



# The Potomac Appalachian

The Newsletter of the Potomac Appalachian Trail Club  
118 Park Street, S.E., Vienna, VA 22180-4609

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October 2000

## Meet the New Officer Candidates

### Only Two From 2000 Continue On

PATC's Nominating Committee was assigned the task of selecting candidates for office back in the early spring by President Walt Smith. The Committee was surprised to discover that it had the daunting task of finding candidates to replace 8 of the 10 current members of the Executive Committee. Some members could not succeed themselves, and others wanted to go on to other things. Under the exemplary leadership of Chairman Maureen Harris, the Nominating Committee has completed its assignment and nominates the following individuals to two-year terms of office beginning January 2001. The election will be held Nov. 15. (See story about PATC's Annual Meeting and election below.)

The Committee's candidates for office are:

#### President Walt Smith

A member since 1991, Walt accepted, when invited to be nominated to continue his role as President of the Club, a position he has held since January 1, 1999. He came to that

position from being President of the Northern Shenandoah Valley Chapter from 1994 through 1998. He also is co-overseer of the Tom Floyd Wayside Shelter north of Shenandoah National Park, and is overseer for the Snead Farm Loop Trail in the Park, as well as overseer for the Half Moon Mountain and Lookout trails in George Washington National Forest.

Walt is also on the Board of Directors of the Shenandoah Natural History Association. Now retired from the U.S. Army, he held management positions in the Army and later in the Loudoun County Government, and the Bernard Haldane Associates of Arlington.

Walt expects PATC to continue to plan for its future, with emphasis on the establishment and protection of the Tuscarora Trail.

Walt enjoys hiking and backpacking, as well as many activities with his grown children and one grandchild. Walt lives in Winchester and still finds time, with the help of a little e-mail, to manage his many activities at Club Headquarters on a regular basis.

### Vice President for Operations Bernard Stahlman

Bernie has been a member since 1997. He also has been a member of the Appalachian Trail Conference since 1995. He has been the Overseer of the Sams Ridge Trail and the District Manager for the North District in SNP for three years. This past summer he completed his fourth year participating in SNP crew weeks. Prior to that, he was a par-

*See Nominations, page 4*

### Attention Federal Employees

PATC is participating in the Combined Federal Campaign of the National Capital Area. Please consider a donation to PATC. Our 2000 Designation number is 7956. The fund will be active through December. Thank you for your support, and thanks to the over 100 PATC members who contributed via the CFC last year.

## Something Old Something New

### PATC's 2000 Annual Meeting

As we close in on PATC's 75th anniversary we have some new things and some old things to celebrate at the 2000 Annual Meeting. The old thing is that we are back at the Elks Lodge in Fairfax. Last year's facility, though quaint and cozy, was a little tight, so we have gone back to the bigger space. What is new is that we will hold the annual meeting on a Wednesday night instead of Friday. In recognition of the times we live in, we felt the traffic would be less on a Wednesday making it easier and less draining on those folks who have to suffer Beltway traffic. So be sure you note that when you mark your calendars.

Another thing we are celebrating is the new slate of officers we will be voting on at the meeting. Please take some time to familiarize yourself with the new candidates on the ballot and vote. At least five new officers will be elected to the Executive Committee, and we are fortunate to have a group of talented and able people willing and enthusiastic about taking the place of those stepping down.

In addition to the election, Mr. Steve Elkinton from the National Park Service will speak about what the near future holds for the National Trail System, National Scenic Trails, and trails in the area. It should be a very interesting conversation. And the

*See Meeting, page 20*

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## Council Members, Chairs and PA Staff

### Officers

**President:** Walt Smith, 703/242-0693  
Ext. 40, wsmith@visuallink.com  
**VP Operations:** Tom Johnson  
**VP Volunteerism:** Mickey McDermott  
**Supervisor of Trails:** Pete Gatje  
E-mail: PJGatje@aol.com  
**Supervisor of Corridor Management:**  
Tom Lupp  
**General Secretary:** Warren Sharp  
**General Counsel:** Eric Olson  
**Membership Secretary:** Terry Cummings  
**Treasurer:** Dick Newcomer  
**Recording Secretary:** Gerhard Salinger

### Sections/Chapters

**Mountaineering Section:** Greg Christopoulos  
**SMRG:** Peter Pennington  
**Ski Touring Section:** Steve Brickel  
**North Chapter:** Steve Koeppen  
**N. Shenandoah Valley Chapter:** Martha Clark  
**S. Shenandoah Valley Chapter:** Michael Groah  
**Charlottesville Chapter:** John Shannon  
**West Virginia Chapter:** Judy Smoot

### Standing Committee Chairs (Council Members)

**Blackburn Trail Center:** Chris Brunton  
**Cabins:** Mel Merritt  
**Cabin Construction:** Charlie Graf  
**Conservation:** Mary Margaret Sloan  
**Grants & Donations:** Jack Reeder  
**Endowment:** Donald Price  
**Finance:** Paul Dery  
**Hikes:** Tom Johnson, 410/647-8554,  
johnts3@juno.com  
**Internet Services:** Stephen Raia  
**Land Management:** Anita Canovas  
**Land Acquisition:** Phil Paschall & Eric Olson  
**Legal:** Eric Olson  
**Maps:** Dave Pierce  
**Maryland Appalachian Trail Management  
Committee:** Charlie Graf  
**Potomac Appalachian:** Bianca Menendez  
**Public Affairs:** Terry Cummings  
**Publications:** Aaron Watkins  
**Shelters:** Charlie Graf, 410/757-6053  
**Trail Patrol:** Kumait Jawdat  
**Tuscarora Trail Land Management:**  
Lloyd MacAskill

### Special Committees/Ongoing Activities

**Archives & Library:** Carol Niedzialek  
**Cabin Reservations:** Darlene Wall  
**Deputy Supervisor of Trails:** Rick Rhoades  
**Firestone Tract Management:** Shirley Strong  
**Headquarters Facility:** Orron Kee  
**Information/Sales Desks:** Marguerite Schneeberger  
**Medical:** John McNamara  
**SNP Boundary Trailheads Study Group:**  
Kerry Snow & George Walters  
**Tuscarora Trail Shenandoah Valley Project:**  
Phoebe Kilby & Larry Bradford  
**Vining Tract Management:** Howard Johnson

### Potomac Appalachian

**Chief Editor:** Bianca Menendez  
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Myrl Powell  
**Designer:** Linda Shannon-Beaver  
**Features Editor:** Joanne Erickson  
**Forecast Editor:** Joe O'Neill  
JJONeill@visi.net

## Council Fire

The Council held its regular meeting on August 8, 2000 at the Club headquarters. The meeting was attended by 20 Council members, 1 staff, and 1 Club member. The PATC membership stands at 6,899, with 89 new members registering in the last month.

### New Projects

PATC is partnering with the American Hiking Society on two possible projects. A meeting was held with the Wilderness Society to propose the Tuscarora Tail as a study site to analyze a trail corridor from the point of view of the hiker. Issues include the width of the corridor to support the flora and fauna that might be seen by a hiker. In another project, PATC is a concurring sponsor of a letter to the National Forest Service commenting on a number of issues including increasing the prominence of volunteers and volunteer organization in setting policy for the forest. PATC is also interested in having the service support the Leave No Trace ethic. In addition the two organizations sponsored a hike for the House Trails Caucus along the Potomac Heritage National Scenic Trail. Several House staffers attended.

### Buildings and Lands

The plans for the renovation of the headquarters building are almost complete. After consulting with a local architect to assure compliance with local regulations, the project should go to bid. The work on the membership and trail databases is almost complete. The office software has been improved. Future work will upgrade other Club databases.

The Council heard reports on construction of the Garvey Shelter, Tulip Tree Cabin, John's Rest, and Blackburn Trail Center and approved the reconstruction of the Hemlock Hills Shelter on the Tuscarora Trail in Pennsylvania near Colonel Denning State Park. All projects are moving along well.

The Council approved funds for an appraisal of the property adjacent to Blackburn Trail Center. Also approved was paying now the next two year's contribution to ATC for the purchase of property near Shannondale. The Council approved continuing a grant to Eric Nasar for pointing out land conservation opportunities in northern Virginia.

### Goals

The Council discussed the revised five-year and 2001 goals, which will drive the budget setting process. The PATC website was discussed with the Webmaster making the case for making the site more interactive. Council members were asked to prioritize the major goals. The schedule for developing and approving the 2001 budget was set.

### Revised Map 10

Map 10 for the Central District of the Shenandoah National Park is going to the cartographic contractor with about 75 changes. The map size is increased so that the profile will be on the front side. The map will now contain a synopsis of the Back Country regulations. □

—Gerhard Salinger  
Recording Secretary

### HEADQUARTERS HOW TO GET IN CONTACT WITH US FOR CABIN RESERVATIONS, MEMBERSHIP INFORMATION, AND SALES

**Address:** 118 Park Street, S.E., Vienna, VA 22180  
**Hours:** Monday through Thursday, 7 p.m. to 9 p.m.  
and Thursdays and Friday 12 noon to 2 p.m.  
**Phone #:** 703/242-0315

**To receive an information packet:** Extension 10  
**To leave a message for the Club President Walt Smith:** Extension 40  
**24-hr. Activities Tape #:** 703/242-0965  
**Facsimile #:** 703/242-0968  
**Club E-mail:** Wriley1226@aol.com  
**World Wide Web URL:** <http://www.patc.net>

### STAFF DURING REGULAR BUSINESS HOURS

**Director of Administration:** Wilson Riley (Ext. 11) E-mail: Wriley1226@aol.com  
**Trails Management Coordinator:** Heidi Forrest (Ext. 12) E-mail: heidif@erols.com  
**Business Manager:** Regina Garnett (Ext. 15) E-mail: rgarnett@erols.com  
**Membership/Cabin Coordinator:** Pat Fankhauser (Ext. 17) E-mail: pfankh@erols.com  
**Sales Coordinator:** Maureen Estes (Ext. 19) E-mail: patcsales@erols.com

## Walt's Notes

### Your Vision for 2010? Should the Club Play More of an Active Role in Advocacy?

I hope that you do not mind if I keep asking you questions! However, the Futures Group is attempting to develop our Vision for 2010, and part of that effort involves defining our organizational culture and how that culture affects where we are headed. The group would like to know what is on your mind concerning the subject of culture and the future. This question is more involved than the question that I asked in the June PA: "Who are we?" That question was rather simply answered by indicating demographics and what you enjoy doing. It is not difficult to project the answer to that question. However, defining and projecting culture is more elusive. One action we may take, which may assist in determining our future culture, is to review our history, and our archivists, Carol Niedzialek and Paula Strain, have agreed to do that. We will review such subjects as when and how, as a Club, we became involved in building trails beyond the Appalachian Trail or when and for what purposes we purchased various properties, now approaching two thousand acres with an additional two thousand acres held in easements.

What are the other subjects that help define our organizational culture? One of course is hiking. It does seem logical that if we are maintaining hiking trails than we probably are going to use them. However, as Paula Strain has recently pointed out in a series of articles in the PA on the history of the subject, our hiking culture has changed over the years. "In the first generation of the Club, hikes were an equal partner with work trips. Then there was a period in which hiking was the most important activity of Club members. In the latest generation, hiking as a Club activity seems to depend largely on individual initiative." (page 7, July PA) Do you think that we are presently focusing sufficient attention on hiking? Should our vision for 2010 reflect more of the same?

### Advocacy for Trail Protection

Another example related to culture can be made by citing the advocacy role undertaken when Myron Avery was President, from 1927 to 1940. The leadership of the Club was much more politically active around the Nation's Capitol than we have been in recent years, especially with regard to advocating the establishment of the Appalachian Trail. Should we be more active as an advo-



cate as we attempt to promote, protect, and maintain hiking trails in our area? Is advocacy in the political arena a good thing or a bad thing? How far do we go between being an educator and a nuisance? We alternatives do we have to consider as we advance our organizational agenda in order to protect the trails? The alternatives need to be considered relative to the time and attention that volunteers can give to various conservation efforts affecting trails and the degree to which we wish to allocate professional time in the budget. Results of the 1999 membership survey (see page 19, April PA) indicated that "conservation of trail lands" was the second most important thing that we do, right after trail maintenance. How do you feel about the degree of advocacy as an aspect of our culture? More of the same? Change course by 2010?

### Which Trails and What Types?

As the population and development increases in the area, will PATC need to maintain more trails in a larger operational area? The Club currently maintains all of the Tuscarora Trail and portions of the Appalachian, Potomac Heritage, and American Discovery trails, the major trails in our current area, in addition to many shorter trails. Our volunteer overseers work as far south as Rockfish Gap in Shenandoah National Park, near Interstate 64, and as far north as the end of the Tuscarora Trail near Harrisburg, Pennsylvania. You will also find volunteers working on trails in Rock Creek Park in the District and as far west as Great North Mountain in West Virginia. As the population increases, it appears that any new hiking trails that PATC may construct and maintain will be either (1) on public land in our current operational area, (2) in the flood plains (along rivers) or on the ridges, where development is prohibited by zoning or is not economically viable, or (3) outside our "normal" operational area, probably farther west in West Virginia and Pennsylvania.

In addition to growth, there is another aspect of change that affects our organizational culture and that is the increased demand for recreational trails for uses other than hiking. Indeed, I have observed that members of the Club not only hike and backpack, they also ride horses or mountain bikes. It appears that the Club may have to become more involved with other groups in sharing multi-use, non-motorized trails, if we desire to increase the number of trails for hiking in the immediate geographic area.

Well, we have much to consider as we attempt to paint the landscape picture for 2010. As always, I appreciate your comments. Please forward any remarks you care to make on the subject to the Club headquarters or to me directly via e-mail. I will also raise these questions at the annual meeting on November 15, and you may comment at that time. If you are especially interested in the subject, please feel free to join the Futures Group that meets as announced in the Forecast.

### Future Finances

Whatever our vision, it will cost money as well as volunteer time. Our financial resources come from many sources, one of which is the Combined Federal Campaign of the National Capital Area. If you have the opportunity, please consider designating PATC (Number 7956) for a payroll deduction. You may be sure that your donation will be going to a very good cause, toward one of those PATC goals that you feel is important!

Thanks, and see you on the trail,

*Walt*

Mail delays frustrating you?  
Can't wait to receive the next  
newsletter to see what's in the  
Forecast?

The website version of the  
Forecast is usually updated after  
the newsletter is printed. The  
newsletter is also usually posted  
faster than the postal service  
can get to your mailbox. Check  
out [www.patc.net](http://www.patc.net) for the latest  
information on PATC activities.  
You can also call the activities  
tape at 703/242-0965.

*Nominations, from page 1*

participant of the Long Trail Patrol and the Konnarock Crew.

“Obviously, I enjoy not only working maintaining trails but also working with other volunteers, especially in teaching and motivating them to be top-notch trail maintainers,” says Bernie. “My definition of dedication is having spent 14 weekends helping to clean up the spring 1998 ice storm damage in SNP.”

Bernie’s true love is hiking (no surprise, that!). He has done about 600 miles of the Appalachian Trail, as well as quite a bit of hiking in the western national parks. He is another retired U.S. Army officer and works full time with a small company that maintains federal facilities across the United States. Bernie lives in Laurel, Md.

### **Vice President for Volunteerism Joseph T. (“Mickey”) McDermott**

Mickey, an incumbent Vice President, has been involved in other charitable institutions for years, including Project Children and the Appalachian Trail Conference. He also was a trainer for the Leave-No-Trace Program with the National Park Service and a backcountry skills trainer, certified in Wilderness First Aid and CPR. In addition, he is active in leading hiking and backcountry trips.

Mickey was Chairman of the Trail Patrol for two years. He also was a member of the Shenandoah Mountain Rescue Group.

Mickey’s work history started in 1968 with enlistment as a U.S. Marine. In 1975, as a civilian, he became a professional auditor, working in various Defense Department offices and the Veterans Administration. In 1983, he became a member of the Office of Inspector General-Audit. In 1987, he moved across town to the General Accounting Office, where he is now Assistant Director.

### **Supervisor of Trails**

#### **Kerry Snow**

Kerry is well qualified for the job and came with high recommendations from everyone in the Trails community. He has an astonishing resume! He has been an Appalachian Trail Overseer since 1995 and a District Manager, Central Section, since 1996. He was also District Manager of Side Trails in the Central Section of SNP from 1996 until 1998.

