



# The Potomac Appalachian

The Newsletter of the Potomac Appalachian Trail Club  
118 Park Street, S.E., Vienna, VA 22180-4609

Volume 28, Number 12  
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## Longing for the Trail

“When April with his sweet shower/  
Has pierced to the root the drought  
of March..../Then people long to go on  
pilgrimages....”

Thought I was going to be completely content living a few footfalls away from the beloved Trail. All was well here caretaking at Blackburn until the first northbound through-hiker came by. Apparently, there was this coal left over from my last fire in Maine’s 100 Mile Wilderness (warming an otherwise chill night late last October) that was still alive despite a snowy end to my through-hike in early November. Perhaps it was that irrepressible “aroma” unique to a long-distance hiker that did it—who knows. Whatever it was, it evoked not only my past hike but a growing need to continue hiking.

Rather guiltily, I began scheming—unbeknownst to my fellow caretaker—of ways to once again escape to the woods, rehearsing different approaches to bringing up the topic as I lay on my Ridge Rest at night. These thoughts remained unspoken until the initial hankering subsided and I could voice my fantasy from a safe distance. Made a new resolve to stay the duration of my stint as a Blackburn caretaker, even as I resolved to hike the Trail, come what may.

Seems a lot of folks set out early this year to avoid the crowds, be the first to finish, or maybe just be the first to break the cobwebs in the morning. Getting used to different folks wandering up onto the porch at random hours has not been too difficult to adjust to—in fact, it seems a continuation of the flow of my

through-hike. With all due respect to Chaucer, my urge to hastily stuff my pack and scramble up the steep blue-blaze to the Trail’s open invitation to pilgrimage extended well beyond April. Yet it has been wonderfully satisfying to be on the serving end of what I was blessed to receive as a hiker during my brief but memorable stop here last July. I had had the great fortune to stop by just in time for the first dinner prepared in the glowing new kitchen. Can’t say we’ve mustered as delicious a meal as that first one, but thanks to the donation of a turkey, we did prepare Thanksgiving dinner this July much to the surprise of (and thanks to the help of) a visiting troop of hikers.

With the passing by of the bulk of northbound through-hikers came the ushering in of raucous cicada song shimmying down from the treetops. Unable to let go of the strange and lovely habits of the Trail, I’ve spent the

*See Longing, page 11*

## PATC Actively Involved in Acquiring Trail Lands Your Support is Urgently Needed

Because civilization is rapidly encroaching on the AT corridor, PATC’s trails are becoming green corridors inside suburban enclaves. Viewsheds are becoming housing developments. The Tuscarora Trail is literally disappearing from the map, overtaken by housing and commercial development.

The hot housing market is making development active in areas surrounding our trails right now. While this may be good for the economy in a short-term way, it is disaster for those of us who prefer to keep wilderness alive and well, especially along our trails.

President Walt Smith is trying to drum up support to organize efforts to preserve those tracts where possible. But it is a daunting task. The Lands Fund is nearly empty and needs your cash support. When you are thinking about making your year-end donations to a charity, think of PATC. It has several worthy causes that need cash infusions right now.

Your Lands Committee, with the blessing of Council, currently is working hard to acquire at least eight specific tracts of lands. These desired tracts will clearly enhance the trail experience. All of these tracts have been identified as important to protecting the AT or to acquisition of the Tuscarora.

But there is little money to pay for them. The Club is actively seeking corporation and foundation support, but these efforts are long-term and not a guarantee of success. If successful, there is no assurance they will provide sufficient funds to purchase major parcels.

The tracts most in danger are those supporting the Tuscarora Trail. Perhaps 50% of this trail is on unsecured land, and those parcels that are most in danger are rapidly turning into housing developments. It’s not just the mountaintops that are converting to homes; it’s land in the Shenandoah Valley as well.

*See Trail Lands, page 13*

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**Recording Secretary:** Gerhard Salinger

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**Endowment:** Dick Newcomer

**Finance:** John Richards

**Hikes:** Tom Johnson

**Internet Services:** Andy Hiltz

**Land Management:** Anita Canovas

**Land Acquisition:** Phil Paschall & Eric Olson

**Legal:** Eric Olson

**Maps:** Dave Pierce

**Maryland Appalachian Trail Management**

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## Council Fire

The Council held its regular meeting on October 12, 1999 at the Club headquarters. The meeting was attended by 20 Council members, 3 staff, and 7 Club members. The PATC membership stands at 6,942, with 133 new members registering in the month of April.

### New Mission Statement

After discussion at several meetings, the Council approved a mission statement for PATC. "The Potomac Appalachian Trail Club, through volunteer efforts, education, and advocacy, acquires, maintains, and protects the trail and lands of the Appalachian Trail, other trails, and related facilities in the mid-Atlantic region for the enjoyment of present and future generations."

The mission statement provides guidance in setting priorities and is a quick way to describe the Club.

### Planning and Budgeting

The Futures Group provided a preliminary list of five-year goals to the Council to guide the discussion at the October 16 planning meeting. The goals were gathered under four headings: Volunteerism and Educational Outreach, Trails and Lands, Facilities, and Finances. At the October 16 meeting the Council considered progress toward goals described in a planning meeting held in December 1998, five-year goals, and plans for the year 2000.

The year 2000 budget process is under way. Budgets for Committees were due on October 12. Responses will be made in November. The Executive Committee will review the budget at the end of November, and the Council will vote on the year 2000 budget at its meeting on December 14.

### Expanding Training Opportunities

John Wright from the mid-Atlantic Regional Office of the Appalachian Trail Conference has funding to work with the regional trail maintaining organizations to develop volun-

teer skills training workshops. He is talking with PATC to jointly develop workshops of interest to various clubs. The instructors may come from the clubs, ATC, or other organizations. Under discussion are chainsaw workshops, trail maintenance skills, wilderness first aid, and leadership training. John said he is looking for opportunities for clubs to share expertise with each other.

### Land Acquisition Activities

The Council voted to purchase the Hughes property adjacent to the Blackburn Trail Center near the AT at the appraised value given the restrictions on the property. The Council also voted to continue negotiating with the estate of Lorenzo Lewis for the Raven Falls property.

### No Hunting on the Vining Tract

For some time there has been an ongoing discussion of hunting on the Vining Tract by the tract committee and others. Hunting is incompatible with occupancy of the four cabins on the tract and the presence of day hikers. After considering the history of the property and realizing that there are neighbors who have hunted on the property, the Council voted that "The PATC shall no longer allow hunting on the Vining Tract." The neighbors and the authorities will be notified, and the property will be posted.

### New Recognition of Donors

The Council discussed creating categories of donors and providing better recognition for those who contribute money or land to PATC.

### Trails and Shelters Activities

The supervisor of trails reported that there were over 28,000 hours of trail work volunteered during the 1999 year. The Ens. Philip Cowall Memorial Shelter was finished under budget and ahead of schedule. The dedication took place on October 3. Construction at Tulip Tree, Johns Rest, Rosser-Lamb (Per-Lee) and Blackburn are all proceeding well. □

—Gerhard Salinger Recording Secretary



## Walt's Notes

### What's Important to Members

As we look to the year 2000, let us focus our volunteer efforts in those areas considered to be the most important. The preliminary results of the 1999 PATC Membership Survey indicate that you perceive the three most important activities of the Club to be: (1) trail work, (2) conservation of trail lands, and (3) construction of cabins and shelters. Those three areas of activity were captured in the new mission statement that Council adopted in October:

"The Potomac Appalachian Trail Club, through volunteer efforts, education, and advocacy, acquires, maintains and protects the trail and lands of the Appalachian Trail, other trails, and related facilities in the mid-Atlantic region for the enjoyment of present and future hikers."

### Trail Work

Thousands of hikers every year can be thankful for the many PATC volunteers who main-

tain the nearly one thousand miles of hiking trails for which the Club is responsible. Our volunteer tradition began in 1927, and it continues to draw praise from far and near. I invite your attention to the Annual Report, for it tells the story of the marvelous success we enjoy with our volunteer system. The Council, in response to the Vice President for Volunteerism, has been considering how we may encourage volunteerism. The new "perq" for cabin rentals, as announced in the November issue of this newsletter, is an example of the attention being given to recognizing the importance of our volunteer effort. Many volunteers were gratefully noted at the annual meeting during the awards presentations. However, I would suggest that perhaps one of the best ways we members have of encouraging trail work is to simply say "thanks" when we pass the workers while hiking on the trails.

### Conservation of Trail Lands

Significant progress is being made in the protection of trail lands as indicated in the An-

nual Report. The Supervisor of Corridor Management has developed a strong program for protecting the corridor for the Appalachian Trail. We have a full complement of trained volunteers who are responsible for monitoring the lands for encroachment and espousing a conservation ethic in their local area. The Lands Acquisition Committee has been responsible for protecting more than two hundred acres of land adjacent to the AT and the Tuscarora Trail during the last twelve months—some purchases in partnership with the Trust for Appalachian Trail Lands—and for over three hundred additional acres pending protection either through purchase or conservation easements in the near future. We look forward to increasing our efforts in establishing the Tuscarora Trail corridor next year in partnership with the Rivers, Trails, and Conservation Program of the National Park Service. We will continue to need your monetary and voluntary support as we pursue our goal of

*See Walt's Notes, page 15*

## Looking For A Personal or Business Tax Deduction Before December 31?

During the last twelve months, PATC has help protect more than two hundred acres of land adjacent to the Appalachian or the Tuscarora trails through conservation easement or purchase. However,

there is much more work to be done. The Lands Acquisition Committee is currently negotiating for the protection of more than three hundred additional acres. Your assistance is needed. You may be entitled to take a signifi-

cant tax deduction while gaining the satisfaction of contributing to the perpetual preservation of a PATC trail. Contributions should be addressed to the Trails Land Fund, PATC, 118 Park St. SE, Vienna, VA 22180.



*Land adjacent to the one thousand foot-wide AT corridor not yet under perpetual preservation.*



Photos by Walt Smith

## Encounters of the Third Kind

It was one of those rarified fall days after the passing of a cold front, a day meant for hiking in the mountains. So I donned the requisite boots and backpack and set out for Hazel Country. As I started up the Nicholson Hollow Trail, I saw a small type-written notice posted at the trailhead, to wit, "Aggressive Bears." I have seen these notices before from time to time and have not paid much attention to their warnings. "Don't leave food in your tent" and "Use a bear bag" are the standard Park Service caveats when anyone has reported any encounter with a bear, however innocuous. The trail was quiet (it was the first Sunday of football season, after all), and I delighted in the solitude. The rays of sunlight cascaded through the canopy. The alternating bands of light and dark gave a textured look to the forest floor. Turning up Hannah Run Trail, I proceeded quietly up a secluded hollow, sunk in the reverie that only brisk hiking on a clear autumn day can inspire. Looking up from the trail to find the next blaze, I noticed something moving just off the trail about 20 feet ahead. Two bears, one large (presumably the mother) and one small (presumably the baby) were just ahead on one side of the trail. I paused, deciding I could perhaps get a picture. As I started to extract my camera from a side pouch, I was startled by a crash of underbrush just to my

left. I turned my head and looked right into the eyes (brown, I might add) of a third, and larger, bear (presumably the father) not four feet away. Now what?

If I might digress for a moment. First, I am not afraid of bears. In fact, I rather like bears and have had the inestimable pleasure of seeing bears on 22 previous occasions (I think hikers might consider bear sightings as a metric of experience, much as bird watchers count species). Of course, I would not expect the bears to have known or cared about my predilections. The aggressive bears warning combined with a recent reading of Bill Bryson's *A Walk in the Woods* (with its recounting of fatal attacks by black—not grizzly—bears) had planted the seeds of doubt in my mind. Second, I am aware that bears are afraid of bipeds, particularly when accompanied by barking quadrupeds, engaged in what some would call sport.

And here I really must digress to get something off my chest. There is nothing sporting about treeing a hapless bear with radio-controlled dogs. It perhaps affords bragging rights at the local hunt club. That is not to say that I am unalterably opposed to hunting, but I still have a problem with a sport whose sole object is to kill something.



Getting back to the story, where I left myself looking into the eyes of a rather large bear about four feet away. I figured I had four options: a) do nothing; b) play dead (a recommendation I have heard for grizzly bears, so why not for marauding black bears?); c) drop my pack (with the food and water) as a decoy and run (not a good option if you have ever seen how fast a bear can move); or d) try to scare him away. I chose d). To be honest, I don't know that I rationalized all of this at the time. I was too busy watching my life pass before my eyes. I am not sure what I yelled or what gestures I made. It was hardly premeditated. As I am writing this account *ex post facto*, it is fairly evident that it worked. I have never seen three animals move so fast in my life. If there were a bear heaven, I would have sworn that I had just witnessed rapture. I stood as if struck dumb for several minutes, allowing my heart to slow and the adrenaline surge to abate. Cautiously continuing, I finished the hike several hours later, passing through Nethers to my car at the foot of Old Rag. Just another day on the trail.

