging. If you like an occasional sip of water during the night suspend your water bottle from the hammock or a nearby branch with a cord. A flashlight can be suspended in the same manner.

Hammock camping is a great way to travel lightly. This style of camping allows one to sleep comfortably without being “shut out” from nature by the walls of a tent. □

—Mike Karpie



Photos by Mike Karpie

FORECAST

Chapters

Charlottesville Chapter

The Charlottesville Chapter hikes every Saturday, summer, winter and in between. Hikes are about 8 miles. Trail maintenance is usually done on the last Saturday of the month. Meet at Sprint parking lot, 2307 Hydraulic Road at 9 a.m. with food and water for the day. We hike trails in the Southern, Central and occasionally Northern Districts of Shenandoah National Park, and in George Washington National Forest. INFO: Jere Bidwell 804/295-2143, John Shannon 804/293-2953 or Lois Mansfield 804/973-7184.

North Chapter

The North Chapter of PATC conducts monthly trail work trips on the Maryland and Pennsylvania sections of the Appalachian Trail (AT) and on the Pennsylvania sections of the Tuscarora Trail. We also lead hikes on these and other trails. Maryland AT work trips are generally held on the first and third Saturdays—contact Mark Mitchell (mdtrail@yahoo.com), 301/461-7048 for information. Pennsylvania work trips are generally held on the AT on the first Saturday and on the Tuscarora on the third Saturday—contact Charlie Irvin, 301/447-2848 or Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140. Pennsylvania AT work trips also include an optional Saturday night stay at the Gypsy Spring cabin. Dinner, breakfast, and camaraderie available. For information on upcoming hikes, contact Chris Firme (bncfirme@innet.net) 717/765-4833. For general chapter information, contact chapter president Steve Koeppen (patc-north@mail.com) 410/756-2916 or visit the North Chapter home page (www.patc.net/north_ch.html).

Northern Shenandoah Valley Chapter

The Northern Shenandoah Valley Chapter sponsors hikes in national and state parks and forests in the Shenandoah Valley vicinity, open to the public, on a monthly basis except during the winter. Hikes are posted in the Forecast. Other activities are in the NSV Chapter Newsletter. For further information contact Martha Clark (mclark@visuallink.com) 540/665-2101.

Southern Shenandoah Valley Chapter

See Forecast (or our link from PATC website) for work trips and hiking events sponsored by the Southern Shenandoah Valley Chapter. Hikers from the DC area should allow about 3 hours to get to our region. INFO: in Harrisonburg, call Alvin 540/434-6244 or Lynn 540/234-6273; in Waynesboro, call Michael 540/943-8695; in Staunton, call Doris 540/885-4526.

West Virginia Chapter

Chapter meeting at Highacre on the first Wednesday of the month. See Forecast for upcoming activities. For information about the chapter or to receive the newsletter, contact Judy Smoot at 540/667-2036 or wvpatc@hotmail.com.

Ski Touring Section

The Ski Touring Section has served since 1974 to introduce Washington area residents to cross-country skiing and to provide cross-country skiing opportunities to experienced skiers. The Section sponsors winter weekend ski trips for all levels of skiers to nearby mountains in Maryland, West Virginia and Pennsylvania, as well as periodic social events year round. INFO: Steve Brickel 301/946-2520 or sbrickel@aol.com.

Mountaineering Section

We're a diverse group of local Washington, DC area climbers. Young and old, male and female, crag rat, sport climber, and alpinist, active and armchair types — we all enjoy climbing in its many varieties. We also share common interest in promoting safe climbing, conserving the outdoors, developing new climbers' skills, representing the Washington area climbing community, and having fun! We provide instruction for those who want to learn the basics — we're not a school, but we can get you started. We go climbing, either locally or further afield, nearly every weekend. In the winter we organize trips to the Ice Festivals in the Adirondacks and the White Mountains for beginning and advanced ice climbers. For further information contact Greg Christopoulos at greg.christopoulos@do.treas.gov).

PATC Midweek Hikes

PATC's Vigorous Group hikes 8-10 miles at a fast pace; and the Easy Hikers hike 5-8 miles on trails with little elevation change. See below for scheduled trips; check the weekly tape (703/242-0965) on Thursday or Friday for any changes or additions.

Other Clubs' Hikes

Capital and Wanderbirds hike on Sundays, traveling by bus and leaving from downtown, with suburban stops as well. Center Club, Northern Virginia Hiking Club and Sierra Clubs hike on both Saturdays and Sundays using carpools, which often leave from a suburban Metro stop. Schedules are available at PATC Headquarters and are published in area newspapers on Fridays.

KEY to Forecast Activities

All events are marked for easy identification. Late changes or cancellations are listed on the weekly information tape (703/ 242-0965), which is updated on Sunday evening for the following seven days. The Forecast can also be found on PATC's Web site at <http://www.patc.net>

-  Hiking Trips
-  Backpacking Trips
-  Trail Work Trips
-  Cabin/Shelter Work Trips
-  Special Events
-  Meetings
-  National Trails Day

Note to all hike leaders: Please ask nonmembers on your hike if they would like to join PATC, then get names and addresses so a Club volunteer can send them information packets. Thanks!

Meetings

Meetings

Meetings are held at PATC HQ, 118 Park Street, S.E., Vienna, VA unless otherwise noted.

Trail Patrol - First Tuesday

7:30 p.m. Trail Patrol volunteers are PATC's goodwill trail ambassadors to the hiking public. They provide a visible, reassuring presence on the trails, educating the public on good hiking practices, minimum impact hiking and camping ethics. Patrol members are trained in land navigation, emergency procedures, radio communications and personal equipment. All patrol volunteers are also expected to become certified in a recognized basic first aid course. Some equipment and uniform items are provided upon completion of training. INFO: Kumait Jawdat 202/328-8137 or see PATC's website (<http://patc.net/trailpatrol>).

New Members (PATC) - First Wednesday

7:30 p.m. Curious about the Club? Want to learn more? The best way is to attend a New Members Meeting (but you don't have to be new to qualify). Attend the meeting and find the mysteries of PATC revealed in full. Refreshments will be served. Directions to PATC: Take Rt.123 into Vienna, VA and turn east on Park St.(Rt.675) to 118 Park St. on your left. INFO: Terry Cummings (TCIVP@mindspring.com) 410/489-4594.

Shenandoah Mountain Rescue Group

(New Members meeting) - Second Monday
7:30 p.m. New members meeting. INFO: SMRG Operations 703/255-5034, then press #5.

PATC Council - Second Tuesday

7:00 p.m. sharp. The PATC Council meets the second Tuesday of every month to conduct business of the Club. All members are welcome. INFO: Wilson Riley (wriley1226@aol.com) 703/242-0693 x11.

Mountaineering Section - Second Wednesday

8:00 p.m. Second Wednesday of every month. INFO: Greg Christopoulos (greg.christopoulos@do.treas.gov) or see PATC's website (http://www.patc.net/mtn_sect/).

The Futures Group - Third Tuesday

7:00 p.m. Meets to research, develop, and recommend to membership changes to PATC organization, constitution, and bylaws in order to meet challenges of the new century. PATC members welcomed. INFO: Gerhard Saling (evger@erols.com) or Walt Smith (wsmith@visuallink.com), Co-Chairs.

Shenandoah Mountain Rescue Group

(Business meeting) - Last Tuesday
7:30 p.m. Meet in conference room. INFO: Martin Juenge (mjuenge@rpihq.com) 703/255-5034 then press #5.

June

1 (Thursday)

DEADLINE - July Potomac Appalachian Headquarters, Vienna, VA

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to jns-bianca@home.com. Allow one week for postal service delivery.

3 (Saturday)

 **TRAIL WORK TRIP - National Trails Day Rock Creek Park, Washington, DC**

8:15-11:30 a.m. This work trip is being held in honor of National Trails Day. We'll probably do a little pleasure hiking along with our work to take in the beauty that D.C.'s trails offer. Meet at the Rock Creek Nature Center. INFO: Mark Anderson (mhacca@starpower.net) 202/462-7718 or Ranger Ken Ferebee 202/426-6834 x31.

3 (Saturday)

 **TRAIL WORK TRIP Massanutten Mountain (South), VA**

Celebrate National Trails Day by helping a new overseer with trail maintenance. Piit Springs Trail south to Morgan Run Trail. INFO: Bill Schmidt (weschem@gwu.edu) 301/585-2477.

3 (Saturday)

 **TRAIL WORK TRIP - South Mountaineers Appalachian Trail, MD**

Join the South Mountaineers on National Trails Day. This is a great opportunity to give back to the trail you love and meet many of the volunteers responsible for its care in Maryland. Weeding on the agenda. A picnic is planned after the event. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

3 (Saturday)

 **TRAIL WORK TRIP - National Trails Day Service Project (REI) Turkey Run Park, VA**

8:30 a.m. - 4:00 p.m. Join the National Park Service, REI, and PATC for a great celebration of National Trails Day! Join us for a day of outdoor recreation doing great work that makes a difference in keeping our local parks and trails in top shape for outdoor adventurers of all ages. This year we will reconstruct trail sections, install erosion controls, remove invasive plants, and clean up the area. There will be work for all ages and skill levels. Registration is necessary to aid us in organizing the work and having the correct number of tools. Registration/INFO: REI 301/982-9681 or 703/379-9400.

3 - 4 (Saturday - Sunday)

 **CABIN WORK TRIP - Blackburn Trail Center Round Hill, VA**

Work continues at the Blackburn Center and we have plenty of room for you. We are only 50 miles from the Beltway and offer great accommodations, food and company. We will continue to work on the installation of our new metal roof, build 16 new bunks, dig a new pump room for the water system, plus we have much outside garden cleanup type work that needs to be done. Come out for the day or stay all weekend with us. Reservations/INFO: Chris Brunton 703/560-8070 or Bruce Clendaniel 410/820-7557.