Kerry has been a crew leader for the past four years and a crew leader for the SNP-PATC Summer Crew for the past three

years. In addition, he has been the leader of the Blue and White Crew since 1996, an ATC Konnarock Crew volunteer for the past four years, and a crew leader for the SNP-PATC Summer Crew for the past three years.

Kerry organized and led the SNP Central District Overseers Workshop for the past two years. But there’s more: he assisted with shelter and hut construction projects and has been Overseer of the Rock Spring Cabin since 1999. If this is not enough to impress you, he also was Trailhead Editor for the PA in 1998 and has continued to contribute various articles and book reviews to the newsletter.

Kerry is a native Washingtonian and has hiked in SNP since the late ’60s. He is employed as a microbiologist at Walter Reed Army Medical Center in D.C., where he has worked since 1989. Kerry lives in Olney, Md., but Kerry’s ancestors lived and worked in the part of SNP that is now Loft Mountain, so SNP is truly “in his blood.”

### **Supervisor of Corridor Management**

#### **Tom Lupp**

Tom is an incumbent who has agreed to continue in his area of expertise for another two-year term. A regular Life Member since 1986, he has been active with trail construction and maintenance activities with PATC’s North Chapter, serving as its Council representative during 1994-95.

Tom wrote the Guide to the North Half of the Tuscarora Trail, 1997, assisted with the South Half Guide, and collected field data for Tuscarora Maps J and K. Other activities include section-hiking the AT, caving, and sewing repairs for a local backpacking store.

When asked to continue on, Tom graciously responded, “I look forward to continuing working with the dedicated volunteers who help protect the trail by monitoring the corridor.”

Tom is employed as an entomologist with the Maryland Department of Agriculture, Forest Pest Management Section. He lives in Thurmont, Md.

### **General Secretary Jon Rindt**

The role of the PATC General Secretary was recently modified by Council, requiring different responsibilities from those of the past. Formerly, the GS was in charge of publication and accessories sales, managing staff, overseeing maintenance of the HQ building, and PATC recordkeeping. Now

the job has been reformatted to that of “just” being the chief overseer of PATC’s building, lands, and facilities.

Jon has been a Shenandoah National Park Overseer for about three years and an Overseer of a section of the AT in northern Virginia for about a year. He has been the Co-Leader of the Cadillac Trail Crew for two years, as well as the Trailhead Editor for the PA for two years. Like Bernie, Jon recalls his most arduous volunteer job as that of participating in the SNP ice storm cleaning in 1998.

When asked to take on General Secretary responsibility, Jon told PA that he wanted to promote the goals and purposes of PATC, those of conserving natural resources in these times of increasing interest in outdoor activities. In accepting the nomination, he said, “I look forward to promoting these ideals and working with Club members while serving.”

Jon is a U.S. Army retiree and is a registered professional engineer, making him a perfect candidate for facilities oversight. He also is a part-time instructor at the Falls Church branch of the University of Virginia. He lives in Front Royal, Va.

### **General Counsel Connie Bourne**

Connie is a relative newcomer to the Club but came highly recommended. The Nominating Committee was determined that it would find someone who was an experienced legal professional in nonprofits. This was not a task easily achieved. Committee members think, however, that they have succeeded.

Connie has done pro-bono legal work for the Fairfax County (Va.) Bar Association, Animal Shelters, and Habitat for Humanity. She was the Legal Chair of the Friends of the Senior Care and Activities Center in Montclair, N.J.

Connie works for ACE\*COMM Corp. in Gaithersburg, Md., as a Contract Manager. She lives with her husband and six-year-old daughter in Darnestown, Md. An avid hiker and environmentalist, Connie said she was “excited about the new challenge as PATC’s Legal Counsel” and hopes that her fresh perspective can benefit the Club.

### **Membership Secretary Liles Creighton**

Liles is now retired from service with the Navy: 10 years as a midshipman and 32 years

*See Nominations, page 6*

*Potomac Appalachian*

# 33rd Appalachian Trail Conference Biennial Meeting

July 14-21

## Shippensburg University

We need your help! Please contact Kris Kyler 717/558-8417 or kakyler@tycoelectronics.com to volunteer to lead or co-lead an excursion.

### Possible excursions:

#### Saturday July 14, 2001

- 1 Gettysburg National Cemetery
- 2 Morning Historic Tour of Chambersburg and a Matinee at Totem Pole Playhouse
- 3 Horseback Riding Horseshoe Trail

#### Sunday July 15, 2001

- 4 Antietam National Battlefield
- 5 Old Bedford Village
- 6 Canoeing/Kayaking
- 7 Orienteering–Pine Grove Furnace State Park
- 8 Allenberry Playhouse Matinee

#### Monday, July 16

- 9 Hawk Mt. Sanctuary
- 10 Tour Pennsylvania Capitol and Whitaker Museum of Science and Arts Lunch at Strawberry Square
- 11 Lancaster–Amish Life Tour, Amish

Farm and House, Amish Experience Theatre

- 12 Eckleys Miners Village–Hazelton, 19th century mining village recreates Civil War History

- 13 Pennsylvania Railroad Museum

#### Tuesday July 17

- 14 Altoona Railroad Museum and Horseshoe Curve
- 15 Horseback Riding–Horseshoe Trail
- 16 Corn Maze–Paradise?
- 17 Robesonia–Broad Top Railroad
- 18 American Philatelic Society State College, Columbus Chapel, and Boal Museum Mansion
- 19 Mid Atlantic Air Museum and the Hopewell Furnace National Historic Site
- 20 National Watch and Clock Museum–Columbia and Nissley Vineyards Winery–Bainbridge
- 21 Americana Museum Bird in Hand
- 22 Bicycling Tour Amish Farm

#### Wednesday, July 18, 2001

- 23 Johnstown Flood Museum and Johnstown Flood National Memorial
- 24 Bicycling Gettysburg National Cemetery
- 25 Tour Historic Chambersburg A.M. and

a Matinee at the Totem Pole Playhouse

- 26 Canoeing/ Kayaking
- 27 Ned Smith Museum, Millersburg
- 28 Landis Valley Farm Museum

#### Thursday, July 19, 2001

- 29 Penn's Cave (all water cavern) and Wildlife Park
- 30 Ephrata Cloister
- 31 Fort Hunter and the John Harris Mansion
- 32 Indian Echo Caverns, Hummelstown, and the Susquehanna Ferry, or the Union Tunnel Canal Lebanon
- 33 Eckleys Miners Village Hazelton 19th century mining village–recreates Civil War Living History

### Other possibilities:

- 34 Montour Preserve–Turbotville
- 35 Bellefonte Winery and tour of town
- 36 Fort Augusta–Sunbury
- 37 Cornwall Iron Furnace Lebanon
- 39 Amish Country Homestead and Farm and Amish Experience theatre
- 40 Army War College
- 41 Crystal Caves
- 42 Rodale Institute Experimental Farm
- 43 Pioneer Tunnel–Ashland, P.A.
- 44 Hershey

## Book Review:

### Story line: Exploring the Literature of the Appalachian Trail

Marshall, Ian. *Story line: Exploring the Literature of the Appalachian Trail*. Charlottesville, Va., University Press of Virginia, 1998. 284 pp. \$55; paper \$19.95

The title echoes Chatwin's *Song lines* and the text has Chatwin's theme: how man interprets the natural world. Chatwin writes of travel in the Australian Outback, Marshall of nature in the Appalachian Mountains and how other writers reacted to it.

Marshall is a section-hiker of the AT with the trail name of Evergreen. Beginning in the 1970s and expecting to complete the last 250 miles this year, he tells only casually and occasionally about his trail experiences because his attention, and ours, he hopes, should be focused on books that describe some aspect of the Appalachian Mountain experience. Only two of these books (Dillar's *A Pilgrim at Tinker Creek* and Ginsberg's *Howl and Other Poems*) are of the same

era as the AT. He interprets the reaction of Governor Spotswood's crossing of the Appalachians at Swift Run Gap; he finds a reason why Bartram turned back from exploring the western Great Smokies; and he explains



how Hawthorne, in some short stories, and Robert Frost in his poems, used both man and nature to reflect on both.

Some of this is post-deconstructionist literary criticism, which will be hard

going for those of us who read more for pleasure than philosophic problem solving. Other parts, such as the ten-day discussion through Maine's Hundred-Mile Wilderness, on Thoreau as a leading nature writer, will interest even the least philosophic.

Should you buy it? You will be dissuaded if I warn of terms only a professor of English (Pennsylvania State at Altoona) would use: geopiety, ecofeminism, ecocriticism, and the barely familiar, synecdoche. You will want to buy if I mention that the Bear Mountain to Katahdin chapters don't have any of those terms and should interest most readers. Also, that all chapters have bits of unexpected delight, such as the comparison of the similar pleasures of reading and backpacking on p. 280.

It's your call. *Story line* is a unique contribution to the expanding literature of the Appalachian Trail. □

—Paula M. Strain

## Redesigned PATC Website

Have you checked out the redesigned PATC website? Shown there is all of the “old” information in an updated format, straightforward links to new stuff, and invaluable contacts for upcoming events. [www.patc.net](http://www.patc.net) is full of scheduled activities and insight into the experiences of other members. It is a great point of immersion into the PATC world even if you can't put on your hiking boots and hit the trail at that moment.

Andy Hiltz first saw the need for a PATC presence on the worldwide web and took the initiative to build it. Since 1995 he has put an unknown (but huge) number of hours into contributing hard facts, personal experience, and advice. Last year Andy began working with Boldface Design in donating hours to create a new, more graphic, and well-organized site.

In December Steve Raia joined the project and took on the position of webmaster.

Steve has taken the previous collection of links and the graphics generated by Kat at Boldface and created a very user-friendly site. Being a hobbyist photographer led him to build a website of his own, and PATC has benefited from his experience. He

*www.patc.net is full  
of scheduled activities and  
insight into the experiences  
of other members.*

redesigned the site and ran it under another name for testing and feedback for about a month to make improvements and respond to changes suggested by the other involved members. Steve has volunteered over 500 hours to give us the professional look and workability we see now. In a never-ending cycle of updates, he puts in about 10 hours a week to keep things current. He continues

to work with Andy and numerous others (who put 100+ hours in the new design as well) to add features. Update information is passed to Steve through volunteers like Kumait Jawdat, and Joe O'Neill who contributes the Forecast for the PA in electronic format.

The site sustains about 4,000 visits per day. The most popular pages are the PA, the Forecast, the Shenandoah Park page, Membership, and the Online Store. A secure site for online membership registration is a priority for the future. Upcoming additions include more historic information and acknowledgement of achievements. The Club's 75th anniversary will also warrant attention on the website.

Please give feedback through the webmaster link and let them know what you think! □

—Kathy Murphy

### *Nominations, from page 4*

as a civil servant. Soon after retirement in 1994, Liles became involved in PATC's Trails Committee.

Liles has worked on trail crews led by Pete Gatje and Rick Canter and became a regular member of the Cadillac Crew. He took on an overseership on the AT, then became the District Manager of Trails in suburban Maryland. He works on the Signs Committee and maintains the Club's tools at Headquarters' Tool Room.

On accepting the request to be a nominee for the office, Liles said, “Becoming the Membership Secretary is a new challenge, and I'm honored to serve the Club in this capacity.”

Liles, his wife Kelly, and their dog live in Annapolis, Md.

### **Treasurer Gerhard Salinger**

Gerhard, a member of PATC since 1992, is current Recording Secretary but has agreed to fill the very big shoes of Dick Newcomer, who cannot succeed himself as Club Treasurer. For the past two years, Gerhard also served by appointment of the President on the Futures Group, helping formulate the five-year goals for PATC that now have been refined and adopted by Council.

Gerhard and his wife, Evelyn, live in Fairfax, Va., and are Co-Overseers on a section of the Bull Run-Occoquan Trail. Gerhard started as a volunteer for PATC on the Sales Desk and is still a substitute. He chaired the Hikes Committee for the biennial meeting of the Appalachian Trail Conference hosted by PATC in 1995.

Before moving to Washington, Gerhard was active in the Adirondack Mountain Club in New York.

Gerhard, formerly a professor at Rensselaer Polytechnic Institute, now is a program officer at the National Science Foundation with

major interests in secondary school and two-year college scientific and technical education. His major outside interests are music and hiking. He and Evelyn have almost completed section-hiking the Appalachian Trail.

“With a membership of about 7,000 people and the rapidly changing environment of Northern Virginia,” Gerhard maintains, “it is important for PATC to have a comprehensive and realistic vision of its role and work to make it happen.” He's staying on for just that reason.

### **Recording Secretary George Meek**

George spent this past summer hiking the Appalachian Trail, beginning at Springer Mountain (Trail name: “Poet”). Due to his hiking schedule, it was difficult to pin him down for a biography. He is possibly the first known “volunteer” for an Executive Committee position in many years and as such his offer to serve as Recording Secretary was promptly accepted by the Nominating Committee.

One reason George's bid was accepted was his prior experience as a Recording Secretary for the National PTA and for the Lyon Village Civic Association in Arlington, Va. In addition to this, his retirement from the Voice of America last June gives PATC his 41 years of experience as a journalist, editor, and speechwriter, all of which could be of useful to us. His hobby, besides hiking, is writing poetry. He lives in Arlington, Va.

George is also a Life Member of PATC, and last October he became an Overseer of a trail in SNP. He is a member of the Appalachian Trail Conference.

For those of you wishing to see more of the “Poet's” work, visit him at his Web site: <http://meekconsulting.com/poet>. Who knows? Maybe Council's Minutes will end up with a small poem summarizing that night's work! Wouldn't that be nice? □

—Jack Reeder

Potomac Appalachian



# PATC Ireland Hiking Tour - April 27 Through May 7

## Join us!

Join fellow PATC hikers on a vibrant and informative tour of western Ireland. We will be hiking in the Connemara and Burren (pronounced “burn”) regions in Counties Clare and Galway and the Aran Islands. Ireland is a hiker’s paradise, offering spectacular treks in ancient and unspoiled landscapes. We will walk rugged mountains, tread softly on orchid rich bogs, visit remote islands, and explore mythic landscapes. Our guides are expert hikers and great talkers with an in-depth knowledge of Ireland’s history and culture. A detail of Hikes follows.

## Inishboffin – Island of the White Cow Hike

A ferry/boat trip takes us to an island with an exquisite landscape of heather hills and white sandy beaches 6 miles off the north west coast of Connemara with a beautiful natural harbor guarded by a 17th century star shaped fort. The island is famed for its magnificent scenery, relaxed lifestyle and traditional music. Grace O’Malley, a famous pirate queen used this island as a base in the 16th century, and it was a haven for smugglers and wreckers in the 18th century. This is a 6-8 mile walk on hills, low cliffs and sandy beaches.

## Twelve Bens Mountains Hike

Described as resembling the Alps in miniature, we will be climbing Binn Glann Uisce, Binn Babhair and possibly Binn Leitri (average height 2,000 ft). Distance of about 6 miles, this is a tight circuit rising from blanket bog, some bare rock and scree in places. It provides a huge panorama of wild mountain bogs and sea, passing waterfalls en route to the summit and is a great introduction to mountain hiking in Ireland. There are no trails as such in the mountains here, and walking distance can be less than one might expect due to the boggy nature of the ground.

## Killary Harbour and Kylemore Valley Hike

Killary Harbour is a 10-mile long fjord (Ireland’s only fjord) knifing through the highest mountains in the west. This 6-mile walk takes us along a 19th Century Famine Relief Road 60 feet above sea level beneath the massive bulk of Mweelrea, the region’s highest mountain. In the afternoon we visit Kylemore Abbey on idyllic Kylemore Lake. The Abbey, built in the 1860s as Kylemore Castle, is a neo-Gothic mansion, built by a direct descendant of Patrick Henry, and is now run by Benedictine nuns. We trek to a statue above the Abbey on a beautiful trail through the Kylemore woods and view the mountains of Connemara National Park as well as a magnificent view of the abbey.

## Aran Islands Hike

We boat/ferry to the Inishmore, a Gaelic-speaking island and the largest of the islands that lies at the mouth of Galway Bay. Here we walk through a dramatic landscape studded with the finest Celtic forts in Europe, walk on narrow tracks through a range of tiny fields and along dramatic cliffs to view Poill na bPeist, the hollow of the serpent. This is one of the geological wonders of Europe’s Atlantic Coast. It is a natural sea-carved pool surrounded by an amphitheater of cliffs. We will explore Dun Aenghus, a magnificent cliff edge fortress built in 1000 BC. This is a 6-mile hike. The rocky crags on this island provide a rich habitat for over 400 wild plants and flowers and the island is home to gannets, otters, dolphins, and whales.