If you have read all of this and are thinking, "I knew that all along," I would agree with you. So did I. But until I was faced with it alone and unarmed in the wild, I had never had the opportunity to try it out. So let me assure you, if you find yourself face to face with a large bear in the woods, do not panic or shirk, just scream. I can assure you, it is a perfectly natural and appropriate response. Pity it doesn't work with aggressive people. Oh, and by the way, the bear count is now 25. □

—William D. Needham

For information on how to deal with a bear encounter, see PATC's website, [www.patc.net](http://www.patc.net), or check with a ranger for Park Service and Forest Service advice.

## Make PATC Your Holiday Charity

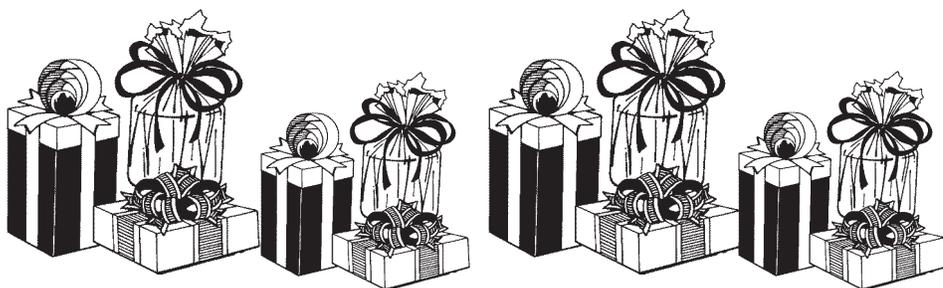
Elsewhere in this issue you've read of the need for major funds for trail lands acquisitions. Here's a simple way to make a contribution that hurts you less but benefits PATC more: Donate appreciated assets.

Suppose you bought a stock years and years ago and paid \$1,000 for it. It is now worth \$15,000. In most cases, as long as you have owned it for more than 12 months, you can deduct its fair market value at the time you make the gift.

Stocks that you paid \$1,000 for years ago now may this year bring you a face value deduction while PATC gets \$15,000 in cash. And it "only" cost you \$1,000 to make that \$15,000 donation.

(As in all cases regarding major financial decisions, be sure to contact your legal, financial, and accounting advisors to be certain your proposed stock donation meets the criteria and that this action will gain the tax advantage you seek.)

—Jack Reeder, Chairman  
Donations Committee



## Talkin' Trail Tools

I'm walking down the trail talking to myself, "So a Pulaski has an axe head with a grub hoe tail. There's no such thing as a pick axe, but there is a pick mattock that looks like what I used to call a pick axe and a cutter mattock that looks a bit like a Pulaski. You've also got an odd tool with a large hoe on one side and a steel rake on the other invented by someone named McCleod, I assume. (Perhaps Messrs. Mattock, McCleod, and Pulaski worked on the same trail crew.) But ironically, the basic shovel is almost ignored. A lot to learn, a lot to learn."

On a beautiful Saturday morning, following 25 PATC volunteers and Park Service rangers along the Appalachian Trail, I mused about these unique tools and the origin of their names. We were headed for a blow-down hanging dangerously above the trail. The offending trees, soon to be logs, were remnants of last winter's ice storm—a tangled mess of ash and maple branches and trunks precariously perched over the treadway. Trail supervisor Pete Gatje wanted to demonstrate the proper use of a grip hoist.

We were all participating in George Walters' 12th annual trail maintenance workshop held in September in Shenandoah National Park. The weekend event was full to capacity with men and women interested in learning how to care for the trails. I just wanted to use the tools.

### Help Wanted in Brazil

Did George Meek's article ("Confessions of a Trail Blazer in Brazil," September) stimulate your curiosity? Pedro de Castro da Cunha e Meneses, the Executive Director of Tijuca National Park, the park George mentions in his article, has written PATC asking for a group of volunteers to travel to Rio de Janeiro, Brazil and share our trail maintaining knowledge. George Meek has agreed to be the point of contact for the exchange and is now looking for Club members who may have an interest in the project. If you'd like to be part of this exciting opportunity, contact George Meek at [gmeek@mciworld.com](mailto:gmeek@mciworld.com)

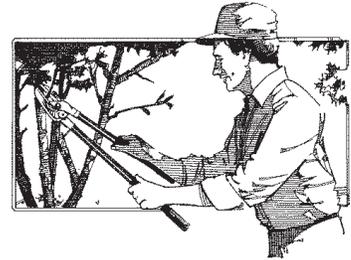
Like most occupations, trail work requires special tools for specialized work. Car mechanics have ratchets, doctors have forceps, baseball players have bats, and trail crews have McCleods. As I learned, the McCleod is very handy for clearing out waterbars, moving dirt and debris around, and tamping loose soil. The Pulaski is a firefighting tool popular with trail crews because it is a sturdy multipurpose tool designed for digging and chopping. When you have to carry tools into the woods, sometimes for miles, you don't want a great variety of single-use tools. That is why, with the exception of the shovel, most trail-working tools are multipurpose.

### Digging with Pick Mattock and McCleod

We took the lowly shovel along but did most of the digging with the pick mattock, a tool designed for digging in rocky, rooted soil. The Appalachian Mountain range, like other older mountain systems, is really a big pile of fractured rock. The rock is covered with a layer of composted debris that gives life to the vegetation. But using a shovel to dig is fruitless. The rocks and roots just below the surface require a heavier tool to break up the subsoil. With the pointed tip of the pick mattock you loosen up the rocks and soil where you want to place a water bar. The grub hoe end of the tool cuts through stubborn roots and softer materials. A trench is then created by removing the debris with the McCleod. After setting a locust log (waterbar) at the edge of the trench, the shovel is used only to replace soil around the back of the water bar. With the multi-useful McCleod, one tamps down the loose soil and sculpts the trench in front of the water bar.

### A Rock Bar to Move the World

Another great tool is the rock bar—a five-foot steel rod weighing about 20 pounds. With the rock bar you can pry, lift, dig, crack, or crush. It's a heavy tool for heavy work. When installing rock steps, rock waterbars, or cribbing (rock wall supporting the trail surface) the rock bar is indispensable. Some of the sub-surface rocks are rather sizable and require more leverage than a pick mattock can offer. And you want large rocks to support walls and water bars. Natural forces like flooding and erosion combine with foot traffic to put great stress on constructed trail features. Big rocks are harder to dislodge than



small ones, so trail crews look for the biggest rocks they can find to build these structures. Was it Archimedes that said "find me a fulcrum and a bar long enough and I can move the world"?

### The Digging Bar

A close relative to the rock bar is the digging bar. This instrument is longer and lighter, and, instead of the pointed end, it has a flat, three-inch-wide paddle well suited for cutting and digging. The handle end comes to a mushroom shape, perfect for tamping loose soil around rocks and water bars. Although I've witnessed it used as a pry bar, the Forest Service manual says its not designed for prying; leave that to the rock bar.

### Be Nice to Those Tools

Over the weekend we were also introduced to the two-person crosscut saw, the handy and portable pruning saw, the dangerous gas-powered chain saw, the double-bit axe, the grip hoist, and loppers—used for cutting saplings and small branches. And better yet, we were taught how to use them safely and correctly. To my mind, there is little worse than someone using a log carrier as a pry bar and snapping the handle. Tools are sacred to their owners and folks that make a living with them. A chipped blade, rusted pivot point, broken tooth, or cracked handle can bring one's work to a quick conclusion. My philosophy is to treat anyone's tools as I would my own, keep them serviceable for the next person, and help to make the work trip a productive one.

### Interested in Tools?

George leads the Hoodlums trail crew (they're really pretty well behaved) into the woods every third weekend of the month. If the timing doesn't work for you, there are several other crews that go out regularly. Look in the Forecast section for time and place. You can bring your own loppers along, but I suggest you just pack a good pair of gloves and be ready to have a terrific time with good folks and great tools. □

—Terry Cummings

## How Can I Help?

This article will be short because I want as many of you as possible to read it. By reading it I'm hoping to either inspire you or make you feel guilty enough to give us trail maintainers a hand. As Supervisor of Trails I am very fortunate to have 20 dedicated District Managers and Trail Crew Leaders who, with over 400 hardworking overseers, do a great job maintaining nearly 1,000 miles of hiking trails in this region. I am also aware that many of you volunteer to help out in other PATC efforts. However, according to my calculations this means that less than 20% of our nearly 7,000 member Club, whose primary purpose is to maintain hiking trails, is actively involved in trail maintenance.

You ask: "How can I help out our trails effort?" Since you have read this far you must be at least slightly interested, so let me tell you how you can help. Here are six things you can do:

When you go on a hike:

- 1) Collect some trash using a plastic bag. You can do this along the trail or at a trailhead before or after the hike. Anything at all will help.
- 2) Remove branches and/or small blowdowns from the trail. Please don't just step over them and keep going. The PATC trail overseer will really appreciate your efforts.
- 3) Report problems along the trail (downed trees, filled waterbars, over-grown vegetation, faded blazes, major erosion, and

dumping). Notify PATC (me) by phone as soon as convenient. Call 703/242-0693 ext 12 and leave a short message for the Supervisor of Trails or Trails Coordinator (Heidi Forrest) concerning the location and the problem noted on the trail. I am also on the Internet at PJGatje@aol.com. Either Heidi or I will contact the appropriate District Manager who will take action to correct the problem.

Get involved with trail work:

- 4) Try at least one group trail work project. Overseers and District Managers are continually asking for volunteers to help out in the "Forecast," which appears monthly in the *PA*. It is a good way to meet other Club members, and, who knows, you may even enjoy it.
- 5) Volunteer as a trail overseer. There are always numerous openings for Trail Overseers on the last page of the *PA*. This involves work such as clipping vegetation, removing trash, cleaning out waterbars, and monitoring a trail section (usually about two miles) for blowdowns and erosion problems. Only trained operators will operate chainsaws to remove blowdowns. Major erosion control problems are usually corrected by a group work project.
- 6) Volunteer for one of PATC's summer work crews. It's not too soon to start thinking ahead. Detailed information will be published in a spring issue of the *PA*.

Basically, PATC crew volunteers spend five days on the trails under ranger supervision. Several options are offered each summer.

Please consider getting involved with the volunteer trail work of our Club. We can use your help, so don't be shy about giving us a hand. Remember: "the best part time career is to be a volunteer." □

—Pete Gatje, Supervisor of Trails



### PATC in the News

Almost a century of memories along the C&O Canal are reported in the September 1999 issue of *Along the Towpath* (C&O Canal Association) by PATC member Helen Johnston.

The thirty-five year history of the Wilderness Act and the citizens who have affected its destiny are featured in the September 1999 issue of the *Red Rock Wilderness*, newsletter of the southern Utah Wilderness Alliance. Almost all of the individuals featured have or had some connection with PATC—as members, as close friends of members, or as speakers at our annual dinners.

—Paula Strain

The November 3, 1999 issue of the *Washington Post's* Style Section featured an article by Club member John Luck about PATC's trail maintenance activities. The article focused on Club member Becki Swinehart, who maintains a section of the Tuscarora Trail.

—Bianca Menendez

#### HEADQUARTERS HOW TO GET IN CONTACT WITH US FOR CABIN RESERVATIONS, MEMBERSHIP INFORMATION, AND SALES

**Address:** 118 Park Street, S.E., Vienna, VA 22180  
**Hours:** Monday through Thursday, 7 p.m. to 9 p.m.  
and Thursday and Friday 12 Noon to 2 p.m.  
**Phone #:** 703/242-0315  
**To receive an information packet:** Extension 10  
**To leave a message for the Club President Walt Smith:** Extension 40  
**24-hr. Activities Tape #:** 703/242-0965  
**Facsimile #:** 703/242-0968  
**Club E-mail #:** Wriley1226@aol.com  
**World Wide Web URL:** <http://www.patc.net>

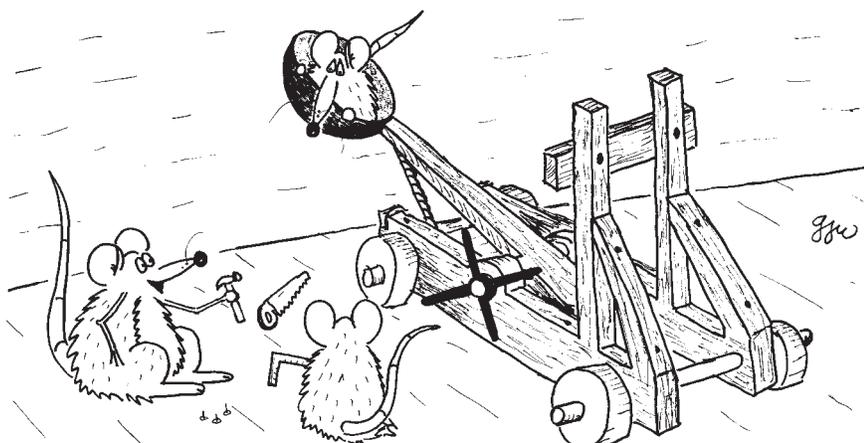
#### STAFF

##### DURING REGULAR BUSINESS HOURS

**Director of Administration:** Wilson Riley (Ext. 11) Email: [Wriley1226@aol.com](mailto:Wriley1226@aol.com)  
**Trails Management Coordinator:** Heidi Forrest (Ext. 12) Email: [heidif@erols.com](mailto:heidif@erols.com)  
**Business Manager:** Regina Garnett (Ext. 15) Email: [rgarnett@erols.com](mailto:rgarnett@erols.com)  
**Membership/Cabin Coordinator:** Pat Fankhauser (Ext. 17) Email: [pfankh@erols.com](mailto:pfankh@erols.com)  
**Sales Coordinator:** Maureen Estes (Ext. 19) Email: [patcsales@erols.com](mailto:patcsales@erols.com)

## Tails from the Woods by George Walters

The mice experimented after Fred found an old copy of *Popular Mechanics* left at the cabin.