3 - 4 (Saturday - Sunday)

 **TRAIL WORK TRIP - North Chapter Appalachian Trail, PA**

Set a good example and join the North Chapter trail crew for a National Trails Day work trip. We will meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Charlie Irvin 301/447-2848.

3 - 4 (Saturday - Sunday)

CLASS - Wilderness First Aid (WSC) Annandale, VA

A program of the Wilderness Safety Council, this eighteen-hour class includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$140. Registration is limited to 25 people. More information and registration at: <http://wfa.net>. INFO: Christopher Tate 703/836-8905.

3 - 4 (Saturday - Sunday)

 **SHELTER WORK TRIP - Ed Garvey Memorial Shelter Bowie, MD**

Log shelter construction. Join volunteers as work continues at the Bowie work site with log work, rafters, privy, and more. When completed (late June or early July) it will be disassembled and transported to the Appalachian Trail for reassembly near Harpers Ferry. Additional information available at website <http://patc.net/garvey/>. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243 or Jim Skinner (jskinner@erols.com) 301/588-8607.

3 - 4 (Saturday - Sunday)

 **CABIN WORK TRIP - Tulip Tree Cabin Shaver Hollow, VA**

With any luck we will be putting the double-crimp standing seam tern roof on the cabin. This is the most common type of roof that you see on old Virginia farm houses throughout the countryside. Tools for doing this work are becoming rare and are sold as antiques, and the skills and knowledge for doing the work are becoming rare. We have the tools and we know how to use them. If you would like to learn this dying art join us this weekend and get some first hand experience. INFO: Charlie Graf 410/757 - 6053.

3 - 4 (Saturday - Sunday)

 **OPENING CEREMONIES - Fairfax Cross-County Trail (FT&S/FCPA) Fairfax County, VA**

The following are Fairfax Trails and Streams' 4 related NTD events, in cooperation with the Fairfax County Park Authority (which will erect the signposts):

6/3 9:00 a.m. PART 1 — Brief ceremonies to unveil 3 "Cross-County Trail" signposts in Great Falls, Reston and Oakton (carpools), then 7-mile hike back along the new trail (mostly natural surface). Meet at Colvin Run Mill Park, Route 7, 4 miles west of I-495.

6/4 9:15 a.m. PART 2 — Brief ceremonies to unveil 2 "Cross-County Trail" signposts at King Arthur Road and Prosperity Ave. Two-mile hike along the bike trail.

6/4 1:30 p.m. PART 3 — Brief ceremonies to unveil 2 "Cross-County Trail" signposts at Wakefield Park and Lake Accotink, during a 5-mile circuit hike of the lake. The lake will be

temporarily drained at the time — though less beautiful, it will be more intriguing to see! Directions: take Braddock Road west from I-495, first right into Wakefield Park. This event is part of the annual "Springfield Days" festival.

6/4 6:00 p.m. PART 4 — Brief ceremonies to unveil 2 "Cross-County Trail" signposts at Hoopes Road and Alban Road along Pohick Creek (carpool), then 3-mile hike back along this little-used, scenic section. Check for further, or late, details about the foregoing events at www.mindspring.com/~potomacgreenways. INFO: Bill Niedringhaus (rowemm@aol.com) 703/821-0975.

4 (Sunday)

 **HIKE - WV Chapter & K-9 Trailblazers Sugar Loaf, MD**

Join a hardy group of hikers for a 6-mile hike to all five peaks of Sugar Loaf Mountain (http://www.patc.net/sug_loaf.html), in Dickerson, MD. This is a joint hike with K-9 Trailblazers, so well-behaved dogs are invited as long as you keep them on leash and scoop after them. There is no water on the mountain so bring plenty for yourself and your dog; at least 1.5 liters each, more if it's hot. Chocolate for people and treats for dogs will be provided! Meet 9:30 a.m. in the West View parking lot, near the porta-potties. This will be a moderately paced (2 mph) hike over rough, rocky trails with a couple of very steep climbs. Bring a snack/lunch if you like. INFO: Pat Fuhrer (psfuhrer@bellatlantic.net) 301/482-2468 or Jeff Bolognese (jbolo@gateway.net) 410/247-4434.

6 (Tuesday)

 **MEETING - Trail Patrol, 7:30 p.m.**

7 (Wednesday)

 **MEETING - New Members (PATC), 7:30 p.m.**

7 (Wednesday)

 **HIKE - Easy Hikers Washington, DC**

Hike around downtown D.C., including the Washington Channel. Meet at top of escalator to 12th Street at the Federal Triangle Metro station. Lunch at Department of Welfare Cafeteria (may bring your own lunch to cafeteria). INFO: John Giblin 301/585-5172.

8 (Thursday)

CLASS - Hike, Bike, and Canoe Maryland (REI) REI, College Park, MD

7:30 p.m. The state of Maryland has been referred to as "America in Miniature", because of its wide range of topographic features. Barrier island coastline, an extensive inland bay, rolling countryside, mountain ridges, swamps, marshes, and flowing rivers are all present here. Such an abundance of geography has also provided tremendous recreational opportunities. Brian Mackay, Instructor of Biological Sciences at the University of Maryland, Baltimore County, and author of Hiking, Cycling, and Canoeing in Maryland, will present the astonishing array of outdoor recreational opportunities in Maryland. INFO: REI 301/982-9681.

FORECAST

10 (Saturday)

✕ TRAIL WORK TRIP - Massanutten Crew
Massanutten Mountain, VA

We'll reshape the tread, and construct ditches and waterbars on the Gap Creek Trail in Crisman Hollow. INFO: Wil Kohlbrenner (wmaxk@shentel.net) 540/477-2971.

10 (Saturday)

⚡ HIKE - Teen Hike

Central District, Shenandoah National Park, VA

White Oak Canyon hike. Another challenging but interesting hike through dense woods with stream crossings and rocky inclines. Bring lunch and water. Wear good boots and be prepared for rain. INFO: Ric Francke (fbfrancke@aol.com) 703/356-2106.

10 (Saturday)

⚡ HIKE - WV Chapter

Central District, Shenandoah National Park, VA

Did you think spring was over? Join me for an 11-mile trek on the Appalachian Trail at the highest elevations of Shenandoah National Park. We will start at Skyland, take a side trip to Stony Man, head north to the Pinnacles, and then out to Mary's Rock before descending to Panorama at Thorton Gap. Azaleas and mountain laurel should be blooming. Moderate pace and elevation changes are suitable for seasoned hikers. A short shuttle is involved. RSVP/INFO: Janet Dombrowski 703/243-4232 before 9:30 p.m., please.

10 - 11 (Saturday - Sunday)

BACKPACKING TRIP - Natural History

St. Mary's Wilderness, GW National Forest, VA

Trip has an OPTIONAL MONDAY EXTENSION. Join Bob Pickett in this relatively easy overnight backpacking trip in this area just south of the Shenandoah National Park. Hike along the beautiful St. Mary's River in a designated wilderness area up to Green Pond (6.0 miles) the first day. Clintonia, wild lilies of the valley, and mountain laurel should be in bloom. We'll look for snakes, turtles, salamanders and frogs around Green Pond. Sunday, we'll hike out 4.1 miles along an old mountain road. For those who wish to take Monday off, we'll spend Sunday night in the area, and hike up St. Mary's River from the bottom (without backpacks) to the Falls and return to our cars for an approximate 6.5 mile hike. INFO: Bob Pickett 301/681-1511.

10 - 11 (Saturday - Sunday)

🏠 SHELTER WORK TRIP - Ed Garvey
Memorial Shelter

Bowie, MD

See 6/3-4 for details. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243 or Jim Skinner (jskinner@erols.com) 301/588-8607.

10 - 11 (Saturday - Sunday)

✕ TRAIL WORK TRIP - Cadillac Crew

Shockeysville, VA

Shockeys Knob. Our Tuscarora Trail relocation project is nearly done! Join the Cadillac Crew as we clear and blaze the north and south ends of the relocation on the Brill property. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at a local cabin. INFO: Fran Keenan (outdoorsnow@mgfairfax.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

10 - 11 (Saturday - Sunday)

⚡ HIKE - WV Chapter
Monongahela NF, WV

Otter Creek Wilderness. In cooperation with Monathon 2000, sponsored by the WV Conservancy and the PATC, we are offering a weekend in one of WV's premier wilderness areas. We hope to cover 9 - 11 miles on Saturday at a moderate pace, on various trails within Otter Creek. We will be car camping at Bear Heaven Campground. Come out and see what WV has to offer. INFO: Susan Bly (sbly@shepherd.edu) 304/258-3319 before 9:30 p.m.

10 - 11 (Saturday - Sunday)

🏠 CABIN WORK TRIP - Blackburn Trail Center
Round Hill, VA

THE BIG THREE! That is, the big three jobs still to do at Blackburn. The roof, the new bunks, and a new basement room. If, however the idea working on one of the "Big Three" sounds too intimidating, rest assured that we do also have many other smaller jobs to finish; some inside and some out. No matter what your skills, we sure need your help. Come out for the day or the weekend. We always do a fine Saturday evening meal that will put most restaurants to shame. INFO: Bruce Clendaniel 410/820-7550 or Chris Brunton 703/560-8070.

11 - 16 (Sunday - Friday)

✕ TRAIL WORK TRIP - Massarock Trail Crew

George Washington & Jefferson National Forests

The crew will stay at Camp Roosevelt Campground in the northern Massanutten Mountain. Caroline Furnace Lutheran Camp will provide meals and box lunches. You will need to bring your own tent, or sleep in your vehicle if you desire. The crew will continue constructing the Massanutten West Trail. Donating a week or more of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12. More information and an application is available on the web at www.patc.net.

12 (Monday)

🏠 MEETING - New members (Shenandoah Mountain Rescue Group), 7:30 p.m.