## Burren Hike

We will stay in Galway City while hiking the Burren Region. Hiking in the Burren, meaning great rock, we come into an area described by geologists as karst—bare carboniferous limestone. Below the scarred surface of the Burren is the most remarkable assemblage of



Photo by Janet Stodter

*Dramatic Cliffs of Moher — Western Ireland*

diverse type of flora in Ireland, spectacular caves, streams, potholes, and ‘turloughs’ (seasonal lakes). Especially during spring, flowers of arctic, alpine, and Mediterranean origin can be seen. We will walk slowly on quiet green roads and on open karst hillsides through the Burren National Park, a fairytale world of limestone hills, each crowned by 5,000-year-old megalithic tombs. Enroute we stop in Coole Park (an historic park where the giants of Irish literature—Yeats, Gogarty, Russell— took time out.) Being now the estate of Lady Gregory, we will stay for coffee and see the famous autograph tree.

## Cliffs of Moher & the Burren Archaeological Field Trip

In the morning we visit the Cliffs of Moher, awesome cliffs dropping seven hundred feet into the Atlantic Ocean. We will have a two-mile hike viewing colonies of fulmar, choughs, and puffins, along with the spectacular seascape towering above the Atlantic. This will be followed by an archaeological field trip into the heart of the Burren, seeing tombs, medieval castles, ancient fairy forts and ruined abbeys.

## The Burren Way Hike

The Burren Way winds northward on quiet lanes and green roads from Ballinlacken Castle to Formoil. Along our 10-mile trek we will

*See Ireland, page 8*

*Ireland, from page 7*

see numerous fairy forts scattered along the beautiful hills of north-west Clare. Our route runs along the boundary between bog covered hills and bare limestone, rich in spring flowers. It provides a tremendous panorama of the Aran Islands, Blackhead, Galway Bay and the mountains of Connemara beyond. Our descent will take us along the gorgeous Caher river valley, with its green fields fringed by naked rock.

## Trip Overview

After arriving in Ireland early on April 28 and bussing to Clifden, you will have the opportunity to relax upon arrival or possibly take an unguided hike (or rent a bike) on the Sky Road. You could also choose to see Clifden Castle and some dizzying cliffs along the coast outside of town. We will stay in Clifden for several nights of lodging,

Staying in Galway City for the later portion of the trip to explore the Burren, you will have a free day and several nights to explore this delightful Gaelic center with its narrow streets, old stone and wooden shop-fronts, restaurants, and bustling pubs. Other attractions include visiting the Galway Cathedral, the Druid Theater (one of the best in Ireland), and numerous other sites, as you desire.

## Notes From the Trip Leader

I have traveled extensively in Western and Central Europe and have also lived in Europe and Greenland for a year. I have traveled in Ireland and found the countryside breathtaking. Additionally I have joined the PATC for the Dolomites hiking trip in 1999, other hiking trips to Spain, the Canadian Rockies, and led a local hike. I have also planned numerous European trips and often traveled independently in Europe with friends. I look forward to leading this trip.

The trip cost of \$1,600-\$1,800 is tentative pending final confirmation. It includes roundtrip airfare (BWI direct to Shannon, Ireland), ground transfers, 7 hikes with experienced guides to include sack lunch, free days as noted above, 9 nights accommodations with breakfast included, 7 evening meals, transfers to and from hiking locations, and two illustrated presentations on the archaeology and history of the area. Please call Joan Burg 703/960-1026, e-mail joanburg@gis.net, or write Trip Leader, 5904 Mount Eagle Drive #1215, Alexandria VA 22303-2540, for more information. Send your initial deposit of \$300 to the trip leader ASAP to reserve your space. Hope to hear from you soon. □

—Joan Burg



Photo by Janet Stadler

*Gothic Kylemore Abbey with view of Connemara National Park*



Photo by Janet Stadler

*Western Ireland Countryside*

## Stop the Destruction of Our Cabins

To all PATC members and cabin renters, this is an open letter that I feel is long overdue. During the span of 30 days from Mother's Day to Father's Day this year, I found new evidence of graffiti on the interior walls and ceilings of Anna Michener Cabin. This 30-day span has seen an approximate 15% increase in the number of names and dates carved into the walls, bunks, and rafters. I cannot imagine why some people feel the need to deface property or cut a hole through a wall to see the other side.

All of us work hard and with much care to give our fellow Club members and renters a clean, safe, and pleasant experience. I am sure I speak for all cabin and some shelter over-

seers when I say that it just disgusts me to see the total disrespect some have for what the Club and its overseers do. I would not even begin to think of doing that type of damage to anyone else's property, and I do not want anyone doing that to mine.

***With approximately 7,000 members and only a handful helping maintain these buildings, we the caretakers have our work cut out for us.***

A small amount of this is to be expected, but it is starting to get out of hand. Some of our cabins are members-only, and some are not,

and the problem cannot be attributed solely to non-members-only cabins. With approximately 7,000 members and only a handful helping maintain these buildings, we the caretakers have our work cut out for us. If our members are really interested in our rental properties, then maybe they should get involved and join us in cleaning up the mess that our renters have made for us. □

—Timothy Young

*Caretaker and Overseer Anna Michener Cabin*

*Ed. Note: If you're interested in building, restoring, or maintaining cabins and shelters, please contact Mel Merritt, Cabins, MeritMktg@aol.com, or Charlie Graf, Cabins Construction and Shelters, 410/757-6053.*



# Building New Trail

This is the second of three articles describing how the Cadillac and Massanutten Crews build a new section of trail.

In Part 1, we saw how both crews begin the process of building a new section of sidehill tread—how they aim for an 8 percent average grade, how they lay out the path with switchbacks and build a three-foot-wide, outsloped tread. We saw what happens as a full year of summer sun, fall rains, winter freeze-thaw, and spring rains affects the tread. Then we saw what the trail traffic does to the tread during each of those seasons.

## Part 2: Constructing The Tread

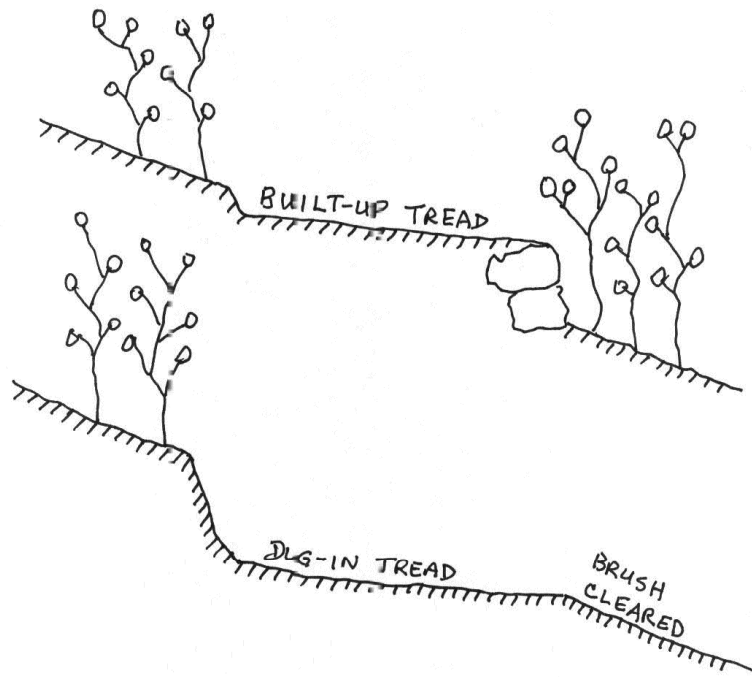
A carefully constructed new section of sidehill tread is already deteriorating after only one year of weather and moderate traffic. A hiker-only trail will show minor deterioration, but a trail with heavy horse and bike traffic may be developing into a gutter along the hillside.

The damage is started by the trail traffic and aggravated by runoff that erodes the tread by flowing downtrail instead of passing over the trail's edge onto the downslope. Both crews plan ahead for this situation by installing water-control measures all along the trail, perhaps every hundred feet. When the trail is brand new, water-control measures may not be needed, but it doesn't take long before they become a requirement.

Water-control measures are of two types: waterbars and grade dips.

### Waterbars

A waterbar is a shallow ditch that is dug diagonally across the tread surface, deeper on the downslope side of the tread. The



tread is heavily outsloped on the uptrail side of the ditch, so that any water that is flowing along the tread is diverted toward the downslope even before reaching the ditch. The ditch is extended off the trail far enough to ensure that water will exit onto the downslope.

A couple of feet downtrail from the ditch, a barrier is placed across the tread on a diagonal parallel to the ditch. The barrier backs

up the ditch and serves as a line of last resort to divert water off the trail when the ditch has clogged.

The ditch portion of a waterbar will collect twigs, leaves, pebbles, and silt. It may eventually clog to the point that water flowing down the trail tread goes over or around the barrier. Thus, most waterbars require maintenance on a yearly basis.

*See Building Trail, page 14*

## PATC Annual Meeting

Wednesday,  
November 15  
Elks Lodge, Fairfax, Va.  
See the Forecast for details

### Tails From the Woods by George Walters



"WATCH THIS!... HEY!!... BIG GUY WITH THE BROOM!!... WERE OVER HERE! ♪ ..."

# FORECAST

## Chapters

### Charlottesville Chapter

The Charlottesville Chapter hikes every Saturday, summer, winter and in between. Hikes are about 8 miles. Trail maintenance is usually done on the last Saturday of the month. Meet at Sprint parking lot, 2307 Hydraulic Road at 9 a.m. with food and water for the day. We hike trails in the Southern, Central and occasionally Northern Districts of Shenandoah National Park, and in George Washington National Forest. INFO: Jere Bidwell 804/295-2143, John Shannon 804/293-2953 or Lois Mansfield 804/973-7184.

### North Chapter

The North Chapter of PATC conducts monthly trail work trips on the Maryland and Pennsylvania sections of the Appalachian Trail (AT) and on the Pennsylvania sections of the Tuscarora Trail. We also lead hikes on these and other trails. Maryland AT work trips are generally held on the first and third Saturdays—contact Mark Mitchell (mdtrail@yahoo.com), 301/461-7048 for information. Pennsylvania work trips are generally held on the AT on the first Saturday and on the Tuscarora on the third Saturday—contact Charlie Irvin, 301/447-2848 or Pete Brown (peter.brown4@worldnet.att.net) 410/343-1140. Pennsylvania AT work trips also include an optional Saturday night stay at the Gypsy Spring cabin. Dinner, breakfast, and camaraderie available. For information on upcoming hikes, contact Chris Firme (bncfirme@innet.net) 717/765-4833. For general chapter information contact chapter president Steve Koeppen (patcnorth@mail.com) 410/756-2916 or visit the North Chapter home page ([www.patc.net/chapters/north](http://www.patc.net/chapters/north)).

### Northern Shenandoah Valley Chapter

The Northern Shenandoah Valley Chapter sponsors hikes in national and state parks and forests in the Shenandoah Valley vicinity, open to the public, on a monthly basis except during the winter. Hikes are posted in the Forecast. Other activities are in the NSV Chapter Newsletter. For further information contact Martha Clark (mclark@visallink.com) 540/665-2101.

### Southern Shenandoah Valley Chapter

See Forecast (or our link from PATC website) for work trips and hiking events sponsored by the Southern Shenandoah Valley Chapter. Hikers from the DC area should allow about 3 hours to get to our region. INFO: in Harrisonburg, call Alvin 540/434-6244 or Lynn 540/234-6273; in Waynesboro, call Michael 540/943-8695; in Staunton, call Doris 540/885-4526.

### West Virginia Chapter

Chapter meeting at Highacre on the first Wednesday of the month. See Forecast for upcoming activities. For information about the chapter or to receive the newsletter, contact Judy Smoot at 540/667-2036 or [wvpatc@hotmail.com](mailto:wvpatc@hotmail.com).

### Ski Touring Section

The Ski Touring Section has served since 1974 to introduce Washington area residents to cross-country skiing and to provide cross-country skiing opportunities to experienced skiers. The Section sponsors winter weekend ski trips for all levels of skiers to nearby mountains in Maryland, West Virginia and Pennsylvania, as well as periodic social events year round. INFO: Steve Brickel 301/946-2520 or [sbrickel@aol.com](mailto:sbrickel@aol.com).

### Mountaineering Section

We're a diverse group of local Washington, DC area climbers. Young and old, male and female, crag rat, sport climber, and alpinist, active and armchair types - we all enjoy climbing in its many varieties. We also share common interest in promoting safe climbing, conserving the outdoors, developing new climbers' skills, representing the Washington area climbing community, and having fun! We provide instruction for those wanting to learn the basics - we're not a school, but we can get you started. We go climbing, either locally or further afield, nearly every weekend. In the winter we organize trips to the Ice Festivals in the Adirondacks and the White Mountains for beginning and advanced ice climbers. For further information contact Greg Christopulos at [greg.christopulos@do.treas.gov](mailto:greg.christopulos@do.treas.gov).

### PATC Midweek Hikes







PATC's Vigorous Group hikes 8-10 miles at a fast pace; and the Easy Hikers hike 5-8 miles on trails with little elevation change. See below for scheduled trips; check the weekly tape (703/242-0965) on Thursday or Friday for any changes or additions.

### Other Clubs' Hikes

Capital and Wanderbirds hike on Sundays, traveling by bus and leaving from downtown, with suburban stops as well. Center Club, Northern Virginia Hiking Club and Sierra Clubs hike on both Saturdays and Sundays using carpools, which often leave from a suburban Metro stop. Schedules are available at PATC Headquarters and are published in area newspapers on Fridays.

## KEY to Forecast Activities

All events are marked for easy identification. Late changes or cancellations are listed on the weekly information tape (703/242-0965), which is updated on Sunday evening for the following seven days. The Forecast can also be found on PATC's web site at [www.patc.net](http://www.patc.net).

-  Hiking Trips
-  Backpacking Trips
-  Trail Work Trips
-  Cabin/Shelter Work Trips
-  Special Events
-  Meetings

**Note to all hike leaders:** Please ask nonmembers on your hike if they would like to join PATC, then get names and addresses so a Club volunteer can send them information packets. Thanks!

## Meetings

### Meetings

Meetings are held at PATC HQ, 118 Park Street, S.E., Vienna, VA unless otherwise noted.

### Trail Patrol - First Tuesday

7:30 p.m. Trail Patrol volunteers are PATC's goodwill trail ambassadors to the hiking public. They provide a visible, reassuring presence on the trails, educating the public on good hiking practices, minimum impact hiking and camping ethics. Patrol members are trained in land navigation, emergency procedures, radio communications and personal equipment. All patrol volunteers are also expected to become certified in a recognized basic first aid course. Some equipment and uniform items are provided upon completion of training. INFO: Kumait Jawdat 202/328-8137 or see PATC's website ([www.patc.net/volunteer/trailpatrol](http://www.patc.net/volunteer/trailpatrol)).

### New Members (PATC) - First Wednesday

7:30 p.m. Curious about the Club? Want to learn more? The best way is to attend a new Members meeting (but you don't have to be new to qualify). Attend the meeting and find the mysteries of PATC revealed in full. Refreshments will be served. Directions to PATC: Take Rt. 23 into Vienna, Va. and turn east on Park St. (Rt.675) to 118 Park St. on your left. INFO: Terry Cummings (TCIVP@mindspring.com) 410/489-4594

### Shenandoah Mountain Rescue Group

(New Members meeting) - Second Monday 7:30 p.m. New members meeting. INFO: SMRG Operations 703/255-5034, then press # 5.

### PATC Council - Second Tuesday

7:00 p.m. sharp. The PATC Council meets the second Tuesday of every month to conduct business of the Club. All members are welcome. INFO: Wilson Riley ([wiley@aol.com](mailto:wiley@aol.com)) 703/242-0693 x11.

### Mountaineering Section - Second Wednesday

8:00 p.m. Second Wednesday of every month. INFO: Greg Christopulos ([greg.christopulos@do.treas.gov](mailto:greg.christopulos@do.treas.gov)) or see PATC's website ([www.patc.net/chapters/mtn Sect](http://www.patc.net/chapters/mtn Sect)).