"Now, if this thing works right Ernie, it should get you into the top bunk.... When you land on the sleeping bag, grab the SNICKERS BAR and run like hell!"

### Patrons

Capital Hiking Club  
Center Hiking Club  
Potomac Backpackers Association  
Sierra Club, MWROP  
Wanderbirds Hiking Club

### Corporate Supporters

Blue Ridge Mountain Sports  
Campmor  
Casual Adventures  
Duron  
Hewlett-Packard  
Hudson Trail Outfitters  
Outdoor Adventure  
REI  
The Outfitter at Harpers Ferry  
The Trail House  
Wilderness Voyagers

## Donations

Our heartfelt THANK YOU to those members who have given additional donations with their dues renewal fee and from the goodness of their heart to the individual funds listed below.

Our mission of protecting the Appalachian National Scenic Trail and side trails throughout Virginia, West Virginia, Maryland, and Pennsylvania is assured through generous donations from you. It also helps greatly to ensure that these protected trail lands can be enjoyed by future generations.

### Donations received in September and October

Funds: G - General; T - Trail Lands; S/C - Shelters, Cabins, Cabin Lands; HQ - Headquarters Capital Repair; E - Endowment

Raymond and Loretta Belford	T	Michael R. Karpie	S/C	Christopher J. Schul	G
Robert W. Berberick	S/C	Joseph and Susan Keller	T	Anne and Melvin Sharpe	G
Eric S. Christenson	T	James M. Kiefer	G	Joe and Nancy Schifrin	
Scott and Jane Cohen	T	Robert D. King	T	(in memory Of Frank Shelburne)	T
Alford and Rita Cooley	G	Dyanne Lathan	S/C	Mary Jo Williams	
Stacey Cramp	S/C	John F. McCrea	T	(in memory Of Helen Wiese)	T
Brenda and Raymond Druen	E	Jeffrey Norman	T	Charles and Elsie Ziegenfus	T
Scott Holmes	T	Ellen Pearlman	G	PATC Mountaineering Section	G
Steve and Sheila Holt	T	Tyra Rathje	T	Recreation Equipment Inc.	T
Ann and Al Horne		David L. Rinker	T		
(In memory of Judy Johnson)	S/C				

The PATC welcomes Robert Jordan as a new Life Member as of October 14, 1999. Mr. Jordan is now one of a growing number of members with this status. Thank you for your contribution to the Endowment Fund, which is where your Life Membership payment has been placed.

For your information, the Combined Federal Funds Campaign Register number for the PATC is 7956 should you wish to participate in the federal government employee matched donations program. Please check to see if your organization offers a matched donations program and include the pertinent application with your donation.

A brief note about DUES RENEWAL NOTICES. The expiration date on your membership card reflects the month in which I generate the dues notices. Your membership will not expire exactly on the date shown, but it will shortly thereafter if the dues notice remains unpaid after that month. I normally generate the dues notices sometime after the 10th of the month, so please be patient if you think your membership has passed the expiration date. If it passes a couple of months, then please contact me as there is a problem we need to correct.

—Pat Fankhauser, Membership Coordinator

# FORECAST

## Chapters

### Charlottesville Chapter

The Charlottesville Chapter hikes every Saturday, summer, winter and in between. Hikes are about 8 miles. Trail maintenance is usually done on the last Saturday of the month. Meet at Sprint parking lot, 2307 Hydraulic Road at 9 a.m. with food and water for the day. We hike trails in the Southern, Central and occasionally Northern Districts of Shenandoah National Park, and in George Washington National Forest. INFO: Jere Bidwell 804/295-2143, John Shannon 804/293-2953 or Lois Mansfield 804/973-7184.

### North Chapter

The North Chapter of PATC conducts monthly trail work trips on the Maryland and Pennsylvania sections of the Appalachian Trail (AT) and on the Pennsylvania sections of the Tuscarora Trail. We also lead hikes on these and other trails. Maryland AT work trips are generally held on the first and third Saturdays—contact Mark Mitchell (mdtrail@yahoo.com), 301/461-7048 for information. Pennsylvania work trips are generally held on the AT on the first Saturday and on the Tuscarora on the third Saturday—contact Charlie Irvin, 301/447-2848 or Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140. Pennsylvania AT work trips also include an optional Saturday night stay at the Gypsy Spring cabin. Dinner, breakfast, and camaraderie available. For information on upcoming hikes, contact Chris Firme (bncfirme@innernet.net) 717/765-4833. For general chapter information, contact chapter president Steve Koeppen (patcnorth@mail.com) 410/756-2916 or visit the North Chapter home page ([www.patc.net/north\\_ch.html](http://www.patc.net/north_ch.html)).

### Northern Shenandoah Valley Chapter

The Northern Shenandoah Valley Chapter sponsors hikes in national and state parks and forests in the Shenandoah Valley vicinity, open to the public, on a monthly basis except during the winter. Hikes are posted in the **Forecast**. Other activities are in the NSV Chapter Newsletter. For further information contact Martha Clark (mclark@visuallink.com) 540/665-2101.

### Southern Shenandoah Valley Chapter

See **Forecast** for work trips and hiking events sponsored by the Southern Shenandoah Valley Chapter. Most trips meet in Harrisonburg at the Cloverleaf Shopping Center at 8:00 a.m. Hikers from the DC area should allow about 3 hours to get to our region. INFO: in Harrisonburg, call Suzanne 540/269-4341; in Staunton or Waynesboro, call Vernon 703/886-9218, or Doris 540/885-4526.

### West Virginia Chapter

Chapter meeting at Highacre on the first Wednesday of the month; see **Forecast** for up-coming activities. For further information on chapter activities or to receive the chapter newsletter contact Jane Thompson 301/865-5399.

### Ski Touring Section

The Ski Touring Section has served since 1974 to introduce Washington area residents to cross-country skiing and to provide cross-country skiing opportunities to experienced skiers. The Section sponsors winter weekend ski trips for all levels of skiers to nearby mountains in Maryland, West Virginia and Pennsylvania, as well as periodic social events year round. INFO: Katherine Stentzel 703/781-3249.

### Mountaineering Section

We're a diverse group of local Washington, DC area climbers. Young and old, male and female, crag rat, sport climber, and alpinist, active and arm-chair types — we all enjoy climbing in its many varieties. We also share common interest in promoting safe climbing, conserving the outdoors, developing new climbers' skills, representing the Washington area climbing community, and having fun! We provide instruction for those who want to learn the basics — we're not a school, but we can get you started. We go climbing, either locally or further afield, nearly every weekend. In the winter we organize trips to the Ice Festivals in the Adirondacks and the White Mountains for beginning and advanced ice climbers. For further information contact Ozana Halik (mrkayak2@AOL) 703/242-0177.

### PATC Midweek Hikes

PATC's **Vigorous Group** hikes 8-10 miles at a fast pace; and the **Easy Hikers** hike 5-8 miles on trails with little elevation change. See below for scheduled trips; check the weekly tape (703/242-0965) on Thursday or Friday for any changes or additions.

### Other Clubs' Hikes

Capital and Wanderbirds hike on Sundays, traveling by bus and leaving from downtown, with suburban stops as well. Center Club, Northern Virginia Hiking Club and Sierra Clubs hike on both Saturdays and Sundays using carpools, which often leave from a suburban Metro stop. Schedules are available at PATC Headquarters and are published in area newspapers on Fridays.

## KEY to Forecast Activities

All events are marked for easy identification. Late changes or cancellations are listed on the weekly information tape (703/242-0965), which is updated on Sunday evening for the following seven days. The **Forecast** can also be found on PATC's Web site at <http://www.patc.net>

-  **Hiking Trips**
-  **Backpacking Trips**
-  **Trail Work Trips**
-  **Cabin/Shelter Work Trips**
-  **Special Events**
-  **Meetings**
-  **Cross-Country Skiing**

**Note to all hike leaders:** Please ask nonmembers on your hike if they would like to join PATC, then get names and addresses so a Club volunteer can send them information packets. Thanks!

## Meetings

**Shenandoah Mountain Rescue Group (New Members meeting) - Second Monday**  
7:30 p.m. New members meeting. INFO: SMRG Operations 703/255-5034, then press #5.

**PATC Council - Second Tuesday**  
7:00 p.m. sharp. The PATC Council meets the second Tuesday of every month to conduct business of the Club. All members are welcome. INFO: Wilson Riley (wriley1226@aol.com) 703/242-0693 x11.

**Mountaineering Section - Second Wednesday**  
8:00 p.m. Second Wednesday of every month. INFO: Ozana Halik 703/242-0177 or see PATC's website ([http://www.patc.net/mtn\\_sect/](http://www.patc.net/mtn_sect/)).

**The Futures Group - Third Tuesday**  
7:00 p.m. Meets to research, develop, and recommend to membership changes to PATC organization, constitution, and bylaws in order to meet challenges of the next century. PATC members welcomed. INFO: Gerhard Salinger (evger@erols.com) or Walt Smith (wsmith@visuallink.com), Co-Chairs.

**Shenandoah Mountain Rescue Group (Business meeting) - Last Tuesday**  
7:30 p.m. Meet in conference room. INFO: Martin Juenge (mjuenge@rpihq.com) 703/255-5034 then press #5.

# December

1 (Wednesday)

**DEADLINE - January Potomac Appalachian Headquarters, Vienna, VA**

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to jns-bianca@home.com. Allow one week for postal service delivery.

1 (Wednesday)

**MEETING - New Members (PATC), 7:30 p.m.**

1 (Wednesday)

**MEETING - West Virginia Chapter Highacre, Harpers Ferry, WV**

7:00 p.m. Join us at our annual dessert meeting. Bring a holiday snack to share, along with trivia about hikes, trips, journeys which you took this year (or you can join us to listen to others). We will have a slide projector for those of you who have a handful of slides to share. INFO: Jane Thompson 301/865-5399, before 9:00 p.m.

1 (Wednesday)

**CLASS - Snowshoeing! (REI) REI, Baileys Crossroads, VA**

7:30 p.m. Get outdoors this winter and make tracks! Enjoy the nation's fastest growing winter sport. REI's resident musher, Ed Neville, will discuss selection, fitting, bindings, gait, climbing and descent. Ed will illustrate his discussion with slides of snowshoeing in New Hampshire's Presidential Range and on Washington state's Mount Rainier. INFO: REI 703/379-9400.

1 (Wednesday)

**HIKE - Easy Hikers C&O Canal, MD**

10:00 a.m. Meet for a six mile round trip of level walking between Pennyfield Lock and Riley's Lock, with picnic on Seneca Aqueduct. To get there, go west on River Road (MD 190) 8.5 miles from beltway to Pennyfield Lock Road, turn left, and go to the parking lot at end of road. INFO: Patricia Johnson 301/869-3709.

2 (Thursday)

**CLASS - Snowshoeing! (REI) REI, College Park, MD**

Same as 12/1, except in College Park. INFO: REI 301/982-9681.

4 (Saturday)

**TRAIL WORK TRIP - South Mountaineers Appalachian Trail, MD**

The South Mountaineers conclude this year with their 19th event—whew! Bring appropriate clothes, water and lunch. Tread repair likely. Fun quite likely as well. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.



4 (Saturday)

**HIKE - Natural History Hike**

**North District, Shenandoah National Park, VA**  
Steve Bair, resource management specialist with the Shenandoah National Park, and Bob Pickett lead us to the site of a remote mining tunnel deep in the Park. We'll hike ten miles along the Overall Falls trail and return by Haskell Hollow. This is a popular place for observing bear and other wildlife. With all the recent rains, the Overall Falls (tallest in the Park) should be quite photogenic. This will be a moderately paced hike with some bushwhacking (doesn't that go without saying for a Bob Pickett hike?). INFO: Bob Pickett 301/681-1511.