13 (Tuesday)

🏠 MEETING - PATC Council, 7:00 p.m. sharp.

14 (Wednesday)

🏠 MEETING - Mountaineering Section,
8:00 p.m.

14 (Wednesday)

⚡ HIKE - Easy Hikers

Manassas Battlefield Park, VA

A hike of about 5 miles over the area of the first battle of Manassas. Meet at 10:00 a.m. at the Visitor's Center of the Manassas Battlefield Park. Take I-66 west from the Capital Beltway to VA Route 234 at Manassas. Follow 234 north to visitor center on right. Bring lunch. INFO: Bill or Helen Bryant 703/379-1888.

17 (Saturday)

⚡ HIKE - North Chapter

Link Trail, PA

Link Trail Series #3. State Games Land parking area (Pa. 829) to Mapleton Depot. 17.6 miles with

an elevation change of 1500 feet, mostly downhill. INFO: Chris Firme 717/765-4833 after 6:30 p.m.

17 (Saturday)

✕ TRAIL WORK TRIP - North Chapter
Tuscarora Trail, PA

For meeting place and other details, call Charlie Irvin, 301/447-2848.

17 (Saturday)

✕ TRAIL WORK TRIP - Stonewall Brigade
Shenandoah County, VA

Great North Mountain on the VA/WV state line. Join the Stonewall Brigade at Wolf Gap Recreation Area at 9:00 a.m. to work on Mill Mountain Trail near Big Schloss. This popular area offers fine panoramic views of Trout Run Valley from the mountain crest. We will rework the sidehill on Mill Mountain Trail just below the Schloss, where the tread is eroding in the center of the tread. We will also remove rocks and smooth the tread between that point and the spur trail to Big Schloss. RSVP/INFO: Hop Long (theFSLongs@erols.com) 301/942-6177.

17 (Saturday)

✕ TRAIL WORK TRIP - South Mountaineers
Appalachian Trail, MD

The South Mountaineers volunteer hundreds of hours each year to maintain PATC trails in Maryland. Join us and the fun! Bring a lot of water, lunch, gloves, and boots. We meet in Frederick County, MD. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

17 (Saturday)

⚡ HIKE - Three States in One Day
The Blue Ridge, VA and WV

Summer is almost here so it is time to enjoy some warm weather hiking. This is an opportunity to hike the only place along the AT where it is feasible to hike in three states in one day — Virginia, West Virginia, and Maryland. We will start on the AT at Snickers Gap in Virginia then "thru-hike" West Virginia to Sandy Hook Road in Maryland for a distance of 20.4 miles. Along the way we will pass Crescent Rock, Blackburn Trail Center, and Harpers Ferry. The pace will be fairly fast and there are enough climbs to make this a somewhat challenging hike. Northern Virginia sections 1 and 2, PATC map 7. INFO: Rob Shaw (rshaw@coltplumbing.com) 717/697-4618 x233.

17 (Saturday)

⚡ HIKE - Mason-Dixon Trail Series #5
Southeast of York, PA

A moderately paced 17-mile hike along the Susquehanna River from York Furnace to Muddy Creek, PA. A car shuttle is required. Mason-Dixon Trail map 5. INFO: Jack Thorsen 703/339-6716 or William Needham 410/884-9127.

17 (Saturday)

🏠 CABIN WORK TRIP - Highacre
Harpers Ferry, WV

Like to spackle, sand, and paint? Sure you do. Especially if it's for the upkeep and beautification of our beloved Highacre House. I need volunteers to help wield items from spatulas to drop cloths. The objective here is to give the inside of the ole' girl a complete whitewash (except for the bathroom). This is to prime up for the actual painting of the interior. Thoughts and ideas on colors or other interior decorating (due to be in

September) would be appreciated. I would like to stick to a Victorian style, but if that is impractical, we can improvise. Overnight accommodations both Friday night and Saturday night. Sunday will be early cleanup and departure to give the dad's some time to enjoy their Father's Day. INFO: Pat Fankhauser 703/242-0693 x17.

17 (Saturday)

CLASS - MSR Stove and Backpacking Food Demo (HTO)

HTO Rockville, MD and Fairfax, VA

Mountain Safety Research sales reps will be at the Hudson Trail Outfitters Rockville and Fairfax stores to demonstrate MSR stoves. They will be able to explain each MSR stove and their proper application. MSR reps will also be preparing their new line of MSR freeze-dried and dehydrated foods. This line of backcountry food is organic, vegetarian, high-energy and tasty! Come on in and try! INFO: Eric Stalzer 301/840-0650.

17 - 18 (Saturday - Sunday)

CLASS - Backpacking (REI)

REI, Baileys Crossroads, VA

Taught by veteran backpacker Ted Fryberger, this intensive two-day class covers the skills and gear necessary for safe, enjoyable backcountry adventure. Get started right, take a solid class from an experienced instructor. Registration is limited. Call early! INFO: REI 703/379-9400.

17 - 18 (Saturday - Sunday)

SHELTER WORK TRIP - Ed Garvey Memorial Shelter

Bowie, MD

See 6/3-4 for details. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243 or Jim Skinner (jskinner@erols.com) 301/588-8607.

17 - 18 (Saturday - Sunday)

TRAIL WORK TRIP

Central District, Shenandoah National Park, VA

Having a hard time getting out of the winter doldrums? (Want to know from whence came that term, "doldrums?") Well, at least you've built up your upper body strength, shoveling snow. Come out and help a crew of trail builders rebuild a section of the Appalachian Trail in Shenandoah National Park! That's right! Dig, again! Have fun, moving and sifting dirt back into the treadway. Meet at 9:30 a.m. on Saturday at the Timber Hollow Overlook on Skyline Drive. Overnight accommodations at Pocosin Cabin. Reservation/INFO: Don White (whitedh@hotmail.com) 703/443-1572.

17 - 18 (Saturday - Sunday)

CABIN WORK TRIP - Tulip Tree Cabin Shaver Hollow, VA

It's not too late to learn how to make a double-crimp standing seam tern roof. There will be plenty of other interesting things to do too. At any rate if you join our crew this weekend you will have interesting and challenging work to perform and will have fun too. We always have a happy hour and enjoy a good community dinner on Saturday evening prepared by one of our backwoods gourmet chefs. INFO: Charlie Graf 410/757-6053.

18 - 23 (Sunday - Friday)

TRAIL WORK TRIP - Massarock Trail Crew

George Washington & Jefferson National Forests

The crew will stay at Camp Roosevelt Camp-

ground in the northern Massanutten Mountain. Caroline Furnace Lutheran Camp will provide meals and box lunches. You will need to bring your own tent, or sleep in your vehicle if you desire. The crew will continue constructing the Massanutten West Trail. Donating a week or more of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12. More information and an application is available on the web at www.patc.net.

20 (Tuesday)

MEETING - The Futures Group, 7:00 p.m.

21 (Wednesday)

HIKE - Easy Hikers

C&O Canal, MD

Hike 4 to 5 miles along the C&O Canal. Meet at 10:00 a.m. in the parking area almost opposite the Old Angler's Inn along MacArthur Blvd. Bring lunch and water. INFO: John Giblin 301/585-5172.

23 (Friday)

HIKE - Advanced Hikers

Central District, Shenandoah National Park, VA

We'll visit the Corbin Mountain area of the SNP via Robertson Mountain. This will be at least 13 miles of hiking with some major climbs. The leader is flexible on the exact route, but the plan is to start the hike on the Weakley Hollow Fire Road and end the hike on the Nicholson Hollow Trail. Meeting place is in Northern Virginia. INFO: Donna Brother 703/435-8315 before 9:30 p.m.

23 - 25 (Friday - Sunday)

BACKPACKING TRIP - Dolly Sods Wilderness

Monongahela National Forest, WV

The mountain laurel should be in bloom for this weekend. We will do about a 20-mile circuit hike on one of the most scenic trails in the Monongahela National Forest. We will leave Friday evening and sleep near the cars. Saturday we will backpack to our campsite on Big Stonecoal Run. Hike back to the cars (with a stop for a swim in Red Creek) on Sunday. Limit 10. INFO: Dave Wilcox (davewillcox@worldnet.att.net) 703/212-0991.

24 (Saturday)

TRAIL WORK TRIP - Rock Creek Trail Crew

Rock Creek Park, Washington, DC

8:15-11:30 a.m. It's entirely possible we'll be working on a multi-week project by now. This is also the last Rock Creek work trip before Washington's summer weather begins to punish us for going outside. Meet at the Rock Creek Nature Center. INFO: Mark Anderson (mhacca@starpower.net) 202/462-7718 or Ranger Ken Ferebee 202/426-6834 x31.

24 (Saturday)

TRAIL WORK TRIP - South Mountaineers

Appalachian Trail, MD

Halfway through the season with the South Mountaineers' events. We weed, do tread repair, remove deadfalls, or relocate trail depending on what needs to be done. Novices welcome. Bring plenty of water, lunch, gloves, and boots. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

24 (Saturday)

HIKE - Pole Steeple-Sunset Rocks

Pine Grove Furnace State Park, PA

A moderate 10-mile hike, except for a scramble along Sunset Rocks and a steep 300 foot climb up the face of Pole Steeple, to the best view in southern PA. End up by swimming in cool Fuller Lake. Bring swimsuit. Meet 9:00 a.m. at Twinbrook Metro. INFO: Duncan Thompson 703/527-2349.

24 - 25 (Saturday - Sunday)

CLASS - Land Navigation (REI)

Baileys Crossroads & Prince William Forest Park, VA

Find your way out of the maze! Take REI's Land Navigation Class. Instructor Tom Terry takes you step by step from the basics of map reading and compass use to hard practical problems in the field at Prince William Forest Park. This intensive two-day class will definitely help you stay found as you explore your world! Call early, registration is limited. Registration/INFO: REI 703/379-9400.