### The Futures Group — Third Tuesday

7:00 p.m. Meets to research, develop, and recommend to membership changes to PATC organization, constitution, and bylaws in order to meet challenges of the new century. PATC members welcomed. INFO: Gerhard Salinger ([evger@erals.com](mailto:evger@erals.com)) or Wait Smith ([wsmith@visallink.com](mailto:wsmith@visallink.com)), Co-Chairs.

### Shenandoah Mountain Rescue Group

#### (Business meeting) - Last Tuesday

7:30 p.m. Meet in conference room. INFO: Martin Juenge ([mjuenge@rpihq.com](mailto:mjuenge@rpihq.com)) 703/255-5034 then press # 5.

# October

**1 (Sunday)**

**DEADLINE - November Potomac Appalachian Headquarters, Vienna, VA**

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to jns-bianca@home.com. Allow one week for postal service delivery.

**3 (Tuesday)**

**MEETING - Trail Patrol, 7:30 p.m.**

**4 (Wednesday)**

**MEETING - New Members (PATC), 7:30 p.m.**

**4 (Wednesday)**

**Hike - Easy Hikers**

**Sugarloaf Mountain, MD**

Sugarloaf Mountain 4 to 5 mile hike. Bring lunch. To reserve or offer a ride from Shady Grove Metro, please call hike leader. Otherwise, arrive on your own by 10:15 a.m. at the base of Sugarloaf Mtn. I-270 north to exit #18, Rte.121 east. Turn right off exit ramp, following signs towards Little Bennett Park. Take first left, onto Frederick Rd./Route 355, staying on it bypassing the camping entrance to Little Bennett Park off on the right. Take the first left on Comus Rd. Go straight a good ways to Sugarloaf. Only car poolers, and those with specific questions need to call. INFO: Margaret Chapman 301/977-8988 or 301/869-9291 x3.

**5 - 9 (Thursday - Monday)**

**TRAIL WORK TRIP - Mid Atlantic Crew (ATC)**

**Central District, Shenandoah National Park, VA**

The ATC Mid Atlantic Crew will bring its rock work expertise to the AT in the Central District of Shenandoah, over the long Columbus Day weekend. The project will involve the rebuilding of a series of tight, cribbed switchbacks near the Pocosin Cabin, and will include winch rigging, rock shaping, and the construction of large rock steps. The project will provide an excellent opportunity for PATC volunteers to learn new skills and to meet other trail workers from around the country. The Blue & White Crew will welcome the crew with a pot luck dinner on Saturday night. Join us for the evening or the weekend, or come out for the day (any day from Thursday through Monday). INFO: Kerry Snow (KerrySnow@prodigy.net) 301/570-0596 or 202/782-8175.

**7 (Saturday)**

**TRAIL WORK TRIP - South Mountaineers**

**Appalachian Trail, MD**

This is a beautiful time of year to be in the woods. Join us for a social, fun and challenging work event. Bring water, lunch, gloves, and boots. Don't miss out. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

**7 (Saturday)**

**TRAIL WORK TRIP - Maryland Metrolites**

**Cabin John Park, MD**

Join the Maryland Metrolites for a work trip in Cabin John Park, Montgomery County. We meet at 9:00 a.m. at the Nature Center parking lot off Democracy Blvd. Bring lunch, gloves, water, and high spirits. INFO: Liles Creighton 410/573-0067.

**7 (Saturday)**

**Hike - Signal Knob**

**George Washington National Forest, VA**

Ready for a Massanutten experience? This is another of a series on the Massanutten Mountain trails. This hike will involve the Signal Knob Trail

which connects to Massanutten West for a total of 10.2 miles. There will be views of Woodstock and the valley to the north and south from Signal Knob. Moderately strenuous with a 1000 foot elevation gain. INFO: Susan Bly (sbly@shepherd.edu) 304/258-3319 7:00 - 9:30 p.m.

**7 - 8 (Saturday - Sunday)**

**TRAIL WORK TRIP - North Chapter**

**Appalachian Trail, PA**

Meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Charlie Irvin 301/447-2848.

**7 - 8 (Saturday - Sunday)**

**CABIN WORK TRIP - Tulip Tree Cabin**

**Shaver Hollow, VA**

Tulip Tree Cabin work trips are still taking place in spite of the absence of forecast articles for the past three months. There has been no lack of work trips, just my missing of Potomac Appalachian deadlines. We are still working on the roof, probably installing the double crimped standing seam tern (tin plated steel), or maybe painting the roof a beautiful forest green. We may be installing the chinking and daubing too, plus a multitude of other more common carpentry tasks. Even though we may be doing common carpentry tasks we are still are using hand tools exclusively. INFO: Charlie Graf 410/757-6053.

**7 - 8 (Saturday - Sunday)**

**SHELTER WORK TRIP - Ed Garvey Shelter**

**Weverton Cliffs, MD**

The logs for the shelter are almost in place and the privy pit is dug, but there is still lots of work to be done. Whether you want to task your muscles or take one of the not-so-strenuous jobs, we can use your help. Prior experience in construction helpful but not necessary; you can learn it all as we move along. Come for a day or the weekend. For information on the shelter see: www.patc.net/volunteer/garvey/ and to peruse the journal see: www.trailjournals.com/edgarveysshelter/. INFO: Frank Turk (frankturk@aol.com) 301/249-8243(h) or 202/651-5847(w).

**7 - 9 (Saturday - Monday)**

**BACKPACKING TRIP - Cranberry Wildemess**

**Cranberry Wildemess, WV**

Take advantage of this 3-day weekend and join us for a moderate backpack in this unique wilderness area. Fall colors peak and weather turns cooler earlier in this region. Would prefer early Friday afternoon departure for this further destination. INFO: John Koutze or Kathy McDermott 703/846-9207.

**9 (Monday)**

**MEETING - New members (Shenandoah Mountain Rescue Group), 7:30 p.m.**

**10 (Tuesday)**

**MEETING - PATC Council, 7:00 p.m. sharp.**

**11 (Wednesday)**

**MEETING - Mountaineering Section, 8:00 p.m.**

**11 (Wednesday)**

**Hike - Easy Hikers**

**Difficult Run/Great Falls, VA**

For an approximately 5-mile hike meet at 10:15 a.m. at parking lot on Georgetown Pike (193). From Beltway (495) exit 13W go about 3 miles on Georgetown Pike west to parking lot on your left. Bring lunch and water. INFO: Irene Kamm 703/780-8568.

**14 (Saturday)**

**TRAIL WORK TRIP - Rock Creek Trail Crew**

**Rock Creek Park, Washington, DC**

8:15-11:30 a.m. Rock Creek park is a wonderful place to hike — or do trail work as we will do — in the fall. Come check out the beauty of the big D.C. trees. Meet at the Rock Creek Nature Center. INFO: Mark Anderson (mhacca@starpower.net) 202/462-7718 or Ranger Ken Ferebee 202/426-6834 x31.

**14 (Saturday)**

**Hike - WV Chapter**

**Spy Rock, AT sw of Charlottesville, VA**

It's a long ride but worth it if you have not been to Spy Rock. The outcrop offers a 360 degree view of the Central Blue Ridge. The moderately strenuous 3.9 miles to the top will give a look at the fall leaves without the crowds. Will arrange for a shuttle for the ride down. INFO: Judy Smoot (jasmoot@hotmail.com) 540/667-2036.

**14 - 15 (Saturday - Sunday)**

**TRAIL WORK TRIP - Cadillac Crew**

**Vining Tract, Stanardsville, VA**

Thank goodness it's finally cooled down! Join the Cadillac Crew for a weekend of clearing and weed control on the Vining tract. We'll also be working on our pet project of uncovering the Cliff Trail. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at local cabin. INFO: Fran Keenan (oudoorsnow@cox.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

**14 - 15 (Saturday - Sunday)**

**SHELTER WORK TRIP - Ed Garvey Shelter**

**Weverton Cliffs, MD**

Please see 10/7-8 for details. INFO: Frank Turk (frankturk@aol.com) 301/249-8243(h) or 202/651-5847(w).

**16 (Monday)**

**Hike - Family hike**

**Maryland Heights at Harpers Ferry, WV**

Put your baby or toddler in a front or back carrier and join us for a rugged 5-mile hike with some beautiful views. Hike will be followed by 'run around and explore time' for the kid walkers on the C&O Canal towpath. Bring lunch and lots of water. Designed for the under 5 crowd — all ages welcome. INFO: Lauren Lang (LEvansAT94@aol.com) 703/631-9278.

**17 (Tuesday)**

**MEETING - The Futures Group, 7:00 p.m.**

**18 (Wednesday)**

**CLASS - Backpacking 202**

**Headquarters, Vienna, VA**

7:30 - 10:00 p.m. The Trail Patrol presents the first of two classroom sessions for the Backpacking 202 course (see ad on page 20). The course provides the necessary skills for an early winter backpacking trip. INFO: Larry Marcoux 703/968-4771.

**18 (Wednesday)**

**Hike - Easy Hikers**

**Prince William Forest Park, VA**

About 5 miles. Meet at 10:15 a.m. at Turkey Run Education Center in the park. From the Beltway, take I-95 south 19.8 miles to exit 150B, route 619 west. Second right into park entrance. First left on Park Scenic Drive. Pass parking areas A, B, and C. After 1.8 miles on Park Scenic Drive, take left fork toward Turkey Run for half mile to right turn on Turkey Run Road. Half mile to parking at Turkey Run Education Center. Bring lunch. INFO: John or Suzanne Kominski 703/751-3026.

# FORECAST

21 (Saturday)

🏞️ **TRAIL WORK TRIP - Stonewall Brigade**  
Shenandoah County, VA

Great North Mountain on the VA/WV state line. Join the Stonewall Brigade at Wolf Gap Recreation Area at 9:00 a.m. to work on the Mill Mountain Trail and other trails on the mountain near Big Schloss. This popular area offers fine panoramic views of Trout Run Valley from the mountain crest. We will remove or break up rocks in the tread, build or clean and repair water bars, and remove brush and weeds. This is the last trip on Saturday until after the hunting seasons. Trips will be on the third Sunday of the month beginning in November. RSVP/INFO: Hop Long (mgrgnmd@hotmail.com) 301/942-6177.

21 (Saturday)

🏞️ **TRAIL WORK TRIP - South Mountaineers**  
Appalachian Trail, MD

Who would be a fool not to go outside in peak autumn foliage? Join the South Mountaineers for a fun and dirt-filled event. We do all kinds of work, depending on what is needed. Bring water, lunch, gloves, boots, and spunk. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

21 (Saturday)

🥾 **HIKE - Mason-Dixon Trail Series # 9**  
Newark, DE

A moderately paced 13-mile hike from Elk Neck State Forest, PA northeast to Newark, DE. A car shuttle is required. Mason-Dixon trail maps 8 and 9. INFO: Jack Thorsen 703/339-6716 or William Needham 410/884-9127.

21 (Saturday)

🥾 **HIKE - Meet the Trail Patrol**  
Old Rag Circuit

Hike with the Trail Patrol and learn what the PATC's goodwill ambassadors do. These adventurous, dedicated men and women monitor the Club's nearly 1,000 miles of trails, helping people, instructing them in safe hiking practices, and reporting on the conditions of the trails. The hike of 7.1 miles, with 2200 feet elevation change, provides amazing views and some fun rock scrambles. It also provides excellent opportunities to learn about how we do what we do. Meet at PATC HQ at 8:30 a.m. INFO: Ben Fernandez (adkbenny@bellatlantic.net) 703/222-8249.

21 (Saturday)

🏞️ **TRAIL WORK TRIP - Stonewall Brigade**  
Shenandoah County, VA

Great North Mountain on the VA/WV state line. Join the Stonewall Brigade at Wolf Gap Recreation Area at 9:00 a.m. to work on the Tibbet Knob Trail and other trails on the mountain near Big Schloss. This popular area offers fine panoramic views of Trout Run Valley from the mountain crest. We will remove or break up rocks in the tread, build or clean and repair water bars, and remove brush and weeds. This is the last trip on Saturday until after the hunting seasons. Trips will be on the third Sunday of the month beginning in December. RSVP/INFO: Hop Long (mgrgnmd@hotmail.com) 301/942-6177.

21 - 22 (Saturday - Sunday)

🥾 **HIKE/Camp - Natural History Camping Trip**  
Pedlar District, GWNF, VA

Join Bob Pickett on two day hikes and spend the night camping at the trailheads. We'll do the seven-mile Henry Lanum Trail (formerly the Pompey and Mt. Pleasant Trail) on Saturday and the 8-mile Hotel Trail on Sunday. Both trails are relatively easy, with moderate ascents and no substantial creek crossings. Saturday evening, we'll camp off trail, in an abandoned field, by a spring. Reservations/INFO: Bob Pickett 301/681-1511.

21 - 22 (Saturday - Sunday)

🏞️ **TRAIL WORK TRIP**  
Central District, Shenandoah National Park, VA

Tired of the emotional drain caused by your ecotour? Somewhat soured on that digital cell phone that gives the world (i.e. boss, creditors, marketers, etc.) access to you 24/7 over a variety of media? Don't wanna see one more brake light, or make one more decision? Then come on out for a weekend in Shenandoah National Park. Make new friends, as you meet our regulars: Mr. Pulaski, Ms. McLeod, and others. Listen to stories by Dave, a former FBI Agent. Sit quietly on the porch of a rustic cabin, sipping whatever you've put in that cup, and just watching the sky. BYOB, we supply the food. INFO: Don White (whitedh@hotmail.com) 804/217-9700 x318 (w).

21 - 22 (Saturday - Sunday)

🏠 **SHELTER WORK TRIP - Ed Garvey Shelter**  
Weverton Cliffs, MD

Please see 10/7-8 for details. INFO: Frank Turk (frankturk@aol.com) 301/249-8243(h) or 202/651-5847(w).

21 - 22 (Saturday - Sunday)

🏠 **CABIN WORK TRIP - Tulip Tree Cabin**  
Shaver Hollow, VA

It really looks like a cabin now. The roof is close to being done and work is progressing on the chinking, filling in the gable ends, completing the majestic winding stairway, and many other interesting tasks. There is plenty of time for you to get experience in building with primitive hand tools. INFO: Charlie Graf 410/757-6053.

23 (Monday)

🥾 **HIKE - Family hike**  
Sky Meadows State Park, VA

Put your baby or toddler in a front or back carrier and join us for a rugged 5.5-mile hike with some beautiful views. Kids who are walking can walk/run/explore the last 1/2 mile or so. INFO: Lauren Lang (LEvansAT94@aol.com) 703/631-9278.

24 (Tuesday)

**CLASS - Dancing on Mount Whitney (REI)**  
REI, College Park, MD

7:30 p.m. Reaching the summit of the highest mountain in the lower 48 was a real challenge for Debra Barclay, but with good planning, preparation, focus and determination, she finally stood on the summit. You can, too! Debra will present slides of her climb and discuss gear, planning, ways and means, and the experience of being "on top" for the first time, and her unique commitment to outdoor endeavors. Come on in and find out how to plan and fuel your outdoor adventures! INFO: REI 301/982-9681.

25 (Wednesday)

**CLASS - Backpacking 202**  
Headquarters, Vienna, VA

7:30 - 10:00 p.m. The Trail Patrol presents the second of two classroom sessions for the Backpacking 202 course (see ad on page 20). The course provides the necessary skills for an early winter backpacking trip. INFO: Larry Marcoux 703/968-4771.

25 (Wednesday)

**CLASS - Climbing Mount Whitney (REI)**  
REI, Baileys Crossroads, VA

7:30 p.m. Viewed from Lone Pine, CA, Mount Whitney's East face is a towering wall soaring to nearly three miles above sea level. And as you get closer, it just gets better! From the trailhead at Whitney Portal to Iceberg Lake, you gain 4,200 feet in less than 5 miles. Then it gets steep. Come

along with local climber Mike McKenna, for a visual climb of Whitney by the East Buttress Route, to the summit at 14,496 feet, the highest point in the lower 48. Mike will also discuss planning, gear and ways and means for your own high adventures. INFO: REI 703/379-9400.

25 (Wednesday)

🥾 **HIKE - Easy Hikers**  
Great Falls, MD

The Easy Hikers will hike 5-6 moderate miles on the Goldmine Trail at Great Falls, MD returning via the C&O Canal Towpath. Meet in the parking area on MacArthur Blvd. opposite the Old Angler's Inn at 10:15 a.m. Bring lunch and water. INFO: Shirley Rettig 703/836-0147.