4 (Saturday)

**HIKE - Great North Mountain Shenandoah County, VA and Hardy County, WV**

Come out for a late fall hike on the Great North Mountain on this remote 8.5-mile circuit covering the Great North Mountain Trail, Stack Rock Trail, and the Falls Ridge Trail (PATC map F). This hike offers both some good views and some good climbs. Elevation gain of about 2000 feet. Optional dinner stop in Woodstock after the hike. Meet 7:30 a.m. at Oakton Shopping Center, Vienna. INFO: Todd Birkenruth (birky@earthlink.net) 703/318-7735.

4 (Saturday)

**MEETING - Cabin Overseers Highacre, Harpers Ferry, WV**

10:00 a.m. INFO: Mel Merritt (meritmtkg@aol.com) 410/647-3131.

4 - 5 (Saturday - Sunday)

**CLASS - Wilderness First Aid Arlington, VA**

A program of the Wilderness Safety Council, this eighteen-hour class includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$125. Registration is limited to 25 people. More information and registration at: <http://wfa.net>. INFO: Christopher Tate 703/836-8905.

7 (Tuesday)

**MEETING - Trail Patrol, 7:30 p.m.**

7 (Tuesday)

**HIKE - Vigorous Hikers Carderock, MD**

Local out-and-back hike from Carderock to Billy Goat Trail and on upstream along the C & O Towpath. Return along towpath for a total of about 14 miles. INFO: Cliff Noyes (cliff.noyes@juno.com) 703/451-5181.

8 (Wednesday)

**MEETING - Mountaineering Section, 8:00 p.m.**

8 (Wednesday)

**HIKE - Easy Hikers Great Falls, VA**

A 5-mile circuit hike starting at the parking lot at Difficult Run on Old Georgetown Pike (VA 193). From Beltway (I-495) Exit 13 go NW on Georgetown Pike about 3 miles; parking lot is on your left. Bring lunch and water. INFO: Irene Kamm 703/780-8568.

9 (Thursday)

**CLASS - Winter Backpacking I: Destinations and Planning (REI) REI, College Park, MD**

7:30 p.m. Winter means different things in different places, even in the Mid-Atlantic. A mild weekend in Maryland's Green Ridge State Forest or Virginia's

Shenandoah Park may have you wearing shorts on the trail and sleeping half out of your bag. The next day, on West Virginia's Roaring Plains, lying in your tent in a howling gale, just staying warm may take all your time and skill. REI's backcountry experts will reveal unique winter backcountry playgrounds, and what you need to know, and the gear you need to enjoy them. They will also provide tips on planning, preparing and enjoying winter trips. INFO: REI 301/982-9681.

11 (Saturday)

**HIKE - Northern Shenandoah Valley Chapter Elizabeth Furnace, Fort Valley, VA**

Come join the NSVC as we explore in and around the Elizabeth Furnace area of the George Washington National Forest. Walk up Passage Creek and (hopefully) see beaver dams and their effect on the creek. Then continue on a short circuit hike around the Furnace area and view nature as it prepares for winter, and some historical clues to the area and the operation of the furnace. Get out of the malls and into the woods for this, the last chapter hike of the millennium. Leader/INFO: Martha Clark (mclark@visualink.com) 540/665-2101.

11 - 12 (Saturday - Sunday)

**HIKE/Ski - A Cabin Christmas Meadows Cabin, Syria, VA**

Crisp country air and a warm wood stove — what better ambience for the Yuletide season. Escape the mobs and malls and join us for a weekend of day-hiking, xc skiing (if there is snow), group meals, and other forms of holiday cheer. Depart Friday evening. INFO: John Koutze or Kathy McDermott 703/846-9207.

11 - 12 (Saturday - Sunday)

**Annual Holiday Party - Cadillac Crew Highacre, Harpers Ferry, WV**

If you've been out on at least one work trip with the Cadillac Crew this year, please join us at Highacre in Harpers Ferry to help us celebrate the holidays! We'll stroll through the streets of the town, hike the trails and try not to spend too much money in the bookstore. Saturday, we'll buy our own lunches in town and Saturday night we'll have a big community dinner. Please call by December 4 to let us know if you're participating! INFO: Fran Keenan (frannanc@erols.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

11 - 12 (Saturday - Sunday)

**CABIN WORK TRIP - Tulip Tree Cabin Shaver Hollow, VA**

This will be the last work trip of the year and the crew Christmas party. We will be snug and warm in our heated summer kitchen for dinner and for the partying afterward. There will be some work done on the roof and other things but the main focus will be fun. If you have been on one or more trips with us this year come out and celebrate with us. INFO: Charlie Graf: 410/757-6053.

11 - 12 (Saturday - Sunday)

**CABIN WORK TRIP - Vining Tract Crew Vining Tract, Lydia, VA**

The Vining Tract crew meets the second weekend of every month to work on various projects, ranging from cabin repairs on any of the four rental cabins, to trail work and land management projects, to shoring up historic structures around the property. We're now relocating and rebuilding an old barn for eventual use as an overseers' refuge. Come join us and raise a hammer, a paintbrush, or loppers, as well as a beer or two, in the cause. Overnight at Wineberry. INFO: Hugh Robinson 703/525-8726 or Larry Lang 703/631-9278.

# FORECAST

12 (Sunday)

⬆️ **HIKE - Fifteen-mile Creek Circuit**  
**Green Ridge State Forest, MD**

Hike along with me on this 5.4-mile circuit as I fact check Jean Golightly's book, "Hikes in Western Maryland". Arrange for carpooling and INFO: Ralph Heimlich (heimlich@erols.com) 301/498-0918.

13 (Monday)

⬆️ **MEETING - New members (Shenandoah Mountain Rescue Group), 7:30 p.m.**

14 (Tuesday)

⬆️ **MEETING - PATC Council, 7:00 p.m. sharp.**

14 (Tuesday)

⬆️ **HIKE - Vigorous Hikers**  
**VA/WV/MD**

See Harpers Ferry from all sides and the middle on this circuit hike from VA Rt. 9 to Loudon Heights, to Md. Heights, to the AT through town (with Christmas decorations), and back to start via the AT. About 15 miles. INFO: Cliff Noyes (cliff.noyes@juno.com) 703/451-5181.

15 (Wednesday)

⬆️ **HIKE - Easy Hikers**  
**Glen Echo/C & O Canal, MD**

The Easy Hikers will hike 5 miles through Glen Echo Park and the C & O Canal. Meet at 10:00 a.m. in the Glen Echo parking lot adjacent to the Clara Barton House. To reach the Park from I-495, MD side, take Exit 40, Cabin John Parkway/Glen Echo which merges into the Clara Barton Parkway. Take left on the Glen Echo Exit. Turn left on MacArthur Blvd. and go past the Glen Echo entrance to the parking lot (look for Clara Barton House sign). From I-495, VA side, take Exit 41 (in MD) and go east on the Clara Barton Parkway to the Glen Echo Exit. Follow same directions as above. INFO: George Izumi (gizumi@erols.com) 301/570-1856.

18 - 20 (Friday - Sunday)

⬆️ **SKI TRIP - Timberline XC Ski Wknd**  
**Canaan Valley, WV**

INFO: Mitch Hyman (MitchHyman@compuserve.com) 202/244-0148.

21 (Tuesday)

⬆️ **MEETING - The Futures Group, 7:00 p.m.**  
**Cancelled, next meeting January 18.**

21 (Tuesday)

⬆️ **HIKE - Vigorous Hikers**  
**W. of Front Royal, VA**

End-to-end pre-Christmas hike on the Eastern half of the "Dogwood" along the ridge of Massanutten East Mountain. About 13 miles. INFO: Cliff Noyes (cliff.noyes@juno.com) 703/451-5181.

22 (Wednesday)

⬆️ **HIKE - Easy Hikers**  
**Bethesda, MD**

Easy Hikers will hike about 4 miles on the Capital Crescent Trail from Bethesda to Beach Drive and return. Meet at 10 a.m. at the Bethesda Swimming Pool parking lot at the corner of Little Falls Parkway and Arlington Rd., where the Capital Crescent Trail crosses Little Falls parkway. For those who are interested, we will stop for lunch at a restaurant in Bethesda on the return trip. INFO: Shirley Rettig 703/836-0147.



24 - 28 (Friday - Tuesday)

⬆️ **SKI TRIP - Tug Hill Ski Mini-Week #1**  
**Tug Hill, Upstate NY**

Join ten XC skiers ring in the holiday at All Season's Lodge in Sandy Creek (next to Lake Ontario). Enjoy likely heavy lake effect snowfall endemic to this area as we ski the many trails in nearby Winona State Forest, as well as nearby commercial trails of Salmon Hills and Osceola STCs. Estimated cost for lodging: \$125/130. INFO: Steve Brickel (sbrickel@erols.com) 301/946-2520.

26 (Sunday)

⬆️ **HIKE - St. Stephen's Day Family Hike**  
**Catoctin Mountain Park, MD**

Wolf Rock/Chimney Rock-Catoctin Mountain Park. Up to 4.5 miles—depending on children's ability. Leave DC metro area around 9:00 a.m. Limit: 12 participants. INFO: John Butler (John-Butler@msn.com) 301/263-0141.



28 (Tuesday)

⬆️ **MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.**

28 (Tuesday)

⬆️ **HIKE - Vigorous Hikers**  
**W. of Front Royal, VA**

End-to-end last Tuesday hike of the millennium. We'll remember the "Dogwoods" by hiking their western half along the ridge of Massanutten West Mountain. About 13 miles. INFO: Cliff Noyes (cliff.noyes@juno.com) 703/451-5181.

29 (Wednesday)

⬆️ **HIKE - Easy Hikers**  
**Lake Frank, MD**

Meet at Lake Frank Parking lot. From I-270, exit east on Route 28, towards and past Rockville. Route 28 eventually leads you onto Norbeck Road. From Norbeck Road, pass Gude Drive, and take the next left turn on Avery Road. About a mile up Avery Road, turn right into parking lot. (From Georgia Ave., go left on Norbeck, and right on Avery Road, and right into parking lot.) Enjoy the sounds of Rock Creek, the views of Lake Frank, and the midway warmth of a restaurant meal. Bring \$. Skiers are welcome if snow cover permits. INFO: Margaret Chapman 301/977-8988.



## January

1 (Saturday)

**DEADLINE - February Potomac Appalachian Headquarters, Vienna, VA**

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to jnsbianca@home.com. Allow one week for postal service delivery.

4 (Tuesday)

⬆️ **MEETING - Trail Patrol, 7:30 p.m.**

4 - 11 (Tuesday - Tuesday)

**CLASS - Wilderness First Responder**  
**Syria, VA**

A program of the Wilderness Safety Council, this 72 hour class conducted by Wilderness Medical Associates includes classroom study, hands-on practice, and results in a three-year certification. The cost of \$700 includes accommodations and meals. More information and registration at: <http://wfa.net/wfr.html>. INFO: Christopher Tate 703/836-8905.

5 (Wednesday)

⬆️ **MEETING - New Members (PATC), 7:30 p.m.**

7 - 9 (Friday - Sunday)

⬆️ **SKI TRIP - Canaan Valley Wknd #1**  
**Canaan Valley, WV**

Join our small group staying at a well-appointed cabin in Canaan Valley State Park. Take advantage of parks resort amenities, such as indoor swimming pool, whirlpool, and ice skate rink. Ski trails in the park, or nearby in Blackwater Falls State Park, Whitegrass STC, and the Dolly Sods Wilderness area. Cost is \$60/65 for two night's stay. INFO: Myrna Aavedal 301/794-7532.

8 (Saturday)

⊗ **TRAIL WORK TRIP - Massanutten Crew**  
**Massanutten Mountain, VA**

Start the new century with an invigorating day on a trail on Massanutten Mountain, north half. We'll probably be hiking 5-miles along a ridge and cutting up blowdowns with a chainsaw. We need a good sized crew to haul equipment, move cut logs, and laugh at the sawyer's lame attempts to be humorous. Nice views of the North Fork of the Shenandoah, when you aren't bent over pushing a log. INFO: Wil Kohlbrenner (wmaxk@shentel.net) 540/477-2971.

8 (Saturday)

⬆️ **HIKE - Northern Shenandoah Valley Chapter**  
**C & O Canal Towpath, MD**

Come join some hardy souls of the NSVC as they continue some progressive hikes along the Potomac River. We will be starting in Harper's Ferry and hiking east for approximately nine miles on a flat, hard-packed surface. If weather is inclement, the hike will be postponed until the next Saturday. Leader/INFO: Martha Clark (mclark@visuallink.com) 540/665-2101.

10 (Monday)

⬆️ **MEETING - New members (Shenandoah Mountain Rescue Group), 7:30 p.m.**

11 (Tuesday)

⬆️ **MEETING - PATC Council, 7:00 p.m. sharp.**

12 (Wednesday)

⬆️ **MEETING - Mountaineering Section, 8:00 p.m.**

14 (Friday)

⬆️ **HIKE - Northern Shenandoah Valley Chapter**  
**Old Rag Mountain, VA**

In the Jeffersonian tradition I will once again attempt to summit Old Rag on my birthday. And like last year, I would invite you to join me on this quest. This hike will be run only if the weather permits us to do so, and if it does, there are no better views and no better accomplishment than an Old Rag summit on a frosty clear January day. INFO: Lee Sheaffer (thumpers@visuallink.com) 540/662-1524.