24 - 25 (Saturday - Sunday)

HIKE/Camp - Family Activity

Elkton, VA

Note: Venue change from Vining Tract to Firestone Cabin, west of Shenandoah National Park, Central District. Overnight campout at cabin for families with kids 8-12. Hiking, nature walk, fishing, scavenger hunt, games, campfire, star gazing, great food, and lots of fun. Electrified cabin with amenities. Easy to reach. Celebrated views. Please join us. INFO: Terry Cummings (tcivp@mindspring.com) 410/489-4594.

24 - 25 (Saturday - Sunday)

SHELTER WORK TRIP - Ed Garvey Memorial Shelter

Bowie, MD

See 6/3-4 for details. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243 or Jim Skinner (jskinner@erols.com) 301/588-8607.

24 - 25 (Saturday - Sunday)

TRAIL WORK TRIP - Cadillac Crew

Tuscarora Trail

Join the Cadillac Crew as we work on the Doll Ridge section of the Tuscarora Trail. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at Local Forest Service Cabin. INFO: Fran Keenan (outdoorsnow@mgfairfax.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

24 - 25 (Saturday - Sunday)

Chesapeake TRAIL WORK TRIP - North District Hoodlums

North District, Shenandoah National Park, VA

Seafood in the mountains? You bet! Some of the best chow and chowder this side of the Chesapeake Bay awaits those who care to set sail with the Hoodlums trail crew and work on the Appalachian Trail in the North District of the park. More than likely, we will be finishing up a new trail relocation on the AT. No experience necessary — tools provided. Bring work gloves, lunch, and a smile. Overnight stay at Indian Run Hut within the park. Come for the day, stay for the evening meal, or spend the entire weekend. The crew meets at 10:00 a.m. at Piney River Ranger Station in the North District. RSVP/INFO: George Walters (gjwalters@erols.com) 410/426-2724.

FORECAST

27 (Tuesday)

 **MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.**

28 (Wednesday)

 **HIKE - Easy Hikers
Lake Needwood, MD**

The Easy Hikers will hike 4-5 miles at Lake Needwood near Rockville, MD. Meet at 10 a.m. for the final hike of the season. To reach the park from Georgia Avenue, go west 0.2 miles on Norbeck Road (MD 28), turn right at Muncaster Mill Road. After 2.2 miles, make a left on Avery Road. Go 0.3 miles and make a right on Lake Needwood Drive, then 0.3 miles to Beach Drive and the visitor center. After the hike, we will meet at the Gazebo Restaurant on Norbeck Road for lunch. INFO: Shirley Rettig 703/836-0147.

28 (Wednesday)

**CLASS - Oh Shenandoah! (REI)
REI, Baileys Crossroads, VA**

7:30 p.m. Whether you're gazing out at the autumn colors from Bear Fence Rocks, standing in the cool mist at Rose River Falls, or exploring a trail-less hollow in a foot of snow in mid-January, Shenandoah National Park is a jewel in any season. Veteran long distance backpacker and trails advocate, Nick Williams, will introduce us to the trails, weather, plants, and wildlife of Virginia's Blue Ridge. INFO: REI 703/379-9400.

29 (Thursday)

**CLASS - Oh Shenandoah! (REI)
REI, College Park, MD**

Same as 6/28 except in College Park. INFO: REI 301/982-9681.

July

1 (Saturday)

**DEADLINE - August Potomac Appalachian
Headquarters, Vienna, VA**

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to jns-bianca@home.com. Allow one week for postal service delivery.

1 (Saturday)

 **TRAIL WORK TRIP - South Mountaineers
Appalachian Trail, MD**

Join us for a good time getting dirty on the trail. We bail early in excessive heat. Bring plenty of water (2 to 4 quarts), lunch, gloves, and boots. Tools provided. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

1 - 2 (Saturday - Sunday)

 **TRAIL WORK TRIP - North Chapter
Appalachian Trail, PA**

Join the North Chapter trail crew for an all out attack on weeds, greenbriars, and other such trail nemeses. We will meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Charlie Irvin 301/447-2848.

1 - 2 (Saturday - Sunday)

 **SHELTER WORK TRIP - Ed Garvey
Memorial Shelter**

AT near Harpers Ferry, WV

We may be on the AT by July and tasks will include transporting the completed log structures (from Bowie, MD), digging, pouring cement,

laying block, and maybe even assembling the first logs. Additional information available at website <http://patc.net/garvey/>. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243.

4 (Tuesday)

 **MEETING - Trail Patrol, 7:30 p.m.**

5 (Wednesday)

 **MEETING - New Members (PATC),
7:30 p.m.**

8 (Saturday) (Rain Date: July 22)

 **TRAIL WORK TRIP - Rock Creek Trail Crew
Rock Creek Park, Washington, DC**

8:15-11:30 a.m. We slip to a once-a-month summer schedule beginning in July. Come find out why Rock Creek Park is the coolest place to do trail work inside the boundaries of the nation's capital. Meet at the Rock Creek Nature Center. INFO: Mark Anderson (mhacca@starpower.net) 202/462-7718 or Ranger Ken Ferebee 202/426-6834 x31.

8 (Saturday)

 **HIKE - North Chapter
Link Trail, PA**

Link Trail Series #4. Mapleton Depot to PA 655. 9.7 miles with an elevation change of 1700 feet. This section includes the 1000 Steps which were recently purchased by the Central Pennsylvania Conservancy and donated to the Pennsylvania State Game Commission to remain as an easement for future generations. This section also takes in Jacks Mountain with its fantastic views. INFO: Chris Firme 717/765-4833 after 6:30 p.m.

8 - 9 (Saturday - Sunday)

 **TRAIL WORK TRIP - Cadillac Crew
Shockeysville, VA**

Shockeys Knob. Join the Cadillac Crew as we finish trail ends of the Tuscarora Trail relocation and dedicate the new trail section! Rub elbows with the various incarnations and generations of the Cadillac Crew. It's sure to be a good time, and boy are we glad to have this trail section open for hikers! Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at local cabin. INFO: Fran Keenan (outdoorsnow@mgfairfax.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

8 - 9 (Saturday - Sunday)

**CLASS - Wilderness First Aid (WSC)
Annandale, VA**

A program of the Wilderness Safety Council, this eighteen-hour class includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$140. Registration is limited to 25 people. More information and registration at: <http://wfa.net>. INFO: Christopher Tate 703/836-8905.

8 - 9 (Saturday - Sunday)

 **SHELTER WORK TRIP - Ed Garvey
Memorial Shelter**

AT near Harpers Ferry, WV

See 7/1-2 for details. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243.

10 (Monday)

 **MEETING - New members (Shenandoah
Mountain Rescue Group), 7:30 p.m.**

1 (Tuesday)

 **MEETING - PATC Council, 7:00 p.m. sharp.**

12 (Wednesday)

 **MEETING - Mountaineering Section,
8:00 p.m.**

15 (Saturday)

 **TRAIL WORK TRIP - South Mountaineers
Appalachian Trail, MD**

Trail stewardship is a hobby and working with the crew is a social fun time. Come out and enjoy the trail in a different way with a South Mountaineers event. We meet in Frederick County. Bring a lot of water, lunch, gloves, and boots. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

15 (Saturday)

 **HIKE - Cumberland Valley Night Hike
Carlisle, PA**

A great way to spend a summer evening is hiking on the AT across the Cumberland Valley from Sherwood Drive to Boiling Springs. This hike is 11.6 miles at a moderate pace and the flat terrain (the longest flat stretch on the entire AT) which traverses bridges, streams, puncheon, farmers' fields, and woods is excellent for night hiking. A nearly full moon completes the enchanted setting of this rather unique hike, now in its third year. Pennsylvania AT section 10, PATC map 1. INFO: Rob Shaw (rshaw@coltplumbing.com) 717/697-4618 x233.

15 - 16 (Saturday - Sunday)

 **SHELTER WORK TRIP - Ed Garvey
Memorial Shelter**

AT near Harpers Ferry, WV

See 7/1-2 for details. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243.

15 - 16 (Saturday - Sunday)

 **Southern BBQ TRAIL WORK TRIP - North District
Hoodlums**

North District, Shenandoah National Park, VA

Pig on a spit? Well, maybe we won't go THAT far, but you get the idea! Finger lickin' BBQ and real down-home Southern vittles will follow a day's work on the Appalachian Trail. No experience necessary — tools provided. Bring work gloves, lunch, and a smile. Overnight stay at Indian Run Hut within the park. Come for the day, stay for the evening meal, or spend the entire weekend. The crew meets at 10:00 a.m. at Piney River Ranger Station in the North District. RSVP/INFO: George Walters (gjwalters@erols.com) 410/426-2724.

15 - 16 (Saturday - Sunday)

 **TRAIL WORK TRIP**

Central District, Shenandoah National Park, VA

Tired of that manufactured, air-conditioned "air"? Depressed because your cubicle is in a building with no windows? Have an almost overwhelming desire to *thwack* a perpetually bored and always-in-the-way teenager? Come out and help a crew of trailbuilders rebuild a section of the Appalachian Trail in Shenandoah National Park! That's right! Feel the satisfaction of your mattock well and truly striking the earth. Use the rock bar to move that immovable object of a boulder out of the way! Meet at 9:30 a.m. on Saturday at the Timber Hollow Overlook on Skyline Drive. Overnight accommodations at Pocosh Cabin. Reservations/INFO: Don White (whitedh@hotmail.com) 703/443-1572.

18 (Tuesday)

 MEETING - The Futures Group, 7:00 p.m.

22 (Saturday)

TRAIL WORK TRIP - North Chapter
Tuscarora Trail, PA

For meeting place and other details, call Charlie Irvin, 301/447-2848.