27 - 28 (Friday - Saturday)

🏞️ **TRAIL WORK TRIP - North Chapter**  
Tuscarora Trail, PA

We will work in and around Cowans Gap State Park and will be staying overnight on Friday and Saturday at a cabin in the park. Reservations are required. INFO: Charlie Irvin 301/447-2848.

28 (Saturday)

🏞️ **TRAIL WORK TRIP - Rock Creek Park Crew**  
Rock Creek Park, Washington, DC

8:15-11:30 a.m. This is the final trip of the year and it's usually blessed with some fall colors in the giant canopy of Rock Creek Park. Help us get 40 miles of hiking trails ready for the winter (don't worry we won't tackle them all today). Meet at the Rock Creek Nature Center. INFO: Mark Anderson (mhacca@starpower.net) 202/462.7718 or Ranger Ken Ferebee 202/426-6834 x31.

28 (Saturday)

**CLASS - Mountain Landscape Photography (REI)**  
George Washington National Forest, VA

8:30 a.m. - 3:00 p.m. REI's resident nature photographer, Ed Neville, will lead this foray into mountain landscape photography. The setting will be the area around Big Schloss, on Great North Mountain in the George Washington National Forest. The class fee is \$75, and includes film and development. Registration/INFO: REI 301/982-9681 or 703/379-9400.

28 (Saturday)

🥾 **HIKE - Massanutten West**  
George Washington National Forest, VA

Second in the Massanutten West series will finish this set for us. We will be hiking along a ridge top for 12.6 miles from the top of Massanutten Mountain to Edinburg Gap. Maybe we'll see some hang gliders out at Powell Mountain. 100 foot elevation gain; easy hiking. INFO: Susan Bly (sbly@shepherd.edu) 304/258-3319 7:00 - 9:30 p.m.

28 (Saturday)

🕊️ **SPECIAL EVENT -**  
Don Hubbard memorial service  
Bethesda, MD

There will be a memorial service for Don Hubbard on Saturday, October 28, 2:00 -5:00 p.m. at the Cedar Lane Unitarian Church, 9601 Cedar Lane, Bethesda MD. INFO: Greg Christophulos 703/876-0957.

28 - 29 (Saturday - Sunday)

🏠 **CABIN WORK TRIP - Cadillac Crew**  
South District, Shenandoah National Park, VA

Schairer Trail Center, near Skyline Drive mile post 71. Join the Cadillac Crew as we help the cabin overseer of the Schairer Trail Center in SNP South District to spruce up the cabin grounds. Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight at the trail center. INFO: Fran Keenan (outdoorsnow@cox.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.



## 28 - 29 (Saturday - Sunday)

### 🏠 SHELTER WORK TRIP - Ed Garvey Shelter Weverton Cliffs, MD

Please see 10/7-8 for details. INFO: Frank Turk (frankturk@aol.com) 301/249-8243(h) or 202/651-5847(w).

## 28 - 29 (Saturday - Sunday)

### CLASS - Trail Patrol Training Weekend Glass House, GWNF

This semiannual weekend provides you with all the instruction you need to become an active Trail Patrol member (except basic first aid). You will learn how to work with other members to provide a visible, reassuring presence on the trails, educating the public on good hiking practices, minimum impact hiking, and camping ethics. Training includes land navigation, standard and emergency procedures, radio communications, personal equipment, Leave No Trace, and specific techniques for communicating with hikers. Registration deadline: Monday, October 23. Registration/INFO: Kumait Jawdat 202/328-8137.

## 28 - 29 (Saturday - Sunday)

### 🏠 TRAIL WORK TRIP - Blue & White Crew Central District, Shenandoah National Park, VA

Join the Blue & White Crew for our Annual October Trip to Muttontop. Dinner on Saturday night will feature the award-winning chili of our SNP Mystery Chef (hint: "compression and tension"). The weekend project will be a continuation of our AT rehab project near Bootens Gap. Enjoy the fall foliage and spectacular views from the SNP AT and the Muttontop porch. INFO: Kerry Snow (KerrySnow@prodigy.net) 301/570-0596.

## 30 (Monday)

### 🥾 HIKE - Family hike Manassas Battlefield Park at the Stone Bridge

Put your baby or toddler in a front or back carrier and join us for a 2-5 mile hike along Bull Run (length will be determined by group preference). It's possible to hike this trail with a jogging stroller. Hike will be followed by throwing rocks into the stream (what could be more fun) and a stealth lunch if weather permits. INFO: Lauren Lang (LEvansAT94@aol.com) 703/631-9278.

## 31 (Tuesday)

### 📅 MEETING - Shenandoah Mountain Rescue Group (Business meeting), 7:30 p.m.

# November

## 1 (Wednesday)

### DEADLINE - December Potomac Appalachian Headquarters, Vienna, VA

5:00 p.m. All items for the next issue of the PATC newsletter must be submitted on disk if possible to headquarters, or via e-mail or e-mail attachment to jns-bianca@home.com. Allow one week for postal service delivery.

## 1 (Wednesday)

### 📅 MEETING - New Members (PATC), 7:30 p.m.

## 4 (Saturday)

### 🏠 TRAIL WORK TRIP - Maryland Metrolites C&O Canal Park, MD

Join the Maryland Metrolites for a work trip in C&O Canal Park, Montgomery County. We meet at 9:00 a.m. at the Great Falls Parking lot. Bring lunch, gloves, water, and high spirits. INFO: Liles Creighton 410/573-0067.

## 4 (Saturday)

### 🏠 TRAIL WORKTRIP - North District Hoodlums North District, Shenandoah National Park, VA

Join us as we assist the overseers in repairing the treadway on the Appalachian Trail near Neighbor Mountain. Bring workgloves, lunch, water, a strong back, and a willing mind. Overnight at a nearby cabin. Dinner's on me!! INFO: John McCrea (mccreajf@aol.com) 610/352-9287.

## 4 (Saturday)

### 🏠 TRAIL WORK TRIP - South Mountaineers Appalachian Trail, MD

With leaves freshly falling around us, we will work on the AT amongst beautiful color and cool crisp air. Join us for the fun and rewards of this work event. Bring water, lunch, gloves, and boots. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

## 4 (Saturday)

### CLASS - Outdoor Leadership and Wilderness Risk Management (REI) REI, Baileys Crossroads, VA

10:30 a.m. - 4:30 p.m. Much has been written about wilderness survival skills. Comparatively little attention has been given to avoiding wilderness survival situations. This class covers prevention, planning, preparation, safety management and risk assessment. The class is taught by Christopher Tate, Director, Wilderness Safety Council. The class fee is \$75, and includes the course, text and materials, and a copy of Outdoor Leadership, by John Graham. Registration/INFO: REI 703/379-9400.

## 4 - 5 (Saturday - Sunday)

### CLASS - Chainsaw Certification (ATC) Scott Farm, Carlisle, PA

Trail volunteers should be certified if they use a chainsaw in their maintenance activities. This two-day course will cover safety issues, chainsaw function and maintenance, proper use of equipment, and modern felling, limbing, and bucking techniques. INFO: John Wright (jwright@atconf.org) 717/258-5771.

## 4 - 5 (Saturday - Sunday)

### 🏠 CABIN WORK TRIP - Tulip Tree Cabin Shaver Hollow, VA

Hopefully by this time the roof is completed and we will be installing windows and doors; that is, after we make the doors. As usual all work will be done the old fashioned way, with hand tools. There is insulation to install in the gable ends, and board on board to install in the gable ends on the inside of the cabin. If you want to learn how to use and care for all the old classic carpentry hand tools give me a call. INFO: Charlie Graf 410/757-6053.

## 4 - 5 (Saturday - Sunday)

### 🏠 TRAIL WORK TRIP - North Chapter Appalachian Trail, PA

Meet at US 30 and PA 233 at the parking lot of Caledonia State Park. Departure 9:00 a.m. sharp. INFO: Charlie Irvin 301/447-2848.

## 4 - 5 (Saturday - Sunday)

### 🏠 SHELTER WORK TRIP - Ed Garvey Shelter Weverton Cliffs, MD

The logs for the shelter are almost in place and the privy pit is dug, but there is still lots of work to be done. Whether you want to task your muscles or take one of the not-so-strenuous jobs, we can use your help. Prior experience in construction helpful but not necessary; you can learn it all as we move along. Come for a day or the weekend. For information on the shelter see: [www.patc.net/volunteer/garvey/](http://www.patc.net/volunteer/garvey/) and to peruse the journal see: [www.trailjournals.com/edgarveysshelter/](http://www.trailjournals.com/edgarveysshelter/). INFO: Frank Turk (frankturk@aol.com) 301/249-8243(h) or 202/651-5847(w).

## 7 (Tuesday)

### 📅 MEETING - Trail Patrol, 7:30 p.m.

## 8 (Wednesday)

### 📅 MEETING - Mountaineering Section, 8:00 p.m.

## 10 - 12 (Friday - Sunday)

### 🏠 BACKPACKING TRIP - Backpacking 202 course Call for location

The Trail Patrol Backpacking 202 course (see ad on page 20) concludes with a three-day outing on Veteran's Day weekend in which students will have the opportunity to implement their newly learned skills. INFO: Larry Marcoux 703/968-4771.

## 11 - 12 (Saturday - Sunday)

### 🏠 SHELTER WORK TRIP - Ed Garvey Shelter Weverton Cliffs, MD

Please see 11/4-5 for details. INFO: Frank Turk (frankturk@aol.com) 301/249-8243(h) or 202/651-5847(w).

## 11 - 12 (Saturday - Sunday)

### 🏠 TRAIL WORK TRIP - Cadillac Crew Cabin John Trail, MD, near C&O Canal

It's getting late in the season but we're still going to help out PATC employee Pat Fankhauser with her trail! Bring a lunch and water for Saturday noon. Community dinner on Saturday night. Overnight location to be determined. INFO: Fran Keenan (outdoorsnow@cox.rr.com) 703/938-3973 or Jon Rindt (jkrindt@erols.com) 540/635-6351.

## 13 (Monday)

### 📅 MEETING - New members (Shenandoah Mountain Rescue Group), 7:30 p.m.

## 14 (Tuesday)

### 📅 MEETING - PATC Council, 7:00 p.m. sharp.

## 15 (Wednesday)

### 🏠 SPECIAL EVENT - PATC Annual Meeting Elks Lodge, Fairfax, VA

6:30 to 10:00 p.m. Come, visit, vote, and enjoy special guest Steve Elkinton from the National Park Service. There will be food, drink, door prizes and the PATC video. Children are welcome. See reservation form page 20 for details.

## 18 (Saturday)

### 🥾 HIKE - Mason-Dixon Trail Series # 10 Newark, DE

A moderately paced 16-mile hike from Newark north to White Clay Creek, PA. A car shuttle is required. Mason-Dixon trail map 9. INFO: Jack Thorsen 703/339-6716 or William Needham 410/884-9127.

## 18 - 19 (Saturday - Sunday)

### 🏠 SHELTER WORK TRIP - Ed Garvey Shelter Weverton Cliffs, MD

Please see 11/4-5 for details. INFO: Frank Turk (frankturk@aol.com) 301/249-8243(h) or 202/651-5847(w).

## 18 - 19 (Saturday - Sunday)

### 🏠 CABIN WORK TRIP - Tulip Tree Cabin Shaver Hollow, VA

The cool weather is conducive to working hard at a labor of love, such as working on a beautiful primitive cabin in the woods. Who knows what we will be doing, but whatever it is will be interesting and challenging. With the cool weather the conditions are right for a roaring campfire in the evening. With luck someone will show up with a musical instrument. INFO: Charlie Graf 410/757-6053.

## 18 - 19 (Saturday-Sunday)

### 🏠 TRAIL WORK TRIP - North Chapter Tuscarora Trail, PA

We will work in and around Cowans Gap State Park and will be staying overnight on Friday and Saturday at a cabin in the park. Reservations are required. INFO: Charlie Irvin 301/447-2848.

*Building Trail, from page 9*

The barrier portion of the waterbar can be constructed of rock, a log, or just a mound of packed dirt. The barrier material depends partly on what is available and partly on what kind of traffic is expected on the trail.

A packed-dirt barrier is quickly breached by horse and bike traffic, so dirt barriers are seldom used by the Massanutten Crew, whose trails allow horses and bikes. However, rock and log barriers are seen as obstacles by bike traffic. A rock barrier is a jolting experience if it is not crossed in a skillful manner. And a log barrier is like an exposed tree root, tilted and at a diagonal to the line of travel. When wet, the log is slippery and likely to throw the rear wheel of the bike to one side and spill the rider. Bikers will try to bypass a rock or log barrier and may wear a path for water around the barrier. Therefore, the Massanutten Crew tries to avoid building waterbars.

### Grade Dip

A grade dip is a built-in change of direction in the rising tread, in that the rising tread curves toward the downslope and descends for about 20 feet, then curves back and resumes its ascent. The descending tread has about a 3 percent negative grade. When runoff flows along the tread on the long section, the water reaches the dip and must flow up the 20 feet of 3 percent grade if it is to remain in the tread. Instead, it pools at the low point and spills over the edge of the tread. Note that there is no ditch and no barricade. A well-built grade dip requires no maintenance.

The trail traffic sees the grade dip as a gentle S-curve in the tread. All traffic hugs the inside edge of both curves of the S and may

### Attention Club members with items for the newsletter

Give the newsletter staff a break during the busy holidays and get your submissions in early. Deadline for the November issue is 1 October, and 1 November for the December issue.

**Combined  
Federal Campaign  
# 7956**

## Trail-Building Terms

**Tread:** The walkable surface of a trail.

**Upslope and downslope:** Areas of the hillside above and below tread.

**Uprail and downtrail:** Directions along centerline of the tread.

**Grade:** A measurement of the steepness along the uptrail direction, expressed as a percentage. Most hikers go up an 8 percent grade without difficulty. (That's eight feet of elevation gain for 100 feet of horizontal movement.) Most hikers tire quickly on grades over 15 percent.

**Outslope:** A gentle tilt of the trail surface to allow runoff to flow over the edge of the tread onto the downslope.

**Waterbar:** A shallow ditch and a barrier that diverts water off the trail.

**Grade dip:** A short descending section of the trail that is built into an ascending trail to divert water off the trail.

eventually wear the tread into a straight line! The crew may try to anchor the curves in place by making them go around rock outcrops or trees.

Members of trail crews from the major mountain biking clubs often work with the Massanutten Crew. They appreciate the crew's preference for grade dips.

### Constructing The Tread

Say the trail crew must build a three-foot-wide, almost level tread across a hillside that has a 20 to 40 percent slope. Two methods are available, dug-in tread and built-up tread.

□ Dug-in tread. The Cadillac Crew, which builds trail for hikers only, begins building trail by digging into the slope, cutting roots, and removing rocks. Sufficient digging is done to gain a three-foot width. A few inches of loose dirt is left after the removal of

rocks and roots. This dirt is raked free of pebbles, outsloped, and tamped into a firm surface. The downslope is cleared of any rocks, brush, and saplings that might cause a dam to form that would trap water in the tread. Dug-in tread is ideal for hikers, but not good for bikes and horses.

As bike and horse traffic wear away the center of the tread, underlying roots and rocks appear. Bikers look for the smoothest track, and the smoothest surface is often along the downslope edge, where a dam of silt and mud accumulates. Bikers ride along this smooth edge, compressing it when wet and causing it to slip downhill. As the tread collapses, horse and foot traffic follow the smooth track. After a few years, the tread may consist of many parallel paths along the previously cleared downslope. These paths are called terraced tread.

*See Building Trail, page 20*

## FORECAST

**18 - 19 (Saturday - Sunday)**

✂ **TRAIL WORK TRIP - Joint Extravaganza  
Shenandoah National Park, VA**

November is the month for the Second Annual Blue & White/North District Hoodlums Joint Extravaganza. The Crews will cohabit in the newly renovated Range View Cabin, and swing picks simultaneously on an AT project in the Park. Join the Crews as we sample beverages from many lands, swap tall tales, and compete in the Annual North District/Central District Snoring Showdown. INFO: Kerry Snow (KerrySnow@prodigy.net) 301/570-0596 or George Walters (gjwalters@erols.com) 410/426-2724.