## 14 - 17 (Friday - Monday)

### SKI TRIP - Tug Hill Ski Mini-Week #2 Tug Hill, Upstate NY

Join a dozen or so XC skiers enjoy the likely heavy lake effect snowfall endemic to this area, as we stay at the All Season's Lodge in Sandy Creek (next to Lake Ontario). Options include: participating in a local ski race; and just touring the many trails in nearby Winona State Forest; or the commercial trails of Salmon Hills and Osceola STCs. INFO: Rob Sweenes 703/532-6101.

## 14 - 17 (Friday - Monday)

### SKI TRIP - Mtn. Retreat Lodge Wknd #1 Canaan Valley, WV

Join our group staying at a cozy cabin in Harmon area south of Canaan Valley WV. Ski trails after a short drive in nearby Canaan Valley, Blackwater Falls State Park, Whitegrass STC, or Dolly Sods Wilderness area. Likely cost is \$78/83 for three night's stay. INFO: Darleen Wall 703/978-6398.

## 14 - 17 (Friday - Monday)

### SKI TRIP - New Germany State Park Wknd #1 Grantsville, MD

Stay at the quiet, comfortable Mennonite-run Casselman Inn in Grantsville MD, a few miles from the well-maintained ski trails in New Germany State Park. This location is close to other skiing areas in Allegheny Front of Western MD, PA and WV. For estimated cost and INFO: Jack Wise 410/256-3963.

## 15 (Saturday)

### CLASS - AT Through-hiker Preparation Course (REI) REI, Baileys Crossroads, VA

Realize the dream! Hike the AT end-to-end. Week-end backpacking is a lot of fun, but now you want something more: a long trail experience. Whether it's the AT, Pacific Crest, Continental Divide, or any of our regional long distance trails, there's a lot more involved than a weekend in the woods. REI's long-trail experts will take you through a four-part course (1/15, 1/29, 2/12 and 2/26) to prepare you for the rigors of the trail. Instructor: Through-hiker Jim Ammons. Planning and Preparation: Logistics, weather, resupply. Gear Selection and Fitting: Pack, tent, sleeping bag, stove, filter. Boot Selection, Fitting and Footcare and Technical Clothing and Lay-

ering. Out on The Trail: Final preparation and tips. Course fee is \$80 REI members; \$100 non-members. INFO: REI 703/379-9400.

## 18 (Tuesday)

### MEETING - The Futures Group, 7:00 p.m.

## 21 - 23 (Friday - Sunday)

### SKI TRIP - Canaan Valley Wknd #2 Canaan Valley, WV

Join our small group staying at a well-appointed cabin in Canaan Valley State Park. Take advantage of park's resort amenities, such as indoor swimming pool, whirlpool, and ice skate rink. Ski trails in the park, or nearby trails at Blackwater Falls State Park, Whitegrass STC, and the Dolly Sods Wilderness area. Cost is \$60/65 for two nights stay. INFO: Judy Stiak 703/553-5898.

## 21 - 23 (Friday - Sunday)

### SKI TRIP/CLASS - Learn to Cross-Country Ski Wknd #1 Laurel Highlands, PA

Catch XC ski fever with 20 or so other students learning how with the help of expert volunteer instructors. Stay at the Econolodge-like Bowersox Conference Center at the foothill of Laurel Mountain in Jennerstown, PA. Cost of \$75/80 covers lodgings, breakfasts and free instruction. INFO: Greg Westernik (gwesternik@attglobal.net) 301/839-1762.



## 22 (Saturday)

### CLASS - AT Through-Hikers Preparation Course (REI) REI, College Park, MD

Same as 1/15, except in College Park, MD on 1/22, 2/5, 2/19 and 3/4. INFO: REI 301/982-9681.

## 22 (Saturday)

### HIKE - Natural History Hike North District, Shenandoah National Park, VA

Join Bob Pickett on a 10.6-mile hike along Thornton Hollow, as described in the *Circuit Hikes in Shenandoah National Park* PATC publication. This will feature a moderately paced hike, ascending 1100 feet to the ridgetop and returning along Fork Mountain Trail to our starting point. If we're lucky enough to have some snow cover, we'll identify as many

tracks of our active winter mammal (and birds) as possible. Some history of the former residents will be discussed. INFO: Bob Pickett 301/681-1511.

## 22 - 23 (Saturday - Sunday)

### SKI TRIP/CLASS - NATO Downhill Nordic Clinic Canaan Valley, WV

Two days of training in downhill Nordic skiing techniques (mainly telemark and parallel turn skiing) offered by professional ski instructors, both local and from North American Telemark Organization. Clinic uses natural snow at White Grass STC, or man-made at downhill resort if necessary. Cost for instruction is at least \$116/person (\$121 non-member) if we get at least 8 persons confirmed. Lodging, meals, rental equipment and area use fees extra. Lodging to be arranged later at local motels. Reservations/INFO: Mitch Hyman (MitchHyman@compuserve.com) 202/244-0148.

## 25 (Tuesday)

### MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.

## 28 - 30 (Friday - Sunday)

### SKI TRIP - Blackwater Falls Wknd #1 Davis, WV

Stay at the Blackwater Falls Lodge adjacent to the Blackwater River and Gorge, complete with its own dining facility, indoor pool and exercise room. Ski right outside the Lodge on the trails within Blackwater Falls State Park, or try skiing down to White Grass in Canaan Valley, or drive to adjacent ski touring centers and trails in nearby Canaan Valley and Cabin Mountain. Cost per person for 2 nights of lodging is \$75/80. INFO: Erma Cameron 703/273-4578.

## 28 - 30 (Friday - Sunday)

### SKI TRIP - New Germany State Park Wknd #2 New Germany State Park, MD

Stay at the cozy Martin House as we ski well-maintained trails right outside the door for a lodging cost of \$24/person (\$29 non-member). This location is close to other skiing areas in Allegheny Front of Western MD, PA and WV. INFO: Steve Brickel (sbrickel@erols.com) 301/946-2520.

## Longing, from page 1

majority of nights outside, about the only consolation for the drought. But almost overnight the nocturnal bombast of insect music seemed to arrive, making it necessary to blunt the sound in the head of my mummy bag.

It has in fact been a veritable festival of insects all season long here at Blackburn: luna moths, hummingbird moths, "Darth Maul" moths, "moose bugs" (ask my fellow caretaker about these last two) cicada killers, stick bugs, praying mantis, June bugs, and more butterflies than I can name or mention, though a few months ago some people came to Blackburn to do a butterfly count.

We've witnessed remarkably common insects doing extraordinary things such as the flies that on several occasions took siestas near a lamp with all six legs pointing at the ceiling, as if expired, but, when nudged, would leap to their tiny feet and twizzle about before flying off, only to return moments later to the same blissful repose. No, we don't watch television here. Yes, we are easily amused. In fact, we place a high premium on receiving joy from small and inexplicable details of life, perhaps a requisite to enjoying a hike if not the result of an extended jaunt.

To everything there is a season except perhaps for hiking; we'll be caretaking Blackburn

through the winter for any of you who feel the same. To have the privilege of "living in the house by the side of the road" has shown me there is virtually no limit to the ways the Trail can be contributed to and that concentrating effort in one place is like polishing a rough stone till it gleams. There'll be time to polish rocks again with the soles of my boots, other trails, other pilgrimages. □

—Courtney Mann



# NOTICES

## NEW NOTICES

**LOST WATCH AT DOYLE'S RIVER CABIN.** While staying at the Doyle's River Cabin in mid-October I lost a woman's silver watch with turquoise stones in the band. I've had the watch for 20 years, and it has great sentimental value. It's possible the watch slipped under the mattress in the lower bunk or along the trail to the cabin from the parking lot, the trail to the outhouse, or the trail down to the falls. Please contact me if you've found the watch. Thank you. Andrea C. Bassoff, 301/699-0250.

## VOLUNTEER OPPORTUNITIES

**WANTED: NEW INTERNET SERVICES COMMITTEE CHAIRPERSON.** Interested in heading up the Internet Services Committee? Job entails overseeing management of PATC's website and related duties, including some HTML programming and supervising several volunteers. Requirements: previous experience working on a business website, outdoors experience, and PATC membership. Contact Wilson Riley at 703-242-0315, ext. 11.

**JOINED PATC BETWEEN 1950 AND 1980?** Your memories of your early years in the Club are needed in PATC Archives. What was the Club like then? What Club activities were most frequent? Most fun? Any format welcome—e-mail, handwritten, typed. Ask Archivist for a sheet of questions if you need help getting started. INFO: Paula Strain, 301/340-6895 or Archivist; 118 Park Street, SE; Vienna, VA 22180.

**Y2K? NO PROBLEM! 2002 IS THE PROBLEM UNLESS A PATCER WITH SOUND RECORDING EXPERTISE WILL VOLUNTEER ADVICE AND HELP.** 2002 is PATC's 75th anniversary. Archives has tapes of the programs of the 25th and 40th anniversaries, of a concert of the Club's favorite singer, Joe Winn, and of interviews with past presidents of the 1950-1974 period but has neither the equipment nor the knowledge of how to make them available for the 75th anniversary celebration. If you can help, call Paula Strain, 301/340-6895 or write Archivist; 118 Park Street, SE; Vienna, VA 22180.

**OVERSEER WANTED FOR BLACK ROCK HUT.** Contact Charlie Graf at cagraf@aol.com for further information.

**NEEDED: VOLUNTEER COORDINATOR**—a Club member to coordinate volunteer opportunities and place volunteers in jobs. There is currently no placement system to match volunteers with open tasks; you can devise and implement one. No experience needed, just a general understanding of Club activities and a willingness to work. Most work will take place at the headquarters in Vienna. Call Tom Johnson, vice president for volunteerism, at 410/647-8554, or e-mail him at johnts@erols.com.

**DISCOUNTS FOR HIKE LEADERS.** The PATC hikes committee will offer a \$60 discount (or 50% of the tuition, whichever is smaller) on Club-approved wilderness first aid or other applicable training courses to any leader who agrees to lead at least three official Club hikes in the 12 months that follow the training course. So if you have heard about a really terrific training course that might be of benefit to a hike leader, but hesitated to take it because of the cost, this offer might be right down your alley. For details, contact Tom Johnson at 410/647-8554, johnst@erols.com.

**THE SALES OFFICE** is looking for volunteers interested in working as little or as long as you can manage it—Monday through Friday between 9 and 5 p.m. If interested, please contact the Sales Coordinator, Maureen Estes, by either calling headquarters at 703/242/0693, ext. 19, or by e-mail at patc-sales@erols.com.

**NOT INTERESTED IN WORKING OUTDOORS?** PATC has a continuous need for Headquarters Volunteers willing to help out with a variety of tasks — from manning the sales desk in the evening, to providing typing or office support. It takes a lot more than trail workers to keep the Club going! INFO: Wilson Riley (wriley1226@aol.com) 703/242-0693, Ext. 11.

**PATC OVERSEERS** get BIG discounts from the following merchants who support our volunteer programs: -Blue Ridge Mountain Sports (Charlottesville/Tidewater)-20% -Hudson Trail Outfitters (DC Metro Region) 15% -The Trailhouse (Frederick, MD) 15% -Casual Adventures (Arlington, VA) 10% -Campmor (Mail Order via PATC HQ) 10%. Check the back page of the PA for the latest trail, cabin, and shelter overseer opportunities. And all PATC members receive a 10% discount from Blue Ridge Mountain Sports. Be sure to have your membership ID or overseer ID ready when you shop.

**SHENANDOAH MOUNTAIN RESCUE GROUP (SMRG)** is seeking people interested in wilderness search and rescue. New member orientation meetings are held every month at PATC headquarters. NO EXPERIENCE IS NECESSARY. INFO: SMRG Operations 703/255-5034, then press #5.

**TOOL ROOM VOLUNTEERS NEEDED** to help sharpen and maintain tools at PATC Headquarters. INFO: Pete Gatje 703/242-0693 x13.



HAPPY HOLIDAYS

## HIKING VACATIONS

**COSTA RICA?** PATC members Tom and Steve Johnson (Los Dos Hermanos) will be leading another trip to the fabled land of jungles and volcanoes in February 2000 (the Y2K Trip). A few spots still remain for this limited-edition boutique tour, but call soon for info/reservations - locally, Tom at 410/647-8554 (johnts@erols.com) and distantly Steve at SJohnson151@compuserve.com or johnsos@clemson.edu.

**HIKE THE ARCHAEOLOGICAL TREASURES** of Turkey's Aegean and Mediterranean Coastline with AMC group April 23-May 11, 2000. For prospectus, send self-addressed, stamped envelope to trip leader and long-time PATC member, Donald Erbe, 129 Main St (B-11), Cornwall, NY, 12518 (fax 914-534-2368).