22 (Saturday)

CLASS - Outdoor Leadership and Wilderness Risk Management (REI)

REI, Baileys Crossroads, VA

This class, taught by Christopher Tate, Director, Wilderness Safety Council, attacks the outdoor survival problem from a new perspective: avoiding the survival situation through sound planning, meticulous preparation and the reduction and management of risk. This is a great course for youth group leaders, hike leaders, and anyone interested in a new perspective on outdoor safety. INFO: REI 703/379-9400.

22 - 23 (Saturday - Sunday)

 **TRAIL WORK TRIP - Cadillac Crew**

Tuscarora Trail

This weekend, the Cadillac Crew is going to be working on the Tuscarora in the Sleepy Creek

area, from Shanghai Road to the PATC Property. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at local cabin. INFO: Fran Keenan (outdoorsnow@mgfairfax.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

22 - 23 (Saturday - Sunday)

 **SHELTER WORK TRIP - Ed Garvey Memorial Shelter**

AT near Harpers Ferry, WV

See 7/1-2 for details. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243.

25 (Tuesday)

 **MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.**

29 - 30 (Saturday - Sunday)

 **TRAIL WORK TRIP - Blue and White Crew**
Central District, Shenandoah National Park, VA

The Blue and White Crew will start a large rehab project on the AT in the Central District. Pot luck dinner on Saturday and breakfast on Sunday. Overnight accommodations to be announced. INFO: Kerry Snow (KerrySnow@prodigy.net) 301/570-0596.

29 - 30 (Saturday - Sunday)

 **SHELTER WORK TRIP - Ed Garvey Memorial Shelter**

AT near Harpers Ferry, WV

See 7/1-2 for details. INFO: Frank Turk (FrankTurk@aol.com) 301/249-8243.

30 - 4 (Sunday - Friday)

 **TRAIL WORK TRIP - Shenandoah (South District) Trail Crew**

South District, Shenandoah National Park, VA

Crew will be housed at the Schairer Trail Center in the South District. Crew members will park their vehicles at Eaton Hollow Overlook and hike in a half-mile to the cabin. Crewmembers will pack their own lunches; breakfast will be self-serve at the cabin. The crew will drive to Elkton for dinner at the Country Inn. A PATC member will act as crew leader and drive a park-provided vehicle to and from the work site. The crew leader and trail crew will perform trail work under the supervision of a Park Ranger. Donate a week (or more) of honest sweat and fun in exchange for meeting new people, and sleeping under celestial splendor. For details on this thrilling and rewarding opportunity, free grub, and crew shirt, leave your name and address on 703/242-0693 x12.

Regulations, from page 1

- feet elevation above sea level.
 - e. Big Meadow: the area within the Big Meadow visible from either the Skyline Drive or the Rapidan Fire Road.
 - f. Rapidan Camp (formerly Camp Hoover): the area within 1/2 mile of Rapidan Camp.
- 3) Camping more than 2 consecutive nights in the same location or 14 consecutive nights in the backcountry is prohibited.
 - 4) Group size is limited to 10 people.
 - 5) Campfires are prohibited except at pre-constructed fireplaces at huts and shelters.
 - 6) Food must be stored in one (or more) of the following three ways so that wildlife cannot have access to it:
 - a. hang food in a tree at least 10 feet above the ground and 4 feet horizontally from the tree trunk;
 - b. hang food at a food storage pole provided at backcountry facilities; or
 - c. store food within an agency-approved bear resistant food storage canister.
 - 7) Defecation within 20 yards of streams, trails, or roads is prohibited. If designated facilities are available, they must be used. Solid human waste must be buried in a hole at least 3 inches deep.
- PATC's website (www.patc.net) contains a link to Shenandoah National Park's Backcountry Camping Regulations website.
- For up-to-date information on the new regulations, see PATC's website: http://patc.net/snp_page.html. □

Book Review: Snow, Gordon.

Safe And Sound: How Not to Get Lost in the Woods and How to Survive if You Do. Goose Lane Editions. Frederickton, New Brunswick. 84p. paper.

Based on 35 years of experience as leader and teacher of Canadian search and rescue teams, Snow advises hikers, hunters, and parents on wilderness survival. The how-to-avoid-getting lost applies to all of us. The how-to-survive section is perhaps more emphatic about surviving in a colder climate than ours, which does not detract from its value. Most useful of all are the four pages on kids in the woods, for parents who hike with their children and whose children might stray. Swan explains how search and rescue teams work to parents or friends of the lost one. Read it! □

—Paula Strain



NOTICES

NEW NOTICES

WANTED: Someone with pickup truck to take away a truckload of firewood (blue ash cut down January 12, 2000). Wood is stacked in Bernie Morgan's back yard (Hyattsville, Md), accessible by a wide alley. We periodically carry our seasoned wood to cabins by car but cannot long store this large amount and hope it might be useful to a Club member. INFO: Bernie and Mary Morgan 301/864-1324.

GELINAS MANOR VICTORIAN BED AND BREAKFAST offers a 20+% discount on space available to hikers who would like a room (and bath) for the night while hiking through the Boiling Springs, Pa area. Gelinas Manor is located about 100 yards from the Boiling Springs Post Office and the Appalachian Trail and has available fax and e-mail service for hikers. INFO: Leo Gelinas 717/258-6584, gelinasmanor@aol.com, or http://pts.placestostay.com/gen_prop.asp?hotel_id=18403

WALKING HOLIDAYS. This is an invitation for you to join a small party and enjoy a week exploring the Lake District of England or Northumbria. Holiday dates are July 8-15, August 19-26, September 9-16 for Lake District tours or June 10-17 or July 1-8 for Northumbria tours. INFO: Derek Teasdale, 0044/191-2520752, DTeasdale1@aol.com, or <http://members.aol.com/DTeasdale1/>

IN SEARCH OF HIKING STORIES: Got a hiking strategy for frustrating situations or a personal story of overcoming adversity? I'm putting together a new book for hikers. Deadline is July 10, 2000. INFO: Rus VanWestervelt rusvw@yahoo.com or P.O. Box 20031, Baltimore, MD 21284.

BEARS DEN HOSTEL, owned and operated by the Appalachian Trail Conference, is looking for groups or individuals to help with various projects of the facility and grounds. On the schedule for this year: painting, tending gardens, building a new tool shed; replacing a deck, building a privy; and office work. Bears Den is a stone lodge located 250 yards from the AT near Bluemont, Virginia and the ATC in Harpers Ferry. We will provide one night's free lodging if you are interested in joining us for any of these projects. INFO: Melody Blaney or Patii Landovek, Managers 540/554-8708 or bearden@crosslink.net.

WANTED: Mamiya ZE-X 35mm camera body. Have an older camera lying around in your closet that you would like to get rid of? I currently have lenses that will fit this specific camera body. My former ZE-X has bit the dust, so I am looking for a replacement. Price negotiable. Contact Susan Bly at 304/258-3319 or e-mail sbly@shepherd.edu

VOLUNTEER OPPORTUNITIES

BEARS DEN HOSTEL is recruiting volunteers willing to lead a series of workshops and programs and share what they know. The workshops are part of a continuing series of educational programs organized by Melody Blaney, manager of the hostel, and are held on weekends at the historic facility along the crest of the Blue Ridge, near Bluemont, Va. Melody needs volunteers to lead workshops on environmental education, nature activities (e.g., bird watching), writing, painting, and preservation of wildlife and natural habitat. Bears Den is a hiker hostel owned and operated by the Appalachian Trail Conference. INFO: Melody Blaney, Bears Den Hostel, 18393 Blueridge Mountain Rd, Bluemont, Va 20135, 540/554-8708, or bearden@crosslink.net.

TRAIL REPORT COMPUTER DATABASE PERSON: Volunteer needed to come in 2-3 nights a month to enter trail work reports in the Club's

database. If interested call Heidi Forrest at 703/242-0693 x12, or e-mail heidl@erols.com.

SNP-PATC TRAIL CREW WEBSITES. The trail crews in the three Districts of Shenandoah National Park are on the web. Visit the sites to find out about upcoming worktrips, to see photos of previous projects, or to learn about opportunities in the Park. The addresses for the web pages are: North District: <http://www.patc.net/hoodlums/index.html> Central District: <http://sites.netscape.net/kerrysnow/homepage> and South District: <http://www.geocities.com/mkarpie/districtnews/index.html>

FOURTH YEAR OF THE KEystone TRAIL CREW. Keystone Trail Crew, sponsored by KTA, will be having three weeks of TrailCare in June. The workweek runs from Thursday through Monday. The dates are June 8 through 12, Quehanna Trail; June 15 through 19, Chuck Keiper Trail and June 22 through 26, Mid State Trail Southern Extension. Meals and lodging will be provided. If you can spare a week, volunteer a weekend, or come for just a day or two, please think about signing up. No volunteer will be turned away. Forward all inquiries to Joe Healey, 93 Cedarwood Drive, Laffin, PA 18702, e-mail jnlhealey@aol.com, or feel free to call him at 570/655-4979. Detailed information and a map directing you to the respective campsite/campsites will then be forwarded.

A COOK IS NEEDED FOR THE ABOVE TIME FRAMES. This is a paid position and all pots, pans, etc. will be supplied, although the cook will be responsible for the purchase of the food. Cost of the food can either be reimbursed after purchase or given up front as a lump sum. If you are interested or know of someone who is, please contact Joe at 93 Cedarwood Drive, Laffin, PA 18702, e-mail jnlhealey@aol.com, or feel free to call him at (570) 655-4979.

NEEDED: VOLUNTEER COORDINATOR—a Club member to coordinate volunteer opportunities and place volunteers in jobs. There is currently no placement system to match volunteers with open tasks; you can devise and implement one. No experience needed, just a general understanding of Club activities and a willingness to work. Most work will take place at the headquarters in Vienna. Call Mickey McDermott, vice president for volunteerism, at 703/866-0928, or e-mail him at jtmccd@erols.com.