**18 - 19 (Saturday - Sunday)**

✂ **TRAIL WORK TRIP**

**Central District, Shenandoah National Park, VA**

Tired of the emotional drain caused by your eco-tour? Somewhat soured on that digital cell phone that gives the world (i.e. boss, creditors, marketers, etc.) access to you 24/7 over a variety of media? Don't wanna see one more brake light, or make one more decision? Then come on out for a weekend in

Shenandoah National Park. Make new friends, as you meet our regulars: Mr. Pulaski, Ms. McLeod, and others. Listen to stories by Dave, a former FBI Agent. Sit quietly on the porch of a rustic cabin, sipping whatever you've put in that cup, and just watching the sky. BYOB, we supply the food. INFO: Don White (whitedh@hotmail.com) 804/217-9700 x318 (w).

**19 (Sunday)**

✂ **TRAIL WORK TRIP - South Mountaineers  
Appalachian Trail, MD**

In order to miss hunting season, the South Mountaineers move the last two events of the year to Sundays. Join us for a fun journey into the woods. Bring lunch, water, gloves, and boots. INFO: Mark Mitchell (mdtrail@yahoo.com) 301/461-7048.

**21 (Tuesday)**

■ **MEETING - The Futures Group, 7:00 p.m.**

**28 (Tuesday)**

■ **MEETING - Shenandoah Mountain Rescue  
Group (Business meeting), 7:30 p.m.**

## In Memoriam

### Tomoko Flavin

Tomoko Flavin of Garrett Park, Maryland, a longtime member of PATC, succumbed to kidney cancer in late July 2000. Tomoko was born in Tokyo in 1930. She lived in Tokyo throughout her childhood and World War II. After graduating from Tsuda Women's College in Japan, she came to the United States in

the 1950's to attend Carleton College in Minnesota. She moved to New Jersey, married, and had three children. The family moved to Bethesda, Maryland in the early 1960's. After raising her children, she began working at the Library of Congress in 1967 and retired in 1991 as a senior descriptive cataloguer for the Japanese Language Section. She remarried in 1983.

Throughout Tomoko's life she was a lover of nature and was an avid photographer, hiker, bicyclist, whitewater kayaker, skier, and swimmer. She wrote poetry and enjoyed traveling. Tomoko was a member of the Bethesda Friends Meeting. She is survived by her three children, Dr. Leo Kusuda, Kay Zimmer, and Yuri Plowden; her two grandchildren, Marissa and Luke Plowden; her twin sister, Kazuko Miyamura; and her husband, Dr. Martin Flavin. □

### Donald Hubbard, 1900 - 2000

Don Hubbard succumbed to the infirmities of old age on July 20, 2000 in McLean, Va. less than three months short of his 100th birthday. The doctors called it cardiopulmonary arrest.

A research chemist at the National Bureau of Standards for over 40 years, Don spent most of his weekends rock climbing in the mid-Atlantic region. Don may have been the last of the patriarchs of the Washington Rock Climbers, the group that initiated technical climbing in the area under the tutelage of Gus Gambs prior to World War II. Don's group of climbers in the Washington area became the Mountaineering Section of the Potomac Appalachian Trail Club about 50 years ago.

For over 40 years the group led by Sterling Hendricks and Arnold Wexler mounted major expeditions to the mountains of western Canada. With his characteristic modesty Don always said that he just went along because his friends asked him to, but he was a stalwart member of the party and participated in primary ascents on numerous peaks in the Selkirks, Monashees, Cariboos, Adamants, the Coast ranges, and others.

During a fall on Mount Howard in which Rex Gibson, President of the Alpine Club of Canada, lost his life Don broke his knee. He used a tent pole as a crutch for two days while he hobbled down the mountain to find shelter and assistance. He was an iron man.

Don is credited, along with Paul Bradt and Sam Moore, with making the first ascents of the Skyline Traverse on Seneca Rocks and

Gunsight Notch to the South Peak in 1939. He participated in the early exploration of Schoolhouse Cave in the 1940s. Long before rock climbing became the popular sport that it is today, Don was recognized as an outstanding teacher of climbing techniques, with emphasis on safety. With soothing, gentle instructions he could talk neophyte climbers up Class 5 pitches and make them like it. He delighted in teaching beginning climbers to descend from the South Peak of Seneca Rocks by rappelling off the Gryphon's Beak and swinging like a pendulum to safety in Gunsight Notch. His visage was immortalized in Tom Culverwell's drawings, which pictured him climbing, and in the original logo of the National Speleological Society.

Don was born on October 4, 1900 on Terra Ceia Island just south of Tampa Bay, Fla. He was educated at the University of Florida where he received a Master's degree in chemistry. Later he earned his Ph.D. in chemistry at American University in Washington. During his career at the Bureau of Standards he did research on such esoteric subjects as the hydrosopicity of glass and the effects of various substances on human health, producing numerous research papers and pamphlets. He was a Fellow of the Washington Academy of Science and a Life Member of the American Alpine Club and the Potomac Appalachian Trail Club.

Don never married. He is survived by several generations of nieces and nephews with whom he enjoyed canoeing and oystering in the Tampa Bay area during his annual visits.

The memorial service will be held Sat. October 28, 2-5 p.m. at Cedar Lane Unitarian Church, 9601 Cedar Lane, Bethesda Md. □

*-Theodore M. Schad*

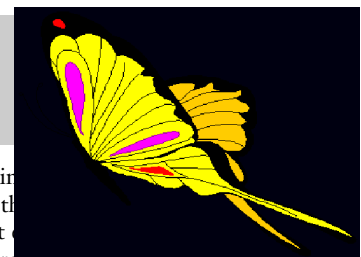
## Mike Karpie's Photo Tips: Fun With Filters, Part One

The first filter we will discuss is not really a "fun" filter, but it is certainly important and should be mentioned here. The skylight or 1A filter's function is to filter out ultraviolet rays. Though UV light is not visible to our eyes, it can appear as additional haze in scenic photographs. Because the skylight filter is relatively neutral, it may be left on your lens as extra protection against scratches.

The polarizing filter is an essential accessory for outdoor photography. It works much

like polarized sunglasses in that it reduces glare and reflection. The glare effect is most obvious on glass and water. But virtually all surfaces reflect light and most of them, including dust and moisture particles in the air, will reflect a certain amount of glare. A polarizing filter will cut through this glare and help "saturate" the colors of rocks, foliage, and even the sky itself. The effects of the polarizing filter are most noticeable in direct lighting. For instance, you will get more benefit from the filter on sunny days than you will on overcast days. Since the

polarizing filter affects the intensity of light, it is not recommended in low-light or flash photography.



Next Month: Fun With Filters, Part Two

The archive of Photo Tips and sample photos can be found at: [www.geocities.com/mkarpie/tips.html](http://www.geocities.com/mkarpie/tips.html) □

*-Mike Karpie*

# NOTICES

## NEW NOTICES

**ELEPHANTS, LIONS, WILD DOGS.** The mobile camping safari in 2001 to Okovango Delta, Moremi, and Chobe Reserves, Victoria Falls, class reservations October 15. Projected costs are \$4,500 for a 12-day safari plus \$1,500 round-trip air. INFO: Paula Strain, 301/340-6895.

**Attention Federal Employees.** PATC is participating in the Combined Federal Campaign of the National Capital Area. Please consider a payroll donation to PATC. Our 2000 Designation Number is 7956. Thank you for your support.

**MAGAZINES FOR SALE.** 20 years of PATC Newsletter, Virginia Wildlife, Natural History, Sierra Amicus, Audubon, and many others. Bargain-priced or free. INFO: Don Walsh 703/548-5742.

**HIKERS:** Have you noticed locations along a trail that have good scenic views? Do you want this "view" location labeled on PATC hiking maps so future hikers can better plan their trips? It is best that the viewpoint is noticeable from the trail and is a year-round clearing. The process is simple: Make an enlarge photocopy of the appropriate section of the PATC map, place a "dot" at the correct location with an arrow pointing in the general direction of the view, and mail the suggestion to PATC, Attn: Maps.

**ATTENTION CONSERVATION BUYERS.** If you are interested in teaming up with like-minded individuals to purchase property along the AT, (1/2 mile from the trail) then look no further. There are 200+ acres of beautiful pasture and forested property in Bland, Virginia, at the base of Big Walker Mountain. If you would like to discuss this further, please call Melody Blaney, or Patti Landovek at Bears Den Hostel 540/554-8708, or e-mail us at bearden@crosslink.net.

## VOLUNTEER OPPORTUNITIES

**THE SALES OFFICE** is looking for volunteers interested in working as little or as long as you can manage it—Monday through Friday between 9 and 5 p.m. If interested, please contact the Sales Coordinator, Maureen Estes, by either calling headquarters at 703/242-0693, ext. 19 or by e-mail at patcsales@erols.com.

**NOT INTERESTED IN WORKING OUT-DOORS?** PATC has a continuous need for Headquarters Volunteers willing to help out with a variety of tasks—from manning the sales desk in the evening, to providing typing or office support. It takes a lot more than trail workers to keep the Club going! INFO: Wilson Riley, wriley1226@aol.com or 703/242-0693, ext.11.

**PATC OVERSEERS** get big discounts from the following merchants who support our volunteer programs: Blue Ridge Mountain Sports (Charlottesville, Tidewater)—20%, Hudson Trail Outfitters (Metro DC)—15%, The Trailhouse (Frederick, Md.)—15%, Casual Adventures (Arlington, Va.)—10%, Campmor (mail order via PATC HQ)—10%. Check the back page of the PA for the latest trail, cabin, and shelter overseer opportunities. And all PATC members receive a 10% discount from Blue Ridge Mountain Sports. Be sure to have your membership ID or overseer ID ready when you shop.

**SHENANDOAH MOUNTAIN RESCUE GROUP (SMRG)** is seeking people interested in wilderness search and rescue. New member orientation meetings are held every month at PATC headquarters. No experience is necessary. INFO: SMRG Operations 703/255-5034, then press #5.

## HIKING VACATIONS

**IRELAND HIKING TOUR:** Apr 27- May 7, 2001 (tentative). See the magnificent landscape of western Ireland on a 10-day hiking tour to the "most Irish" part of Ireland planned. The tour offers spectacular walking in ancient and unspoiled landscapes in the most fascinating and beautiful areas of County Clare and Galway.

Destinations to be visited offer a rare chance to experience the people, culture, music, and landscape and include such gems as the mountains of Connemara, (Joyce and Yeats country), the stunning Cliffs of Moher, Killary Harbor (Ireland's only fjord), the Aran Islands, the dramatic Burren region and much more. Walk rugged mountains that soar above majestic coastlines, tread softly on orchid rich bogs, visit Celtic islands and explore mythic landscapes with expert guides with an in-depth knowledge of Ireland's history, archeology, and culture.

Price (\$1,600-\$1,800 estimated) to include round-trip airfare (DC-Ireland), ground transfers, 8 guided

hikes with lunch, 9 nights accommodations with breakfast, most evening meals, and transfer to and from hiking locations.

If interested, please call or e-mail the trip leader, Joan Burg, 5904 Mount Eagle Drive #1215, Alexandria, VA 22303, 703/960-1026 (joanburg@gis.net) for more details as they firm up. Initial deposit of \$300 is required to reserve your space.

## LOST and FOUND

**LOOKING FOR THE RIGHTFUL OWNER** of a 1996 Finisher Bar found on the trail during the 2000 Dogwood Half Hundred. Call Pat Fankhauser at 703/242-0693, ext. 17.

## WANTED/FOR SALE /FOR RENT

**NEEDED FOR BLACKBURN TRAIL CENTER.** Wooden porch furniture and picnic tables. Call Chris Brunton 703/560-8070.

*Notices are published free of charge for PATC members only. PATC cannot vouch for any of the advertised items. No commercial advertisement or personal notices unrelated to hiking will be accepted. Deadline for inclusion is the first day of the month preceding issuance of the newsletter. Notices will be run for 3 months unless we are otherwise advised.*

## club day

# Don't Miss Club Day at EMS!

As a member of an outdoor organization, we know you love the outdoors as much as we do—and Club Day is our way to thank you for your contribution to the outdoor community. Stop by on Thursday, October 26 and gear up for another great season of fun in the outdoors.

## 20% Off Everything! Thursday, October 26

Just bring proof of membership in an outdoor organization or this ad, and we'll take 20% off your entire purchase at EMS that day. It's just our way of saying—Thanks

Toll-free Customer Service  
(888) 463-6367





# From the PATC Store

## PATC Publications

ITEM #	DESCRIPTION	RETAIL	MEMBER
PA100	Map 1 (ed. 9, 1998) AT Cumberland Valley, PA (Susquehanna Rived to Route 94)	5.00	4.00
PA110	Map 2-3 (ed. 8, 1998) AT Michaux State Forest, PA (Route 94 to Route 30)	5.00	4.00
PA120	Map 4 (ed. 7, 1998) AT Michaux State Forest, PA (Route 30 to PA-MD State Line)	5.00	4.00
PA130	Map 5-6 (ed. 15, 1998) AT Maryland	5.00	4.00
PA140	Map 7 (ed. 12, 1998) AT Northern Virginia (Potomac River to Snickers Gap)	5.00	4.00
PA150	Map 8 (ed. 12, 1998) AT Northern Virginia (Snickers Gap to Chester Gap)	5.00	4.00
PA160	Map 9 (ed. 15, 1999) AT Shenandoah National Park (North District)	5.00	4.00
PA170	Map 10 (ed. 18, 1997) AT Shenandoah National Park (Central District)	5.00	4.00
PA180	Map 11 (ed. 13, 1999) AT Shenandoah National Park (South District)	5.00	4.00
PA190	Map 12 (ed. 8, 1999) AT GWNF Pedlar District (Rockfish Gap to Tye River)	5.00	4.00
PA200	Map 13 (ed. 4, 1999) AT GWNF Pedlar District (Tye River to James River)	5.00	4.00
PA210	Map D (ed. 2, 1991) Potomac River Gorge Area and Cabin John Trail	3.50	2.80
PA220	Map F (ed. 4, 1995) Great North Mountain-North Half (Virginia/West Virginia)	5.00	4.00
PA230	Mag G (ed. 6, 1998) Massanutten Mountain-North Half (Signal Knob to New Market Gap)	5.00	4.00
PA240	Map H (ed. 3, 1999) Massanutten Mountain-South Half (New Market Gap to Mass. Peak)	5.00	4.00
PA250	Map J (ed. 2, 1997) Tuscarora Trail AT, PA to PA Route 641	5.00	4.00
PA260	Map K (ed. 2, 1997) Tuscarora Trail PA Route 641 to Hancock, MD	5.00	4.00
PA270	Map L (ed. 2, 1996) Tuscarora Trail (Hancock, MD, to Capon Springs, WV, and Cacapon St.)	5.00	4.00
PA290	Map N (ed. 1, 1993) Rock Creek Park Area, DC	5.00	4.00
PA300	PATC Elevation Profile of Appalachian Trail (Pine Grove Furnace to Rockfish Gap)	1.75	1.40
PB100	AT Guide Book #6 (ed. 15, 1995) Maryland and Northern Virginia	7.00	5.60
PB 110	AT Guide Set #6 (AT Guide Book to MD and Northern VA with Maps 5-6, 7 & 8)	18.00	14.40
PB120	AT Guide Book #7 (ed. 12, 1999) Shenandoah National Park	9.00	7.20
PB130	AT Guide Set #7 (AT Guide Book to Shenandoah National Park with Maps 9, 10 & 11)	20.00	16.00
PB140	Massanutten Guide Set (Guide to Massanutten Mountain with Maps G & H)	14.00	11.20
PC100	Circuit Hikes in Shenandoah National Park (ed. 14, 1996)	6.00	4.80
PC110	Circuit Hikes in Virginia, West Virginia, Maryland, and Pennsylvania (ed. 6, 2000)	6.00	4.80
PC115	Hikes in Western Maryland (ed. 1, 1997)	6.00	4.80
PC116	The Tuscarora Trail North (Guide to Maryland and Pennsylvania) (ed. 3, 1997)	6.00	4.80
PC117	The Tuscarora Trail South (Guide to West Virginia and Virginia) (ed. 3, 1997)	6.00	4.80
PC120	Hikes in the Washington Region: Part A Northern Maryland Counties (ed. 3, 1992)	6.00	4.80
PC130	Hikes in the Washington Region: Part B Northern Virginia Counties (ed. 3, 1993)	6.00	4.80
PC140	Hikes in the Washington Region: Part C DC/Southern Maryland Counties (ed. 2, 1999)	6.00	4.80
PC160	Guides to Massanutten Mountain (2000)	6.00	4.80
PC180	Hiking Guide to the Pedlar District, George Washington National Forest (ed. 2, 1990)	6.00	4.80
PC190	Climbers' Guide to the Great Falls of the Potomac (1985)	6.00	4.80
PC200	Carderock Past and Present: A Climbers Guide (1990)	7.00	5.60
PC205	Pioneering Ascents (the origins of climbing in America)	14.00	11.20
PC210	Clearing Trails in War Time	5.95	4.76
PC220	Breaking Trails in the Central Appalachians - a narrative	12.50	10.00
PC230	Lost Trails and Forgotten People: The Story of Jones Mountain (ed. 2, 1985)	7.50	6.00
PC240	The Dean Mountain Story (1982)	5.50	4.40
PC250	Shenandoah Heritage: The Story of the People Before the Park (6th printing, 2000)	7.00	5.60
PC260	Shenandoah Vestiges: What the Mountain People Left Behind (3rd printing, 1993)	5.00	4.00
PC270	Shenandoah Secrets: The Story of the Park's Hidden Past (Revised 1998)	12.95	10.36
PC280	PATC Cabins Booklet (1997)	4.00	3.20
PC300	Wildflowers of the Potomac Appalachians: A Hikers Guide (1979)	2.50	2.00
PC310	The Blue Hills of Maryland (ed. 1, 1993)	14.00	11.20
PC320	Memories of a Lewis Mountain Man (1993)	8.00	6.40
PD100	Map of Stony Man Region of the Shenandoah National Park (Illustrated) (1964)	2.00	1.60
PE120	PATC Member Decal	N/A	1.00
PE130	PATC Member Patch	N/A	2.00
PE140	PATC Member Pin	N/A	2.95
PE 150	PATC Ballpoint Pen with gift box	3.00	3.00
PE250	Long Sleeve T-Shirt	20.00	20.00
PE260	Short Sleeve T-Shirt	15.00	15.00
PE265	Notecards with Drawings of 3 PATC Cabins (box of 10 with envelopes)	4.00	4.00
PE280	PATC Coffee Mug	7.50	6.00
PE320	PATC Hat	12.00	12.00