## MISCELLANEOUS

**PURE MAPLE SYRUP.** PATC Life Member relocated to the Berkshires makes his own. A quart shipped within the USA is \$18.00 and makes a perfect gift. Contact me for a brochure, Tom McCrumm, 755 Watson-Spruce Corner Road, Ashfield, Massachusetts. 01330. 413/628-3268.

**FREE TO GOOD HOME. LARGE FOREST GREEN DOG BACKPACK.** Worn once for fitting by Steve the Trail Dog, co-caretaker of the Jim & Molly Denton Shelter. It didn't fit and was on non-returnable sale from REI. High quality, lots of pockets, quite stylish. Call Jim or Karen Harvey at 540/636-1510

**CONSERVATION BUYERS WANTED:** PATC's Trail Lands Committee has a need for individuals interested in acquiring wilderness land to help insure the permanent protection of the trails in the PATC system. These private properties would be set aside for either the trail path itself or buffer land naturally preserving the trail environment. The buyer would have the option of placing a cabin on the land for the buyer's use and enjoyment, but the cabin would be sufficiently distant from the trail to insure privacy for both the cabin owner and the trail hiker. Donating a conservation easement over the property would result in the conservation buyer being entitled to take a significant tax deduction, while gaining the satisfaction of contributing to the perpetual preservation of a PATC trail. Inquires should be addressed to Phil Paschall, PATC Trail Lands Committee, 118 Park St, SE, Vienna, VA 22180.

**THE HOSTEL KNOWN AS "THE PLACE"** needs your help. The hostel is owned and operated by the Damascus United Methodist Church and is in its twenty-fourth consecutive year serving hikers and bikers on the Appalachian Trail, the National Transcontinental Bike Trail, and the Creeper Trail. Until now, donations by the people who stay at "the Place" have been sufficient to pay the operating expenses and for maintenance projects, but permanent repairs to the structure are now crucial, including installation of new vinyl siding at an estimated cost of \$10,000. We are asking for donations for the first time in order to make these necessary repairs. To make a donation to "The Place," make checks payable to the Damascus UMC Hostel, Damascus United Methodist Church, P.O. 348, Damascus, VA 24236-0358.

## LOST AND FOUND

**LOOKING FOR A MISSING BOOK FROM HIGHACRE:** Highacre House possessed a picture book of Harpers Ferry and the pictures went as far back as the late 1700s. It was a hard cover book, published in 1988, with only a small number printed. The size was around 10x12. It was a private printing, but the name of the lady author or the title of the book escapes us. It was a picture story covering the early and later floods and pictures of the town as it was back in its early founding. There were lots of pictures throughout the 1800s and early 1900s. Whoever took this book away from the cabin is asked to return it, no questions asked. This is a collector's item and is the property of the Potomac Appalachian Trail Club. We ask for your cooperation in this matter.

**FOUND.** Flashlight found at Fowler Hollow Shelter on Tuscarora. INFO: Keith Daly, 304/229-0110.

*Notices are published free of charge for PATC members only. PATC cannot vouch for any of the advertised items. No commercial advertisement or personal notices unrelated to hiking will be accepted. Deadline for inclusion is the first day of the month preceding issuance of the newsletter. Notices will be run for 3 months unless we are otherwise advised.*

### Trail Lands, from page 1

Once the trail is shut off, there is no alternative but walking roads. For parcels such as these, PATC must buy on the open market, because we are competing with developers.

Ironically, many of the eight tracts are being offered to PATC by willing sellers. Because there is no money to purchase them right now, owners are waiting, some impatiently. If we stall the process due to lack of funds, we are in danger of losing them to outside forces.

Your contribution during this season of giving will be put to good use. The money is needed now, and no amount is too small. All of these tracts are for land acquisitions, not for cabins. All are important for providing protection to the AT or Tuscarora (formerly called the Big Blue). All are being willingly offered to PATC, some at discounted (donated) rates. Most have no funds currently earmarked in PATC's budget.

If you can help, please do. You will be doing a valuable service for the future of trail lands and for protecting the enjoyment of the hiking way of life for future generations.

—Jack Reeder



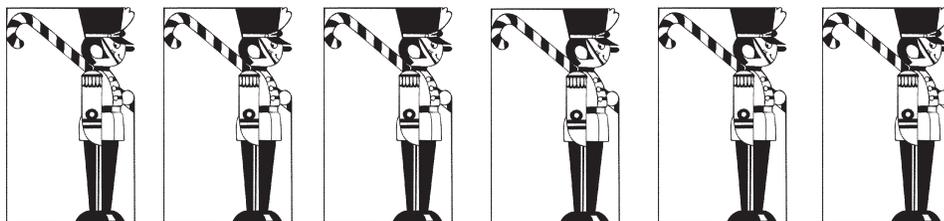
### Attention Federal Employees

PATC is participating in the Combined Federal Campaign of the National Capital Area. Please consider a payroll donation to PATC. Our 1999 Designation Number is 7956. Thank you for your support.

## Tracts Needing Immediate Funding

Here is a brief description of some of the tracts PATC seeks:

1. **Shenandoah County, Virginia.** This area's acquisitions are urgently needed to keep the Tuscarora Trail open and to enable it to cross I-81 in the Shenandoah Valley. The Tuscarora is perhaps the "future Appalachian Trail" since the AT is rapidly being urbanized in northern Virginia. Funds required: an estimated \$20,000-40,000.
2. **Larrick Tract.** This is on Great North Mountain in Frederick County, Virginia. This is urgently needed to widen the protective corridor around the Tuscarora Trail as it progresses north to the Potomac River. Funds needed: \$35,000.
3. **Lorenzo Lewis Tract.** This 75-acre parcel is an important concern for protecting the viewshed and adjoins the Appalachian Trail in northern Virginia. Northern Virginia is one of the most rapidly developing areas in the region and will, in another 10 years, become more urban than rural, thus depleting the wilderness resource that the Trail now traverses. This tract also features a beautiful waterfall, a natural feature that would enhance the Trail and provide for a circuit hike stemming from the AT. Cost: \$180,000.
4. **Great North Mountain Wilderness.** This is for the purpose of achieving rights-of-way along a subdivision on Great North Mountain in Frederick County, Virginia. It adjoins the Tuscarora Trail and is key to widening the protective trail corridor on the mountain. ROW Value: indeterminate.
5. **Anonymous Longtime Member, Adjoining Tracts near Route 601, Loudoun County.** These two parcels totaling 200+ acres are key for protection of the Appalachian Trail viewshed. In an area of hotbed home development, these tracts have been offered to PATC as a way of preserving the wilderness adjoining the Trail. PATC cannot afford these at this time nor in the foreseeable future. A donation allowing purchase would be an important step toward precluding development adjoining the Trail. Commercial value: \$350,000.
6. **Hughes.** This small, undeveloped 25-acre tract adjoins the Appalachian Trail near the PATC Blackburn Hikers Center in northern Virginia. Purchasing this would help protect the viewshed from the Trail and prevent development in a critical area that is already seeing homes being built in the surrounding mountainside. The owner is a willing seller to PATC if the Club can come up with the money. Acquisition cost: about \$25,000.
7. **Byron Brill Tract.** This area, near Shockey's Knob, is about 500 acres, and would protect the Tuscarora Trail. Estimated value: \$350,000.
8. **Buzzard Knob,** a tract of about 208 acres in Shannondale in Jefferson County, West Virginia, worth about \$275,000. PATC is working with the Appalachian Trust to acquire this property. TATL is shouldering most of the financial burden. PATC needs to come up with about \$25,000 for its share.



# Check out the PATC Store for Your Holiday Shopping

## PATC Publications

ITEM #	DESCRIPTION			RETAIL	MEMBER
PA100	Map 1	(ed. 9, 1998)	AT Cumberland Valley, PA (Susquehanna River to Route 94)	5.00	4.00
PA110	Map 2-3	(ed. 8, 1998)	AT Michaux State Forest, PA (Route 94 to Route 30)	5.00	4.00
PA120	Map 4	(ed. 7, 1998)	AT Michaux State Forest, PA (Route 30 to PA-MD State Line)	5.00	4.00
PA130	Map 5-6	(ed. 15, 1998)	AT Maryland	5.00	4.00
PA140	Map 7	(ed. 12, 1998)	AT Northern Virginia (Potomac River to Snickers Gap)	5.00	4.00
PA150	Map 8	(ed. 12, 1998)	AT Northern Virginia (Snickers Gap to Chester Gap)	5.00	4.00
PA160	Map 9	(ed. 15, 1999)	AT Shenandoah National Park (North District)	5.00	4.00
PA170	Map 10	(ed. 18, 1997)	AT Shenandoah National Park (Central District)	5.00	4.00
PA180	Map 11	(ed. 13, 1999)	AT Shenandoah National Park (South District)	5.00	4.00
PA190	Map 12	(ed. 8, 1999)	AT GWNF Pedlar District (Rockfish Gap to Tye River)	5.00	4.00
PA200	Map 13	(ed. 4, 1999)	AT GWNF Pedlar District (Tye River to James River)	5.00	4.00
PA210	Map D	(ed. 2, 1991)	Potomac River Gorge Area and Cabin John Trail	3.50	2.80
PA220	Map F	(ed. 4, 1995)	Great North Mountain-North Half (Virginia/West Virginia)	5.00	4.00
PA230	Map G	(ed. 6, 1998)	Massanutten Mountain-North Half (Signal Knob to New Market Gap)	5.00	4.00
PA240	Map H	(ed. 2, 1995)	Massanutten Mountain-South Half (New Market Gap to Mass. Peak)	5.00	4.00
PA250	Map J	(ed. 2, 1997)	Tuscarora Trail AT, PA to PA Route 641	5.00	4.00
PA260	Map K	(ed. 2, 1997)	Tuscarora Trail PA route 641 to Hancock, MD	5.00	4.00
PA270	Map L	(ed. 2, 1996)	Tuscarora Trail (Hancock, MD, to Capon Springs, WV, and Cacapon St. Pk.)	5.00	4.00
PA290	Map N	(ed. 1, 1993)	Rock Creek Park Area, DC	5.00	4.00
PA300	PATC Elevation Profile of Appalachian Trail (Pine Grove Furnace to Rockfish Gap)			1.75	1.40
PB100	AT Guide Book #6 (ed. 15, 1995) Maryland and Northern Virginia			7.00	5.60
PB110	AT Guide Set #6 (AT Guide Book to MD and Northern VA with Maps 5-6, 7 & 8)			18.00	14.40
PB120	AT Guide Book #7 (ed. 12, 1999) Shenandoah National Park			9.00	7.20
PB130	AT Guide Set #7 (AT Guide Book to Shenandoah National Park with Maps 9, 10 & 11)			20.00	16.00
PB140	Massanutten Guide Set (Guide to Massanutten Mountain with Maps G & H)			14.00	11.20
PC100	Circuit Hikes in Shenandoah National Park (ed. 14, 1996)			6.00	4.80
PC110	Circuit Hikes in Virginia, West Virginia, Maryland, and Pennsylvania (ed. 5, 1994)			6.00	4.80
PC115	Hikes in Western Maryland (ed. 1, 1997)			6.00	4.80
PC116	The Tuscarora Trail North (Guide to Maryland and Pennsylvania) (ed.3, 1997)			6.00	4.80
PC117	The Tuscarora Trail South (Guide to West Virginia and Virginia) (ed. 3, 1997)			6.00	4.80
PC120	Hikes in the Washington Region: Part A Northern Maryland Counties (ed. 3, 1992)			6.00	4.80
PC130	Hikes in the Washington Region: Part B Northern Virginia Counties (ed. 3, 1993)			6.00	4.80
PC140	Hikes in the Washington Region: Part C DC/Southern Maryland Counties (ed. 2, 1999)			6.00	4.80
PC160	Guide to Massanutten Mountain (1993)			6.00	4.80
PC180	Hiking Guide to the Pedlar District, George Washington National Forest (ed. 2, 1990)			6.00	4.80
PC190	Climbers' Guide to the Great Falls of the Potomac (1985)			6.00	4.80
PC200	Carderock Past & Present: A Climbers Guide (1990)			7.00	5.60
PC205	Pioneering Ascents (the origins of climbing in America)			14.00	11.20
PC210	Clearing Trails in War Time			5.95	4.76
PC220	Breaking Trail in the Central Appalachians - a narrative			12.50	10.00
PC230	Lost Trails and Forgotten People: The Story of Jones Mountain (ed. 2, 1985)			7.50	6.00
PC240	The Dean Mountain Story (1982)			5.50	4.40
PC250	Shenandoah Heritage: The Story of the People Before the Park (5th printing, 1995)			7.00	5.60
PC260	Shenandoah Vestiges: What the Mountain People Left Behind (3d printing, 1993)			5.00	4.00
PC270	Shenandoah Secrets: The Story of the Park's Hidden Past (Revised 1998)			12.95	10.36
PC280	PATC Cabins Booklet (1997)			4.00	3.20
PC300	Wildflowers of the Potomac Appalachians: A Hikers Guide (1979)			2.50	2.00
PC310	The Blue Hills of Maryland (ed. 1, 1993)			14.00	11.20
PC320	Memories of a Lewis Mountain Man (1993)			8.00	6.40
PD100	Map of the Stony Man Region of the Shenandoah National Park (Illustrated) (1964)			2.00	1.60
PE120	PATC Member Decal			N/A	1.00
PE130	PATC Member Patch			N/A	2.00
PE140	PATC Member Pin			N/A	2.95
PE150	PATC Ballpoint Pen with gift box			3.00	3.00
PE250	Long Sleeve T-Shirts			20.00	20.00
PE260	Short Sleeve T-Shirts			15.00	15.00
PE265	Notecards with Drawings of 3 PATC Cabins (box of 10 with envelopes)			4.00	4.00
PE280	PATC Coffee Mugs			7.50	6.00
PE320	PATC HAT			12.00	12.00
XX700	Natural History Guide to Common Woody Plants of the GWNF and SNP (1995)			3.00	2.40