THE SALES OFFICE is looking for volunteers interested in working as little or as long as you can manage it—Monday through Friday between 9 and 5 p.m. If interested, please contact the Sales Coordinator, Maureen Estes, by either calling headquarters at 703/242-0693, ext. 19, or by e-mail at patcsales@erols.com.

NOT INTERESTED IN WORKING OUTDOORS? PATC has a continuous need for Headquarters Volunteers willing to help out with a variety of tasks—from manning the sales desk in the evening, to providing typing or office support. It takes a lot more than trail workers to keep the Club going! INFO: Wilson Riley (wirley1226@aol.com) 703/242-0693, Ext. 11.

PATC OVERSEERS get BIG discounts from the following merchants who support our volunteer programs: -Blue Ridge Mountain Sports (Charlottesville/ Tidewater)-20% -Hudson Trail Outfitters (DC Metro Region) 15% -The Trailhouse (Frederick, MD) 15% -Casual Adventures (Arlington, VA) 10% -Campmor (Mail Order via PATC HQ) 10%. Check the back page of the PA for the latest trail, cabin, and shelter overseer opportunities. And all PATC members receive a 10% discount from Blue Ridge Mountain Sports. Be sure to have your membership ID or overseer ID ready when you shop.

SHENANDOAH MOUNTAIN RESCUE GROUP (SMRG) is seeking people interested in wilderness search and rescue. New member orientation meetings are held every month at PATC headquarters. NO EXPERIENCE IS NECESSARY. INFO: SMRG Operations 703/255-5034, then press #5.

HIKING PARTNERS

SLOW HIKER (10 MILES PER DAY) who has done 1200 miles of AT seeks companions for sections of the southern half: Catawba to Daleville, Va. (June 5-7), Daleville to Glasgow (June 8-13), Glasgow to Tyro, Va. (June 14-18), Tyro to Rockfish Gap VA (June 19-21), Franklin to Nantahala River NC (June 27-30), Nantahala R. to Fontana (July 1-3), Fontana to Davenport Gap (July 4-11), Davenport Gap to Allen Gap (July 12-16), Springer Mt. to Hiawasse, Ga. (Aug 2-9), Hiawasse to Franklin, NC (Aug 10-14), Allen Gap to Erwin, Tenn. (Aug 15-20), Erwin to El Park, NC (Aug 21-24), Elk Park to Damascus, Va. (Aug 25-31), Damascus to Troutdale, Va. (Sept 11-15), Troutdale to Atkins VA (Sept 16-17), Atkins to Bland VA (Sept 18-22), Bland to Pearisburg, Va. (Sept 23-26), Pearisburg to Catawba, Va. (Sept 27- Oct 3), Rockfish Gap to Front Royal, Va. (Oct 4-14). George Meek ("Poet") 703/875-3021 or gmeek@mcivworld.com.

HIKING VACATIONS

HIKING PARTNERS WELCOME to join PATC member for July-August trip to Colorado Weminuche Wilderness. Two or three night trip over continental divide trail with probable bushwhacking down drainage to hot springs. Dates approximately 7/31-8/3. Denver nearest airport. INFO: J Christian Adams, e-mail jcadams@erols.com.

LOST and FOUND

LOST: SILVER ARROWHEAD NECKERCHIEF SLIDE, 2 1/2" long, 1" wide, made with turquoise and coral. Lost Saturday, January 15 between Pen Mar Rd. and High Rock. If found, please contact or send to: Jeff Hollis, Rt. 4, Box 261, Martinsburg, WV 25401, 304/263-6974 day, 304/263-6140 evening.

WANTED/FOR SALE

WANTED: USED WORKING CAROUSEL SLIDE PROJECTORS. If you have a working carousel projector you no longer use, PATC could use it for meetings and classes held at HQ. The last working projector disappeared more than a month ago and has not returned. If interested please drop it by PATC HQ or give us a call at 703/242-0693, ext. 11 or 12.

LLAMAS FOR SALE: a trail companion to help carry your gear. Please contact Noel Dingman for a visit to our farm. 301/831-1131, or halfaloaf@accessa.net.

PAIR OF PETER LIMMER BOOTS: These are widely recognized as the best hiking boots made in the U.S., built to measure by Peter Limmer & Sons in Intervale, NH. I have a pair of men's boots, sized around 13 or 13 1/2, made for me some years back and completely rebuilt recently. Sad to say, my aging feet no longer fit in them since the rebuild, so they're available at the \$100 cost of the rebuilding. The payment will be donated directly to PATC, so we will all benefit. Call Richard Frankel, 202/547-3118, to arrange a try-on.

PAID OPPORTUNITY

PART-TIME OFFICE AND FIELD SUPPORT NEEDED for this summer's trail crew and trail patrol programs. Anyone, 18 years or older, with own transportation may apply. Contact Wilson Riley at 703/ 242-0693 X11 or see our web page at PATC.net for additional information.

From the PATC Store

PATC Publications

ITEM #	DESCRIPTION	RETAIL	MEMBER
PA100	Map 1 (ed. 9, 1998) AT Cumberland Valley, PA (Susquehanna River to Route 94)	5.00	4.00
PA110	Map 2-3 (ed. 8, 1998) AT Michaux State Forest, PA (Route 94 to Route 30)	5.00	4.00
PA120	Map 4 (ed. 7, 1998) AT Michaux State Forest, PA (Route 30 to PA-MD State Line)	5.00	4.00
PA130	Map 5-6 (ed. 15, 1998) AT Maryland	5.00	4.00
PA140	Map 7 (ed. 12, 1998) AT Northern Virginia (Potomac River to Snickers Gap)	5.00	4.00
PA150	Map 8 (ed. 12, 1998) AT Northern Virginia (Snickers Gap to Chester Gap)	5.00	4.00
PA160	Map 9 (ed. 15, 1999) AT Shenandoah National Park (North District)	5.00	4.00
PA170	Map 10 (ed. 18, 1997) AT Shenandoah National Park (Central District)	5.00	4.00
PA180	Map 11 (ed. 13, 1999) AT Shenandoah National Park (South District)	5.00	4.00
PA190	Map 12 (ed. 8, 1999) AT GWNF Pedlar District (Rockfish Gap to Tye River)	5.00	4.00
PA200	Map 13 (ed. 4, 1999) AT GWNF Pedlar District (Tye River to James River)	5.00	4.00
PA210	Map D (ed. 2, 1991) Potomac River Gorge Area and Cabin John Trail	3.50	2.80
PA220	Map F (ed. 4, 1995) Great North Mountain-North Half (Virginia/West Virginia)	5.00	4.00
PA230	Map G (ed. 6, 1998) Massanutten Mountain-North Half (Signal Knob to New Market Gap)	5.00	4.00
PA240	Map H (ed. 3, 1999) Massanutten Mountain-South Half (New Market Gap to Mass. Peak)	5.00	4.00
PA250	Map J (ed. 2, 1997) Tuscarora Trail AT, PA to PA Route 641	5.00	4.00
PA260	Map K (ed. 2, 1997) Tuscarora Trail PA route 641 to Hancock, MD	5.00	4.00
PA270	Map L (ed. 2, 1996) Tuscarora Trail (Hancock, MD, to Capon Springs, WV, and Cacapon St	5.00	4.00
PA290	Map N (ed. 1, 1993) Rock Creek Park Area, DC	5.00	4.00
PA300	PATC Elevation Profile of Appalachian Trail (Pine Grove Furnace to Rockfish Gap)	1.75	1.40
PB100	AT Guide Book #6 (ed. 15, 1995) Maryland and Northern Virginia	7.00	5.60
PB110	AT Guide Set #6 (AT Guide Book to MD and Northern VA with Maps 5-6, 7 & 8)	18.00	14.40
PB120	AT Guide Book #7 (ed. 12, 1999) Shenandoah National Park	9.00	7.20
PB130	AT Guide Set #7 (AT Guide Book to Shenandoah National Park with Maps 9, 10 & 11)	20.00	16.00
PB140	Massanutten Guide Set (Guide to Massanutten Mountain with Maps G & H)	14.00	11.20
PC100	Circuit Hikes in Shenandoah National Park (ed. 14, 1996)	6.00	4.80
PC110	Circuit Hikes in Virginia, West Virginia, Maryland, and Pennsylvania (ed. 5, 1994)	6.00	4.80
PC115	Hikes in Western Maryland (ed. 1, 1997)	6.00	4.80
PC116	The Tuscarora Trail North (Guide to Maryland and Pennsylvania) (ed. 3, 1997)	6.00	4.80
PC117	The Tuscarora Trail South (Guide to West Virginia and Virginia) (ed. 3, 1997)	6.00	4.80
PC120	Hikes in the Washington Region: Part A Northern Maryland Counties (ed. 3, 1992)	6.00	4.80
PC130	Hikes in the Washington Region: Part B Northern Virginia Counties (ed. 3, 1993)	6.00	4.80
PC140	Hikes in the Washington Region: Part C DC/Southern Maryland Counties (ed. 2, 1999)	6.00	4.80
PC160	Guide to Massanutten Mountain (1993)	6.00	4.80
PC180	Hiking Guide to the Pedlar District, George Washington National Forest (ed. 2, 1990)	6.00	4.80
PC190	Climbers' Guide to the Great Falls of the Potomac (1985)	6.00	4.80
PC200	Carderock Past & Present: A Climbers Guide (1990)	7.00	5.60
PC205	Pioneering Ascents (the origins of climbing in America)	14.00	11.20
PC210	Clearing Trails in War Time	5.95	4.76
PC220	Breaking Trail in the Central Appalachians - a narrative	12.50	10.00
PC230	Lost Trails and Forgotten People: The Story of Jones Mountain (ed. 2, 1985)	7.50	6.00
PC240	The Dean Mountain Story (1982)	5.50	4.40
PC250	Shenandoah Heritage: The Story of the People Before the Park (5th printing, 1995)	7.00	5.60
PC260	Shenandoah Vestiges: What the Mountain People Left Behind (3d printing, 1993)	5.00	4.00
PC270	Shenandoah Secrets: The Story of the Park's Hidden Past (Revised 1998)	12.95	10.36
PC280	PATC Cabins Booklet (1997)	4.00	3.20
PC300	Wildflowers of the Potomac Appalachians: A Hikers Guide (1979)	2.50	2.00
PC310	The Blue Hills of Maryland (ed. 1, 1993)	14.00	11.20
PC320	Memories of a Lewis Mountain Man (1993)	8.00	6.40
PD100	Map of the Stony Man Region of the Shenandoah National Park (Illustrated) (1964)	2.00	1.60
PE120	PATC Member Decal	N/A	1.00
PE130	PATC Member Patch	N/A	2.00
PE140	PATC Member Pin	N/A	2.95
PE150	PATC Ballpoint Pen with gift box	3.00	3.00
PE250	Long Sleeve T-Shirts	20.00	20.00
PE260	Short Sleeve T-Shirts	15.00	15.00
PE265	Notecards with Drawings of 3 PATC Cabins (box of 10 with envelopes)	4.00	4.00
PE280	PATC Coffee Mugs	7.50	6.00
PE320	PATC HAT	12.00	12.00