# From the PATC Store

## Publications from Other Publishers

DESCRIPTION	RETAIL/	MEMBER		
184 Miles of Adventure (C&O Towpath) (1991)	4.75	3.80		
50 Hikes in Northern Virginia (1998)	13.00	10.40		
Appalachian Trail Field Book (1982)	3.50	2.80		
Appalachian Trail Patch	3.00	2.40		
Appalachian Trail Thru-Hikers' Companion (1998)	10.00	8.00		
Backpacker Magazine Guide to the AT (1989)	16.95	13.56		
Camping and Backpacking with Children (1995)	16.95	13.56		
Common Sense Medical Guide (1987)	15.00	12.00		
Cross-Country Skiing (1988)	9.00	7.20		
Exploring Washington on Foot	12.95	10.36		
Exploring Wildflowers in Washington/Baltimore Area (1995)	15.95	12.76		
Food and Lodging Along the C&O Canal (1994) — out of stock	3.00	2.40		
Guide to Skyline Drive and SNP (1997)	7.50	6.00		
Guide to the Mason-Dixon Trail System (1992) Map Series	15.12	12.60		
Hikes to Waterfalls (1997)	3.00	2.40		
Hiking Guide to the Monongahela National Forest (1999)	12.00	10.00		
Hiking Virginia's National Forests (1998)	10.00	8.00		
Hollow Boy by Rayner V. Sneed (1995)	13.95	11.16		
Insiders Guide to Virginia's Blue Ridge (1998)	15.00	12.00		
Lightly on the Land	19.95	15.95		
Moonshiner's Son by Carolyn Reeder	4.79	3.99		
Mountaineering First Aid (1996)	7.00	5.60		
Pennsylvania Hiking Trails (ed. 12, 1998)	7.00	5.60		
Potomac Trails (1997)	14.95	12.00		
Rock Climbing (A Trailside How-To Guide) (Don Mellor)	17.95	14.50		
Skyland: The Heart of Shenandoah National Park (1960)	6.00	4.80		
The 18 Cabins of Old Rag	5.00	5.00		
The Appalachian Trail Backpacker (1994)	11.00	8.80		
The Appalachians (1975) (Maurice Brooks)	18.95	15.16		
The C&O Canal Companion (1997)	23.50	19.60		
The New Appalachian Trail (Ed Garvey) (1997)	14.95	11.95		
The Potomac River and the C&O Canal (1992)	8.50	6.80		
The Undying Past of the Shenandoah National Park	18.95	15.16		
There are Mountains to Climb (1996)	12.95	10.36		
Thru-Hikers Handbook (Dan "Wingfoot" Bruce, 1998) — out of stock	12.00	9.60		
Thru-Hikers Planning Guide — out of stock	12.00	9.60		
Towns along the Towpath			14.00	11.20
Towpath Guide to the C&O Canal (1999)			14.00	11.20
Trail Building and Maintenance (ed. 2, 1981) (AMC)			12.95	10.36
Trail Design, Construction and Maintenance 2000			14.95	11.96
Trails in Southwest Virginia (2000) — out of stock			6.95	5.50
W & OD Railroad Trail Guide (1996)			8.00	6.40
Walker's Guide to Harpers Ferry (1994)			8.00	6.40
Walking the Appalachian Trail (1994)			16.95	13.56
Wilderness Navigation (1999)			9.95	8.00
Workbook for Planning Thru-Hikes			6.00	4.80
<b>Appalachian Trail Poster Maps</b>				
b) AT and eight full-color trail photos 32" x 47"			6.95	5.56
c) AT strip map with forest green border 9" x 48"			3.50	2.80
<b>Other AT Guide Books with Trail Maps</b>				
AT Data Book (supplement to guide sets) (1999)			4.95	3.95
Central Virginia (1994)			18.00	14.40
Maine (1993)			25.00	20.00
Massachusetts-Connecticut (1994)			20.00	16.00
New Hampshire-Vermont (1995)			17.00	13.60
New York-New Jersey (1994)			16.00	12.80
North Carolina-Georgia (1998)			25.00	20.00
Pennsylvania (1998)			40.00	32.00
Southwest Virginia (1994)			17.00	13.60
Tennessee-North Carolina (1995)			25.00	20.00
<b>Trails Illustrated Topo Maps</b>				
American Discovery Trails (covers DE, MD, & WV) (1995)			9.00	7.20
Shenandoah National Park (1994)			9.00	7.20
<b>Trinkets</b>				
Appalachian Trail South Bandanna			5.00	5.00
Hand-Painted Scenics on Slate Rock			19.95	19.95
PATC Water Bottle			5.00	5.00
Smokey the Bear Pin			4.00	3.20
Tuscarora Trail Patch			2.00	2.00
PATC Detachable Neck Lanyard			5.00	5.00

## ORDER FORM

**TELEPHONE HOURS:** Monday - Thursday, 7 p.m. - 9 p.m.  
Thursday - Friday, 12 noon - 2 p.m.  
703/242-0693 FAX 703/242-0968

**SEND ALL PATC ORDERS TO:** 118 Park Street, SE  
Vienna, VA 22180-4609

Credit card orders (Visa or Mastercard only). Please have all information ready when you call.  
Make checks payable to the Potomac Appalachian Trail Club (PATC). Do not send cash, stamps, or C.O.D. orders. Please allow 3 weeks for delivery. Orders may be shipped by UPS or First Class Mail.  
**Please include Shipping and Handling costs to expedite your order.**

### SHIPPING AND HANDLING

Order Subtotal	S & H Cost
Up to \$10.00	\$2.00
\$10.01 to \$25.00	\$4.00
\$25.01 to \$50.00	\$6.00
Above \$50.00	\$8.00

ITEM #	QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL

Name: \_\_\_\_\_  
Shipping Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: (h): \_\_\_\_\_ (w): \_\_\_\_\_

Order Subtotal \_\_\_\_\_  
4.5 Sales Tax (VA residents only) \_\_\_\_\_  
Shipping and Handling (see above) \_\_\_\_\_  
Grand Total for Order \_\_\_\_\_

### METHOD OF PAYMENT:

credit card number \_\_\_\_\_ expiration date (mth/yr.) \_\_\_\_\_  
Signature: \_\_\_\_\_  
 Check or Money Order  
 Visa or Mastercard

# Rethinking Hypothermia: So much more than temperature

Sooner or later, anyone who writes about wilderness medicine needs to tackle the problem of hypothermia. Until now, I have assiduously avoided the topic, not because it was unimportant, but rather because I could not think of anything new to say about it. The basics of preventing, detecting, and treating hypothermia are well described in scores of books aimed at both the casual user and the highly skilled backcountry traveler. Sure, there have been some recent advances in management. Patients, for example, may now be rewarmed by a modified heart-lung bypass technique—clearly a major, high-tech advance but not likely to be applied at Lake Colden! For field use, adaptations of equipment originally designed for the military are beginning to be used for rewarming.

Over the past few months, I have been reviewing a variety of recent hypothermia incidents, as well as studying some famous episodes in mountaineering history. I have even revisited (quite uncomfortably) a personal “near miss” as a teenager. All of this has convinced me that our focus in teaching the public about hypothermia is misplaced. Sorry to say, the problem may be the fault of “us doctors.” Let me explain.

Physicians like to analyze situations according to what might be called the “medical model.” Consider pneumonia, for example. According to the medical model, a bacterium gains entrance to a “host” (read “patient”). If the host’s natural defenses are impaired or overwhelmed, the bacteria multiply and give off chemicals, which damage tissue. Treatment centers around the use of antibiotics to control the bacteria. Prevention involves protecting the body’s defenses (such as not smoking) or enhancing them (such as immunization against some common bacteria). For most ailments afflicting mankind, this medical model works pretty well.

Just about every discussion of hypothermia in the backpacking, mountaineering, and medical literature follows the medical model. Exposure to cold lowers the body’s core temperature whenever heat loss to the environment exceeds heat generation. Since the chemical reactions that define life have a rather narrow range of temperature in which they can take place, reduction in core temperature slows and eventually stops these reactions. Treatment consists of

reestablishing normal core temperature before death ensues. Simple enough.

## An Unreal Model

The problem with this way of looking at hypothermia is that it ignores reality. Exposure to cold, by itself, virtually never causes hypothermia. If it did, anytime we ventured out in an environment in which the temperature is below about 80 degrees we would develop it. The well-hydrated, well-rested, uninjured, properly equipped, properly oriented-to-place member of an appropriate-sized group with competent

**While the county coroner may certify the death of a backpacker as “hypothermia,” the real cause is more likely to be “failure to carry a compass,” “improper gear for anticipated conditions,” “unrealistic trip planning,” or the like.**

leadership will hardly ever develop hypothermia, regardless of the ambient temperature. (Kayakers and rafters please note: My remarks do not apply to the special situation of “immersion hypothermia,” an often-unpredictable event for which the medical model is entirely appropriate.)

Rather than being a primary “disease,” suddenly striking the unwary hiker or climber, hypothermia is usually nothing more than the final nail in a coffin whose construction may have started well before the trip even began. While the county coroner may certify the death of a backpacker as “hypother-



mia,” the real cause is more likely to be “failure to carry a compass,” “improper gear for anticipated conditions,” “unrealistic trip planning,” or the like. In short, rather than looking upon hypothermia as a disease, explained by the medical model, we should see the condition as a manifestation of leadership dysfunction that should best be viewed through a model of group dynamics and expedition behavior. While only one member of a group may actually suffer a dangerous reduction in core body temperature, it is generally a breakdown in the entire party that allows this to happen. Stressing the technical details of wind chill, thermogenesis, and the like is interesting for the aficionado, but inappropriately directs the focus on temperature rather than leadership.

## Important Knowledge

Similarly, training in recognition and field rewarming techniques may be vitally important for potential rescuers. Such knowledge is also important for any backcountry user who may fortuitously happen across a fellow hiker in difficulty, thus becoming a “first responder.”

Keep in mind, however, that these techniques are unlikely to be effective within a group. Simply put, a party with the experience, equipment, and wherewithal to treat successfully one of its own for hypothermia would not be likely to confront the problem in the first place.

Paul Petzoldt, the late father of modern mountaineering, frequently taught that true accidents in the wilderness were rare. More often, in his opinion, incidents were the predictable outcome of a series of bad decisions. The same can be said for hypothermia.

At risk of closing with some controversy, I can add that readers might do well to remember this: The vast majority of hypothermia deaths in the United States do not occur among backpackers anyway. The usual victims are the untreated mentally ill, alcoholic, and drug-using unfortunates who make their homes on the streets of our cities. The “medical model” doesn’t work very well there either. Political leadership can also be dysfunctional. □

—Thomas R. Welch, M.D.

*Re-printed with permission from the Adirondack Magazine, the Magazine of the Adirondack Mountain Club.*

*Building Trail, from page 14*

□ For built-up tread, the Massanutten Crew creates a downslope edge that is hard and bumpy to prevent the possibility of terracing. The crew builds a low rock wall along the downslope edge, then fills the area above the wall with dirt obtained from a pit nearby, called a dirt mine. The filled area is out-sloped so that water will pass over the top of the rock wall. This new tread and the retaining wall that holds it up is called built-up tread. Brush is not removed below the wall, since having brush growing below the wall helps keep the traffic in the center of the tread.

The Massanutten Crew repairs terraced tread using the same technique. The rock wall is built along one of the terraces, and the area above it is filled with imported rock and dirt.

The only advantage to built-up tread is the protection against terracing. Built-up tread still erodes along the centerline and still requires frequent grade dips to ensure that water does not flow far along the tread.

Dug-in tread and built-up tread require different tools. The Cadillac Crew uses McLeods to rake and tamp the tread and rarely uses shovels or any form of dirt transport. The Massanutten Crew usually has its shovels, buckets, and wheelbarrows and gets by with firerakes, tamping the tread surface with boots. The Massanutten Crew does not fine finish the tread as well as the Cadillac Crew, since the tread will soon be torn up by the traffic.

Next month: In Part 3, we'll look at switchbacks—what's best for each type of trail traffic and what the crew does to construct a switchback. □

—Wil Koblrenner  
leads the Massanutten  
Crew and is an occasional  
member of the Cadillac Crew.

## Potomac Appalachian Trail Club Trail Patrol

presents

# Backpacking 202

A Course for  
INTERMEDIATE/ADVANCED  
BACKPACKERS

**Learn how to:**  
Enjoy the Backcountry Under  
Challenging Conditions

The course teaches the needed skills for planning and executing an early winter backpacking trip. Two pre-trip sessions cover equipment selection and use, route planning, food planning, safety, comfort and Leave No Trace principles. A weekend trip accompanied by experienced instructors gives you the opportunity to try out your new skills.

**Classroom Instruction:**

Wednesdays, October 18 and 25, 2000  
7:30-10:00 p.m. PATC Headquarters  
118 Park St., SE, Vienna, Virginia

**Weekend Outing:**

November 10-12, 2000 (Veteran's Day weekend)  
Fee: \$40.00 for PATC members,  
\$55.00 for non-members

To receive a registration form and all other information, please call:  
Larry Marcoux: home, 703/968-4771 or work, 703/402-5441  
nolslntmaster@aol.com

*Meeting, from page 1*

long awaited PATC video will be premiered. A buffet dinner will be served with a cash bar. A modest fee of \$15.00 per person will be collected for those who come for dinner. The children's fee is \$8.00. There is no fee for those not wanting dinner. So don't hesitate to fill out the attached form and mail it back to Pat Fankhauser at PATC Club headquarters, 118 Park St., SE, Vienna, Va. 22180.

The Elks Lodge is at 8421 Arlington Boulevard in Fairfax. It is just west of the 495 on Route 50. The meeting starts at 6:30 and will conclude by 10:00. Please make a reservation before November 1, and bring a friend. There will be room for displays, so committee chairs and others are encouraged to bring something to show the membership what you've been up to. Hope to see you there.

Please fill out the attached form and mail it back to PATC by November 1, 2000. □

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

Number of adults: \_\_\_\_\_ Number of children: \_\_\_\_\_ Phone: \_\_\_\_\_

Please enclose a check in the amount of \$15.00 per adult/\$8.00 per child for dinner.

Mail to: Potomac Appalachian Trail Club  
118 Park Street SE  
Vienna, Virginia 22180  
Attn: Annual Meeting – Regina Garnett

Because PATC pays for dinners in advance, no refunds after November 1, 2000.