## Publications from Other Publishers

DESCRIPTION	RETAIL	MEMBER
184 Miles of Adventure (C&O Towpath) (1991)	\$ 4.75	\$ 3.80
50 hikes in Northern Virginia (1994)	13.00	10.40
Appalachian Trail Field Book (1982)	3.50	2.80
Appalachian Trail Patch	3.00	2.40
Appalachian Trail Thru-Hikers' Companion (1996)	10.00	8.00
Backpacker Magazine Guide to the AT (1989)	16.95	13.56
Backpacking: One Step at a Time (1986)	9.00	7.20
Camping and Backpacking with Children (1995)	16.95	13.56
Common Sense Medical Guide (1987)	15.00	12.00
Cross-Country Skiing (1988)	9.00	7.20
Exploring Washington on Foot	12.95	10.36
Finding Wildflowers in Washington/Baltimore Area (1995)	15.95	12.76
Food & Lodging Along the C&O Canal (1994)	3.00	2.40
Guide to Skyline Drive and SNP (1997)	7.50	6.00
Guide to the Mason-Dixon Trail System (1992)	15.12	12.60
Hikes to Waterfalls (1997)	3.00	2.40
Hiking Guide to the Monongahela National Forest (1999)	12.00	10.00
Hiking Virginia's National Forests (1998)	10.00	8.00
Hollow Boy By Rayner V. Snead (1995)	13.95	11.16
Insiders Guide to Virginia's Blue Ridge (1995)	15.00	12.00
Lightly on the Land	19.95	15.95
Moonshiner's Son by Carolyn Reeder	4.79	3.99
Mountaineering First Aid (1990)	7.00	5.60
Pennsylvania Hiking Trails (ed. 12, 1998)	7.00	5.60
Potomac Trails (1997)	14.95	12.00
Rock Climbing (A Trailside how to Guide) (Don Mellor)	17.95	14.50
Skyland: The Heart of Shenandoah National Park (1960)	6.00	4.80
The 18 Cabins of Old Rag		5.00
The Appalachian Trail Backpacker (1994)	11.00	8.80
The Appalachians (1975) (Maurice Brooks)	18.95	15.16
The C&O Canal Companion (1997)	23.50	19.60
The New Appalachian Trail (Ed Garvey) (1997)	14.95	11.95
The Potomac River and the C&O Canal (1992)	8.50	6.80
The Undying Past of the Shenandoah National Park	18.95	15.16
There are Mountains to Climb (1996)	12.95	10.36
Thru-Hikers Handbook (Dan "Wingfoot" Bruce, 1998)	12.00	9.60

DESCRIPTION	RETAIL	MEMBER
Thru-Hikers Planning Guide	\$ 12.00	\$ 9.60
Towns along the Towpath	14.00	11.20
Towpath Guide to the C&O Canal (1994)	14.00	11.20
Trail Building and Maintenance (ed. 2, 1981) (AMC)	12.95	10.36
Trail Design, Construction and Maintenance	9.00	7.20
Trails in Southwest Virginia (1997)	6.95	5.50
W & OD Railroad Trail Guide (1996)	8.00	6.40
Walker's Guide to Harpers Ferry (1994)	8.00	6.40
Walking the Appalachian Trail (1994)	16.95	13.56
Wilderness Navigation (1999)	9.95	8.00
Workbook for Planning Thru-Hikes	6.00	4.80
<b>Appalachian Trail Poster Maps</b>		
b) AT and eight full-color trail photos 32" x 47"	6.95	5.56
c) AT strip map with forest green border 9" x 48"	3.50	2.80
<b>Other AT Guide Books with Trail Maps</b>		
AT Data Book (supplement to guide sets) (1999)	4.95	3.95
Central Virginia (1994)	18.00	14.40
Maine (1993)	25.00	20.00
Massachusetts-Connecticut (1994)	20.00	16.00
New Hampshire-Vermont (1995)	17.00	13.60
New York-New Jersey (1994)	16.00	12.80
North Carolina-Georgia (1998)	25.00	20.00
Pennsylvania (1998)	40.00	32.00
Southwest Virginia (1994)	17.00	13.60
Tennessee-North Carolina (1995)	25.00	20.00
<b>Trails Illustrated Topo Maps</b>		
American Discovery Trail (covers DE, MD, & WV) (1995)	9.00	7.20
Shenandoah National Park (1994)	9.00	7.20
<b>Trinkets</b>		
Appalachian Trail South Bandana	5.00	5.00
Hand Painted Scenic's on Slate Rock	19.95	19.95
PATC Water Bottles	5.00	5.00
Smokey the Bear Pins	4.00	3.20
Tuscarora Trail Patch	2.00	2.00

## ORDER FORM ON PAGE 16

### Walt's Notes, from page 3

protecting the trails in a rapidly growing urban and commercial environment.

### Construction of Shelters and Cabins

Council is considering the approval of significant monetary outlays for the construction of a new shelter in Maryland and the renovation or construction of the Blackburn Trail Center, Rosser Lamb House, John's Rest Cabin, Tulip Tree Cabin, and many other smaller projects involving significant repairs of existing buildings. An inventory of the structural condition of all our cabins has been made so that we may project where resources will be needed during the near future. We will be having a meeting this month of our cabin overseers for the purpose of determining how we may improve cabin operations. A new Cabin Overseers Manual, developed by Mel and Nancy Merritt, will help volun-

teers undertake their responsibilities. We shall need your assistance as renters in helping the volunteer cabin overseers maintain good stewardship of our facilities.

### Members Are More than Volunteers and Overseers, They Are People

I had the honor of attending a very special wedding in October. The couple had met more than three years ago while attending a hike in Shenandoah National Park sponsored by the Northern Shenandoah Valley Chapter. The groom had never hiked before. The bride had hiked but not with PATC. As I was departing after the hike on that July day in 1996, I saw them on Crescent Rock, no doubt enjoying the view and each other's company. Well, the days soon passed after Cupid shot that arrow, and the prospective bride and groom became active members of the Club. While attending the wedding I was

reminded of how we volunteers are also people with aspirations and goals. Besides being officers and committee chairs, we are also human beings who care for each other. Let us continue to pursue our most important Club goals with a human touch.

May you enjoy meaningful holidays.

See you on the trail,

*Walt*



## ORDER FORM

TELEPHONE HOURS:  
 Monday - Thursday: 7:00 p.m. - 9:00 p.m.  
 Thursday - Friday: 12:00 noon - 2:00 p.m.  
 Telephone: 703/242-0693  
 Fax: 703/242-0968

SEND ALL ORDERS TO:  
 PATC  
 118 Park Street, S.E.  
 Vienna, VA 22180-4609

Name \_\_\_\_\_  
 Shipping Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_

Credit card orders (Visa or Mastercharge only)  
 Please have all information ready when you call.  
 Make checks payable to the Potomac  
 Appalachian Trail Club (PATC)  
 Do not send cash, stamps or C.O.D. orders.  
 Please allow 3 weeks for delivery. Orders may be  
 shipped by UPS or First Class Mail.  
 Please include Shipping and Handling costs to  
 expedite your order.

- Member       Nonmember  
 Please send membership information & application

### SHIPPING AND HANDLING CHART

Order Subtotal	S & H Cost
Up to \$10.00	\$2.00
\$10.01 to \$25.00	\$4.00
\$25.01 to \$50.00	\$6.00
Above \$50.00	\$8.00

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## Mike Karpie's Outdoor Photo Tips

### Composition, Part Two: Photographing People

While studio portraits are popular, they often have one strong disadvantage. They show us what the subject looked like at a given time but tell us very little else. Candid photography often shows the person doing something they enjoy and will have more meaning to future generations because they tell a little more about the person.

Here are some ideas to help you with your people pictures:

- Move in close: try to fill the frame with your subject, but in many cases you may want to include other key elements, such as the tent in the background or a favorite piece of hiking gear. Try to catch the person doing something they enjoy.
- Get on your subject's level: this applies mostly to children and, in some cases, animals. Try sitting or kneeling in order to look your subject in the eyes.

- Avoid a cluttered background: try a different angle to eliminate distracting elements in the scene.



- <sup>a</sup> Avoid squinty eyes: often the best time to photograph people is during overcast weather. If the weather doesn't cooperate, and the sun insists on shining, try moving your subject to the shade or turning the

*See Photo Tips, page 17*

*Photo Tips, from page 16*

person so the sun is not directly in his/her eyes.

- Use fill flash: especially if you are using the above tip! Flash fills in the shadows that can form pools of darkness around the subject's eyes. It also provides a nice catch light, or "twinkle," to the eyes and makes the photo easier to print in publications, such as PATC newsletters!
- Groups: try to arrange your group so their heads are not perfectly lined up. Take several pictures. In a group there is bound to be somebody who turns their head or decides to pick the spinach from between their teeth at the last minute.
- Finally: try to arrange your subjects so they are off-center. There is a great technique for doing this, and I will cover it next month in Part Three: "The Rule of Thirds".

I will be setting up a web site specifically for illustrating the topics covered in this column. You can access the site at: "www.geocities.com/mkarpie/tips.html". □

—Mike Karpie

**Obituary**

Margaret Keister Peterson, member 1948-1999 died October 7 after a brief illness. An Honorary Life Member since 1998, Peg was an early member of the Mountaineering Section. She also met the public, for many years, as a member of the Club's Headquarters information and sales staff.

—Paula Strain

ATC's TTY phone, donated by David Penny, a deaf through-hiker, is now up and running thanks to Frank Turk's assistance in setting it up and showing the staff how to use it. Deaf hikers will now be able to make outgoing calls from ATC headquarters. The phone is located on the back information desk in the information center.

*This poem originally appeared, in garbled form, in the September issue of the PA. What follows is the correct version.*

**The Big Blue Revisited,  
January 22, 1994**

The sun was warm  
The sky was bright  
Snow was everywhere  
Martha timed it right

The ice was thin,  
Jim fell in  
Kurt fell down  
The ladies laughed, what a sight

The Big Blue beckoned  
and away they went

Sandra found the crossing  
Others found the briars

Back on the trail  
Up the hill they went  
to a lunch spot on the crest  
to drink from the views

Maude ate all the dog biscuits  
and Later...yuck!!

Cameras clicked, snow balls flew  
Over Meneka Peak to Signal Knob  
they did press

Peace, smiles and contentment  
were found in this place  
The day was right as they all knew

The snow grew deeper  
They were the first ones through  
Then it was time to go  
And down the hill they went

Later it grew dark

They found the cars  
The roads were slippery  
Jane grew tense

But

The sky was black  
The stars were out  
Moonshadows danced in the woods and  
Played in the snow covered pastures

So

Finally to a restaurant they did go  
Marcie met Art  
It was nice

Many helpings of Fried Clams later  
Out the door they went  
Just as fat and Sassy as ever

And

Friends

It just doesn't get any better than this

—Snowbanks

**ARE YOU MOVING?!!**

Did you know that the Post Office charges PATC 50 cents every time they let us know a member has moved? You can help save money and get information to you faster just by telling us yourself.

Please fill out the following form and mail it to 118 Park Street, S.E., Vienna VA 22180-4609. You can also call Pat Fankhauser at 703/242-0693 or e-mail her at pfankh@erols.com.

Name: \_\_\_\_\_

Effective date of New Address: \_\_\_\_\_

Old Address: \_\_\_\_\_  
\_\_\_\_\_

New Address: \_\_\_\_\_  
\_\_\_\_\_

New Phone Number: \_\_\_\_\_

## Trailhead

You only had to be outside in October to realize what a beautiful time it was to hike or work on PATC trails. Overseers and trail crews were very active this fall, enjoying the cooler weather and exciting fall foliage. The consensus is that this is the best time of year to work on the trails.

Before leaving to help take care of triplet grandchildren just returned from the hospital, Pete Gatje, Supervisor of Trails, passed on his grateful appreciation to the PATC District Managers and Trail Crew Leaders for the great job they have done this year. The AT has never been in better shape, and the blue trails, including the Tuscarora Trail, are also much improved.