Publications from Other Publishers

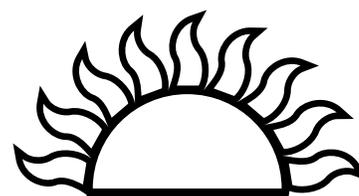
DESCRIPTION	RETAIL	MEMBER
184 Miles of Adventure (C&O Towpath) (1991)	4.75	3.80
50 hikes in Northern Virginia (1998)	13.00	10.40
Appalachian Trail Field Book (1982)	3.50	2.80
Appalachian Trail Patch	3.00	2.40
Appalachian Trail Thru-Hikers' Companion (1998)	10.00	8.00
Backpacker Magazine Guide to the AT (1989)	16.95	13.56
Camping and Backpacking with Children (1995)	16.95	13.56
Common Sense Medical Guide (1987)	15.00	12.00
Cross-Country Skiing (1988)	9.00	7.20
Exploring Washington on Foot	12.95	10.36
Finding Wildflowers in Washington/Baltimore Area (1995)	15.95	12.76
Food & Lodging Along the C&O Canal (1994) out of stock	3.00	2.40
Guide to Skyline Drive and SNP (1997)	7.50	6.00
Guide to the Mason-Dixon Trail System (1992) Map Series	5.12	12.60
Hikes to Waterfalls (1997)	3.00	2.40
Hiking Guide to the Monongahela National Forest (1999)	2.00	10.00
Hiking Virginia's National Forests (1998)	10.00	8.00
Hollow Boy By Rayner V. Snead (1995)	13.95	11.16
Insiders Guide to Virginia's Blue Ridge (1998)	15.00	12.00
Lightly on the Land	19.95	15.95
Moonshiner's Son by Carolyn Reeder	4.79	3.99
Mountaineering First Aid (1996)	7.00	5.60
Pennsylvania Hiking Trails (ed. 12, 1998)	7.00	5.60
Potomac Trails (1997)	14.95	12.00
Rock Climbing (A Trailside how to Guide) (Don Mellor)	17.95	14.50
Skyland: The Heart of Shenandoah National Park (1960)	6.00	4.80
The 18 Cabins of Old Rag	5.00	
The Appalachian Trail Backpacker (1994)	11.00	8.80
The Appalachians (1975) (Maurice Brooks)	18.95	15.16
The C&O Canal Companion (1997)	23.50	19.60
The New Appalachian Trail (Ed Garvey) (1997)	14.95	11.95
The Potomac River and the C&O Canal (1992)	8.50	6.80
The Undying Past of the Shenandoah National Park	18.95	15.16
There are Mountains to Climb (1996)	12.95	10.36
Thru-Hikers Handbook (Dan "Wingfoot" Bruce, 1998) out of stock	12.00	9.60
Thru-Hikers Planning Guide out of stock	12.00	9.60
Towns along the Towpath	14.00	11.20
Towpath Guide to the C&O Canal (1999)	14.00	11.20
Trail Building and Maintenance (ed. 2, 1981) (AMC)	12.95	10.36
Trail Design, Construction and Maintenance 2000	14.95	11.96
Trails in Southwest Virginia (1997) out of stock	6.95	5.50
W & OD Railroad Trail Guide (1996)	8.00	6.40
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Wilderness Navigation (1999)	9.95	8.00
Workbook for Planning Thru-Hikes	6.00	4.80
Appalachian Trail Poster Maps		
b) AT and eight full-color trail photos 32" x 47"	6.95	5.56
c) AT strip map with forest green border 9" x 48"	3.50	2.80
Other AT Guide Books with Trail Maps		
AT Data Book (supplement to guide sets) (1999)	4.95	3.95
Central Virginia (1994)	18.00	14.40
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Massachusetts-Connecticut (1994)	20.00	16.00
New Hampshire-Vermont (1995)	17.00	13.60
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Photo by John Luck

PATC Trail Patrol members recently met at the Park Street Headquarters to hone their first-aid and CPR skills under the tutelage of National Park Service Ranger and Red Cross instructor Faye Walmsley. As part of their mission to provide assistance, education, and a reassuring presence to the public in hiking areas, members of the Trail Patrol also learn land navigation, safe hiking, and low-impact camping skills.

Here, Mickey McDermott practices on a CPR dummy as Ranger Faye Walmsley observes.



PATC in the News

PATC member John Phillips was featured in the May 2000 Southern Living. The article talks about paddling, not hiking, and does not mention PATC, but it's always nice to see a member get some national press.

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Mike Karpie's Photo Tips: A Word About Film Processing Labs



First a general rule: Any lab can ONLY be as good as its staff.

If the chemicals are kept fresh and properly mixed the quality of the resulting negatives is likely to be consistent. So what makes one lab better than another? The answer is simple, it's the people.

The greatest difference in quality usually occurs during the printing process. Any lab is capable of producing "machine" prints, prints that are made with a totally automated system.

The printing is done without any manual compensation for color casts or differences in exposure. When the film has been exposed properly and the scene is an average one, this process yields a good-quality print. When the lighting in the scene is abnormal,

such as back-lighting or a snow scene, the print will be less than adequate, even if the film was exposed perfectly when the photo was taken.

A good lab technician will recognize the negatives that require special compensation and will enter the corrections manually. For this reason, you are more likely to get better service in a local lab as opposed to a large discount lab. The chemicals and process are essentially the same, but the lab technician often has more control in the printing process. He/She also will have an interest in providing good service to the customer that he/she may be dealing with face-to-face.

So if you choose to go local, don't just pick a lab...pick a technician. Choose somebody who knows what they are doing and takes pride in their work. It helps to form a rela-

tionship with that person... when your pictures come out exceptionally well, be sure to tell the printer how pleased you are. Once they begin to recognize you as an appreciative customer they will often bend over backwards to give you good quality photos.

Next month: Lenses: Part One

The archive of "Photo Tips" and sample photos can be found at: <http://www.geocities.com/mkarpie/tips.html> ☐

—Mike Karpie

Trailhead

Take advantage of National Trails Day on June 3rd to get out and hike some of your favorite trails. With fresh growth on trail verges, overseers could check to see if blazes are obscured or need repainting. Actually, no excuse is necessary to enjoy hiking the many the PATC area trails.

Passing The Gauntlet

After fifteen years as district manager for the AT in SNP North District, George Walters has decided to pass the challenge to John McCrea. George says it is time for a younger generation to enjoy the rigors (some say it's Maureen's to-do list that got the best of him). George will still lead the Hoodlums Trail Crew on their monthly forays in the North District. Congratulations to John McCrea, you have big shoes to fill.

Chainsaw Workshop

On 15 and 16 April PATC sponsored ATC 2000 Chainsaw Class at the Blackburn Trail Center. This was the first class for PATC conducted under the 1998 MOU between the ATC, USDA Forest Service and the National Park Service that met the basic criteria for chainsaw training and certification (one exception is that the Forest Service requires completion of a basic first aid course) of all three agencies and had instructors certified by the ATC. The seventeen participants were all members as well as trail maintainers of PATC, while the instructors were led by Shenandoah National Park's CT Campbell and assisted by the Park's Don Harvey and Roger Doval and PATC's Bernie Stalman.

Future chainsaw workshops for maintainers will follow the same two-day curriculum. A half-day of classroom training followed by a half-day of hands-on instructor guided training on chainsaw operation, chain saw maintenance with emphasis on the bar and chain, techniques of limbing and bucking. The second day is dedicated to student field work skills using the saw. Certification is then based on successful completion of a take home exam, a size limitation for bucking, and completion of additional on-the-job training (OJT), if any, under the direction of a previously certified sawyer.

All had a great time at Blackburn and our

most gracious host Chris Brunton impressed the instructor staff with his culinary skills the Friday night before training. Esther Aulhouse did her usual great job of overfeeding us with great food during the weekend.

Shockeys Knob Relo

During the first part of this year, the Cadillac Crew has been fortunate in having lots of help on its trail projects from student volunteers at the Severn and Key Schools, both located in Anne Arundel County, Maryland. There have also been several new signs erected on the Tuscarora Trail as a result of an Eagle Scout project supervised by Cadillac Crew old-timer Dave Pugh.

With all of the new trails already in place at Shockeys Knob, the focus has shifted to reblazing the trails and making plans for the grand opening scheduled for July 8th. The dedication ceremony, followed by dinner, will take place at 5:00 PM at the cabin of Dr. Byron Brill. Come out early to help with planned trail work or hike a marked short or long loop on the new trail. Contact Hop Long (301/942-6177 or the fslongs@erols.com) for additional details and directions.