# Honorary Members - September 8

PATC recognizes members for their outstanding commitment to the Club over an extended period with the Honorary Life Membership. PATC has 24 active honorary life members and 54 total. Thanks to those who have demonstrated their commitment to the Club and to those who have recognized them. Anyone can nominate a PATC member for this most prestigious award. If you think a member has rendered outstanding service or contributions to the Club or its objectives over an extended period send your nomination to Mickey McDermott or Terry Cummings at Club headquarters no later than Friday, October 6.

## HONORARY LIFE MEMBERS - DECEASED

NAME	DATE AWARDED
Bishop, Purnie	1/14/75
Blackburn, Fred	5/12/70
Bradt, Paul	1/14/75
Conway, Grant	1/14/75
Denton, Molly	2/22/84
Denton, Jim	2/22/84
Fadner, Raymond H.	1/24/78
Garvey, Edward B.	1/86
Mersch, Mrs. Ruth	6/13/61
Mersch, Clarence F.	2/70
Moore, Samuel Y.	11/89
Peterson, Alvin E.	1/12/60
Pryor, Charles	2/08/72
Sexton, Roy	1/12/60
Stephenson, Jean	9/12/50
Stone, Philip J.	10/17/75
Walker, Dr. Egbert H.	5/12/70
Walker, Mrs. Dorothy	5/12/70
Walker, Wallace Haynes	1970
Winn, Joe	1970
Total:	20

## HONORARY LIFE MEMBERS - ACTIVE

NAME	DATE AWARDED
Blackburn, Ruth E.	5/12/70
Bates, David M.	4/91
Bates, Dorothy M.	4/91
Dexter, Marjorie	12/8/98
Floyd, Thomas L.	1/86
Graf, Charles	12/12/95
Golightly, Jean	12/8/98
Hiltz, James A. (Andy)	11/5/99
Hoover, Ethel D.	1/79
Humphrey, Robert G.	1/25/82
Irvin, Charles	10/11/95
Marra, Sandra L.	12/8/98
Mason, Dorothy M.	7/10/73
Matthews, Alice V.	3/14/72
Minchew, J. Randall	12/8/98
Oliphant, John L.	10/17/75
Reeder, Jack	2/93
Schneeberger, Marguerite V.	11/5/99
Sharp, Warren C.	11/89
Strain, Paula M.	10/77
Stucker, Lyman M.	12/91
Vos, Bert J.	10/80
Vos, Elizabeth A.	10/80
Walters, George J.	11/5/99
Total:	24

**Total Honorary Life Memberships Granted: 44**

—Pat Fankhauser

## THE ATC MID ATLANTIC CREW IS COMING!

OCTOBER 5-9, 2000  
CENTRAL DISTRICT, SHENANDOAH NATIONAL PARK

The ATC Mid Atlantic Crew will bring its rockwork expertise to the AT in the Central District of Shenandoah over the long Columbus Day weekend. The project will involve the rebuilding of a series of tight, cribbed switchbacks near the Pocosin Cabin and will include winch rigging, rock shaping, and the construction of large rock steps. The project will provide an excellent opportunity for PATC volunteers to learn new skills and to meet other trail workers from around the country.

The Blue and White Crew will welcome the crew with a potluck dinner on Saturday night. Join us for the evening or the weekend, or come out for the day (any day from Thursday through Monday).

For details on meeting places, times, etc. call: Kerry Snow at 301/570-0596 or 202/782-8175, e-mail: KerrySnow@prodigy.net

## PATC ANNUAL MEETING

Wednesday, November 15  
Elks Lodge, Fairfax, Va.

See the Forecast  
for details

## Trailhead

Cooler, bug free days of October provide a great opportunity to do trail maintenance after the muggy days of summer. District managers remind overseers that this summer's persistent rain has filled many waterbars, check dams, and other drainage and erosion control devices. The bears have been active this year as well. In their zeal to get ants and grubs, they have not taken time to remove the rocks they pulled into the tread or replace the rocks they removed from steps and waterbars.

It is also that time of year to keep our Trails Coordinator, Heidi Forrest, happy. Submit all outstanding work trip reports before her cutoff date of 9 October.

### Weather and Trails

It has certainly been an unusual year weather wise, for PATC trail maintainers and just about everyone else. Of course, unusual weather hasn't been anything new for PATC, even within the past decade. Entire trail sections were totally washed out in Madison County, Va., in June, 1995. In September of the following year, Hurricane Fran left hundreds of blowdowns that had to be cut through or removed before hikers could even get back onto normal trails.

The work of the PATC North Chapter in removing an equal number of deadfalls from gypsy moth damage earlier in the decade is still legendary. And even more recently, there were major messes to clean up after ice storms on the Blue Ridge and elsewhere. So how bad could it really get for a volunteer trail maintainer? Problems like those just mentioned could easily intimidate newcomers.

But others have been able to stand up to the challenge. Take Andy Hiltz, a former PATC Supervisor of Trails, who found out that his entire Staunton River Trail section had been washed away by the torrential rains of June 1995. But this didn't stop Andy. His response was to organize a major clean-up effort to help trail neighbors further downstream, just one reason why he is an Honorary Life Member of PATC today.

Speaking of washouts, a couple occurred this past summer on the newly dedicated section of the Tuscarora Trail, south of Shockey's Knob. But these washouts were out on Shockeyville Road (VA 671) and thus became VDOT's responsibility to repair! Just one more reason why PATC still needs a few more off-road relocations! The PATC-built trail sections in that area were designed to withstand problems of this

nature have held up quite well in spite of local reports of up to 7" of rainfall within a single hour.

So what is the worst section that anyone has had to deal with this year, in terms of vegetative growth because of all this rainfall? The nominations are of course still open and should be no reflection upon the overseers! As the old saying goes, stuff happens, and if it has been growing on your section at the advertised rate of an inch per day or faster, it might make an interesting write-up for a future issue, so just send in your report! The winning entry should be well known by the end of this year, at the latest!

### From SNP Central District

The Blue and White Crew hit the trail twice in July. Both trips were used to rehab a section of the AT near its intersection with the Crusher Ridge Trail. The crew cut laurel back from the trail corridor, regraded the eroded tread, and installed numerous erosion control devices (using both skinned locust and rock).

In October, the SNP Central District will host the ATC Mid Atlantic Crew. The Crew plans to rebuild a series of rock-cribbed switchbacks on the AT near the Pocosin Cabin. PATC members are welcome to join the Crew in this effort. The project will involve considerable use of grip hoist techniques and rock shaping. Tentative dates for the project are October 5th through October 9th. Club members who are interested in helping out with the project should contact Kerry Snow at 301/570-0596 or at KerrySnow@prodigy.net.

### Trail Guide

Trails are opened, closed, rerouted, abandoned and otherwise changed over the years. It is a time consuming task to update maps and trail guides. Wil Kohlbrenner, a PATC district manager, is in the process of blazing, measuring, and recording trail data for the Guide to Great North Mountain Hiking Trails. Thanks Wil; your efforts are appreciated. Last year Wil published a Trail Maintenance Handbook for Trail Cooperators in Lee District of the GWNF. Some of the information in the handbook is appearing in Wil's three part series on "Building New Trail" which started in the September PA.

### Jammin' Hoodlums

The AT relocation on Compton Peak should be open by the time you are reading this. George Walters reported that the North District Hoodlums were on schedule

for the planned September opening. The trail now gently ascends through an attractive stand of Mountain Laurel and turns on a switchback of a dozen rock steps to bypass a steep, gullied section of trail that will now be rehabbed. More on the September opening will be reported next month.

After their August worktrip, the Hoodlums reggae'd on down to a Jamaican Feast at Indian Run Hut. Flames were soon seen emanating from the shelter. No, the Hoodlums did not set the hut on fire; it was chef John McCrea flambéing fried plantains with overproof rum! Mix in a little peppercorn soup, jerk chicken, rice and peas, curried veggies, and banana bread, and, hey mon, de Hoodlums were jammin'! Noooo problem!

### The Bigger They Are...

Reports of a "blowdown" on Old Rag's Saddle Trail last month were understated at best. Arriving at the wilderness site with a two-man crosscut saw, Dan Dueweke and Fred Mohr (see photo) were awed by what at first appeared to be the last east coast sequoia lying across the trail. Further inspection revealed it to be an oak but one that probably shaded Pocahontas. Unfurling their toothed excalibur, they set to work in classic pushme-pullyou fashion until an enormous log was sectioned out of the blowdown. Being a Sunday, it wasn't long before an energetic group of college athletes looking for a good deed to do arrived and provided the horsepower necessary to roll the log off the trail. Clear to hike!



*Using one of the best tools in the business, Dan Dueweke and Fred Mohr tackle a monster blowdown on Old Rag's Saddle Trail.*

### SNP North District Report

The ATC began their assessment of the AT in SNP North District on 7 August. Led by

# Trailhead

ATC's Karen Lutz, Shawn Green, and Mike Montgomery of the Park staff, and John McCrea, George Walters, and Jon Rindt of the PATC hiked from Chester Gap to the Marshall Saddle. Some vista management and possible relocations were discussed, and the new relocation near Compton Peak was inspected. The assessment is scheduled for completion on October 2-3 and is the last section remaining of the ATC's end-to-end assessment of the AT.

The North District Shenandoah Summer Crew assisted the Hoodlums' planned opening of the AT relocation near Compton Peak in September. They helped finish the ends and fine-tuned the tread for the official opening of the new section.

On August 26, overseers Stephanie Bill, Bronna Zlochiver, and Gary Fisher as well as Dick Dugan, Ray Galles, Steve Willeumier, and John McCrea installed 16 new fixtures and replaced some existing

ones on Pass Mountain. This continued the work that had begun last year during the North District Trails Workshop.

## Two Seconds Is Too Close

Lightning cut short a Cadillac Crew August work trip to Great North Mountain. But not before about one mile of the Big Schloss Cutoff Trail received significant erosion control treatment. Working their way from the FS 92 trailhead, the crew was making great progress until a dark cloud dispensed a sharp strike nearby. A count of less than two seconds between the flash and thunder was sufficient for the crew to decide to vacate the area. A comment that the heavy rain would probably be past by the time the crew reached cover proved true.

Please send any interesting tale, technical advice, individual or group accomplishments, and trail maintenance questions to Trailhead, c/o Jon Rindt, 621 Skyline Forest Drive, Front Royal, VA 22630 or to jkrindt@erols.com. □

## Don't Miss the Annual Blackburn Pig Roast!

This year's pig roast at Blackburn Trail Center is scheduled for Saturday, October 7. Attendees are welcome to come early to help out in the kitchen or take advantage of the nearby AT for hiking. Dinner will be served early evening.

In addition to the evening meal, children attending the event are given pumpkins to

carve for the Jack-o-lantern carving contest. This fun event requires the participants to tell a ghost story about the pumpkin they have carved.

Arrive early Saturday if you'd like to stay overnight at the Trail Center. Bunk space is limited at the Trail Center, but a campsite a

quarter-mile from the Center is available. A hearty breakfast is served the next day.

Members and others interested in attending the Roast should complete the form shown below with a check for \$20 to Nancy Hughes, 7312 Willow Ave, Takoma Park, Md. 20912. □

### Blackburn Pig Roast — Saturday and Sunday, October 7-8, 2000

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (day) \_\_\_\_\_ (evening) \_\_\_\_\_ Number of reservations: \_\_\_\_\_ @ \$20.00 each

Amount enclosed: \_\_\_\_\_

I will be bringing \_\_\_\_\_ children under 12 years of age (no charge for children under 12)

Include a \$20.00 payment per person for each reservation and mail to:  
Nancy Hughes, 7312 Willow Ave., Takoma Park, MD 20912

**IMPORTANT: Please be sure to make your check payable to Nancy Hughes.**

## Volunteers - Appointed September 8, 2000

### Trail Overseers

Glenn Palatini	Tuscarora Trail - Waites Run Road to Mill Mountain Trail
Chris Blood	Trayfoot Mountain Trail - Skyline Drive to the summit of Trayfoot Mountain
Chris Blood	Blackrock Spur Trail
Gary Fisher	AT - Beahms Gap to Pass Mountain Hut Trail [co-overseer]
Stephen Willeumier	AT - Pass Mountain Hut Trail to Thornton Gap [co-overseer]
Patrice Harvey	Bull Run-Occoquan Trail - Johnny Moore Creek to Popes Head Creek
Steve Gass	Bull Run-Occoquan Trail - Bull Run Marina to White Garage [co-overseer]

### POTOMAC APPALACHIAN

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# TRAIL OVERSEERS WANTED

Trail Overseer Openings 09/08/2000. Contact the District Manager for the section that interests you.

**HARPERS FERRY/ASHBY GAP AT & BB-MAP 7**  
CALL CHRIS BRUNTON AT 703/560-8070  
**Appalachian Trail**  
VA 605 to Bolden Hollow (2.00 miles)

**ASHBY GAP/RTE. 638 AT & BB-MAP 8**  
**(RTE. 50 TO RTE. 638)**  
CALL ED MCKNEW AT 540/622-6004  
or E-mail: emcknew@aol.com  
**Trico Tower Trail**  
AT to Trico Towner (0.50 miles)  
**Manassas Gap Shelter Trail**  
AT to Manassas Gap Shelter (0.10 miles)

**SNP NORTH AT-MAP 9**  
CALL JOHN MCCREA AT 610/352-9287  
or E-mail: mcreajf@aol.com  
**Appalachian Trail**  
Overseer positions available. Call for details.

**SNP CENTRAL BLUE-BLAZE (MAP #10)**  
CALL CHARLES HILLON AT 703/754-7388  
or E-mail: hillon@erols.com  
**Mill Prong Trail**  
AT to Mill Prong Horse Trail (1.00 mile)  
**Laurel Prong**  
AT to Fork Mountain Trail (2.2 miles)

**SNP CENTRAL BLUE-BLAZE (MAP #10)**  
CALL BERNIE STALMANN AT 301/725-8876  
or E-mail: Bstalmann@aol.com  
**Leading Ride Trail**  
Skyline Drive to Park Boundary (1.30 miles)

**SNP SOUTH BLUE-BLAZE (MAP #11)**  
CALL LOIS MANSFIELD AT 804/973-7184  
or Email: lem@Virginia.edu  
**Rocky Mountain Run Trail**  
Big Run Portal Trail to Rocky Mt.-Brown Mt. Trail (2.7 miles)  
**Rockytop Trail [Co-overseer]**  
Big Run Portal Trail to Big Run Loop Trail (5.70 miles)  
**Schairer Trail Center Trail**  
Eaton Hollow Overlook to Schairer Trail Center (.46 mile)  
**Blackrock Hut Trail**  
AT to Blackrock Hut (.2 mile)

**TUSCARORA SOUTH-MAP F, G, 9**  
CALL RICK RHOADES AT 703/239-0965  
or E-mail: RTRhoades@aol.com

**Tuscarora Trail**  
Mill Mountain Trail to White Rocks Trail (2.90 miles)

**GREAT NORTH MOUNTAIN-MAP #F**  
CALL "HOP" LONG AT 301/942-6177  
or E-mail: theFSLongs@erols.com or mgrgnmd@hotmail.com

**Gerhard Shelter Trail**  
Tuscarora Trail to Gerhard Shelter (0.10 miles)

**MASSANUTTEN NORTH-MAP #G**  
CALL WIL KOHLBRENNER AT 540/477-2971  
or E-mail: wmaxk@shentel.net

**Massanutten Mt. North Trail**  
Scothorn Gap Trail to Waterfall Mt. Trail (2.0 miles)

**Massanutten Mt. North Trail**  
Waterfall Mountain Trail to US 211 (1.8 miles)

**MASSANUTTEN SOUTH-MAP #H**  
CALL BILL SCHMIDT AT 301/585-2477  
or E-mail: weschmidt@aol.com

**Massanutten Mt. South Trail**  
Pitt Spring to Morgan Run Trail (3.3 miles)  
**Fridley Gap Trail**  
VA 868 to Cub Run (2.60 miles)

**NORTHERN VIRGINIA METRO-MAP D**

CALL PETE GATJE AT 703/255-4705  
or pjgatje@aol.com

**Lee Drive Trail**  
Howison Hill to Landsdowne Valley Road (3.00 miles)

**Lee Drive Trail**  
Landsdowne Valley Road to Prospect Hill (3.50 miles)



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