**Oktoberfest In SNP North District**  
George Walters reports that North District trail overseers were kept busy in October from the nearly seventeen inches of rain that fell in the park in September combined with the frequent wind events that produced blowdowns by the score and filled many of the waterbars. Twenty-five trees were down in just two adjacent sections of the AT!

A large crew turned out for the North District Hoodlums' Oktoberfest work trip, building over two dozen rock check dams and waterbars on a recently eroded section of AT tread near the summit of North Marshall. Afterwards, the crew retired to Indian Run Hut for a banquet of various German foods and a chance to view the rings of Saturn and the moons of Jupiter through the head Hoodlum's telescope. The crew also installed check dams and rebuilt waterbars on the Indian Run spring trail and hut access trail.

### **Dogwood Half-Hundred Route**

Dogwood runners on the Massanutten West Trail leaving Powells Fort Camp will find a much-improved tread after an October work trip by the Stonewall Brigade and the Massanutten Crew. PATC crews combined forces with the trail crew of the mountain-biking club Mid-Atlantic Offroad Riding Enthusiasts (MORE) for a major overhaul of the drainage on this long neglected trail.

Old, ineffective waterbars were replaced, and new waterbars added. Only modest dirt berms were used since waterbar construction involved digging a two-to-four foot wide, deep ditch alongside outslopped tread. Water

tips off the tread into the ditch and is led to the downslope. No slippery logs or rocks! All along the trail, the downslope lip was removed where possible to allow water to flow off outslopped tread without need of a waterbar. Large rocks that had been placed in the tread as checkdams or waterbars were removed. New tread was built around badly gutted sections. The tread is now well drained, easy to maintain, and friendly to hikers, bikers, and horses.

Pesky gnats were a problem, so everyone was issued a headnet. These nets got rave reviews. In the future, all Stonewall Brigade and Massanutten Crew members will be issued a laundered "gnat gnet." A crew leader who wears shorts remarked that the gnat gnet protects one's gnose, but will not prevent gnat gnawed gnees.

### **Tales from the North District**

With the luxury of having two entire weeks to dedicate on one trail with both North District trail crews, our SNP/PATC partnership agreed to work on two problem areas of the Thornton River Trail. The first addressed improving the four stream crossings to allow easier, drier crossings during normal water flows, and the second involved cleaning up a very rough section of the trail leftover from Hurricane Fran in September 1996. The first week, the Park's North District Trail Supervisor, Don Harvey and PATC Supervisor of Trails, Pete Gatje, led old hands Mike Fleming, Al Juliano (who returned after a year's layoff) and Bernie Stalman. They were joined by first timers Stan Turk, a Tulip Tree cabin veteran, and Trip Reed, a recent retiree looking for adventure and excitement. Our mission to put in four stream crossings by moving large rocks with a Griphoist was looked forward to by all. Day One is always a challenge — for some more than others. Rise and shine at 5:30 AM was only looked forward to by Bernie as he got to sleep in. After being ready to hit the road by 6:30, the first decision was to change rise and shine to 6 AM. We met Don at Piney River Ranger Station, got tools, and were on our way to the Thornton River trailhead outside the Park. After an easy, almost two-mile hike to the first river crossing, we were ready for action. Under Pete Gatje's direction, it didn't take long to get rocks moving and in place. Before we knew it, it was lunchtime. The second challenge of Day One was now here. Two crew

members left their lunch back in the refrig at Pinnacles. Shame. After a few laughs, the rest shared. Before the end of the first day we had completed the first crossing, and it was on to number two. While Pete and crew were moving rocks, Don and Bernie were having fun on the two-man cross cut saw taking out blowdowns that were in the way.

Tuesday and Wednesday were much the same as Monday. Interestingly enough, on Tuesday a third crew member left his lunch, not in the refrigerator, but in his backpack. Of course that brought a lot more guffaws after Monday's lunch forgetting incident. No doubt it is just plain hard sorting out one's backpack from a daypack that early in the morning. Tuesday we finished crossings two and three, and our adventure that day was to have Don and Pete show us how to stash our tools behind a large boulder — on top of a yellow jacket nest. They showed us how two middle-aged (not you Pete) trail dogs could move like a pair of twenty year olds. By Wednesday we had finished all four crossings, which, we are happy to say, survived the heavy Dennis and Floyd rains in the Park. On our hike out Wednesday we were treated to a face-to-face encounter with the "wild" Angus steer living on the east side of the Park. Trip and Mike discovered that they also had herding talents as they pushed Blackie for a half-mile before he decided he had enough and took off up the mountain.

Thursday we decided to do a double crossing of the Thornton River on the Hull School Trail. While Pete, Al, Mike, and Trip tended to that, Don and Bernie headed up Fork Mountain Trail to remove a dozen blowdowns with the cross cut saw. That was a dream. After three challenging trees, it was time to rejoin the rock movers. On Friday we decided to spend half a day working on another trail. We did some needed maintenance on Tuscarora/Overall Run and put in some new water bars. The weather was perfect, the views as always spectacular, the new Skyland dinner menu appreciated, and the friendship rewarding.

Week two in the North District brought some changes: in addition to being a shorter week due to Labor Day, we had a smaller crew. Bernie as a holdover from week one was joined by second week vets Martha Spohn and Bill Wallace and newcomer Carmelita Will-

### Trailhead, from page 18

iams. The Labor Day weekend had so much rain that Don Harvey decided it could be too wet to work on Thornton River, so we spent Tuesday and Wednesday cross cutting blowdowns on Piney Ridge and Fork Mountain Trails. Bernie felt a lot better not leaving Fork Mountain undone! On Thursday we made it back to Thornton River. We had a full day rebuilding long lost water bars as well as putting in a few new ones. On Friday we returned to Tuscarora/Overall Run to finish what we had started the previous week. It was a great two weeks, and we had the opportunity to finish much of what was started on Thornton River during George Walter's Overseer Workshop on the following weekend. So to all you ND hikers—enjoy the improvements.

### Thornton River Workout

Aurelio Roco, co-overseer for the Thornton River Trail, led six volunteers at the end of October to start rebuilding the tread that was washed out from Hurricane Fran in September 1996. The previous work done earlier this September with the trail crews and the overseer workshop had survived the rains of Dennis and Floyd. With a day's effort, 150 feet of elevated tread with a parallel lateral ditch was in place. After a great spaghetti dinner and wine, Aurelio announced that this has been so much fun, we are going back in November.

### Cadillac Does Vining

With hunting season upon us, the Cadillac Crew, unable to work at Shockey's Knob, organized a couple of work trips to Vining Tract in October. On the first work trip to Morris Cabin, the crew was greeted with a rutted approach road to the tract (see Aimee Kratts' comment on the PATC forum). At the cabin, a large blowdown blocked the path to the privy and spring, and the spring box had been washed out as a result of the hurricanes in September. The Morris privy was lucky to be alive, as the 28-inch diameter oak blowdown only missed crushing the privy by four feet. Original work plans were modified, and the crew attacked the blowdown and rebuilt the spring box before rebuilding the tread to the spring and clearing around the cabin as planned. The continuation of Saturday night's rain into Sunday limited activities, but the crew was still able to open up areas behind the cabin.

Unlike the rain at Morris, beautiful clouds combined with the fall colors provided a beautiful backdrop for a work trip to Mutton Top.

The crew's challenge was to clear the view obscured by years of unchecked growth around the perimeter of the field in front of the cabin. It was amazing to watch the view unfold as the crew systematically cleared trees and vines. If you are visiting the Vining Tract, check out Mutton Top; the view is fantastic!

### Tip from a Tool Toter

Trail workers often need more than one tool (e.g., pick mattock and McLeod, etc.), but carrying multiple tools is frequently awkward. You have noticed that carrying one tool in each hand causes gnats to swarm around, hats to loosen, itching, and brush to get in the face. Hop Long recently fashioned lashings

to hold such tools together. Lashings are made from 14 inch pieces of 1/8 inch "bungee" and small wire hooks, one hook at each end. One lashing is used around each end of the tools. Three wraps of the lashing around the tools is superior to a single wrap of a stronger cord. The three wraps require less tension per wrap and allow the tools to work into a stable package. The "bungee" used was salvaged from broken tent poles.

Please send any interesting tale, technical advice, individual or group accomplishments, and trail maintenance questions to Trailhead, c/o Jon Rindt, 621 Skyline Forest Drive, Front Royal, VA 22630 or to jkrindt@erols.com.

## Volunteers - Appointed November 7, 1999

### Trail Overseers

William Allen Fout [Co-overseer]	Wesley Heights Trail- Glover-Archbold to Battery Kemble Park
Tom Van Veen	Northern Peaks West Trail
John Bartlett	Jones Mountain Trail - Bear Church Rock to Cat Knob Trail
Keith Dailey	Tuscarora Trail - Sleepy Creek to Shanghai Road
Peter Meloney	Dunbarton Oaks Trail - Whitehaven Street to Rock Creek Park
Joseph Kolb	Pinhurst Branch Trail - Western Ridge to Western Avenue
Paul Meade [Co-overseer]	AT - Frazier Discovery Trail to Loft Mt. Camp Store



# TRAIL OVERSEERS WANTED

Trail Overseer Openings November 7, 1999. Contact the District Manager for the region that interests you.

**NO VIRGINIA SOUTH AT& BB** (Maps #8 & 9)  
[CALL ED MCKNEW AT 540/622-6004  
or Email: emcknew@aol.com]

**AT - Davenport Meadow Parking to Dick's Dome Shelter Rd.**  
[1.30 miles]

**AT - Co-overseer**

Powerline to south end of the Waterline [2.40 miles]

**SNP NORTH BLUE-BLAZE** (Map #9)  
[CALL BERNIE STALMANN AT 301/725-8876 or  
E-mail: Bstalmann@aol.com]

**Pass Mountain Trail (upper)**

Pass Mountain Hut to "break point" [1.48 miles]

**Big Devil Stairs Trail (co-overseer)**

Bluff Trail to Harris Hollow Trail [2.30 miles]

**SHENANDOAH CENTRAL BLUE-BLAZE** (Map #10)  
[CALL CHARLES HILLON AT 703/754-7388  
or E-mail: hillon@erols.com]

**Buck Hollow Trail (upper)**

Buck Hollow Stream to Skyline Drive [1.70 miles]

**Cat Knob Trail**

Laurel Prong Trail to Jones Mountain Trail [.50 mile]

**Corbin Mountain Trail (co-overseer)**

Nicholson Hollow Trail to Old Rag Fire Road [4.40 miles]

**Hot Mt.-Short Mt.**

Hazel Mountain Trail to Nicholson Hollow Trail [2.10 miles]

**Laurel Prong Trail**

AT to Fork Mountain Trail [2.20 miles]

**Jones Mountain Trail**

Fork Mountain Fire Road to Cat Knob Trail [.80 mile]

**Pocosin Hollow Trail**

Pocosin Fire Road to East Park Boundary [2.80 miles]

**TUSCARORA [BBNO]** (Map # L)  
[CALL LLOYD MACASKILL at 703/978-4070  
or E-mail: LloydM3160@aol.com]

**Tuscarora Trail**

Pinnacle Powerline to Larrick Overlook [1.40 miles]

**Tuscarora Trail**

Larrick Overlook to Lucas Woods [2.30 miles]

**GREAT NORTH MOUNTAIN** (Map # F)  
[CALL "HOP" LONG AT 301/942-6177  
or E-mail: theFSLongs@erols.com]

**White Rock Trail**

Tuscarora Trail to White Rock Cliff [0.20 mile]

**Gerhard Shelter Trail**

Tuscarora Trail to Gerhard Shelter [0.10 miles]

**MASSANUTTEN NORTH** (Map # G)  
[CALL WIL KOHLBRENNER at 540/477-2971  
or E-mail: wmaxk@shentel.net]

**Massanutten Mt. East Trail**

Milford Gap to Indian Grave Ridge Trail [1.40]

**Massanutten Mt. East Trail**

Habron Gap to Kennedy Peak Trail [3.60 miles]

**Massanutten Mt. East Trail**

Scothurn Gap Trail to Waterfall Mountain Trail [2.0 mile]

**Massanutten Mt. East Trail**

Waterfall Mountain Trail to US Rte. 211 [1.8 mile]

**MASSANUTTEN SOUTH** (Map # H)  
[CALL BILL SCHMIDT AT 301/585-2477  
or E-mail: weschem@gwis2.circ.gwu.edu]

**Massanutten Mountain South Trail**

TV Tower Road (FR375) to Pitt Spring [3.4 miles]

**Massanutten Mountain South Trail**

Pitt Spring to Morgan Run Trail [3.3 miles]

**Morgan Run Trail**

Cub Run Rd. to Massanutten Mt. South Trail [1.4 miles]

## SHELTER OVERSEERS NEEDED

[CALL CHARLIE GRAF AT 410/757-6053]



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