AT Assessment In South District

The assessment of the AT has begun in the South District of Shenandoah National Park. The purpose of the assessment, being performed by the Appalachian Trail Conference, is to inventory important trail features and evaluate and prioritize maintenance needs and costs. The section of AT passing through SNP is the only portion of the trail that has not yet been through this process. The first walkthrough, from Swift Run Gap to Ivy Creek Maintenance Hut, was completed in the middle of March and by the time this article goes to press, another third of the district will have been finished. The final portion of the assessment in the South District should be completed sometime this month. Karen Lutz of the Appalachian Trail Conference headed up the operation with assistance from Mark Grupe of the ATPO, several of our NPS partners, including Shawn Green and Roger Doval, and the PATC's District Trails Manager, Mike Karpie.

There will be a South District get-together at Schairer Trail Center June 3rd to celebrate National Trails Day. All South District Overseers as well as members of the Charlottesville Chapter and Southern Shenandoah Valley Chapter who are involved in trail work are invited to participate. Contact Mike Karpie for details and to RSVP. Phone: 540/538-1010, e-mail: bkpkr@erols.com

Hoodlums Busy In North District

George Walters reports that North District Overseers and crews led by John McCrea, Bernie Stalman and Dick Dugan were busy in March removing blowdowns from the AT. There was a minor ice storm in March, but not much damage to the AT reported. There was one notable outbreak of blowdowns near Compton Peak which Don Harvey and SNP crews cleared.

The Hoodlums celebrated St. Pat's Day in March with their annual "Irish" worktrip. Crewmembers cleared blowdowns on Pass Mountain and on the Tuscarora/Overall Run Trail and feasted on corned beef, Colcannon and Harp afterwards at Indian Run Hut. On Sunday, the crew joined scouts from Troop 128 in McLean, VA led by David Vollenweider to install check dams and stone waterbars on the Thornton River Trail.

Working with a group of students from Georgetown University's Outdoor Education Program in early April, hoodlum regulars George Walters and John McCrea built waterbars on the North District AT. The student crew, led by Matthew Sandiford, built ten sturdy rock waterbars north of Rattlesnake Point before the torrential rains came! The group stayed at Gravel Springs Hut where they were greeted with an evening snowstorm. Early spring in SNP brings many surprises!

Also in April, the Hoodlums started building new tread for the AT relocation on the south side of Compton Peak. Pick mattocks and McLeods were flying as several hundred feet of tread took shape. The crew dislodged boulders and dug up laurel roots a' plenty. What was the reward for this good day's work? How about a N'arlins Cajun feast of blackened chicken,

Trailhead

file gumbo, shrimp jambalaya and homemade pecan pie at Indian Run Hut! All washed down with some Buckwheat Zydeco and Voodoo Blackened Lager!

84 Trees?

The Blue and White Crew must've prayed to the right rain God in April. The Crew spent the weekend of the 15th and 16th clearing overwinter deadfall from Wilderness Trails in the Nicholson Hollow area. The threatening weather cleared miraculously during work hours (Saturday and Sunday) but drenched Shenandoah when the saws weren't buzzing. Eighty-four trees were cut from nine trails in the northern part of the District. The Blue and White feast was held at the Rock Spring Cabin.

The Crew, and District Managers Kerry Snow and Charles Hillon, welcome Dan Dueweke as new District co-Manager for Side Trails in the Central District. Dan has been the overseer of the Laurel Prong Trail, and is currently overseeing the AT section from Thornton Gap to Mary's Rock (sometimes referred to as Myron's Trail). Dan has been a regular on Blue and White trips for the last several seasons. He brings a load of energy and enthusiasm to the position. We're looking forward to more improvements in the District in the upcoming season.

Wise Choice

Forecasted rain held out just long enough in early April for the Cadillac Crew to put in a good Saturday on the Sugarloaf Northern

Peaks Trail rehab project. As the crew retired to a nearby campground, the skies opened up and a cold wind tested the crew's resolve. Not to worry, Trudy Thompson offered the accommodations of her folks home about 15 minutes away near Leesburg. The crew made one of the quickest decisions they ever made, packed up in three minutes, and invaded the Tommy Thompson home in short order.

A wise choice as it rained all evening with heavy winds, just the kind of environment that renders a tarp totally ineffective. The morning brought thirty degree temps with a light snow covering the ground. A wise choice indeed! As the crew returned to complete the job at Sugarloaf, Randy and Yuko, new crew members, were told not to expect these fine accommodations on future work trips.

Volunteers - Appointed May 8, 2000

Trail District Manager

John McCrea

District Manager for SNP North AT

Trail Overseers

John Christian Adams
Andy Halls

White Rock Cliff Trail
Cabin John Trail
Bradley Boulevard to
Democracy Boulevard

Shelter Overseers

Tom Jorgensen co-overseer

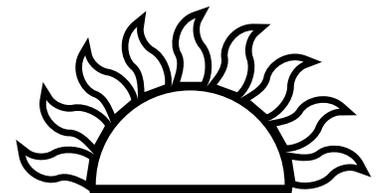
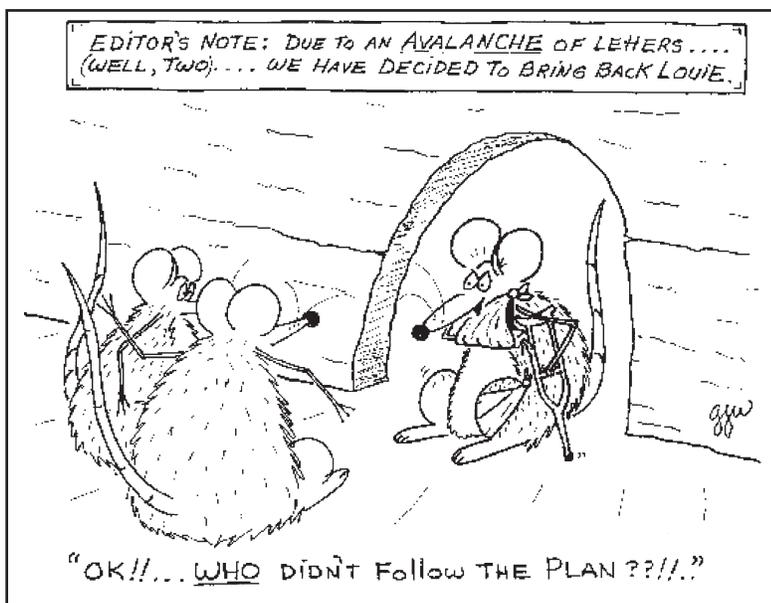
Ivy Creek Maintenance Hut - SNP

Openings For Summer Crews

Heidi Forrest reports there are still some openings for the Massarock and SNP Summer Crews. If you are interested in a week outdoors getting some serious exercise and learning about trail maintenance, contact Heidi at 703/242-0315 or heidif@erols.com.

Please send any interesting tale, technical advice, individual or group accomplishments, and trail maintenance questions to Trailhead, c/o Jon Rindt, 621 Skyline Forest Drive, Front Royal, VA 22630 or to jkrindt@erols.com. □

Tails from the Woods by George Walters



Don't let the heat get to your head. Remember the deadline for the July issue of the PA is 1 June. See the Forecast for submission details.

TRAIL OVERSEERS WANTED

Trail Overseer Openings May 8, 2000. Contact the district manager for the region that interests you.

SNP NORTH AT - Map 9

[CALL JOHN McCREA AT 610/352-9287]

Appalachian Trail

Neighbor Mountain Parking Area to Beahms Gap [1.60 miles]

SNP NORTH BLUE BLAZED-MAP 9

[CALL BERNIE STALMANN AT 301/725-8876

or E-mail: Bstalmann@aol.com]

Buck Hollow Trail [lower]

US 211 to Buck Hollow stream crossing [1.30 mile]

TUSCARORA SOUTH - MAP F, G, 9

[CALL RICK RHOADES AT 703/239-0965

or E-mail: RTRhoades@aol.com]

Tuscarora Trail

Waites Run Road to Mill Mountain Trail [3.30 miles]

Tuscarora Trail

Mill Mountain Trail to White Rocks Trail [2.90 miles]

GREAT NORTH MOUNTAIN - MAP # F

[Call "Hop" Long at 301/942-6177

or E-mail: theFSLongs@erols.com, or mgrgnmd@hotmail.com]

Gerhard Shelter Trail

Tuscarora Trail to Gerhart Shelter [0.10 mile]

MASSANUTTEN NORTH - MAP # G

[Call Wil Kohlbrenner at 540/477-2971

or E-mail: wmaxk@shentel.net]

Massanutten Mt. East Trail

Habron Gap to Kennedy Peak Trail [3.60 miles]

MASSANUTTEN SOUTH - MAP # H

[Call BILL SCHMIDT at 301/585-2477 or E-mail:

weschem@gwis2.circ.gwu.edu]

Massanutten Mt. South Trail

Pitt Spring to Morgan Run Trail [3.3 miles]

Thank You

An AT section hiker from New York recently wrote our President, Walt Smith, about his experience on the AT from Harpers Ferry to Compton Gap. He had only kind words and a heartfelt thank you about the condition of the trails and shelters:

"We want to commend and thank you and your organization for the outstanding facili-

ties, trail design and maintenance in the sections we have done South of Harpers Ferry. ...The shelters were well built, clean and well maintained with attention to basic amenities like privies and picnic tables. The trails seemed to have the perfect balance, for us, of reasonable grades (intelligent use of switchbacks) vs. distance. Signage was clear and also struck a good balance between providing basic information and over-signage.

Monumental work has obviously been expended on steps, trail hardening and fill, where needed, to make the going easier and more pleasant. While there were some big blowdowns across the trail in some places (last week), these were easy to get over or around. There was very little litter!"

Keep up the good work!

POTOMAC APPALACHIAN

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